

YDL Composite teams 2019

Northern Region – u13/u15

- 1) **Grimsby & Louth** - Grimsby Harriers; Louth AC
- 2) **Team IOM Youth** - Manx Harriers; Northern (IOM) AC; Western (IOM) AC
- 3) **Team North Cumbria** - Carlisle Aspatria AC; Copeland AC; Eden Runners; Kendal AC; Seaton AC

Northern Region – u17/u20

- 1) **Grimsby & Louth** - Grimsby Harriers; Louth AC
 - 2) **Kingdom Athletics** - Dundee Hawkhill Harriers; Fife AC; Pitreavie AAC
 - 3) **M60 Nomads** - Altrincham & District AC; East Cheshire Harriers & Tameside AC; Oldham & Royton Harriers & AC; Rochdale Harriers & AC; Salford Metropolitan AC
 - 4) **North Wales** - Colwyn Bay AC; Deeside AAC; Menai T & F; Wrexham AAC
 - 5) **Team Edinburgh** - City of Edinburgh AC; Corstorphine AAC; Lasswade AAC
 - 6) **Team Forth Valley** - Central AC; Falkirk Victoria Harriers; Livingston AC; Lothian RC; Team East Lothian AC
 - 7) **Team Glasgow** - Giffnock North AC; Kilbarchan AAC; Shettleston Harriers; Victoria Park City of Glasgow AC
 - 8) **Team North Cumbria** - Carlisle Aspatria AC; Copeland AC; Eden Runners; Kendal AC; Seaton AC
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Midland Region – u13/u15

- 1) **Bristol & West with Mendip** - Bristol & West AC; Mendip AC
- 2) **North Notts Alliance** – Retford AC; Worksop Harriers & AC
- 3) **Notts Lincs Alliance** - Bourne AC; Grantham AC; Newark AC; Sleaford AC
- 4) **South Wales** - Aberdare Valley AAC; Barry & Vale Harriers; Bridgend AC; Pont-Y-Clun AC; Rhondda AC

Midland Region – u17/u20

- 1) **Coventry Godiva & Leamington C&AC** – Coventry Godiva Harriers; Leamington Cycling & Athletics Club
- 2) **East Notts** - Newark AC; Retford AC; Worksop Harriers & AC
- 3) **East Wales** - Blaenau Gwent AC; Brecon AC; Cwmbran Harriers; Rhymney Valley AC
- 4) **Nuneaton & Harborough** - Harborough AC; Nuneaton Harriers AC
- 5) **South Wales** - Aberdare Valley AAC; Barry & Vale Harriers; Bridgend AC; Pont-y-Clun AC; Rhondda AC
- 6) **Team Avon** - Bristol & West AC; Mendip AC; Team Bath AC; Yate & District AC
- 7) **Team DC** - City of Plymouth AC; Cornwall AC; Erme Valley Harriers; Exeter Harriers; Newquay & Par AC; Tavistock AC
- 8) **West Notts** – Mansfield Harriers & AC; Rushcliffe AC; Sutton in Ashfield Harriers
- 9) **West Wales** – Carmarthen Harriers; Llanelli AC; Neath Harriers; Pembrokeshire Harriers; Sarn Helen

Southern Region – u13/u15

- 1) **Ashford & Thanet** – Ashford AC; Thanet AC
- 2) **Bournemouth & New Forest Jun** - Bournemouth AC; New Forest Juniors AC
- 3) **Paddock Wood & Folkestone** – Folkestone RR; Paddock Wood AC
- 4) **Team Bedfordshire** - Bedford & County AC; Biggleswade AC; Leighton Buzzard AC; Luton AC
- 5) **Team Dorset** - Dorchester AC; Poole AC; Wimborne AC

Southern Region – u17/u20

- 1) **Basildon Beagles** - Basildon AC; Newham & Essex Beagles AC
- 2) **Bournemouth, New Forest & Salisbury** - Bournemouth AC; New Forest Juniors AC; Salisbury AC
- 3) **Camberley & Woking** - Camberley & District AC; Woking AC
- 4) **Holland Sports & Reigate** – Holland Sports AC; Reigate Priory AC
- 5) **Portsmouth & Winchester** – City of Portsmouth AC; Winchester & District AC
- 6) **South Bucks** - Chiltern Harriers AC; Wycombe Phoenix Harriers & AC
- 7) **Team ATIP** - Ashford AC; Invicta East Kent AC; Paddock Wood AC; Thanet AC
- 8) **Team Dorset** - Dorchester AC; Poole AC; Wimborne AC
- 9) **Team Sussex** - East Grinstead AC; Eastbourne Rovers AC; Haywards Heath AC; Lewes AC
- 10) **Team West London** - Ealing, Southall & Middlesex AC; Thames Valley Harriers
- 11) **Victoria Tower Highgate** - Highgate Harriers; Victoria Park & Tower Hamlets AC

Scottish Region – U13/U15

- 1) **Clydesdale & Helensburgh** - Clydesdale Harriers; Helensburgh AAC
- 2) **Islands Select** – North Uist AAC; Orkney AC; Shetland AAC; South Uist & Eriskay AAC; Stornoway RAC
- 3) **Montrose & Perth** – Montrose AC; Perth Strathtay Harriers
- 4) **South Lanarkshire** – East Kilbride AC; Hamilton AC; Larkhall YMCA Harriers; Law & District AC; Whitemoss AAC
- 5) **Team DG** – Annan & District AC; Nithsdale AC; Stewartry AC
- 6) **Team North** – Caithness AAC; East Sutherland AC; Elgin AAC; Forres Harriers; Moray RR; Nairn AAC; Ross County AC
- 7) **Team North Lanarkshire** – Airdrie Harriers; Cumbernauld AAC; Motherwell AC