

TRACK

No.	Time	Event	Age Group	Race
T1	10.30	400m Hurdles	U20 Men	A followed by B
T2	10.40	400m Hurdles	U17 Men	A followed by B
T3	10.50	400m Hurdles	U20 Women	A followed by B
T4	11.00	300m Hurdles	U17 Women	A followed by B
T5	11.10	1500m	U20 Men	A & B
T6	11.20	1500m	U17 Men	A & B
T7	11.30	1500m	U20 Women	A & B
T8	11.40	1500m	U17 Women	A & B
T9	11.50	100m	U20 Men	A followed by B
T10	12.00	100m	U17 Men	A followed by B
T11	12.10	100m	U20 Women	A followed by B
T12	12.20	100m	U17 Women	A followed by B
T13	12.30	400m	U20 Men	A followed by B
T14	12.40	400m	U17 Men	A followed by B
T15	12.50	400m	U20 Women	A followed by B
T16	13.00	300m	U17 Women	A followed by B
T17	13.10	3000m	U20 Men	A & B
T18	13.25	3000m	U17 Men	A & B
T19	13.40	80m Hurdles	U17 Women	A followed by B
T20	13.50	100m Hurdles	U20 Women	A followed by B
T21	14.00	100m Hurdles	U17 Men	A followed by B
T22	14.10	110m Hurdles	U20 Men	A followed by B
T23	14.20	3000m	U20 Women	A & B
T24	14.35	3000m	U17 Women	A & B
T25	14.50	200m	U20 Men	A followed by B
T26	15.00	200m	U17 Men	A followed by B
T27	15.10	200m	U20 Women	A followed by B
T28	15.20	200m	U17 Women	A followed by B
T29	15.30	800m	U20 Men	A followed by B
T30	15.40	800m	U17 Men	A followed by B
T31	15.50	800m	U20 Women	A followed by B
T32	16.00	800m	U17 Women	A followed by B
T33	16.10	1500m S/C	U20 Women	A & B
T34	16.20	1500m S/C	U17 Women	A & B
T35	16.30	4 x 100m	U20 Men	
T36	16.35	4 x 100m	U20 Women	
T37	16.45	4 x 100m	U17 Men	
T38	16.50	4 x 100m	U17 Women	
T39	16.55	2000m S/C	U20 Men	A & B
T40	17.05	1500m S/C	U17 Men	A & B
T41	17.15	4 x 400m	U20 Men	
T42	17.25	4 x 400m	U20 Women	
T43	17.35	4 x 400m	U17 Men	
T44	17.45	4 x 300m	U17 Women	

FIELD

No.	Time	Event	Age Group
F1	10.30	Hammer	U17 & U20 Men
F2	10.30	Javelin	U17 & U20 Women
F3	10.45	Long jump	U17 & U20 Women
F4	11.15	High Jump Pool A	U17 & U20 Men
F5	11.15	High Jump Pool B	U17 & U20 Men
F6	11.30	Shot	U17 & U20 Men
F7	12.00	Pole Vault Pool A	U17 & U20 Women
F8	12.00	Pole Vault Pool B	U17 & U20 Women
F9	12.45	Triple Jump	U17 & U20 Women
F10	13.00	Discus	U17 & U20 Men
F11	13.00	Hammer	U17 & U20 Women
F12	13.15	Long jump	U17 & U20 Men
F13	14.00	High Jump Pool A	U17 & U20 Women
F14	14.00	High Jump Pool B	U17 & U20 Women
F15	14.00	Shot	U17 & U20 Women
F16	15.00	Pole Vault Pool A	U17 & U20 Men
F17	15.00	Pole Vault Pool B	U17 & U20 Men
F18	15.30	Javelin	U17 & U20 Men
F19	15.30	Discus	U17 & U20 Women
F20	15.30	Triple Jump	U17 & U20 Men

Denotes Outside Throwing area