

# **A MESSAGE FROM YDL CHAIRMAN GRACE HALL**

Welcome to the 2017 season; with a new structure to the competition in some areas following the 2016 AGM.

A major change you will all see this season is the new results software package which now includes the facility to check athlete registration as per the changes to the UKA Rule Book in 2016. As with all new computerised packages I expect there will be some confusion initially, but we have ensured there is assistance available to host club users.

2017 also brings a change to the financial assistance for the league, which at the time of writing this welcome message, the outcome has not been conveyed to the League. We do know that prudence will be required and the Management group are looking at ways to reduce costs without losing the integrity of competition for member clubs. One thing however is certain, we have to become self-financing at the end of the four year cycle therefore some changes are inevitable.

Our funding partners, UKA and England Athletics have worked extremely hard over the last few months to ensure YDL was included in the bid for funding in the next cycle, to cover the years 2017 to 2020, and we are grateful for their assistance.

2017 is another year with major athletics events taking place in London and as happened in 2012, we look forward to member clubs seeing an increase in membership and I hope we see this progress to participation in the league. As always, voluntary effort is required to run the league and we are hopeful that clubs can find the necessary officials and volunteers to ensure their athletes are able to compete successfully.

I wish everyone, a successful and enjoyable season.

Grace Hall  
Chairman, UKYDL  
March 2017

## **SUMMARY OF UPPER AGE GROUP (U17/U20) RULES**

1. All competitions shall be held under UKA Rules for Competition.
2. Competitors can either be first-claim members of their club or 2nd claim members (**UAG only**) whose first claim club is not a member of the upper age group league. The maximum number of 2nd claim athletes is restricted to 4 male and 4 female per club per match. 2nd claim members are not permitted to compete for composite clubs.
3. Club vests must be worn by athletes in all League Competition. Competition numbers must be worn, front and back, in all events except High jump and Pole Vault where only one is necessary worn either front or back.
4. U17 athletes must be 15 or 16 on 31st August 2017 and are limited to 4 events and if doing so 1 must be a relay. Non scoring event to be included in the total. U20 athletes must be under 20 on 31st December 2017 and may compete in 5 events including relays. Non scoring event to be included in the total.
5. Should any athlete exceed their event restrictions, as above, the points gained will be deducted. In addition, the points scored by the athlete in the highest of their other scores will also be deducted.
6. U17 athletes cannot do the same event in the U17 and U20 age groups on the same day. U17 athletes who compete as U20 will use the U20 implements and hurdle settings.
7. ***In all events, the superior performer should be nominated for the 'A' string event. In all circumstances where events are run as combined events the better-performing competitor at the end of the competition will be deemed the 'A' string***
8. In the Long Jump, Triple Jump and throwing events each athlete is allowed 3 trials, with the top 3 U20 & top 3 U17 allowed a further 3 trials, having first achieved the required standard.
9. In the Pole Vault the lowest starting height shall be :-  
U17 & U20 women – 1.70m  
U17 & U20 men – 2.00m  
and will progress at 15cm intervals until 3 competitors remain then at discretion of the Field Referee or event leader. No jump-offs – points will be shared.
10. In the High Jump the lowest starting height shall be :-  
U17 women – 1.25m U17 men – 1.35m  
U20 women – 1.30m U20 men – 1.50m  
and will progress by 5cm intervals until 3 competitors remain then by 3cm. No Jump- offs - points will be shared

NOTE – a copy of the full League rules are held by every member club and must be available for inspection when hosting a meeting.

## **UPPER AGE GROUP (U17/U20) Premier Timetable**

### **TRACK**

11.10	400m Hurdles	U20M - A followed by B
11.20	400m Hurdles	U17M - A followed by B
11.30	400m Hurdles	U20W - A followed by B
11.40	300m Hurdles	U17W - A followed by B
11.50	1500m	U20M - A & B string
12.00	1500m	U17M - A & B string
12.10	1500m	U20W - A & B string
12.20	1500m	U17W - A & B string
12.30	100m	U20M - A followed by B
12.40	100m	U17M - A followed by B
12.50	100m	U20W - A followed by B
13.00	100m	U17W - A followed by B

### **TRACK BREAK**

13.20	400m	U20M - A followed by B
13.30	400m	U17M - A followed by B
13.40	400m	U20W - A followed by B
13.50	300m	U17W - A followed by B
14.00	80m Hurdles	U17W - A followed by B
14.10	3000m	Men <b>ALL</b>
14.25	100m Hurdles	U20W - A followed by B
14.35	100m Hurdles	U17M - A followed by B
14.45	3000m	Women <b>ALL</b>
15.00	110m Hurdles	U20M - A followed by B
15.15	200m	U20M - A followed by B
15.25	200m	U17M - A followed by B
15.30	200m	U20W - A followed by B
15.40	200m	U17W - A followed by B
15.50	800m	U20M - A followed by B
16.00	800m	U17M - A followed by B
16.10	800m	U20W - A followed by B
16.20	800m	U17W - A followed by B
16.30	1500m S/C	Women <b>ALL</b>
16.40	4 x 100m	U17 Women
16.45	4 x 100m	U17 Men
16.50	4 x 100m	U20 Women
16.55	4 x 100m	U20 Men
17.05	2000m S/C	U20 Men A & B string
17.15	1500m S/C	U17 Men A & B string
17.25	4 x 300m	U17 Women
17.35	4 x 400m	U17 Men
17.45	4 X 400m	U20 Women
17.55	4 x 400m	U20 Men

### **FIELD (3 competitors per team only)**

10.15	Hammer (6Kg)	U20 Men <u>and</u>
	Hammer (5Kg)	U17 Men
11.00	Pole Vault	U20 & U17 Women
	Long Jump	U20 & U17 Men
11.35	Hammer (4Kg)	U20 Women <u>and</u>
	Hammer (3kg)	U17 Women
12.00	High Jump	U20 & U17 Men
12.45	Long Jump	U20 & U17 Women
12.55	Javelin (800g)	U20 Men <u>and</u>
	Javelin (700g)	U17 Men
	Shot (4Kg)	U20 Women <u>and</u>
	Shot (3kg)	U17 Women
14.15	Javelin (600g)	U20 Women <u>and</u>
	Javelin (500g)	U17 Women
14.30	Triple Jump	U20 & U17 Men
	Pole Vault	U20 & U17 Men
15.00	High Jump	U20 & U17 Women
	Shot (6Kg)	U20 Men <u>and</u>
	Shot (5Kg)	U17 Men
15.35	Discus (1Kg)	U20 & U17 Women
16.15	Triple Jump	U20 & U17 Women
16.55	Discus (1.75Kg)	U20 Men <u>and</u>
	Discus (1.5Kg)	U17 Men

**With the exception of vertical jumps, all athletes will have 3 trials, with the top 3 U20 & top 3 U17 a further 3 trials having first achieved the required standard.**

Should a stadium have an outside throws area, the first long throws event could take place starting at 11:00 and all other long throws events timetabled accordingly.

## UPPER AGE GROUP (u17/u20) Non-Premier Timetable

### TRACK

<u>Time</u>	<u>Event</u>
11.40	400m & 300m Hurdles
12.10	1500m Men
12.25	1500m Women
12.40	100m
TRACK BREAK	
13.20	400m & 300m
13.55	80m Hurdles U17 Women
14.05	3000m Men <b>ALL</b>
14.20	100m Hurdles U20 Women
14.30	100m Hurdles U17 Men
14.40	3000m Women <b>ALL</b>
14.55	110m Hurdles U20 Men
15.05	200m
15.30	800m
16.00	1500m S/C Women <b>ALL</b>
16.10	4 x 100m Relays
16.30	2000m S/C U20 Men
16.40	1500m S/C U17 Men
16.50	4 x 300m THEN 4 x 400m Relays

In all track events: **U20M** followed by **U17M**, **U20W** and **U17W** except where specified and relays  
**Relay sequence:**  
**U17W – U17M – U20W – U20M**

### FIELD (3 competitors per team only)

<u>Time</u>	<u>Event</u>
11.15	Hammer Men (U20 - 6Kg & U17 - 5kg)
	Long Jump Men
11.30	Pole Vault Women
	Shot Women (U20 - 4kg & U17 - 3kg)
12.15	Hammer Women (U20 - 4kg & U17 - 3kg)
12.30	High Jump Men
13.00	Long Jump Women
13.15	Javelin Men (U20 - 800g & U17 - 700g)
14.30	Javelin Women (U20 - 600g & U17 - 500g)
	Shot Men (U20 - 6kg & U17 - 5Kg)
14.45	Pole Vault Men
	High Jump Women
	Triple Jump Men
15.30	Discus Women (1Kg)
16.00	Triple Jump Women
16.30	Discus Men (U20 - 1.75Kg & U17 - 1.5Kg)

**With the exception of vertical jumps, all athletes will have 3 trials, with the top 3 U20 & top 3 U17 a further 3 trials having first achieved the required standard.**

## Field event progression standards Upper Age Group.

<u>U20 men</u>	<u>U20 women</u>		<u>U17 men</u>	<u>U17 women</u>
5.50m	4.50m	<b>Long Jump</b> <b>Triple Jump</b> <b>Shot</b> <b>Discus</b> <b>Hammer</b> <b>Javelin</b>	5.50m	4.50m
11.50m	9.00m		11.00m	8.50m
10.50m	8.00m		10.50m	8.00m
35.00m	25.00m		32.00m	22.00m
35.00m	25.00m		32.00m	22.00m
35.00m	25.00m		32.00m	22.00m
35.00m	25.00m		32.00m	22.00m

The above refers only to the competitors who appear on the U20 field card, some of whom may be under 17 athletes

The above refers only to the under 17 competitors who are on the under 17 field card.

## **UPPER AGE GROUP (U17/U20) NORTHERN REGION DIVISIONS**

### **COMPETITION NUMBERS**

### **FIXTURE DATES and VENUES**

#### **PREMIER EAST (N)**

- |                                  |                          |
|----------------------------------|--------------------------|
| 1. CITY OF YORK AC               | SUN 25 Jun at YORK       |
| 2. GATESHEAD HARRIERS            |                          |
| 3. KINGDOM ATHLETICS – composite |                          |
| 4. KINGSTON UPON HULL AC         | SUN 30 Apr at HULL       |
| 5. MIDDLESBROUGH AC (MANDALE)    | SUN 28 May at DARLINGTON |
| 6. TEAM EDINBURGH – composite    |                          |

**Top 3 clubs to N/E AREA FINAL.**

**Bottom 3 clubs to RELEGATION PLAYOFF.**

#### **PREMIER EAST (S)**

- |                                  |                             |
|----------------------------------|-----------------------------|
| 1. CITY OF SHEFFIELD & DEARNE AC |                             |
| 2. DONCASTER AC                  | SUN 25 Jun at DONCASTER     |
| 3. HALLAMSHIRE HARRIERS          | SUN 30 Apr at WOODBURN ROAD |
| 4. LEEDS CITY AC                 | SUN 28 May at SOUTH LEEDS   |
| 5. TEAM FORTH VALLEY – composite |                             |
| 6. TEAM GLASGOW – composite      |                             |

**Top 3 clubs to N/E AREA FINAL.**

**Bottom 3 clubs to RELEGATION PLAYOFF.**

#### **NORTH PREMIER EAST AREA FINAL PLAYOFF:**

Top 3 clubs from each of the Premier East divisions, to be held on SUN 23 July at WOODBURN ROAD.

First 2 clubs from the final to qualify for the NATIONAL FINAL, 3rd place to paper match.

#### **NORTH PREMIER EAST AREA RELGATION PLAYOFF:**

Bottom 3 clubs from each of the Premier East divisions, to be held on SUN 23 July at MIDDLESBROUGH

#### **EAST 1**

- |                               |                           |
|-------------------------------|---------------------------|
| 1. BINGLEY HARRIERS           |                           |
| 2. CHESTERFIELD & DISTRICT AC | SUN 30 Apr at SPINKHILL   |
| 3. GRIMSBY HARRIERS           | SUN 25 Jun at CLEETHORPES |
| 4. ROTHERHAM HARRIERS         |                           |
| 5. SCUNTHORPE & DISTRICT      | SUN 28 May at SCUNTHORPE  |
| 6. SPENBOROUGH & DISTRICT AC  | SUN 23 Jul at CLECKHEATON |

**NB THERE IS TO BE A REVIEW OF THE NORTHERN LEAGUE STRUCTURE DURING 2017, AFTER WHICH ALL PROMOTION AND RELEGATION DETAILS WILL BE PUBLISHED.**

## UPPER AGE GROUP (U17/U20) NORTHERN REGION DIVISIONS

### COMPETITION NUMBERS

### FIXTURE DATES and VENUES

#### PREMIER WEST

- |   |                        |
|---|------------------------|
| 1. EAST CHESHIRE HARRIERS & TAMESIDE AC |                        |
| 2. LIVERPOOL HARRIERS                   |                        |
| 3. NORTH WALES – composite              | SUN 23 July at WREXHAM |
| 4. PRESTON HARRIERS                     | SUN 30 Apr at PRESTON  |
| 5. SALE HARRIERS MANCHESTER             | SUN 25 Jun at TRAFFORD |
| 6. TRAFFORD AC                          | SUN 28 May at TRAFFORD |

Top club to paper match for NATIONAL FINAL

#### WEST 1

- |                                   |                          |
|-----------------------------------|--------------------------|
| 1. BOLTON UNITED HARRIERS         | SUN 25 Jun at BOLTON     |
| 2. BORDER HARRIERS                | SUN 23 Jul at WHITEHAVEN |
| 3. CREWE & NANTWICH AC            | SUN 28 May at CREWE      |
| 4. TEAM NORTH CUMBRIA – composite |                          |
| 5. WEST CHESHIRE AC               |                          |
| 6. WIGAN & DISTRICT HARRIERS      | SUN 30 Apr at WIGAN      |
| 7. WIRRAL AC                      |                          |

#### WEST 2

- |                               |                          |
|-------------------------------|--------------------------|
| 1. BLACKPOOL, WYRE & FYLDE AC | SUN 23 Jul at BLACKPOOL  |
| 2. BURY AC                    |                          |
| 3. HORWICH RMI HARRIERS       |                          |
| 4. LANCASTER & MORECAMBE AC   |                          |
| 5. LEIGH HARRIERS             | SUN 30 Apr at LEIGH      |
| 6. M60 NOMADS – composite     |                          |
| 7. ST. HELENS SUTTON AC       | SUN 25 Jun at WARRINGTON |
| 8. STOCKPORT HARRIERS & AC    | SUN 28 May at STOCKPORT  |

**NB THERE IS TO BE A REVIEW OF THE NORTHERN LEAGUE STRUCTURE DURING 2017, AFTER WHICH ALL PROMOTIONS AND RELEGATIONS WILL BE PUBLISHED.**

## UPPER AGE GROUP (U17/U20) MIDLAND REGION DIVISIONS

### **COMPETITION NUMBERS**

### **FIXTURE DATES and VENUES**

#### **PREMIER NORTH/EAST**

- |                               |   |
|-------------------------------|---|
| 1. BIRCHFIELD HARRIERS        |   |
| 2. CANNOCK & STAFFORD AC      |   |
| 3. MARSHALL MILTON KEYNES AC  |   |
| 4. NOTTS AC                   | SUN 30 Apr at NOTTINGHAM                  |
| 5. RUGBY & NORTHAMPTON AC     | SUN 28 May at RUGBY                       |
| 6. WOLVERHAMPTON & BILSTON AC | SUN 25 <sup>th</sup> Jun at WOLVERHAMPTON |

Top 3 clubs to MIDLANDS REGIONAL FINAL  
Bottom 2 clubs relegated to North/East 1A, 1B, 1C or 1D

#### **NORTH/EAST 1A**

- |                                  |                            |
|----------------------------------|----------------------------|
| 1. BANBURY HARRIERS              | SUN 28 May at BANBURY      |
| 2. BICESTER & WITNEY - composite |                            |
| 3. CHARNWOOD AC                  | SUN 25 Jun at LOUGHBOROUGH |
| 4. COVENTRY GODIVA HARRIERS      | SUN 30 Apr at COVENTRY     |
| 5. DAVENTRY AC                   |                            |
| 6. LEAMINGTON C & AC             |                            |
| 7. LEICESTER CORITANIAN AC       |                            |

#### **NORTH/EAST 1B**

- |                                      |                                |
|--------------------------------------|--------------------------------|
| 1. CITY OF STOKE AC                  |                                |
| 2. NUNEATON & HARBOROUGH – composite |                                |
| 3. ROYAL SUTTON COLDFIELD AC         | SUN 28 May at SUTTON COLDFIELD |
| 4. SAFFRON AC                        |                                |
| 5. TAMWORTH AC                       |                                |
| 6. TELFORD AC                        | SUN 30 Apr at TELFORD          |
| 7. TIPTON HARRIERS                   | SUN 25 Jun at TIPTON           |

#### **NORTH/EAST 1C**

- |                                  |                                |
|----------------------------------|--------------------------------|
| 1. BORDER OLYMPIANS – composite  |                                |
| 2. BROMSGROVE & REDDITCH AC      |                                |
| 3. DUDLEY & STOURBRIDGE HARRIERS | SUN 25 Jun at THE DELL, DUDLEY |
| 4. HALESOWEN A & CC              |                                |
| 5. KIDDERMINSTER & STOURPORT     | SUN 30 Apr at KIDDERMINSTER    |
| 6. SOLIHULL & SMALL HEATH AC     | SUN 28 May at SOLIHULL         |

## UPPER AGE GROUP (U17/U20) MIDLAND REGION DIVISIONS

### COMPETITION NUMBERS

### FIXTURE DATES and VENUES

#### NORTH/EAST 1D

- |   |                        |
|---|------------------------|
| 1. AMBER VALLEY & EREWASH AC                    | SUN 28 May at DERBY    |
| 2. BURTON AC                                    |                        |
| 3. DERBY AC                                     | SUN 25 Jun at DERBY    |
| 4. EAST NOTTS - composite                       | SUN 30 Apr at GRANTHAM |
| 5. EASTERN ATHLETICS ALLIANCE (EAA) - composite |                        |
| 6. WEST NOTTS – composite                       |                        |

**Top 2 clubs in each of divisions 1A, 1B, 1C & 1D to MIDLANDS N/E PROMOTION MATCH  
to be held on SUN 23 JULY at DERBY**

**Top 2 clubs from N/E Promotion match to be promoted into Midlands Premier North/East**

#### PREMIER SOUTH/WEST

- |                                 |                          |
|---------------------------------|--------------------------|
| 1. CARDIFF AAC                  | SUN 25 Jun at CARDIFF    |
| 2. CHELTENHAM & COUNTY HARRIERS | SUN 28 May at CHELTENHAM |
| 3. SWANSEA HARRIERS             |                          |
| 4. TEAM AVON – composite        | SUN 30 Apr at YATE       |
| 5. TEAM DC – composite          |                          |
| 6. WEST WALES – composite       |                          |

**Top 3 clubs to MIDLANDS REGIONAL FINAL  
Bottom 3 clubs to MIDLANDS S/W PROMOTION MATCH**

#### SOUTH/WEST 1

- |   |                        |
|---|------------------------|
| 1. CARDIFF ARCHERS                        |                        |
| 2. GLOUCESTER AC                          |                        |
| 3. HEREFORD & COUNTY AC                   | SUN 30 Apr at HEREFORD |
| 4. SOUTH & EAST WALES – composite         |                        |
| 5. SWINDON HARRIERS                       | SUN 25 Jun at SWINDON  |
| 6. TEAM GWENT – composite                 | SUN 28 May at NEWPORT  |
| 7. YEOVIL OLYMPIADS & WELLS CITY HARRIERS |                        |

**Top 3 clubs to MIDLANDS S/W PROMOTION MATCH  
to be held on SUN 23 Jul at NEWPORT**

**Top 3 clubs from S/W Promotion match to be promoted into Midlands Premier S/W**

**Bottom 3 clubs from S/W Promotion match to be relegated into Midlands S/W 1**

**MIDLANDS REGIONAL FINAL to be held on SUN 23 July at YATE**

**First 2 clubs to qualify for the NATIONAL FINAL, 3rd & 4<sup>th</sup> clubs to paper match**



## **UPPER AGE GROUP (U17/U20) SOUTHERN REGION DIVISIONS**

### **COMPETITION NUMBERS**

### **FIXTURE DATES and VENUE**

#### **PREMIER 1**

- |  |                            |
|--|----------------------------|
| 1. BLACKHEATH & BROMLEY HARRIERS AC    | SUN 28 May at NORMAN PARK  |
| 2. CRAWLEY AC                          |                            |
| 3. READING AC                          | SUN 25 JUN at PALMER PARK  |
| 4. SHAFTESBURY BARNET HARRIERS         | SUN 23 Jul at ALLIANZ PARK |
| 5. TEAM NORFOLK – composite            | SUN 30 Apr at NORWICH      |
| 6. WINDSOR, SLOUGH, ETON & HOUNSLOW AC |                            |

**Top 2 clubs to NATIONAL FINAL. 3<sup>rd</sup> & 4<sup>th</sup> clubs to paper match.  
Bottom 2 clubs relegated to Premier 2A or 2B**

#### **PREMIER 2A**

- |   |                                       |
|---|---------------------------------------|
| 1. CAMBERLEY AC / WOKING AC – composite |                                       |
| 2. HARROW AC                            | SUN 28 May & 25 Jun at BANNISTER PARK |
| 3. HILLINGDON AC                        | SUN 30 Apr at HILLINGDON              |
| 4. KINGSTON AC & POLYTECHNIC HARRIERS   |                                       |
| 5. SOUTH BUCKS – composite              |                                       |
| 6. TEAM DORSET – composite              | SUN 23 Jul at POOLE                   |

**Top club promoted to Premier 1.  
Bottom 2 clubs relegated to division 1A or 1B**

#### **DIVISION 1A**

- |                                 |                               |
|---------------------------------|-------------------------------|
| 1. EALING ST MARYS              | SUN 28 May & 25 Jun at EALING |
| 2. GUILDFORD & GODALMING AC     | SUN 30 Apr at GUILDFORD       |
| 3. TEAM HOUNSLOW AC             |                               |
| 4. TEAM OXFORDSHIRE – composite | SUN 23 Jul at HORSPATH        |
| 5. THAMES VALLEY HARRIERS       |                               |
| 6. VALE OF AYLESBURY AC         |                               |

**Top club promoted to Premier 2A**

#### **DIVISION 1B**

- |   |                          |
|---|--------------------------|
| 1. BOURNEMOUTH & NEW FOREST JUN-composite | SUN 25 Jun at KINGS PARK |
| 2. BRIGHTON & HOVE AC                     | SUN 23 Jul at BRIGHTON   |
| 3. CHICHESTER AC                          |                          |
| 4. CITY OF PORTSMOUTH AC                  | SUN 30 Apr at PORTMOUTH  |
| 5. SOUTHAMPTON AC                         |                          |
| 6. WINCHESTER & DISTRICT AC               | SUN 28 May at WINCHESTER |

**Top club promoted to Premier 2A**

## UPPER AGE GROUP (U17/U20) SOUTHERN REGION DIVISIONS

### **COMPETITION NUMBERS**

### **FIXTURE DATES and VENUE**

#### **PREMIER 2B**

- |                                  |                          |
|----------------------------------|--------------------------|
| 1. CHELMSFORD AC                 | SUN 25 Jun at CHELMSFORD |
| 2. ENFIELD & HARINGEY AC         |                          |
| 3. HAVERING AC                   |                          |
| 4. STEVENAGE & NORTH HERTS AC    | SUN 28 May at STEVENAGE  |
| 5. TEAM BEDFORDSHIRE - composite | SUN 30 Apr at LUTON      |
| 6. TONBRIDGE AC                  | SUN 23 Jul at TONBRIDGE  |

**Top club promoted to Premier 1.  
Bottom 2 clubs relegated to division 1C or 1D**

#### **DIVISION 1C**

- |   |                                 |
|---|---------------------------------|
| 1. CAMBRIDGE HARRIERS (KENT)              |                                 |
| 2. CROYDON HARRIERS                       | SUN 28 May & 23 July at CROYDON |
| 3. DARTFORD HARRIERS                      | SUN 30 Apr at DARTFORD          |
| 4. HOLLAND, DORKING & REIGATE - composite |                                 |
| 5. HORSHAM BLUE STAR HARRIERS             |                                 |
| 6. TEAM SUSSEX – composite                | SUN 25 Jun at LEWES             |
| 7. WALTON AC                              |                                 |

**Top club promoted to Premier 2B**

#### **DIVISION 1D**

- |  |   |
|--|---|
| 1. BASILDON BEAGLES – composite        |   |
| 2. BEXLEY AC                           |   |
| 3. HERTS PHOENIX AC                    |   |
| 4. MEDWAY & MAIDSTONE AC               | SUN 30 Apr at MEDWAY PARK                             |
| 5. ORION HARRIERS                      | SUN 25 Jun at WALTHAMSTOW                             |
| 6. TEAM ATIP – composite               |   |
| 7. VICTORIA TOWER HIGHGATE - composite | SUN 28 May at MILE END<br>& 23 Jul at PARLIAMENT HILL |

**Top club promoted to Premier 2B**

# 2017 National Finals Weekend

## **Birmingham Alexander Stadium**

### Lower Age Group – Saturday 2<sup>nd</sup> September

Following the four fixtures, the top 2 teams from the Northern & Southern Premier 1 Divisions, the top 2 teams from the Midland Premier regional final plus the winner of the Scottish final will be invited to send a team to the National Final.

The 8<sup>th</sup> place will be decided by a paper match for which the 3<sup>rd</sup> placed teams in the Northern & Southern Premier 1 divisions and the Midland Premier regional final and the runner up in the Scottish final will each be invited to submit a team.

### Upper Age Group -Sunday 3<sup>rd</sup> September

Following the four fixtures, the top 2 clubs from Southern Premier 1 division and the 1st and 2nd placed teams from the Midland Premier regional final and the Northern Premier East area final will be invited to send a team to the National Final.

The 7<sup>th</sup> and 8<sup>th</sup> places will be determined by a paper match for which the 3<sup>rd</sup> and 4<sup>th</sup> placed teams in the Southern Premier 1 division and Midland regional finals, plus the winner of the Northern Premier West division and the 3<sup>rd</sup> placed team in the Northern Premier East area final, will be invited to submit a team.

## 2016 NATIONAL FINALISTS

### LOWER AGE GROUP

**WINNER – Southampton AC**

**RUNNER UP – Edinburgh AC**

3<sup>rd</sup> – Blackheath & Bromley H & AC

4<sup>th</sup> – Sale Harriers Manchester

5<sup>th</sup> – Windsor, Slough, Eton & Hounslow

6<sup>th</sup> – Swansea Harriers

7<sup>th</sup> – Preston Harriers

8<sup>th</sup> – Rugby & Northampton AC

### UPPER AGE GROUP

**WINNER – Blackheath & Bromley H&AC**

**RUNNER UP – Team Edinburgh**

3<sup>rd</sup> – Shaftesbury Barnet Harriers

4<sup>th</sup> – Team Glasgow

5<sup>th</sup> – Reading AC

6<sup>th</sup> – Rugby & Northampton AC

7<sup>th</sup> – Windsor, Slough, Eton & Hounslow

8<sup>th</sup> – Cardiff AAC

## **SUMMARY OF LOWER AGE GROUP (U13/U15) RULES**

1. All competitions shall be held under UKA Rules for Competition.
2. Competitors must be first-claim members of their clubs or composite team.
3. Club vests must be worn by athletes in all League Competition.
4. Competition numbers must be worn, front and back, in all events except High jump and Pole Vault where only one is necessary worn either front or back.
5. U13 athletes must be 11 or 12 on 31st August 2017.  
U15 athletes must be 13 or 14 on 31st August 2017.
6. U13 and U15 athletes are limited to 4 events and if doing so 1 MUST be a relay. Non-scoring events to be included in this total.  
U13 and U15 athletes cannot compete in both 800m & 1200m/1500m at the same meeting.
7. Should any athlete exceed their event restrictions, as above, the points gained will be deducted. In addition, the points scored by the athlete in the highest of their other scores will also be deducted.
8. In all events, the superior performer should be nominated for the 'A' string event. In all circumstances where events are run as combined events the better-performing competitor at the end of the competition will be deemed the 'A' string.
9. In the Long Jump and throwing events each athlete is allowed 3 trials.
10. In the Pole Vault the lowest starting height shall be :-  
U15 girls and boys – 1.70m  
and will progress at 10cm intervals until 3 competitors remain then at discretion of the Field Referee or event leader. No jump-offs – points will be shared.
11. In the High Jump the lowest starting height shall be :-  
U13 girls and boys – 1.05m  
U15 girls – 1.15m  
U15 boys – 1.25m  
and will progress by 5cm intervals until 3 competitors remain then by 3cm. No Jump-offs - points will be shared.

NOTE – a copy of the full League rules are held by every member club and must be available for inspection when hosting a meeting.

## LOWER AGE GROUP (U13/U15) Premier Timetable

### TRACK

<u>Time</u>	<u>Event</u>	<u>M/F</u>
11.30	70m Hurdles	U13 Girls A followed by B
11.40	75m Hurdles	U13 Boys A followed by B
11.50	75m Hurdles	U15 Girls A followed by B
12.00	80m Hurdles	U15 Boys A followed by B
12.15	150m	U13 Girls A followed by B
12.25	200m	U13 Boys A followed by B
12.35	200m	U15 Girls A followed by B
12.45	200m	U15 Boys A followed by B
13.00	800m	U13 Girls A followed by B
13.10	800m	U13 Boys A followed by B
13.20	800m	U15 Girls A followed by B
13.30	800m	U15 Boys A followed by B
13.40	800m NS	U13 Girls
13.45	800m NS	U13 Boys
13.50	800m NS	U15 Girls
13.55	800m NS	U15 Boys
14.00	75m	U13 Girls A followed by B
14.10	75m NS	U13 Girls
14.15	100m	U13 Boys A followed by B
14.20	100m	U15 Girls A followed by B
14.25	100m	U15 Boys A followed by B
14.30	100m NS	U13 Boys
14.40	100m NS	U15 Girls
14.50	100m NS	U15 Boys
15.00	300m	U15 Girls A followed by B
15.10	300m	U15 Boys A followed by B
15.20	1200m	U13 Girls ALL
15.30	1500m	U13 Boys ALL
15.40	1500m	U15 Girls ALL
15.50	1500m	U15 Boys ALL
16.00	4 x 100m	U13 Girls
16.05	4 x 100m	U13 Boys
16.10	4 x 100m	U15 Girls
16.15	4 x 100m	U15 Boys
16.20	4 x 300m	U15 Girls
16.25	4 x 300m	U15 Boys

### FIELD

<u>Time</u>	<u>Event</u>	<u>M/F</u>
11.00	Hammer (4 kg)	U15 Boys
11.15	Long Jump	U15 Girls
11.40	Hammer (3kg)	U15 Girls
11.45	High Jump	U13 Girls
	Shot (3.25kg)	U13 Boys
12.20	Discus (1.25kg)	U15 Boys
12.30	Pole Vault	U15 Boys & Girls
13.00	Discus (1kg)	U15 Girls
	High Jump	U13 Boys
	Shot (2.72Kg)	U13 Girls
13.15	Long Jump	U15 Boys
13.40	Javelin (600g)	U15 Boys
14.15	High Jump	U15 Boys
	Shot (3Kg)	U15 Girls
14.20	Javelin (400g)	U13 Boys
14.30	Long Jump	U13 Girls
15.00	Javelin (500g)	U15 Girls
15.30	Long Jump	U13 Boys
	High Jump	U15 Girls
	Shot (4kg)	U15 Boys
15.40	Javelin (400g)	U13 Girls

**3 trials per athlete except vertical jumps**

**Should a stadium have an outside throws area available, then the U15 Boys Hammer could commence at 11.45**

## LOWER AGE GROUP (U13/U15) Non-Premier Timetable

### TRACK

<u>Time</u>	<u>Event</u>	<u>M/F</u>
11.30	70m Hurdles	U13 Girls A followed by B
11.40	75m Hurdles	U13 Boys A followed by B
11.50	75m Hurdles	U15 Girls A followed by B
12.00	80m Hurdles	U15 Boys A followed by B
12.15	150m	U13 Girls A followed by B
12.25	200m	U13 Boys A followed by B
12.35	200m	U15 Girls A followed by B
12.45	200m	U15 Boys A followed by B
13.00	800m	U13 Girls A followed by B
13.10	800m	U13 Boys A followed by B
13.20	800m	U15 Girls A followed by B
13.30	800m	U15 Boys A followed by B
13.40	800m NS	U13 Girls
13.45	800m NS	U13 Boys
13.50	800m NS	U15 Girls
13.55	800m NS	U15 Boys
14.00	75m	U13 Girls A followed by B
14.10	75m NS	U13 Girls
14.15	100m	U13 Boys A followed by B
14.20	100m	U15 Girls A followed by B
14.25	100m	U15 Boys A followed by B
14.30	100m NS	U13 Boys
14.40	100m NS	U15 Girls
14.50	100m NS	U15 Boys
15.00	300m	U15 Girls A followed by B
15.10	300m	U15 Boys A followed by B
15.20	1200m	U13 Girls ALL
15.30	1500m	U13 Boys ALL
15.40	1500m	U15 Girls ALL
15.50	1500m	U15 Boys ALL
16.00	4 x 100m	U13 Girls
16.05	4 x 100m	U13 Boys
16.10	4 x 100m	U15 Girls
16.15	4 x 100m	U15 Boys
16.20	4 x 300m	U15 Girls
16.25	4 x 300m	U15 Boys

### FIELD

<u>Time</u>	<u>Event</u>	<u>M/F</u>
11.30	Hammer (4 kg)	U15 Boys <u>and</u>
	Hammer (3 kg)	U15 Girls
	Long Jump	U13 Boys
11.45	High Jump	U15 Girls
	Shot (2.72 kg)	U13 Girls
12.30	Discus (1.25kg)	U15 Boys
13.00	Long Jump	U15 Girls
	High Jump	U13 Boys & Girls
	Pole Vault	U15 Boys & Girls
13.10	Discus (1kg)	U15 Girls
13.15	Shot (4kg)	U15 Boys
13.45	Javelin (600g)	U15 Boys
14.30	Javelin (500g)	U15 Girls
	Long Jump	U13 Girls
	High Jump	U15 Boys
	Shot (3.25Kg)	U13 Boys
15:10	Javelin (400g)	U13Boys
15.30	Long Jump	U15 Boys
	Shot (3kg)	U15 Girls
15.50	Javelin (400g)	U13 Girls

**3 trials per athlete except vertical jumps**

**Should a stadium have an outside throws area available, then the U15 Boys Hammer could commence at 11.45**

## **LOWER AGE GROUP (U13/U15) NORTHERN REGION DIVISIONS**

### **COMPETITION NUMBERS**

### **FIXTURE DATES and VENUES**

#### **PREMIER 1**

- |                       |                                   |
|-----------------------|-----------------------------------|
| 1. GATESHEAD HARRIERS |                                   |
| 2. LEEDS CITY AC      | SAT 20 May at SOUTH LEEDS STADIUM |
| 3. LIVERPOOL HARRIERS |                                   |
| 4. PRESTON HARRIERS   | SAT 22 Apr & 15 Jul at PRESTON    |
| 5. SALE HARRIERS      | SUN 18 Jun at SPORTS CITY         |
| 6. WEST CHESHIRE AC   |                                   |

Top 2 clubs to NATIONAL FINAL. 3<sup>rd</sup> club to paper match.  
Bottom 2 clubs relegated to Premier 2

#### **PREMIER 2**

- |                                  |                                   |
|----------------------------------|-----------------------------------|
| 1. CHESTERFIELD & DISTRICT AC    | SAT 22 Apr at SPINKHILL           |
| 2. CITY OF SHEFFIELD & DEARNE AC |                                   |
| 3. CREWE & NANTWICH AC           |                                   |
| 4. HARROGATE HARRIERS            | SUN 18 Jun at BECKETT PARK, LEEDS |
| 5. MIDDLESBROUGH AC (MANDALE)    | SAT 15 Jul at MIDDLESBROUGH       |
| 6. WIRRAL AC                     | SAT 20 May AT BEBBINGTON          |

Top 2 clubs promoted to Premier 1.  
Bottom 2 clubs relegated to East 1 or West 1

#### **EAST 1**

- |                          |                                      |
|--------------------------|--------------------------------------|
| 1. CITY OF YORK AC       | SAT 22 Apr at YORK                   |
| 2. DONCASTER AC          | SAT 20 May at DONCASTER              |
| 3. HALLAMSHIRE HARRIERS  |                                      |
| 4. KINGSTON UPON HULL AC | SUN 18 Jun at COSTELLO STADIUM, HULL |
| 5. ROTHERHAM HARRIERS    | SAT 15 July at ROTHERHAM             |
| 6. SCARBOROUGH AC        |                                      |

Top club promoted to Premier 2  
Bottom 2 clubs relegated to East 2

#### **EAST 2**

- |                              |                           |
|------------------------------|---------------------------|
| 1. BINGLEY HARRIERS          |                           |
| 2. LINCOLN WELLINGTON AC     | SAT 20 May at LINCOLN     |
| 3. LOUTH & GRIMSBY           | SUN 18 Jun at CLEETHORPES |
| 4. SCUNTHORPE & DISTRICT AC  | SAT 15 Jul at SCUNTHORPE  |
| 5. SPENBOROUGH & DISTRICT AC | SAT 22 Apr at CLECKHEATON |

Top club promoted to East 1

## **LOWER AGE GROUP (U13/U15) NORTHERN REGION DIVISIONS**

### **COMPETITION NUMBERS**

### **FIXTURE DATES and VENUES**

#### **WEST 1**

- |                               |                            |
|-------------------------------|----------------------------|
| 1. LANCASTER & MORECAMBE AC   | SAT 15 Jul at TRAFFORD     |
| 2. LEIGH HARRIERS             | SAT 22 Apr at LEIGH        |
| 3. STOCKPORT HARRIERS & AC    | SAT** 17 June at STOCKPORT |
| 4. TEAM IOM YOUTH – composite |                            |
| 5. TRAFFORD AC                | SAT 20 May at TRAFFORD     |
| 6. WIGAN & DISTRICT HARRIERS  |                            |

**Top club promoted to Premier 2  
Bottom 2 clubs relegated to West 2**

#### **WEST 2**

- |                                      |                                 |
|--------------------------------------|---------------------------------|
| 1. BLACKBURN HARRIERS                | SAT 20 May AT BLACKBURN         |
| 2. BOLTON UNITED HARRIERS            |                                 |
| 3. BURY AC                           | SAT 22 Apr & SUN 18 Jun at BURY |
| 4. EAST CHESHIRE & TAMESIDE HARRIERS | SAT 15 Jul at ASHTON-UNDER-LYNE |
| 5. MACCLESFIELD HARRIERS             |                                 |
| 6. MENAI TRACK & FIELD               |                                 |
| 7. TEAM NORTH CUMBRIA – composite    |                                 |

**Top 2 clubs promoted to West 1  
Bottom 2 clubs relegated to West 3N or 3S**

#### **WEST 3N**

- |                                      |                          |
|--------------------------------------|--------------------------|
| 1. BLACKPOOL, WYRE & FYLDE AC        | SUN 18 Jun at BLACKPOOL  |
| 2. BORDER HARRIERS                   | SAT 22 Apr at WHITEHAVEN |
| 3. CHORLEY TRIATHLON & ATHLETIC CLUB |                          |
| 4. HORWICH RMI HARRIERS              |                          |
| 5. HYNDBURN AC                       |                          |
| 6. SALFORD METROPOLITAN AC           | SAT 20 May at ECCLES     |
| 7. SOUTHPORT WATERLOO AC             | SAT 15 July at SOUTHPORT |

**Top club promoted to West 2**

#### **WEST 3S**

- |                             |                             |
|-----------------------------|-----------------------------|
| 1. ALTRINCHAM & DISTRICT AC |                             |
| 2. COLWYN BAY AAC           |                             |
| 3. DEESIDE AC               | SUN 18 Jun at CONNAH'S QUAY |
| 4. MANCHESTER HARRIERS & AC | SAT 20 May at SPORTS CITY   |
| 5. OLDHAM & ROYTON HARRIERS | SAT 15 Jul at OLDHAM        |
| 6. ST.HELENS SUTTON AC      |                             |
| 7. WARRINGTON AC            | SAT 22 Apr at WARRINGTON    |
| 8. WREXHAM AC               |                             |

**Top club promoted to West 2**



## **LOWER AGE GROUP (U13/U15) MIDLAND REGION DIVISIONS**

### **COMPETITION NUMBERS**

### **FIXTURE DATES and VENUES**

#### **PREMIER NORTH/EAST**

- |                               |                                 |
|-------------------------------|---------------------------------|
| 1. BIRCHFIELD HARRIERS        | SAT 20 May at ALEXANDER STADIUM |
| 2. CHARNWOOD AC               |                                 |
| 3. MARSHALL MILTON KEYNES AC  | SAT 22 Apr at MILTON KEYNES     |
| 4. RUGBY & NORTHAMPTON AC     | SUN 18 June at RUGBY            |
| 5. SOLIHULL & SMALL HEATH AC  |                                 |
| 6. WOLVERHAMPTON & BILSTON AC |                                 |

**Top 3 clubs to REGIONAL FINAL. Bottom 2 clubs relegated to North/East 1A, 1B, 1C OR 1D**

#### **NORTH/EAST 1A**

- |                              |                        |
|------------------------------|------------------------|
| 1. CANNOCK & STAFFORD AC     | SAT 22 Apr at TELFORD  |
| 2. CITY OF STOKE AC          | SUN 18 Jun at STOKE    |
| 3. COVENTRY GODIVA HARRIERS  | SAT 20 May at COVENTRY |
| 4. LEICESTER CORITANIAN AC   |                        |
| 5. NOTTS AC                  |                        |
| 6. ROYAL SUTTON COLDFIELD AC |                        |

#### **NORTH/EAST 1B**

- |                                     |                                  |
|-------------------------------------|----------------------------------|
| 1. BURTON AC                        |                                  |
| 2. DERBY AC                         | SUN 18 Jun at DERBY              |
| 3. MANSFIELD HARRIERS               |                                  |
| 4. NOTTS Lincs ALLIANCE - composite | SAT 22 Apr at GRANTHAM           |
| 5. SUTTON-in-ASHFIELD HARRIERS AC   | SAT 20 May at SUTTON IN ASHFIELD |
| 6. WORKSOP HARRIERS                 |                                  |

#### **NORTH/EAST 1C**

- |   |                                |
|---|--------------------------------|
| 1. BANBURY HARRIERS                       | SAT 22 Apr & 20 May at BANBURY |
| 2. BICESTER AC                            |                                |
| 3. DAVENTRY AC                            |                                |
| 4. LEAMINGTON C & AAC                     |                                |
| 5. NUNEATON AC & HARBOROUGH AC– composite | SUN 18 Jun at NUNEATON         |
| 6. SAFFRON AC                             |                                |

#### **NORTH/EAST 1D**

- |                                  |                             |
|----------------------------------|-----------------------------|
| 1. BROMSGROVE & REDDITCH         |                             |
| 2. DUDLEY & STOURBRIDGE HARRIERS |                             |
| 3. HALESOWEN A & CC              | SAT 20 May at WORCESTER     |
| 4. KIDDERMINSTER & STOURPORT AC  | SUN 18 Jun at KIDDERMINSTER |
| 5. TAMWORTH AC                   | SAT 22 Apr at TAMWORTH      |
| 6. TELFORD AC                    |                             |
| 7. TIPTON HARRIERS               |                             |

**Top 2 clubs in each of divisions 1A, 1B, 1C & 1D to NORTH/EAST PROMOTION MATCH**

**To be held on SAT 15 JULY at (venue to be confirmed)**

**Top 2 clubs from N/E Promotion match promoted to Midlands Premier North/East**

## **LOWER AGE GROUP (U13/U15) MIDLAND REGION DIVISIONS**

### **COMPETITION NUMBERS**

### **FIXTURE DATES and VENUES**

#### **PREMIER SOUTH/WEST**

- |  |                          |
|--|--------------------------|
| 1. BRISTOL & WEST AC/ MENDIP – composite | SAT 20 May at YATE       |
| 2. CARDIFF AAC                           |                          |
| 3. CARDIFF ARCHERS                       |                          |
| 4. CHELTENHAM & COUNTY HARRIERS          | SUN 18 Jun at CHELTENHAM |
| 5. SWANSEA HARRIERS AC                   |                          |
| 6. YATE & DISTRICT AC                    | SAT 22 Apr at YATE       |

**Top 3 clubs to REGIONAL FINAL. Bottom 3 clubs to SOUTH/WEST PROMOTION MATCH**

#### **SOUTH/WEST 1A**

- |                            |                          |
|----------------------------|--------------------------|
| 1. BLAENAU GWENT AC        |                          |
| 2. CWMBRAN HARRIERS        | SAT 22 Apr at NEWPORT    |
| 3. GLOUCESTER AC           | SUN 18 Jun at GLOUCESTER |
| 4. NORTH DEVON AC          |                          |
| 5. SOUTH WALES – composite |                          |
| 6. SWINDON HARRIERS        | SAT 20 May at SWINDON    |
| 7. WORCESTER AC            |                          |

#### **SOUTH/WEST 1B**

- |                         |                        |
|-------------------------|------------------------|
| 1. FOREST OF DEAN AC    |                        |
| 2. HEREFORD & COUNTY AC | SAT 20 May at HEREFORD |
| 3. NEATH HARRIERS       |                        |
| 4. NEWPORT HARRIERS     | SUN 18 Jun at NEWPORT  |
| 5. NORTH SOMERSET AC    |                        |
| 6. RHYMNEY VALLEY       |                        |
| 7. TEAM BATH AC         | SAT 22 Apr at BATH     |

**Top 2 clubs in divisions 1A & 1B to SOUTH / WEST PROMOTION MATCH**

**To be held on SAT 15 JULY at SWINDON**

**Top 3 clubs from S/W Promotion match to be promoted to Midlands Premier South/West**

**Bottom 4 clubs from S/W Promotion match to be relegated to S/W1A or S/W1B**

**MIDLANDS REGIONAL FINAL to be held on SAT 15 July at CARDIFF  
First 2 clubs to qualify for the NATIONAL FINAL, 3<sup>rd</sup> club to paper match.**

## **LOWER AGE GROUP (U13/U15) SOUTHERN REGION DIVISIONS**

### **COMPETITION NUMBERS**

### **FIXTURE DATES and VENUES**

#### **PREMIER 1**

- |  |                                    |
|--|------------------------------------|
| 1. BLACKHEATH & BROMLEY HARRIERS AC    | SAT 15 Jul at NORMAN PARK, BROMLEY |
| 2. BRACKNELL AC                        | SAT 22 Apr at BRACKNELL            |
| 3. CITY OF PORTSMOUTH AC               |                                    |
| 4. HAVERING AC                         |                                    |
| 5. SOUTHAMPTON AC                      | SAT 20 May at SOUTHAMPTON SC       |
| 6. WINDSOR, SLOUGH, ETON & HOUNSLOW AC | SUN 18 Jun at THAMES VALLEY AC     |

**Top 2 clubs to NATIONAL FINALS. 3<sup>rd</sup> club to PAPER MATCH**

**Bottom 2 clubs relegated to Premier 2**

#### **PREMIER 2**

- |                        |                                    |
|------------------------|------------------------------------|
| 1. BEDFORD & COUNTY AC | SUN** 16 Jul at BEDFORD            |
| 2. CHELMSFORD AC       | SAT 20 May at CHELMSFORD           |
| 3. CROYDON HARRIERS    |                                    |
| 4. HERNE HILL HARRIERS |                                    |
| 5. READING AC          | SAT 22 Apr at PALMER PARK, READING |
| 6. TONBRIDGE AC        | SUN 18 Jun at TONBRIDGE            |

**Top 2 clubs promoted to Premier 1**

**Bottom 2 clubs relegated to Central 1, East 1 or West 1**

#### **CENTRAL 1**

- |                                     |  |
|-------------------------------------|--|
| 1. CAMBRIDGE HARRIERS (KENT)        |  |
| 2. CHILTERN HARRIERS                |  |
| 3. HARROW AC                        | SAT 22 Apr at BANNISTER PARK           |
| 4. ST. MARYS RICHMOND AC            |  |
| 5. THAMES VALLEY HARRIERS           | SAT 20 May at LINFORD CHRISTIE STADIUM |
| 6. VALE OF AYLESBURY AC             | SAT 15 Jul at HEMEL HEMPSTEAD          |
| 7. VICTORIA PARK & TOWER HAMLETS AC | SUN 18 Jun at MILE END STADIUM         |
| 8. WYCOMBE PHOENIX HARRIERS         |  |

**Top club into paper match with East 1 & West 1 for promotion to Premier 2 (2 places)**

**Bottom 2 clubs relegated to Central 2**

#### **CENTRAL 2**

- |                      |   |
|----------------------|---|
| 1. BELGRAVE HARRIERS | SAT 22 Apr & SUN 18 Jun at BATTERSEA PARK |
| 2. DARTFORD HARRIERS | SAT 15 Jul at DARTFORD                    |
| 3. HERTS PHOENIX AC  |   |
| 4. HILLINGDON AC     | SAT 20 May at HILLINGDON                  |
| 5. REIGATE PRIORY AC |   |
| 6. TEAM HOUNSLOW     |   |

**Top 2 clubs promoted to Central 1**

## **LOWER AGE GROUP (U13/U15) SOUTHERN REGION DIVISIONS**

### **COMPETITION NUMBERS**

### **FIXTURE DATES and VENUES**

#### **EAST 1**

- |                                    |                                  |
|------------------------------------|----------------------------------|
| 1. ASHFORD AC / THANET – composite |                                  |
| 2. BASILDON AC                     |                                  |
| 3. BRIGHTON & HOVE AC              | SAT 20 May at LEWES              |
| 4. LEWES AC                        | SUN 18 Jun & SAT 15 Jul at LEWES |
| 5. MEDWAY & MAIDSTONE AC           | SAT 22 Apr at MEDWAY PARK        |
| 6. ORION HARRIERS                  |                                  |

**Top club into paper match with Central 1 & West 1 for promotion to Premier 2 (2 places)  
Bottom 2 clubs relegated to East 2**

#### **EAST 2**

- |                              |                                     |
|------------------------------|-------------------------------------|
| 1. BEXLEY AC                 | SAT 15 Jul at BEXLEY                |
| 2. EAST GRINSTEAD AC         |                                     |
| 3. HASTINGS AC               | SAT 20 May & SUN 18 Jun at HASTINGS |
| 4. HOLLAND SPORTS AC         |                                     |
| 5. MEDWAY PARK PHOENIX       |                                     |
| 6. NEWHAM & ESSEX BEAGLES AC |                                     |
| 7. WORTHING HARRIERS         | SAT 22 Apr at BRIGHTON              |

**Top 2 clubs promoted to East 1**

#### **WEST 1**

- |                                       |                            |
|---------------------------------------|----------------------------|
| 1. ALDERSHOT, FARNHAM & DISTRICT AC   | SAT 20 May at ALDERSHOT    |
| 2. CAMBERLEY & DISTRICT AC            |                            |
| 3. CRAWLEY AC                         | SAT 22 Apr at CRAWLEY      |
| 4. GUILDFORD & GODALMING AC           | SAT 15 Jul at GUILDFORD    |
| 5. HORSHAM BLUE STAR HARRIERS         |                            |
| 6. KINGSTON AC & POLYTECHNIC HARRIERS | SUN 18 Jun at KINGS MEADOW |
| 7. TEAM DORSET – composite            |                            |

**Top club into paper match with Central 1 & East 1 for promotion to Premier 2 (2 places)  
Bottom 2 clubs relegated to West 2**

#### **WEST 2**

- |   |                                      |
|---|--------------------------------------|
| 1. BOURNEMOUTH & NEW FOREST JUN-composite | SAT 20 May at KINGS PARK BOURNEMOUTH |
| 2. CHICHESTER AC                          | SAT 29 Apr** at PORTSMOUTH           |
| 3. HAVANT AC                              |                                      |
| 4. WALTON AC                              |                                      |
| 5. WINCHESTER & DISTRICT AC               | SUN 18 Jun at WINCHESTER             |
| 6. WOKING AC                              | SAT 15 July at WOKING                |

**Top 2 clubs promoted to West 1**

## **LOWER AGE GROUP (U13/U15) SCOTLAND DIVISIONS**

### **DIVISION 1**

- |                                       |                             |
|---------------------------------------|-----------------------------|
| 1. AYR SEAFORTH                       | SUN 23 Apr at DAM PARK, AYR |
| 2. CENTRAL AC                         | SUN 18 Jun at GRANGEMOUTH   |
| 3. EDINBURGH AC                       |                             |
| 4. FALKIRK VICTORIA HARRIERS          |                             |
| 5. GIFFNOCK NORTH AAC                 | SUN 21 May at KILMARNOCK    |
| 6. PITREAVIE AAC                      |                             |
| 7. TEAM NORTH LANARKSHIRE – composite |                             |
| 8. VICTORIA PARK GLASGOW AC           |                             |

**Top 5 clubs to Scottish final.  
Bottom club relegated to Division 2**

### **DIVISION 2**

- |                                    |                           |
|------------------------------------|---------------------------|
| 1. CLYDESDALE HARRIERS - composite |                           |
| 2. EAST DUNBARTONSHIRE – composite |                           |
| 3. KILBARCHAN AAC                  |                           |
| 4. KILMARNOCK HARRIERS             | SUN 23 Apr at KILMARNOCK  |
| 5. LASSWADE                        |                           |
| 6. SHETTLESTON HARRIERS            |                           |
| 7. SOUTH LANARKSHIRE – composite   | SUN 18 Jun at KILMARNOCK  |
| 8. TEAM EAST LOTHIAN               | SUN 21 May at GRANGEMOUTH |

**Top club to Scottish Final  
Top club promoted to Division 1. Bottom club into paper match as necessary**

### **NORTH EAST DIVISION**

- |   |                         |
|---|-------------------------|
| 1. ABERDEEN AAC   | SUN 23 Apr at ABERDEEN  |
| 2. ARBROATH & DISTRICT AC   |                         |
| 3. BANCHORY STONEHAVEN AC   |                         |
| 4. DUNDEE HAWKHILL HARRIERS                                       | SUN 21 May at ABERDEEN  |
| 5. INVERNESS HARRIERS AAC   | SUN 18 Jun at INVERNESS |
| 6. ISLAND SELECT - composite                                      |                         |
| 7. MONTROSE & DISTRICT AC/PERTH<br>STRATHTAY HARRIERS - composite |                         |
| 8. TEAM NORTH – composite   |                         |

**Top 2 clubs to Scottish Final**

<p><b>SCOTTISH REGIONAL FINAL – SATURDAY 29<sup>TH</sup> JULY AT GRANGEMOUTH</b> <b>Winner of the Scottish final to NATIONAL FINAL, runner up to paper match</b></p>
--

## **LOWER AGE GROUP (U13/U15) NORTHERN IRELAND**

1. ANNALEE AC
2. BALLYMENA & ANTRIM AC
3. CITY OF DERRY AC SPARTANS
4. CITY OF LISBURN AC
5. LAGAN VALLEY AC
6. MID ULSTER AC
7. NORTH DOWN AC
8. OLYMPIANS Y & AC
9. REGENT HOUSE AC

### **Fixtures :**

**SAT 29 April at ANTRIM FORUM**

**SAT 27 May at ANTRIM FORUM**

**NORTHERN IRELAND REGIONAL FINAL –  
SATURDAY 1<sup>st</sup> JULY at MARY PETERS TRACK, BELFAST**

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