

List of clubs 2019

Aberdare Valley AAC	Crewe & Nantwich AC	Lancaster & Morecambe AC	Rotherham Harriers & AC
Aberdeen AAC	Croydon Harriers	Larkhall YMCA Harriers	Royal Sutton Coldfield AC
Airdrie Harriers	Cumbernauld AAC	Lasswade AC	Rugby & Northampton AC
Aldershot Farnham & District AC	Cwmbran Harriers	Law & District AC	Rushcliffe AC
Altrincham & District AC	Dartford Harriers	Leamington C & AC	Saffron AC
Amber Valley & Erewash AC	Daventry AAC	Leeds City AC	Sale Harriers Manchester
Annan & District AC	Deeside AAC	Leicester Coritanian AC	Salford Metropolitan AC
Arbroath & District AC	Derby AC	Leigh Harriers & AC	Salisbury AC
Ashford AC	Doncaster AC	Leighton Buzzard AC	Sarn Helen
Ayr Seaforth AAC	Dorchester AC	Lewes AC	Scunthorpe & District AC
Banbury Harriers	Dudley & Stourbridge Harriers	Lincoln Wellington AC	Seaton AC
Banchory Stonehaven AC	Dundee Hawkhill Harriers	Liverpool Harriers & AC	Shaftesbury Barnet Harriers
Barry & Vale Harriers	Dunfermline Track & Field Club	Livingston AC	Shetland AAC
Basildon AC	Ealing Southall & Middlesex AC	Llanelli AC	Shettleston Harriers
Bedford & County AC	East Cheshire Harriers & Tameside AC	Lothian RC	Sleaford AC
Belgrave Harriers	East Grinstead AC	Louth AC	Solihull and Small Heath AC
Bexley AC	East Kilbride AC	Luton AC	South Uist & Eriskay AAC
Bicester AC	East Sutherland AC	Macclesfield Harriers & AC	Southampton AC
Biggleswade AC	Eastbourne Rovers AC	Manchester Harriers & AC	Southport Waterloo AC
Bingley Harriers	Eden Runners	Mansfield Harriers & AC	Spensborough & District AC
Birchfield Harriers	Edinburgh AC	Manx Harriers	St Helens Sutton AC
Blackburn Harriers & AC	Elgin AAC	Marshall Milton Keynes AC	St.Marys Richmond AC
Blackheath & Bromley Harriers & AC	Erme Valley Harriers	Medway & Maidstone AC	Stevenage & North Herts AC
Blackpool, Wyre & Fylde AC	Exeter Harriers	Medway Park Phoenix	Stewartry AC
Blaenau Gwent AC	Falkirk Victoria Harriers	Menai Track & Field	Stockport Harriers & AC
Bolton United Harriers	Fife AC	Mendip AC	Stornoway RAC
Border Harriers & AC	Folkestone RR	Middlesbrough AC (Mandale)	Sutton-in-Ashfield Harriers & AC
Bourne AC	Forest of Dean AC	Montrose & District AC	Swansea Harriers AC
Bournemouth AC	Forres Harriers	Moray RR	Swindon Harriers
Bracknell AC	Gateshead Harriers & AC	Motherwell AC	Tamworth AC
Brecon AC	Giffnock North AC	Nairn AAC	Tavistock AC
Bridgend AC	Gloucester AC	Neath Harriers	Team Bath AC
Brighton & Hove AC	Grantham AC	New Forest Juniors AC	Team East Lothian AC
Bristol & West AC	Grimsby Harriers	Newark AC	Team Hounslow AC
Bromsgrove & Redditch AC	Guildford & Godalming AC	Newham & Essex Beagles AC	Telford AC
Burton AC	Halesowen A & CC	Newport Harriers	Thames Valley Harriers
Bury AC	Hallamshire Harriers	Newquay & Par AC	Thanet AC
Caithness AAC	Hamilton AC	Nithsdale AC	Tipton Harriers
Camberley & District AC	Harborough AC	Northampton AC	Tonbridge AC
Cambridge Harriers (Kent)	Harrogate Harriers	North Devon AC	Trafford AC
Cannock & Stafford AC	Harrow AC	North Somerset AC	Vale of Aylesbury AC
Cardiff AAC	Hastings AC	North Uist AAC	Victoria Park City of Glasgow AC
Cardiff Archers	Havant AC	Northern (IOM) AC	Victoria Park & Tower Hamlets
Carlisle Aspatria AC	Havering AC	Notts AC	Walton AC
Carmarthen Harriers	Haywards Heath AC	Nuneaton Harriers AC	Warrington AC
Central AC	Helensbrough AAC	Oldham & Royton Harriers & AC	West Cheshire AC
Charnwood AC	Hercules Wimbledon AC	Orion Harriers	Western AC
Cheltenham & County Harriers	Hereford & County AC	Orkney AC	Whitemoss AAC
Chesterfield & District AC	Herne Hill Harriers	Paddock Wood AC	Wigan & District Harriers & AC
Chichester Runners & AC	Herts Phoenix AC	Pembrokeshire Harriers	Wimbourne AC
Chiltern Harriers AC	Highgate Harriers	Perth Strathtay Harriers	Winchester & District AC
Chorely Triathlon & Athletic Club	Hillingdon AC	Pitreavie AAC	Windsor, Slough, Eton & Hounslow AC
City of Plymouth AC	Holland Sports AC	Pont-y-Clun AC	Wirral AC
City of Portsmouth AC	Horsham Blue Star Harriers	Poole AC	Woking AC
City of Sheffield & Dearne AC	Horwich RMI Harriers	Preston Harriers	Wolverhampton & Bilston AC
City of Stoke AC	Hyndburn AC	Reading AC	Woodford Green with Essex Ladies
City of York AC	Inverness Harriers AAC	Reigate Priory AC	Worcester AC
Clydesdale Harriers	Invicta East Kent AC	Retford AC	Worksop Harriers & AC
Colwyn Bay AAC	Kendal AC	Rhondda AC	Worthing & District Harriers & AC
Copeland AC	Kidderminster & Stourport AC	Rhymney Valley AC	Wrexham AAC
Cornwall AC	Kilbarchan AAC	Rochdale Harriers & AC	Wycombe Phoenix Harriers & AC
Corstophine AAC	Kilmarnock Harriers & AC	Ross County AC	Yate & District AC
Coventry Godiva Harriers	Kingston AC & Polytechnic Harriers		
Crawley AC	Kingston upon Hull AC		