



YOUTH DEVELOPMENT LEAGUE

# 2019 HANDBOOK & PROGRAMME



## **UKYDL MANAGEMENT COMMITTEE 2019**

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# COMPETITION RULES

## 1. GENERAL

- 1.1. All competitions shall be held under UKA Rules for Competition.
- 1.2. Clubs shall be responsible for ensuring that their athletes do not breach UKA Rules for Competition.
- 1.3. All clubs/teams must affiliate to their National Association and their athletes must be members of their club as set out in the current UKA rulebook.
- 1.4. The Management Committee shall be empowered to investigate any allegation of a club/team being in breach of UKA or League rules.
- 1.5. The use of audio equipment and mobile phones is banned within competition areas.
- 1.6. Club colours must be worn by all competitors.
  - 1.6.1. Composite team athletes may wear the club colours of their individual first claim club or approved composite team colours that are registered with UKA for individual events.
  - 1.6.2. All relay teams must compete in the club/team colours, as per UKA rules.
  - 1.6.3. Any athlete failing to wear a club vest may not compete.
- 1.7. All equipment specified under UKA rules for each age group will be used.
- 1.8. Full regard to the safety of athletes, officials, spectators and the general public must be given high priority at all fixtures, in accordance with UKA code of practice/risk assessment.
- 1.9. If a team proposes not to attend a fixture, it must notify the host club and Area Co-ordinator at least 48 hours prior to the fixture. The Area Co-ordinator will then notify the Administrator, who will investigate the circumstances. Any penalty for non-attendance will be decided by an elected panel of Management Committee members and confirmed by the AGM.
- 1.10. In respect of all fixtures promoted by the League, athletes, team officers and club officials have a duty to be courteous.
- 1.11. Any competitor (or other person) interfering or attempting to interfere with the decision of an event official or who is guilty of unfair practice or misbehaviour, including the use of offensive, abusive language or threatening behaviour, shall, at the discretion of the appropriate referee, be excluded from the competition and reported to the Management Committee.
- 1.12. Any athlete or official, whose conduct, in the opinion of the Management Committee, may bring discredit to the sport of athletics or to the League, shall be reported under the terms of UKA rules.
- 1.13. Any athlete (or other person) causing wilful damage shall be reported to the Meeting Manager/Secretary, who shall report the matter to the Management Committee. The Management Committee shall investigate the complaint and shall have the power to order restitution by the club(s) of the offender(s) and/or suspend the club(s) from League competition for one year. Any such suspension must be approved at the AGM of the League following the incident.

- 1.14. Any protest concerning the conduct of a League meeting must be made to the appropriate referee whose decision is final and will be dealt with in accordance with UKA rule 146 S1.
- 1.15. Any other complaint should be made in writing on club headed notepaper to the League Chairman and signed by 2 principal officers of the club within 2 weeks of the incident; this complaint will be taken as indication that the club management is in agreement and the necessary action/investigation will be carried out as deemed appropriate.
- 1.16. Video recordings and/or photographic evidence made at any League meeting shall not be accepted as evidence in any dispute raised with officials or referees at that meeting.

## 2. RESPONSIBILITIES OF HOST CLUBS

The host club is the meeting organiser as shown in the League programme. The league will provide a detailed guide to hosting which will be made available to all host clubs.

- 2.1. The host club must inform clubs at least 14 days prior to the meeting of:-
  - 2.1.1. any event which will not be held for safety reasons;
  - 2.1.2. any change in field event order due to track layout or regulation;
  - 2.1.3. any stipulation regarding type or length of spike;
  - 2.1.4. the track or stadium name and directions to the venue. A map should be provided if possible and contact telephone numbers of the stadium and the Meeting Manager/Secretary.
- 2.2. The host club must arrange for a dedicated competent First Aider to be in attendance and his/her whereabouts must be made clear to all clubs before the start of the meeting.
- 2.3. The host club shall make all arrangements for the provision of the appropriate athletic equipment for the match (excluding vaulting poles) and ensure that this equipment meets the required standards of Health and Safety.
- 2.4. The host club shall provide all the materials needed for the results, recording and public address and agree staffing levels for the stadium
- 2.5. The host club shall provide the track management with a full programme of events
- 2.6. ***Results should be circulated to all competing clubs on the evening of the fixture. Any corrections or amendments should then be returned to the host clubs within 24 hours***
- 2.7. On the evening of the fixture, the host club shall send the match and all individual results to the **League Area Co-ordinator and the League Webmaster by email**. Corrected results should be sent to the League Administrator, Power of 10 and Athletics Weekly by 09:00 of the **Tuesday following the match** by email.
- 2.8. The original match result sheets, declaration sheets, non-scoring sheets, track results, field cards and officials' signing in sheets should be sent in the addressed envelope provided by the League within 48 hours of the match to the League Administrator.

- 2.9. Corrections to published results should be sent to the League Administrator within two weeks of the fixture taking place.

### **3. ELIGIBILITY OF ATHLETES**

#### **3.1. Upper Age Group (UAG) U17/U20**

- 3.1.1. Competitors can be either first claim members of their club or second claim (2<sup>nd</sup> claim) members whose first claim club is not a member of the League. Clubs are limited to 5 male and 5 female second-claim athletes per match.
- 3.1.2. Second-claim athletes are only allowed to compete for one club in any one season.
- 3.1.3. U17 athletes may compete in the U20 age group but cannot compete in the same event in both age groups on the same day.
- 3.1.4. U17 athletes competing as U20s are restricted to 4 events and, if so doing, one must be a relay. A non-scoring event will count in the total.

#### **3.2. Lower Age Group (LAG) U13/U15.**

- 3.2.1 Competitors shall be first-claim members of their clubs or composite team and are restricted to competing in their age group only.

#### **3.3. Both Age Groups**

- 3.3.1. Any athlete who has recently changed clubs and is serving a ban must not compete as either a first- or second-claim member but may compete in non-scoring events in the timetable.
- 3.3.2. In the event of a transfer between clubs, relevant written clearance must be available and presented to the appropriate referee before the start of the meeting.
- 3.3.3. Any athletes found to be ineligible because of age for any event(s) in which he or she competed shall forfeit the match points gained in the event(s) which shall be re-scored as though he or she had not taken part.
- 3.3.4. Only athletes who have a previous record of competition in the current, or previous, season in this League are permitted to compete in the National Final. Breach of this rule will result in the deduction of the points scored by the athlete including relays.  
**(For clarification: Non-scoring events are deemed to be acceptable for this purpose)**

### **4. COMPOSITE TEAMS**

- 4.1. Composite teams as registered with UKA may be accepted as members of the League, subject to scrutiny and approval by Management Committee.
- 4.1.1. Composite teams are eligible for promotion.
- 4.1.2. Composite teams in Premier divisions, including those gaining promotion to a Premier division, may not increase the number of, or substitute any of, the teams in the composition.
- 4.1.3. If a club within an existing Premier division wishes to form a new composite team, they will be deemed to be a new team and will therefore apply to join the league at entry level.

- 4.2. Athletes can only compete for a composite team if they are first claim to a club within that composite team.

## 5. OFFICIALS

- 5.1. The host club shall ensure that any officials appointed by them are suitably qualified, hold an officials' pass and a current certificate issued by the Disclosure and Barring Service (DBS) or the equivalent body in Scotland and N. Ireland. This can be checked by referring to their National Association or UKA.
- 5.2. The chiefs appointed by the host club and all other officials used by any club, must 'sign in' using the Health and Safety Attendance Forms indicating their level and registration number. These forms will be supplied to the discipline chiefs appointed by the host club.
- 5.3. The host club shall appoint the following:
  - 5.3.1. the Chief Officials (Track Referee, Field Referee(s), Chief Timekeeper, and Chief Starter) all of whom must be graded.  
**(For clarification: chief officials should be graded appropriately according to the level of the meeting licence)**
  - 5.3.2. the Starters' Assistants, Announcer(s) and Recorders
  - 5.3.3. someone to be responsible for ensuring that all equipment required is available for use on the day and that hurdles and steeplechase barriers are adjustable and moved into place in a timely manner to allow the events to progress according to the timetable.
  - 5.3.4. The above officials do not qualify for match points – see 5.4.
  - 5.3.5. The host club shall ensure that each of these officials has a copy of the programme and that copies of the Handbook are available. (NB the Handbook and Programme is available to be printed from the website)
- 5.4. In addition to the above:
  - 5.4.1 Each club, including the host club, shall provide one Track Judge, one Timekeeper and a team of 5 Field Judges. One of the Field Judges must be at Level 2 or above with Health and Safety certification. For the host club these are in addition to the officials in 5.3.1, 5.3.2 and 5.3.3 above. Field judges should be available to assist in additional events as required by the Field Referee.
  - 5.4.2 Competing athletes may not compete and judge at the same time.
  - 5.4.3 **Points will be awarded for up to 7 officials who sign in as a Track judge, Timekeeper or Field judge on the league H & S signing in sheets, subject to satisfying the criteria above.**  
**Eight (8) match points will be credited for each qualified official who signs in for the relevant discipline up to a maximum of 56 points. Unqualified volunteers who sign in for any of the above duties shall be awarded four (4) match points.**  
**There will however be a deduction of 20 points if a club does not provide at least a Level 2 or above field official, reducing the points to 36 maximum if all officials are qualified in their relevant discipline.**
  - 5.4.4 These officials must report to their Chief Officials and must also sign the Health and Safety Attendance Certification indicating their level and registration number. Where

appropriate, failure to sign in will result in points not being awarded. A signature cannot be accepted as being proof of being present at the discipline, the final decision on this matter to be taken by the Chief official for each discipline on the day.

**(For clarification: All officials must sign in with their URN (or Date of Birth is URN is not known) in order that verification checks can be carried out).**

- 5.4.5 Host clubs are responsible for scrutinising the Health and Safety Attendance Forms and checking with the Chief Officials prior to awarding the appropriate number of points to each club for the officials provided.

## 6. NUMBERS

- 6.1. The League will supply competition numbers/letters for all competing clubs in quantities to last the whole season. They must be worn, front and back, in all events except high jump and pole vault where one is permissible worn either on the front or back.
- 6.2. Numbers for non-scoring athletes are to be provided by the Host Club. They must be worn, front and back.  
***(For clarification: In the LAG, most non-scoring athletes should be able to wear club numbers especially where non-scoring races are run independently. In the UAG all non-scoring athletes will require a unique number for identification.)***
- 6.3. Clubs must supply safety pins, or similar, for their own athletes.

## 7. DECLARATIONS

- 7.1. Declarations must be made on the Team Managers' portal and must be made at least 24 hours before the start of the meeting.
- 7.2. Second-claim athletes (applicable only to upper age group athletes – subject to a maximum of 5 male and 5 female per club per match) must be clearly identified on the portal.
- 7.3. The declarations should be fully completed giving full name, age group and first- or second- claim competitor, or non-scoring athlete.  
All athletes' details must be fully completed on the portal showing the correct URN and accurate date of birth
- 7.4. Changes on the day should be submitted 10 minutes before the scheduled event time, either on the portal, or using the bespoke league change slips, whichever is appropriate
- 7.5. In the event of an athlete competing without having been declared in the correct manner, all points gained will be deducted.

## 8. MEETINGS

- 8.1. All fixtures shall be held on synthetic surfaced tracks.
- 8.2. Teams should, where possible, arrive at the venue of the match at least 30 minutes before the first event.
- 8.3. Teams will be expected to host a match when requested (at least once every two seasons, unless the Management Committee agrees otherwise).

8.4. The track used should be the nearest suitable one available.

## 9. COMPETITION EVENTS See Appendix 1 for events.

- 9.1. In any match where sufficient lanes are not available, separate races shall be held as “time trials” and positions and match points allocated accordingly. Competitors attaining equal times shall be accorded the same place for scoring purposes regardless of the finishing order of the trial.
- 9.2. The order of field events as shown in the League timetable must be adhered to by the host club although any necessary changes to field events due to the layout of the arena will require all visiting clubs being notified in advance of the meeting.
- 9.3. The order of track events shall not be changed unless deemed necessary as an emergency measure by the track referee.
- 9.4. In throws and horizontal jumps, 3 trials are allowed in the Lower Age Group and 3 trials in the Upper Age Group, with a further 3 trials being offered to the top 3 athletes in the U20 competition and the top 3 athletes in the U17 competition subject to the requisite standard being achieved in the first 3 rounds (See Appendix 2).
- 9.5. Any athlete who misses a round in a field event shall forfeit that round.
- 9.6. Track events will normally be run as ‘A’ and ‘B’ races except the 1500m, the 3000m, the 1500 S/c and 2000m S/c.

## 10. CANCELLATION OF MEETINGS/EVENTS

- 10.1. If a host club is faced with the possible cancellation prior to a fixture it must adhere to the following:
  - 10.1.1. The host club will contact the Administrator who will contact the Area Co-ordinator as soon as an issue arises
  - 10.1.2. The Administrator will agree a course of action with the Area Co-ordinator
  - 10.1.3. The Area Co-ordinator will notify all participating club of the subsequent decision.
  - 10.1.4. The host club will notify the appropriate chief officials whom they have engaged.
- 10.2. Points will not be awarded for any individual event (or relay) cancelled prior to the day of the fixture.  
**(For clarification: individual events cancelled on the day of the fixture are covered by rules 10.2.1 & 10.2.2 below)**
  - 10.2.1. If an event is cancelled during the course of a match, by either the Track or Field Referee on safety grounds, the decision must be communicated to a meeting of Team Managers. If conditions change during the meeting, that event will remain cancelled. **(The referee must make the decision which is final)**
  - 10.2.2. Points for any events cancelled on the day of the meeting will be awarded according to the declarations at the start of the meeting. Athletes scoring points will be deemed to have competed and the event will count as part of their maximum number of events.
- 10.3. The following condition will apply to an abandoned League match:



- 10.3.1 For any match where at least 30 events in the Upper Age Group and 25 events in the Lower Age Group have been completed, the match result will stand. ***Teams will be allocated League points based on their relative positions at the time the match is abandoned.***
- 10.3.2 For any match where less than 30 events in the Upper Age group and 25 in the Lower Age group have been completed, the match will be treated as a cancelled match with no points awarded  
**(For clarification: the meeting manager, in conjunction with the referees(s), will consult with all team managers in regard to any decision to abandon a fixture).**

## 11. SCORING

Matches will be scored as shown in the Appendix 1 based on 'A' and 'B' strings which follow the number of teams in the division to which teams have been allocated.

***The official league results software must be used to record the results.***

- 11.1. Upper Age Group: In all field events, 3 competitors per team shall be permitted, all of whom will score. If there are two U17 competitors, then both shall compete in the U17 age group, if there are three U17 competitors then one shall compete in the U20 age group and two shall compete in the u17 age group. **(For clarification: if there is only one U17 competitor then they must compete in the U17 age group).**  
Lower Age Group field: 2 competitors per event per team permitted
- 11.2. In all **individual** track events, 2 competitors per team shall be permitted. In the U20 competition, if 2 athletes are entered, then at least one of them must be in the U20 age group.  
**(For clarification: relays are not subject to this rule)**
- 11.3. In all events the superior performer should be nominated for the 'A' string event. In all circumstances where events are run as combined events the better-performing competitor at the end of the competition will be deemed the 'A' string.
- 11.4. Should any athlete exceed their event restrictions as laid out in Appendix 1, the performances from any subsequent event(s) will be removed from the results. In addition, the points scored by the athlete in their highest scoring event will be deducted.
- 11.5. Male and female events are scored together in all League matches.
- 11.6. In any contest, if two or more competitors are judged equal, they shall share the combined match points for the relevant places.
- 11.7. If the match points in a particular fixture are equal, the League points for that fixture shall be shared.
- 11.8. In the event of teams being equal on League points at the end of the season, total match points will decide positions.
- 11.9. In the event of a tied match score in the National Final or the Scottish Qualifier the greatest number of 'A' string first places will decide the finishing order. If this does not resolve the matter, then it will be decided on the greatest number of 'B' string first places. If still unresolved, then 'A' string second places, 'B' string second places and so on, until a decisive result is achieved.

## 12. NON-SCORING EVENTS

- 12.1. In the Upper Age Group each team is allowed to enter a non-scoring athlete in up to six events (of either age group) per gender per meeting No more than three of these events, per gender, may be field events. If more than one such athlete is entered in an event, for the purposes of this rule, each athlete shall be deemed to be entered in a separate event. These athletes shall be included on the declaration sheet.  
**(For clarification – each team will be allowed up to 6 non-scoring performances per gender in each fixture).**
- 12.2. In the Lower Age Group, two U13 and two U15 athletes per gender per team will be allowed in the non-scoring 800m and 75m/100m events. These athletes shall be declared on the relevant declaration sheet.
- 12.3. Athletes will still be restricted to their overall event limit according to their age group. **This to include non-scoring events.**

PLEASE LOG ONTO THE LEAGUE WEBSITE:  
[www.ukydl.org.uk](http://www.ukydl.org.uk)  
TO DOWNLOAD THE RULES, TIMETABLES,  
RESULTS, RECORDS AND ALL OTHER  
RELEVANT DOCUMENTS FOR THIS LEAGUE

## APPENDIX 1

### **UPPER AGE GROUP U17 AND U20**

5 male and 5 female second claim athletes are allowed per club in the upper age group, no second claim athletes are allowed for composite teams.

**Under 17** competitors aged 15 or 16 on the 31<sup>st</sup> August in the competition year are limited to 4 events and, if doing so, 1 MUST be a relay. U17 athletes may compete as U20s but the same limit of events for U17s shall apply, which also includes any non-scoring events that they may take part in. U17 athletes cannot do the same event in the U17 and U20 age groups on the same day. U17 athletes who compete as U20s will use the U20 implements and hurdle settings.

**Events U17 women:** 100m, 200m, 300m, 800m, 1500m, 3000m, 80mh, 300mh, 4X100m, 4X300m, 1500mS/C, javelin, shot, discus, hammer, high jump, long jump, triple jump and pole vault.

**Hurdles 80m:** 8 flights, 76.2cm height, 2.7kg toppling weight.

**Hurdles 300m:** 7 flights, 76.2cm height, 2.7kg toppling weight.

**1500mS/C:** 13H + 3WJ flights, 76.2cm height.

**Javelin:** 500g      **Shot:** 3Kg      **Discus:** 1Kg      **Hammer:** 3Kg.

**Events U17 men:** 100m, 200m, 400m, 800m, 1500m, 3000m, 100mh, 400mh, 4X100m, 4X400m, 1500mS/C, javelin, shot, discus, hammer, high jump, long jump, triple jump and pole vault.

**Hurdles 100m:** 10 flights, 91.4cm height, 2.7kg toppling weight.

**Hurdles 400m:** 10 flights, 84.0cm height, 2.7kg toppling weight.

**1500mS/C:** 13H + 3WJ flights, 91.4cm height.

**Javelin:** 700g      **Shot:** 5Kg      **Discus:** 1.5Kg      **Hammer:** 5Kg.

**Under 20** competitors must be under 20 on the 31<sup>st</sup> December in the calendar year of competition, and are limited to 5 events, which includes any non-scoring events they may take part in.

**Events U20:** 100m, 200m, 400m, 800m, 1500m, 3000m, 100/110mH, 400mH, 4X100m, 4X400m, 1500/2000mS/C, javelin, shot, discus, hammer, high jump, long jump, triple jump, and pole vault.

### **WOMEN**

**Hurdles 100m:** 10 flights, 84.0cm height, 3.6Kg toppling weight.

**Hurdles 400m:** 10 flights, 76.2cm height, 3.6Kg toppling weight.

**1500mS/C:** 13H + 3WJ flights, 76.2cm height.

**Javelin:** 600g      **Shot:** 4Kg      **Discus:** 1Kg      **Hammer:** 4Kg

### **MEN**

**Hurdles 110m:** 10 flights, 99.1cm height, 3.6Kg toppling weight.

**Hurdles 400m:** 10 flights, 91.4cm height, 3.6Kg toppling weight.

**2000mS/C:** 18H + 5WJ flights, 91.4cm height.

**Javelin:** 800g      **Shot:** 6Kg      **Discus:** 1.75Kg      **Hammer:** 6Kg

**Starting Heights, High Jump:** U17W 1.25m, U17M 1.35m, U20W 1.30m, U20M 1.50m.

**Progression** by 5cm until 3 competitors remain, then by 3cm. No Jump-off, points shared.

**Starting Heights, Pole Vault:** U17W 1.70m, U17M 2.00m, U20W 1.70m, U20M 2.00m.

**Progression** by 15cm until 3 competitors remain, then at the discretion of the referee or event leader. No jump-off, points shared.

**Field event trials:** 3, with the top 3 U20 athletes and top 3 U17 athletes progressing to a further 3 trials, subject to standards, excepting vertical jumps.

## LOWER AGE GROUP U13 AND U15

Under 13 competitors must be aged 11 or 12, and under 15 athletes aged 13 or 14 on the 31<sup>st</sup> August in the competition year. They are limited to 4 events, and if doing so 1 MUST be a relay, this includes any non-scoring events they may take part in. This age group are not allowed to compete in both 800m and 1200/1500m at the same meeting.

**(For clarification: athletes in the U11 age group are NOT allowed to compete in this league)**

**Events U13 girls:** 75m,150m, 800m, 1200m, 70mh, 4X100m, javelin, shot, long jump and high jump.

**Hurdles 70m:** 8 flights, 68.5cm height, 2.7kg toppling weight.

**Javelin:** 400g      **Shot:** 2.72kg

**Events U13 boys:** 100m, 200m, 800m, 1500m, 75mh, 4X100, javelin, shot, long jump and high jump.

**Hurdles 75m:** 8 flights, 76.2cm height, 2.7kg toppling weight.

**Javelin:** 400g      **Shot:** 3kg

**Events U15 girls:** 100m, 200m, 300m, 800m, 1500m, 75mh, 4X100, 4X300, javelin, shot, discus, hammer, high jump, long jump and pole vault.

**Hurdles 75m:** 8 flights, 76.2cm height, 2.7kg toppling weight.

**Javelin:** 500g      **Shot:** 3kg      **Discus:** 1kg      **Hammer:** 3kg.

**Events U15 boys:** 100m, 200m, 300m, 800m, 1500m, 80mh, 4X100, 4X300, javelin, shot, discus, hammer, high jump, long jump and pole vault.

**Hurdles 80m:** 8 flights, 84.0cm height, 2.7kg toppling weight.

**Javelin:** 600g      **Shot:** 4kg      **Discus:** 1.25kg      **Hammer:** 4kg

**Starting Heights, High Jump:** U13G 1.05m, U13B 1.05m, U15G 1.15m, U15B 1.25m.

**Progression** by 5cm until 3 competitors remain, then by 3cm. No Jump-off, points shared.

**Starting Heights, Pole Vault: U15G 1.70m, U15B 1.70m.**

**Progression** by 10cm until 3 competitors remain, then at the discretion of the referee or event leader. No jump-off, points shared.

**Field event trials,** 3 per competitor, excepting vertical jumps.

## SCORING UPPER AND LOWER.

Where there are A and B competitors in all events:

### Match Points:

5 team match:	A	8,6,5,4,3	B	6,4,3,2,1
6 team match:	A	9,7,6,5,4,3	B	7,5,4,3,2,1
7 team match:	A	10,8,7,6,5,4,3	B	8,6,5,4,3,2,1
8 team match:	A	11,9,8,7,6,5,4,3	B	9,7,6,5,4,3,2,1

Relay points all scored as A String

**League Points:** Based on the number of clubs in the division, decreasing by a single point, eg 8 team match = 8,7,6,5,4,3,2,1

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## APPENDIX 2

### **2019 field event progression standards Upper Age Group.**

	<b>Under 20 men.</b>	<b>Under 20 women.</b>
Long Jump	5.50m	4.50m
Triple Jump	11.50m	9.00m
Shot	10.50m	8.00m
Discus	35.00m	25.00m
Hammer	35.00m	25.00m
Javelin	35.00m	25.00m

**The above refers only to the competitors who appear on the U20 field card, some of whom may be under 17 athletes.**

	<b>Under 17 men.</b>	<b>Under 17 women.</b>
Long Jump	5.50m	4.50m
Triple Jump	11.00m	8.50m
Shot	10.50m	8.00m
Discus	32.00m	22.00m
Hammer	32.00m	22.00m
Javelin	32.00m	22.00m

**The above refers only to the under 17 competitors who are on the U17 field card.**

## UPPER AGE GROUP (U17/U20) Premier Timetable

### TRACK

11.10	400m Hurdles	U20M - A followed by B
11.20	400m Hurdles	U17M - A followed by B
11.30	400m Hurdles	U20W - A followed by B
11.40	300m Hurdles	U17W - A followed by B
11.50	1500m	U20M - A & B string
12.00	1500m	U17M - A & B string
12.10	1500m	U20W - A & B string
12.20	1500m	U17W - A & B string
12.30	100m	U20M - A followed by B
12.40	100m	U17M - A followed by B
12.50	100m	U20W - A followed by B
13.00	100m	U17W - A followed by B
13.20	400m	U20M - A followed by B
13.30	400m	U17M - A followed by B
13.40	400m	U20W - A followed by B
13.50	300m	U17W - A followed by B
14.00	80m Hurdles	U17W - A followed by B
14.10	3000m	Men <b>ALL</b>
14.25	100m Hurdles	U20W - A followed by B
14.35	100m Hurdles	U17M - A followed by B
14.45	3000m	Women <b>ALL</b>
15.00	110m Hurdles	U20M - A followed by B
15.15	200m	U20M - A followed by B
15.25	200m	U17M - A followed by B
15.30	200m	U20W - A followed by B
15.40	200m	U17W - A followed by B
15.50	800m	U20M - A followed by B
16.00	800m	U17M - A followed by B
16.10	800m	U20W - A followed by B
16.20	800m	U17W - A followed by B
16.30	1500m S/C	Women <b>ALL</b>
16.40	4 x 100m	U17 Women
16.45	4 x 100m	U17 Men
16.50	4 x 100m	U20 Women
16.55	4 x 100m	U20 Men
17.05	2000m S/C	U20 Men A & B string
17.15	1500m S/C	U17 Men A & B string
17.25	4 x 300m	U17 Women
17.35	4 x 400m	U17 Men
17.45	4 X 400m	U20 Women
17.55	4 x 400m	U20 Men

### FIELD (3 competitors per team only)

10.15	Hammer (6Kg)	U20 Men <u>and</u>
	Hammer (5Kg)	U17 Men
11.00	Pole Vault	U20 & U17 Women
	Long Jump	U20 & U17 Men
11.35	Hammer (4Kg)	U20 Women <u>and</u>
	Hammer (3kg)	U17 Women
12.00	High Jump	U20 & U17 Men
12.45	Long Jump	U20 & U17 Women
12.55	Discus (1.75kg)	U20 Men <u>and</u>
	Discus (1.5kg)	U17 Men
	Shot (4Kg)	U20 Women <u>and</u>
	Shot (3kg)	U17 Women
14.15	Discus (1kg)	U20 & U17 Women
	Shot (6Kg)	U20 Men <u>and</u>
	Shot (5Kg)	U17 Men
14.30	Triple Jump	U20 & U17 Men
	Pole Vault	U20 & U17 Men
15.00	High Jump	U20 & U17 Women
15.35	Javelin (800g)	U20 Men <u>and</u>
	Javelin (700g)	U17 Men
16.15	Triple Jump	U20 & U17 Women
16.55	Javelin (600g)	U20 Women <u>and</u>
	Javelin (500g)	U17 Women

**With the exception of vertical jumps, all athletes will have 3 trials, with the top 3 U20 & top 3 U17 a further 3 trials having first achieved the required standard.**

Should a stadium have an outside throws area, the first long throws event could take place starting at 11:00 and all other long throws events timetabled accordingly.

## UPPER AGE GROUP (u17/u20) Non-Premier Timetable

### TRACK

<u>Time</u>	<u>Event</u>
11.40	400m & 300m Hurdles
12.10	1500m Men
12.25	1500m Women
12.40	100m
13.20	400m & 300m
13.55	80m Hurdles U17 Women
14.05	3000m Men <b>ALL</b>
14.20	100m Hurdles U20 Women
14.30	100m Hurdles U17 Men
14.40	3000m Women <b>ALL</b>
14.55	110m Hurdles U20 Men
15.05	200m
15.30	800m
16.00	1500m S/C Women <b>ALL</b>
16.10	4 x 100m Relays
16.30	2000m S/C U20 Men
16.40	1500m S/C U17 Men
16.50	4 x 300m THEN 4 x 400m Relays u17 Men

### FIELD (3 competitors per team only)

<u>Time</u>	<u>Event</u>
11.15	Hammer Men (U20 - 6Kg & U17 - 5kg)
	Long Jump Men
11.30	Pole Vault Women
	Shot Women (U20 - 4kg & U17 - 3kg)
12.15	Hammer Women (U20 - 4kg & U17 - 3kg)
12.30	High Jump Men
13.00	Long Jump Women
13.15	Discus Men (U20 - 1.75kg & U17 - 1.5kg)
14.15	Discus Women (1kg))
14:30	Shot Men (U20 - 6kg & U17 - 5Kg)
14.45	Pole Vault Men
	High Jump Women
	Triple Jump Men
15.30	Javelin Men (U20 - 800g & U17 700g)
16.00	Triple Jump Women
16.30	Javelin Women (U20 - 600g & U17 - 500g)

**In all track events: U20M followed by U17M, U20W and U17W except where specified and relays**  
**Relay sequence:**  
**U17W - U17M - U20W - U20M**

**With the exception of vertical jumps, all athletes will have 3 trials, with the top 3 U20 & top 3 U17 a further 3 trials having first achieved the required standard.**

## Field event progression standards Upper Age Group.

<u>U20 men</u>	<u>U20 women</u>		<u>U17 men</u>	<u>U17 women</u>
5.50m	4.50m	<b>Long Jump</b>	5.50m	4.50m
11.50m	9.00m	<b>Triple Jump</b>	11.00m	8.50m
10.50m	8.00m	<b>Shot</b>	10.50m	8.00m
35.00m	25.00m	<b>Discus</b>	32.00m	22.00m
35.00m	25.00m	<b>Hammer</b>	32.00m	22.00m
35.00m	25.00m	<b>Javelin</b>	32.00m	22.00m

**The above refers only to the competitors who appear on the U20 field card, some of whom may be under 17 athletes**

**The above refers only to the under 17 competitors who are on the under 17 field card.**



## UPPER AGE GROUP (U17/U20) NORTHERN REGION DIVISIONS

### COMPETITION NUMBERS

### FIXTURE DATES and VENUES

#### PREMIER DIVISION

- |   |                               |
|---|-------------------------------|
| 1. CITY OF YORK AC                      |                               |
| 2. <b>KINGDOM ATHLETIC – composite</b>  | <b>SUN 5 May at CARLISLE</b>  |
| 3. TEAM EDINBURGH – composite           |                               |
| 4. <b>TEAM FORTH VALLEY – composite</b> | <b>SUN 26 May at CARLISLE</b> |
| 5. TEAM GLASGOW – composite             |                               |
| 6. <b>TRAFFORD AC</b>                   | <b>SUN 30 Jun at TRAFFORD</b> |

**Top 2 teams to NATIONAL FINAL**

**Bottom 2 teams relegated to EAST 1 or WEST 1**

#### EAST 1

- |                                       |                                   |
|---------------------------------------|-----------------------------------|
| 1. CITY OF SHEFFIELD & DEARNE AC      |                                   |
| 2. DONCASTER AC                       |                                   |
| 3. <b>GATESHEAD HARRIERS &amp; AC</b> | <b>SUN 26 May at GATESHEAD</b>    |
| 4. LEEDS CITY AC                      |                                   |
| 5. <b>MIDDLESBROUGH AC (MANDALE)</b>  | <b>SUN 5 May at MIDDLESBROUGH</b> |
| 6. <b>ROTHERHAM HARRIERS &amp; AC</b> | <b>SUN 30 Jun at ROTHERHAM</b>    |

**Top team promoted to PREMIER DIVISION**

**Bottom 2 teams relegated to EAST 2**

#### EAST 2

- |  |                                 |
|--|---------------------------------|
| 1. BINGLEY HARRIERS & AC                 |                                 |
| 2. <b>CHESTERFIELD &amp; DISTRICT AC</b> | <b>SUN 5 May at SPINKHILL</b>   |
| 3. GRIMSBY & LOUTH– composite            |                                 |
| 4. HALLAMSHIRE HARRIERS                  |                                 |
| 5. <b>KINGSTON UPON HULL AC</b>          | <b>SUN 26 May at HULL</b>       |
| 6. LINCOLN WELLINGTON                    |                                 |
| 7. <b>SCUNTHORPE &amp; DISTRICT</b>      | <b>SUN 30 Jun at SCUNTHORPE</b> |
| 8. SPENBOROUGH & DISTRICT AC             |                                 |

**Top 2 teams promoted to EAST 1**

## UPPER AGE GROUP (U17/U20) NORTHERN REGION DIVISIONS

### COMPETITION NUMBERS

### FIXTURE DATES and VENUES

#### WEST 1

- |                                   |                           |
|-----------------------------------|---------------------------|
| 1. LIVERPOOL HARRIERS & AC        |                           |
| 2. NORTH WALES – composite        |                           |
| 3. PRESTON HARRIERS               | SUN 5 May at PRESTON      |
| 4. SALE HARRIERS MANCHESTER       | SUN 26 May at SPORTS CITY |
| 5. WIGAN & DISTRICT HARRIERS & AC | SUN 30 Jun at WIGAN       |
| 6. WIRRAL AC                      |                           |

**Top team promoted to PREMIER DIVISION.**

**Bottom 2 teams relegated to WEST 2**

#### WEST 2

- |                               |                              |
|-------------------------------|------------------------------|
| 1. BLACKPOOL, WYRE & FYLDE AC | SUN 30 Jun at BLACKPOOL      |
| 2. BORDER HARRIERS & AC       |                              |
| 3. LANCASTER & MORECAMBE AC   |                              |
| 4. LEIGH HARRIERS & AC        | SUN 5 May at LEIGH           |
| 5. M60 NOMADS – composite     |                              |
| 6. SOUTHPORT WATERLOO AC      |                              |
| 7. STOCKPORT HARRIERS & AC    |                              |
| 8. WEST CHESHIRE AC           | SUN 26 May at ELLESMERE PORT |

**Top 2 teams promoted to WEST 1**

**Bottom 2 teams relegated to WEST 3**

#### WEST 3

- |                                   |                         |
|-----------------------------------|-------------------------|
| 1. BLACKBURN HARRIERS & AC        | SUN 5 May at BLACKBURN  |
| 2. BOLTON UNITED HARRIERS & AC    |                         |
| 3. BURY AC                        | SUN 30 Jun at BURY      |
| 4. CREWE & NANTWICH AC            |                         |
| 5. HORWICH RMI HARRIERS           | SUN 26 May at BLACKBURN |
| 6. ST. HELENS SUTTON AC           |                         |
| 7. TEAM NORTH CUMBRIA – composite |                         |

**Top 2 teams promoted to WEST 2**

## UPPER AGE GROUP (U17/U20) MIDLAND REGION DIVISIONS

### COMPETITION NUMBERS

#### PREMIER NORTH/EAST

1. BANBURY HARRIERS AC\*
2. BIRCHFIELD HARRIERS
3. CHARNWOOD AC
4. NOTTS AC
5. RUGBY & NORTHAMPTON AC
6. WOLVERHAMPTON & BILSTON AC

### FIXTURE DATES and VENUES

- (\*Area Promotion match on Sun 28 July)  
SUN 5 May at ALEXANDER STADIUM  
SUN 30 Jun at LOUGHBOROUGH  
SUN 26 May at RUGBY

Top 3 teams to MIDLANDS REGIONAL FINAL  
Bottom 3 teams to MIDLANDS N/E PROMOTION MATCH

#### PREMIER SOUTH/WEST

1. CARDIFF AAC
2. CARDIFF ARCHERS AC
3. SWANSEA HARRIERS AC
4. TEAM AVON – composite\*
5. TEAM DC – composite
6. WEST WALES – composite

- SUN 30 Jun at CARDIFF  
SUN 5 May at SWANSEA (\*& Area Promotion match on 28 Jul)  
(\*Regional final on Sun 28 July)  
SUN 26 May at EXETER

Top 3 teams to MIDLANDS REGIONAL FINAL  
Bottom 3 teams to MIDLANDS S/W PROMOTION MATCH

**MIDLANDS REGIONAL FINAL to be held on SUN 28 July at YATE  
First 2 teams to qualify for the NATIONAL FINAL**

#### SOUTH/WEST 1

1. CHELTENHAM & COUNTY HARRIERS
2. EAST WALES – composite
3. HEREFORD & COUNTY AC
4. NEWPORT HARRIERS
5. NORTH SOMERSET AC
6. SOUTH WALES – composite

- SUN 30 Jun at CHELTENHAM  
SUN 26 May at ABERDARE  
SUN 5 May at HEREFORD

Top 3 teams to MIDLANDS S/W PROMOTION MATCH  
to be held on SUN 28 Jul at SWANSEA

Top 3 teams from S/W Promotion match to be promoted into Midlands Premier S/W.  
Bottom 3 teams from S/W Promotion match to be relegated into Midlands S/W 1

## UPPER AGE GROUP (U17/U20) MIDLAND REGION DIVISIONS

### COMPETITION NUMBERS

### FIXTURE DATES and VENUES

#### ALL Double Headed matches – NORTH EAST 1A & 1B

##### NORTH/EAST 1A

1. BROMSGROVE & REDDITCH AC
2. DUDLEY & STOURBRIDGE HARRIERS
3. HALESOWEN A & CC
4. **KIDDERMINSTER & STOURPORT AC** SUN 5 May at STOURPORT
5. SOLIHULL & SMALL HEATH AC

##### NORTH/EAST 1B

- T COVENTRY GODIVA & LEAMINGTON C&AC - composite  
V DAVENTRY AAC  
W LEICESTER CORITANIAN AC  
X **MARSHALL MILTON KEYNES AC** SUN 30 Jun at MILTON KEYNES  
Y NORTHAMPTON AC  
Z **NUNEATON & HARBOROUGH – composite** SUN 26 May at NUNEATON

#### ALL Double Headed matches – NORTH EAST 1C & 1D

##### NORTH/EAST 1C

1. AMBER VALLEY & EREWASH AC
2. **BURTON AC** SUN 26 May at BURTON
3. DERBY AC
4. EAST NOTTS - composite
5. SAFFRON AC
6. WEST NOTTS - composite

##### NORTH/EAST 1D

- T CANNOCK & STAFFORD AC  
V **CITY OF STOKE AC** SUN 30 Jun at STOKE  
W ROYAL SUTTON COLDFIELD AC  
X TAMWORTH AC  
Y TELFORD AC  
Z **TIPTON HARRIERS** SUN 5 May at TIPTON

**Top team in each of divisions 1A, 1B, 1C & 1D to MIDLANDS N/E PROMOTION  
MATCH**

**to be held on SUN 28 JULY at BANBURY**

**Top 3 teams from N/E Promotion match to be promoted into Midlands Premier  
N/E**

**Bottom 4 teams from N/E Promotion match to be relegated into N/E 1A,B,C,D**

## UPPER AGE GROUP (U17/U20) SOUTHERN REGION DIVISIONS

### COMPETITION NUMBERS

### FIXTURE DATES and VENUE

#### PREMIER DIVISION

- |  |                            |
|--|----------------------------|
| 1. BLACKHEATH & BROMLEY HARRIERS AC    | SUN 28 Jul at NORMAN PARK  |
| 2. CRAWLEY AC                          | SUN 26 May at K2 STADIUM   |
| 3. HAVERING AC                         |                            |
| 4. READING AC                          | SUN 5 May at PALMER PARK   |
| 5. SHAFTESBURY BARNET HARRIERS         | SUN 30 Jun at ALLIANZ PARK |
| 6. WINDSOR, SLOUGH, ETON & HOUNSLOW AC |                            |

Top 2 teams to NATIONAL FINAL

Bottom 2 teams relegated to Division 1A or 1B

#### DIVISION 1A

- |                                       |                                 |
|---------------------------------------|---------------------------------|
| 1. BRIGHTON & HOVE AC                 | SUN 28 Jul at WITHDEAN          |
| 2. CAMBERLEY & WOKING – composite     |                                 |
| 3. HARROW AC                          | SUN 5 May at HARROW             |
| 4. HILLINGDON AC                      | SUN 26 May at HILLINGDON        |
| 5. KINGSTON AC & POLYTECHNIC HARRIERS | SUN 30 Jun at KINGSMEADOW (tbc) |
| 6. SOUTH BUCKS – composite            |                                 |

Top team promoted to Premier Division.

Bottom team relegated to division 2A, 2B OR 2C

#### DIVISION 1B

- |   |                                     |
|---|-------------------------------------|
| 1. BASILDON BEAGLES – composite             |                                     |
| 2. CAMBRIDGE HARRIERS (KENT)                | SUN 26 May at SUTCLIFFE PARK        |
| 3. TEAM ATIP – composite                    | SUN 28 Jul at JULIE ROSE STADIUM    |
| <del>4. TEAM BEDFORDSHIRE – composite</del> |                                     |
| 5. TONBRIDGE AC                             | SUN 5 May at TONBRIDGE              |
| 6. WOODFORD GREEN AC with ESSEX LADIES      | SUN 30 Jun at ASHTON PLAYING FIELDS |

Top team promoted to Premier Division.

Bottom teams relegated to division 2A, 2B OR 2C

## UPPER AGE GROUP (U17/U20) SOUTHERN REGION DIVISIONS

### COMPETITION NUMBERS

### FIXTURE DATES and VENUE

#### DIVISION 2A

- |                                 |  |
|---------------------------------|--|
| 1. CROYDON HARRIERS             | SUN 28 Jul at CROYDON                        |
| 2. GUILDFORD & GODALMING AC     | SUN 30 Jun at SPECTRUM STADIUM               |
| 3. HERNE HILL HARRIERS          |  |
| 4. ST MARYS RICHMOND AC         |  |
| 5. STEVENAGE & NORTH HERTS AC   | SUN 28 <sup>th</sup> Apr* at RIDLINS STADIUM |
| 6. TEAM WEST LONDON - composite | SUN 26 May at PERIVALE                       |
| 7. VALE OF AYLESBURY AC         |  |

\*NB Please note Date of match 1

Top 2 teams into paper match for promotion into Division 1A or 1B (3 places)

#### DIVISION 2B

- |  |                           |
|--|---------------------------|
| 1. BOURNEMOUTH/NEW FOREST/SALISBURY-comp | SUN 30 Jun at KINGS PARK  |
| 2. CHICHESTER RUNNERS & AC               |                           |
| 3. PORTSMOUTH /WINCHESTER - composite    | SUN 26 May at WINCHESTER  |
| 4. SOUTHAMPTON AC                        | SUN 28 Jul at SOUTHAMPTON |
| 5. TEAM DORSET – composite               |                           |
| 6. WALTON AC                             | SUN 5 May at WALTON       |

Top 2 teams into paper match for promotion into Division 1A or 1B (3 places)

#### DIVISION 2C

- |  |                                     |
|--|-------------------------------------|
| 1. BEXLEY AC                             | SUN 30 Jun at ERITH                 |
| 2. DARTFORD HARRIERS AC                  |                                     |
| 3. HOLLAND, SPORTS & REIGATE - composite |                                     |
| 4. HORSHAM BLUE STAR HARRIERS            |                                     |
| 5. MEDWAY & MAIDSTONE AC                 | SUN 5 May at MEDWAY PARK            |
| 6. ORION HARRIERS                        |                                     |
| 7. TEAM SUSSEX – composite               |                                     |
| 8. VICTORIA TOWER HIGHGATE - composite   | SUN 26 May & Sun 28 Jul at MILE END |

Top 2 teams into paper match for promotion into Division 1A or 1B (3 places)

## CLUB JUDGING RESPONSIBILITIES – UPPER AGE GROUP

### CLUB NUMBERS AS SHOWN IN THE 2019 LEAGUE STRUCTURE

Club Judging responsibilities have been allocated on a rotational basis; however, given the early start time of the Hammer events in Premier divisions it may be necessary to rearrange duties to accommodate teams who have to travel some distance to fixtures. Clubs will need to acquaint themselves with their prospective duties and contact the host club if there is likely to be a problem; the host club will need to notify all clubs concerned, in the event of any necessary amendments.

### Premier Divisions

6 team divisions			MATCH 1	MATCH 2	MATCH 3	MATCH 4
HT (M)	LJ (W)	HJ (W)	Team 3	Team 5	Team 1	Team 2
PV (W)	SP (W)	JT (M)	Team 2	Team 4	Team 6	Team 3
LJ (M)	DT (W)	TJ (W)	Team 5	Team 1	Team 3	Team 4
HJ (M)	SP (M)	JT (W)	Team 1	Team 3	Team 5	Team 6
HT (W)	PV (M)		Team 4	Team 6	Team 2	Team 5
DT (M)	TJ (M)		Team 6	Team 2	Team 4	Team 1

### Non-Premier Divisions

5 team divisions				MATCH 1	MATCH 2	MATCH 3	MATCH 4
LJ (M)	HJ (M)	SP (M)	JT (M)	Team 5	Team 2	Team 1	Team 3
HT (M)	LJ (W)	TJ (M)		Team 2	Team 4	Team 3	Team 1
PV (W)	DT (W)	TJ (W)		Team 3	Team 5	Team 2	Team 4
SP (W)	DT (M)	HJ (W)		Team 4	Team 1	Team 5	Team 2
HT (W)	PV (M)	JT (W)		Team 1	Team 3	Team 3	Team 5

**N.B. FIELD REFEREES MAY NEED TO REASSIGN OFFICIALS ON THE DAY TO ENSURE EVENTS ARE ADEQUATELY COVERED**

6 team divisions			MATCH 1	MATCH 2	MATCH 3	MATCH 4
HT (M)	LJ (W)	SP (M)	Team 4	Team 3	Team 1	Team 6
LJ (M)	DT (M)	JT (M)	Team 6	Team 5	Team 4	Team 1
PV (W)	DT (W)	TJ (W)	Team 2	Team 1	Team 6	Team 5
SP (W)	HJ (W)	JT (W)	Team 1	Team 4	Team 2	Team 3
HT (W)	PV (M)		Team 5	Team 6	Team 3	Team 2
HJ (M)	TJ (M)		Team 3	Team 2	Team 5	Team 4

7 team divisions			MATCH 1	MATCH 2	MATCH 3	MATCH 4
HT (M)	SP (M)		Team 2	Team 7	Team 1	Team 4
PV (W)	DT (W)	TJ (W)	Team 7	Team 5	Team 6	Team 2
LJ (M)	DT (M)		Team 6	Team 4	Team 5	Team 1
HT (W)	PV (M)		Team 1	Team 6	Team 7	Team 3
SP (W)	HJ (W)	JT (W)	Team 4	Team 2	Team 3	Team 6
HJ (M)	TJ (M)		Team 5	Team 3	Team 4	Team 7
LJ (W)	JT (M)		Team 3	Team 1	Team 2	Team 5

8 team divisions		MATCH 1	MATCH 2	MATCH 3	MATCH 4
HT (M)	SP (M)	Team 1	Team 5	Team 7	Team 3
LJ (M)	DT (W)	Team 8	Team 4	Team 6	Team 2
PV (W)	JT (M)	Team 7	Team 3	Team 5	Team 1
SP (W)	PV (M)	Team 6	Team 2	Team 4	Team 8
HT (W)	HJ (W)	Team 3	Team 7	Team 1	Team 5
HJ (M)	TJ (M)	Team 2	Team 6	Team 8	Team 4
LJ (W)	JT (W)	Team 4	Team 8	Team 2	Team 6
DT (M)	TJ (W)	Team 5	Team 1	Team 3	Team 7

**N.B. FIELD REFEREES MAY NEED TO REASSIGN OFFICIALS ON THE DAY TO ENSURE EVENTS ARE ADEQUATELY COVERED.**



## LOWER AGE GROUP (U13/U15) Premier Timetable

### TRACK

<u>Time</u>	<u>Event</u>	<u>M/F</u>
11.30	70m Hurdles	U13 Girls A followed by B
11.40	75m Hurdles	U13 Boys A followed by B
11.50	75m Hurdles	U15 Girls A followed by B
12.00	80m Hurdles	U15 Boys A followed by B
12.15	150m	U13 Girls A followed by B
12.25	200m	U13 Boys A followed by B
12.35	200m	U15 Girls A followed by B
12.45	200m	U15 Boys A followed by B
13.00	800m	U13 Girls A followed by B
13.10	800m NS	U13 Girls
13.15	800m	U13 Boys A followed by B
13.25	800m NS	U13 Boys
13.30	800m	U15 Girls A followed by B
13.40	800m NS	U15 Girls
13.45	800m	U15 Boys A followed by B
13.55	800m NS	U15 Boys
14.00	75m	U13 Girls A followed by B
14.10	75m NS	U13 Girls
14.15	100m	U13 Boys A followed by B
14.25	100m NS	U13 Boys
14.30	100m	U15 Girls A followed by B
14.40	100m NS	U15 Girls
14.45	100m	U15 Boys A followed by B
14.55	100m NS	U15 Boys
15.00	300m	U15 Girls A followed by B
15.10	300m	U15 Boys A followed by B
15.20	1200m	U13 Girls ALL
15.30	1500m	U13 Boys ALL
15.40	1500m	U15 Girls ALL
15.50	1500m	U15 Boys ALL
16.00	4 x 100m	U13 Girls
16.05	4 x 100m	U13 Boys
16.10	4 x 100m	U15 Girls
16.15	4 x 100m	U15 Boys
16.20	4 x 300m	U15 Girls
16.25	4 x 300m	U15 Boys

### FIELD

<u>Time</u>	<u>Event</u>	<u>M/F</u>
11.00	Hammer (4 kg)	U15 Boys
11.15	Long Jump	U15 Girls
11.40	Hammer (3kg)	U15 Girls
11.45	High Jump	U13 Girls
	Shot (3kg)	U13 Boys
12.20	Discus (1.25kg)	U15 Boys
12.30	Pole Vault	U15 Boys & Girls
13.00	Discus (1kg)	U15 Girls
	High Jump	U13 Boys
	Shot (2.72Kg)	U13 Girls
13.15	Long Jump	U15 Boys
13.40	Javelin (600g)	U15 Boys
14.15	High Jump	U15 Boys
	Shot (3Kg)	U15 Girls
14.20	Javelin (400g)	U13 Boys
14.30	Long Jump	U13 Girls
15.00	Javelin (500g)	U15 Girls
15.30	Long Jump	U13 Boys
	High Jump	U15 Girls
	Shot (4kg)	U15 Boys
15.40	Javelin (400g)	U13 Girls

**3 trials per athlete except vertical jumps**

**Should a stadium have an outside throws area available, then the U15 Boys Hammer could commence at 11.45**

## LOWER AGE GROUP (U13/U15) Non-Premier Timetable

### TRACK

<u>Time</u>	<u>Event</u>	<u>M/F</u>
11.30	70m Hurdles	U13 Girls A followed by B
11.40	75m Hurdles	U13 Boys A followed by B
11.50	75m Hurdles	U15 Girls A followed by B
12.00	80m Hurdles	U15 Boys A followed by B
12.15	150m	U13 Girls A followed by B
12.25	200m	U13 Boys A followed by B
12.35	200m	U15 Girls A followed by B
12.45	200m	U15 Boys A followed by B
13.00	800m	U13 Girls A followed by B
13.10	800m NS	U13 Girls
13.15	800m	U13 Boys A followed by B
13.25	800m NS	U13 Boys
13.30	800m	U15 Girls A followed by B
13.40	800m NS	U15 Girls
13.45	800m	U15 Boys A followed by B
13.55	800m NS	U15 Boys
14.00	75m	U13 Girls A followed by B
14.10	75m NS	U13 Girls
14.15	100m	U13 Boys A followed by B
14.25	100m NS	U13 Boys
14.30	100m	U15 Girls A followed by B
14.40	100m NS	U15 Girls
14.45	100m	U15 Boys A followed by B
14.55	100m NS	U15 Boys
15.00	300m	U15 Girls A followed by B
15.10	300m	U15 Boys A followed by B
15.20	1200m	U13 Girls ALL
15.30	1500m	U13 Boys ALL
15.40	1500m	U15 Girls ALL
15.50	1500m	U15 Boys ALL
16.00	4 x 100m	U13 Girls
16.05	4 x 100m	U13 Boys
16.10	4 x 100m	U15 Girls
16.15	4 x 100m	U15 Boys
16.20	4 x 300m	U15 Girls
16.25	4 x 300m	U15 Boys

### FIELD

<u>Time</u>	<u>Event</u>	<u>M/F</u>
11.30	Hammer (4 kg)	U15 Boys and
	Hammer (3 kg)	U15 Girls
	Long Jump	U13 Boys
11.45	High Jump	U15 Girls
	Shot (2.72 kg)	U13 Girls
12.30	Discus (1.25kg)	U15 Boys
13.00	Long Jump	U15 Girls
	High Jump	U13 Boys & Girls
	Pole Vault	U15 Boys & Girls
13.10	Discus (1kg)	U15 Girls
13.15	Shot (4kg)	U15 Boys
13.45	Javelin (600g)	U15 Boys
14.30	Javelin (500g)	U15 Girls
	Long Jump	U13 Girls
	High Jump	U15 Boys
	Shot (3Kg)	U13 Boys
15:10	Javelin (400g)	U13Boys
15.30	Long Jump	U15 Boys
	Shot (3kg)	U15 Girls
15.50	Javelin (400g)	U13 Girls

**3 trials per athlete except vertical jumps**

**Should a stadium have an outside  
throws area available, then the U15  
Boys Hammer could commence at 11.45**

## LOWER AGE GROUP (U13/U15) NORTHERN REGION DIVISIONS

### COMPETITION NUMBERS

### FIXTURE DATES and VENUES

#### PREMIER EAST

- |                            |                                |
|----------------------------|--------------------------------|
| 1. GATESHEAD HARRIERS & AC | SAT 18 May at GATESHEAD        |
| 2. HALLAMSHIRE HARRIERS    |                                |
| 3. HARROGATE HARRIERS & AC |                                |
| 4. KINGSTON UPON HULL AC   | SAT 27 Apr at COSTELLO STADIUM |
| 5. LEEDS CITY AC           |                                |
| 6. ROTHERHAM HARRIERS & AC | SAT 22 Jun at ROTHERHAM        |

#### PREMIER WEST

- |                             |                           |
|-----------------------------|---------------------------|
| 1. BLACKBURN HARRIERS & AC  |                           |
| 2. LIVERPOOL HARRIERS & AC  | SAT 18 May at WAVERTREE   |
| 3. PRESTON HARRIERS         |                           |
| 4. SALE HARRIERS MANCHESTER | SAT 27 Apr at SPORTS CITY |
| 5. STOCKPORT HARRIERS & AC  |                           |
| 6. WEST CHESHIRE AC         |                           |
| 7. WIRRAL AC                | SAT 22 Jun at BEBBINGTON  |

Top 3 teams in Premier East & Premier West to REGIONAL FINAL at PRESTON on Sat 20 Jul  
Bottom 3 teams (Prem East) /4 teams (Prem West) to RELEGATION FINAL at SHEFFIELD on Sat  
20 Jul to finalise which teams are to be relegated (2 teams from East and 3 teams from West)

Top 2 Teams from Regional final to NATIONAL FINAL

### ALL DOUBLE HEADED MATCHES – East 1 & East 2

#### EAST 1

- |                                  |                                       |
|----------------------------------|---------------------------------------|
| 1. CHESTERFIELD & DISTRICT AC    | (Co-host at Doncaster on 27 Apr)      |
| 2. CITY OF SHEFFIELD & DEARNE AC |                                       |
| 3. CITY OF YORK AC               | SAT 18 May at YORK (Co-host)          |
| 4. MIDDLESBROUGH AC (MANDALE)    | SAT 22 Jun at MIDDLESBROUGH (Co-host) |
| 5. SCUNTHORPE & DISTRICT AC      | SUN 20 Jul at SCUNTHORPE (Co-host)    |

Top 2 teams promoted to Premier East

Bottom 2 teams relegated to East 2

#### EAST 2

- |                                |                                      |
|--------------------------------|--------------------------------------|
| A. BINGLEY HARRIERS & AC       | (Co-host at York on 18 May)          |
| B. DONCASTER AC                | SAT 27 Apr at DONCASTER              |
| C. GRIMSBY & LOUTH – composite | (Co-host at Middlesbrough on 22 Jun) |
| D. LINCOLN WELLINGTON AC       | (Co-host at Scunthorpe on 20 Jul)    |
| E. SPENBOROUGH & DISTRICT AC   |                                      |

Top 2 teams promoted to East 1

## LOWER AGE GROUP (U13/U15) NORTHERN REGION DIVISIONS

### COMPETITION NUMBERS

### FIXTURE DATES and VENUES

#### WEST 1

- |                                   |                                 |
|-----------------------------------|---------------------------------|
| 1. CREWE & NANTWICH AC            |                                 |
| 2. SOUTHPORT WATERLOO AC          | SAT 18 May at SOUTHPORT         |
| 3. TEAM IOM YOUTH – composite     |                                 |
| 4. TEAM NORTH CUMBRIA – composite |                                 |
| 5. TRAFFORD AC                    | SAT 27 Apr & 22 Jun at TRAFFORD |
| 6. WIGAN & DISTRICT HARRIERS & AC | SAT 20 Jul at WIGAN             |

Top 2 teams promoted to Premier West

Bottom 2 teams relegated to West 2

#### WEST 2

- |                                  |                                 |
|----------------------------------|---------------------------------|
| 1. BLACKPOOL, WYRE & FYLDE AC    | SAT 27 Apr at BLACKPOOL         |
| 2. BOLTON UNITED HARRIERS & AC   |                                 |
| 3. BURY AC                       | SAT 18 May at BURY              |
| 4. DEESIDE AAC                   |                                 |
| 5. EAST CHESHIRE H & TAMESIDE AC | SAT 22 Jun at ASHTON UNDER LYNE |
| 6. LANCASTER & MORECAMBE AC      |                                 |
| 7. MACCLESFIELD HARRIERS & AC    | SAT 20 Jul at MACCLESFIELD      |
| 8. MENAI TRACK & FIELD           |                                 |

Top 2 teams promoted to West 1

Bottom 2 teams relegated to West 3N or 3S

#### WEST 3N

- |                                       |                               |
|---------------------------------------|-------------------------------|
| 1. BORDER HARRIERS & AC               | SAT 27 Apr at CARLISLE        |
| 2. CHORLEY ATHLETICS & TRIATHLON CLUB |                               |
| 3. HORWICH RMI HARRIERS               |                               |
| 4. HYNDBURN AC                        | SAT 18 May at CLAYTON le MOOR |
| 5. LEIGH HARRIERS & AC                | SAT 22 Jun at LEIGH           |
| 6. OLDHAM & ROYTON HARRIERS & AC      | SAT 20 Jul at OLDHAM          |

Top team promoted to West 2

#### WEST 3S

- |                             |                           |
|-----------------------------|---------------------------|
| 1. ALTRINCHAM & DISTRICT AC | SAT 18 May at TRAFFORD    |
| 2. COLWYN BAY AC            |                           |
| 3. MANCHESTER HARRIERS & AC | SAT 22 Jun at SPORTS CITY |
| 4. SALFORD METROPOLITAN AC  |                           |
| 5. ST. HELENS SUTTON AC     |                           |
| 6. WARRINGTON AC            | SAT 20 Jul at WARRINGTON  |
| 7. WREXHAM AAC              | SAT 27 Apr at WREXHAM     |

Top team promoted to West 2

## LOWER AGE GROUP (U13/U15) MIDLAND REGION DIVISIONS

### **COMPETITION NUMBERS**

### **FIXTURE DATES and VENUES**

#### PREMIER NORTH/EAST

1. AMBER VALLEY & EREWASH AC
2. BIRCHFIELD HARRIERS SAT 27 Apr at ALEXANDER STADIUM
3. MARSHALL MILTON KEYNES AC SUN 23 Jun at MILTON KEYNES
4. NOTTS AC SAT 18 May at NOTTINGHAM
5. RUGBY & NORTHAMPTON AC
6. SOLIHULL & SMALL HEATH AC\* (\*Area Promotion match on Sat 20 July)

**Top 3 teams to Regional Final. Bottom 3 teams to NORTH/EAST Promotion match**

#### PREMIER SOUTH/WEST

1. BRISTOL & WEST / MENDIP – composite
2. CARDIFF AAC
3. CARDIFF ARCHERS AC
4. CHELTENHAM & COUNTY HARRIERS SAT 18 May at CHELTENHAM
5. SWANSEA HARRIERS AC SAT 27 Apr at SWANSEA
6. YATE & DISTRICT AC\* SUN 23 Jun at YATE (\* & Regional Final on 20 Jul)

**Top 3 teams to REGIONAL FINAL. Bottom 3 teams to SOUTH/WEST Promotion match**

**MIDLANDS REGIONAL FINAL to be held on SAT 20 July at YATE  
First 2 teams to qualify for the NATIONAL FINAL.**

#### SOUTH/WEST 1A

1. CWMBRAN HARRIERS
2. GLOUCESTER AC SUN 23 Jun at GLOUCESTER
3. NEWPORT HARRIERS
4. NORTH DEVON AC SAT 27 Apr at BRAUNTON
5. SOUTH WALES – composite
6. SWINDON HARRIERS\* SAT 18 MAY at SWINDON (\* & Area Promotion Match on 20 Jul))
7. WORCESTER AC

#### SOUTH/WEST 1B

1. BLAENAU GWENT AC
2. FOREST OF DEAN AC
3. HEREFORD & COUNTY AC SAT 27 Apr at HEREFORD
4. NEATH HARRIERS SUN 23 Jun at NEATH
5. NORTH SOMERSET AC
6. RHYMNEY VALLEY AC SAT 18 May at ABERDARE
7. TEAM BATH AC

**Top 2 teams in divisions 1A & 1B to SOUTH/WEST Promotion match  
To be held on SAT 20 July at SWINDON**

**Top 3 teams from S/W Promotion match to be promoted to Midlands Premier South/West  
Bottom 4 teams from S/W Promotion match to be relegated to S/W1A or S/W1B**

## LOWER AGE GROUP (U13/U15) MIDLAND REGION DIVISIONS

### **COMPETITION NUMBERS**

### **FIXTURE DATES and VENUES**

#### **NORTH/EAST 1A**

- |                               |                             |
|-------------------------------|-----------------------------|
| 1. BURTON AC                  |                             |
| 2. CHARNWOOD AC               |                             |
| 3. CITY OF STOKE AC           | SAT 18 May at STOKE         |
| 4. COVENTRY GODIVA HARRIERS   |                             |
| 5. LEICESTER CORITANIAN AC    | SAT 27 Apr at LEICESTER     |
| 6. ROYAL SUTTON COLDFIELD AC  |                             |
| 7. WOLVERHAMPTON & BILSTON AC | SUN 23 Jun at WOLVERHAMPTON |

#### **NORTH/EAST 1B**

- |                                     |                                  |
|-------------------------------------|----------------------------------|
| 1. DERBY AC                         | SAT 27 Apr & SAT 18 May at DERBY |
| 2. MANSFIELD HARRIERS & AC          |                                  |
| 3. NORTHAMPTON AC                   | SUN 23 Jun at DERBY              |
| 4. NORTH NOTTS ALLIANCE – composite |                                  |
| 5. NOTTS LINCS ALLIANCE - composite |                                  |
| 6. RUSHCLIFFE AC                    |                                  |
| 7. SAFFRON AC                       |                                  |
| 8. SUTTON-in-ASHFIELD HARRIERS & AC |                                  |

### **ALL DOUBLED HEADED MATCHES – North/East 1C & 1D**

#### **NORTH/EAST 1C**

- |                                  |                                    |
|----------------------------------|------------------------------------|
| 1. BICESTER AC                   | Co-hosting at LEAMINGTON on 18 May |
| 2. BROMSGROVE & REDDITCH         |                                    |
| 3. DUDLEY & STOURBRIDGE HARRIERS |                                    |
| 4. HALESOWEN A & CC              | Co-hosting at TIPTON on 27 Apr     |
| 5. KIDDERMINSTER & STOURPORT AC  |                                    |
| 6. TIPTON HARRIERS               | SAT 27 Apr at TIPTON (Co-host)     |

#### **NORTH/EAST 1D**

- |                          |                                    |
|--------------------------|------------------------------------|
| A. CANNOCK & STAFFORD AC |                                    |
| B. DAVENTRY AC           |                                    |
| C. LEAMINGTON C & AC     | SAT 18 May at LEAMINGTON (Co-host) |
| D. NUNEATON HARRIERS AC  |                                    |
| E. TAMWORTH AC           | SUN 23 Jun at TAMWORTH             |
| F. TELFORD AC            |                                    |

**Top teams in each of divisions 1A, 1B, 1C & 1D to NORTH/EAST PROMOTION MATCH**

**To be held on SAT 20 JULY at SOLIHULL**

**Top 3 teams from N/E Promotion match promoted to Midlands Premier North/East**

**Bottom 4 teams from N/E Promotion match to be relegated to MIDLANDS N/E 1A,1B,1C OR 1D**

## **LOWER AGE GROUP (U13/U15) SOUTHERN REGION DIVISIONS**

### **COMPETITION NUMBERS**

### **FIXTURE DATES and VENUES**

#### **PREMIER 1**

- |                                     |                           |
|-------------------------------------|---------------------------|
| 1. BLACKHEATH & BROMLEY HARRIERS AC | SAT 20 Jul at NORMAN PARK |
| 2. CROYDON HARRIERS                 |                           |
| 3. HAVERING AC                      | SAT 18 May at HORNCHURCH  |
| 4. HERNE HILL HARRIERS              | SAT 27 Apr at TOOTING BEC |
| 5. READING AC                       | SUN 23 Jun at PALMER PARK |
| 6. TONBRIDGE AC                     |                           |

**Top 2 teams to NATIONAL FINALS**  
**Bottom 2 teams relegated to Premier 2**

#### **PREMIER 2**

- |                             |                                |
|-----------------------------|--------------------------------|
| 1. BRACKNELL AC             | SAT 18 May at BRACKNELL        |
| 2. BRIGHTON & HOVE AC       | SUN 23 Jun at WITHDEAN         |
| 3. CITY OF PORTSMOUTH AC    |                                |
| 4. CRAWLEY AC               |                                |
| 5. GUILDFORD & GODALMING AC | SAT 20 Jul at SPECTRUM STADIUM |
| 6. SOUTHAMPTON AC           | SAT 27 Apr at SOUTHAMPTON      |

**Top 2 teams promoted to Premier 1**  
**Bottom 2 teams relegated to Central 1, East 1 or West 1**

#### **CENTRAL 1**

- |                                  |  |
|----------------------------------|--|
| 1. CHILTERN HARRIERS AC          |  |
| 2. HARROW AC                     | SAT 27 Apr at HARROW                   |
| 3. HILLINGDON AC                 | SAT 18 May at HILLINGDON               |
| 4. ST. MARY'S RICHMOND AC        |  |
| 5. TEAM BEDFORDSHIRE - composite | SAT 22 Jun at BIGGLESWADE              |
| 6. THAMES VALLEY HARRIERS        | SAT 20 Jul at LINFORD CHRISTIE STADIUM |
| 7. VALE OF AYLESBURY AC          |  |
| 8. WYCOMBE PHOENIX HARRIERS & AC |  |

**Top team promoted into Premier 2**  
**Bottom 2 teams relegated to Central 2**

#### **CENTRAL 2**

- |                          |   |
|--------------------------|---|
| 1. BELGRAVE HARRIERS     | SAT 22 Jun at BATTERSEA PARK                    |
| 2. DARTFORD HARRIERS AC  |   |
| 3. HERCULES WIMBLEDON AC | SAT 20 Jul at TOOTING BEC                       |
| 4. HERTS PHOENIX AC      | SAT 18 May at WARE                              |
| 5. HOLLAND SPORTS AC     | Co-hosting on SAT 27 Apr at David Weir Stadium, |
| 6. REIGATE PRIORY AC     | Carshalton                                      |
| 7. TEAM HOUNSLOW AC      |   |

**Top 2 teams promoted to Central 1**

## LOWER AGE GROUP (U13/U15) SOUTHERN REGION DIVISIONS

### COMPETITION NUMBERS

### FIXTURE DATES and VENUES

#### EAST 1

- |  |                                     |
|--|-------------------------------------|
| 1. BASILDON AC                         |                                     |
| 2. BEXLEY AC                           | SAT 18 May at ERITH                 |
| 3. CAMBRIDGE HARRIERS (KENT)           |                                     |
| 4. MEDWAY & MAIDSTONE AC               | SAT 22 Jun at MEDWAY PARK           |
| 5. PADDOCK WOOD/FOLKESTONE – comp      |                                     |
| 6. VICTORIA PARK & TOWER HAMLETS AC    | SAT 20 Jul at MILE END STADIUM      |
| 7. WOODFORD GREEN AC with ESSEX LADIES | SAT 27 Apr at ASHTON PLAYING FIELDS |

Top team promoted into Premier 2

Bottom 2 teams relegated to East 2

#### EAST 2

- |                                |                                  |
|--------------------------------|----------------------------------|
| 1. ASHFORD & THANET- composite | SAT 27 Apr at JULIE ROSE STADIUM |
| 2. EAST GRINSTEAD AC           |                                  |
| 3. HASTINGS AC                 |                                  |
| 4. LEWES AC                    | SAT 18 May & 20 Jul at LEWES     |
| 5. MEDWAY PARK PHOENIX         | SUN 23 Jun at JULIE ROSE STADIUM |
| 6. NEWHAM & ESSEX BEAGLES AC   |                                  |
| 7. ORION HARRIERS              |                                  |

Top 2 teams promoted to East 1

#### WEST 1

- |   |                                |
|---|--------------------------------|
| 1. BOURNEMOUTH & NEW FOREST JUN-composite | SAT 22 Jun at KINGS PARK       |
| 2. HORSHAM BLUE STAR HARRIERS             |                                |
| 3. KINGSTON AC & POLYTECHNIC HARRIERS     |                                |
| 4. TEAM DORSET – composite                | SAT 18 May at POOLE            |
| 5. WALTON AC                              | SAT 27 Apr at WALTON           |
| 6. WINDSOR, SLOUGH, ETON & HOUNSLOW AC    | SAT 20 Jul at THAMES VALLEY AC |

Top team promoted into Premier 2

Bottom 2 teams relegated to West 2

#### WEST 2

- |                                     |   |
|-------------------------------------|---|
| 1. ALDERSHOT, FARNHAM & DISTRICT AC |   |
| 2. CAMBERLEY & DISTRICT AC          |   |
| 3. CHICHESTER RUNNERS & AC          | SAT 27 Apr at MOUNBTBATTEN STADIUM<br>(Co-hosting at Mountbatten Stadium) |
| 4. HAVANT AC                        |   |
| 5. WINCHESTER & DISTRICT AC         | SAT 18 May & SUN 23 Jun at WINCHESTER                                     |
| 6. WOKING AC                        |   |
| 7. WORTHING & DISTRICT HARRIERS AC  | SAT 20 Jul at WORTHING  |

Top 2 teams promoted to West 1



## **LOWER AGE GROUP (U13/U15) SCOTLAND DIVISIONS**

### **DIVISION 1**

1. CENTRAL AC
2. EDINBURGH AC
3. **GIFFNOCK NORTH AC** SAT 27 Apr at GRANGEMOUTH
4. PITREAVIE AAC
5. SOUTH LANARKSHIRE – composite
6. TEAM EAST LOTHIAN AC
7. **TEAM NORTH LANARKSHIRE – composite** SUN 19 May at GRANGEMOUTH
8. **VICTORIA PARK CITY OF GLASGOW AC** SUN 23 Jun at SCOTSTOUN

Top 5 teams to Scottish Regional final.  
Bottom team relegated to Division 2

### **DIVISION 2**

1. **AYR SEAFORTH AC** SUN 19 May at KILMARNOCK
2. CLYDESDALE & HELENSBURGH - composite
3. DUNFERMLINE TRACK & FIELD CLUB
4. KILBARCHAN AAC
5. **KILMARNOCK HARRIERS & AC** SUN 28 Apr at KILMARNOCK
6. LASSWADE AC
7. **SHETTLESTON HARRIERS** SUN 23 Jun at GRANGEMOUTH
8. TEAM DG – composite

Top team to Scottish Regional Final  
Top team promoted to Division 1. Bottom team into paper match as necessary

### **NORTH EAST DIVISION**

1. **ABERDEEN AAC** SUN 28 Apr at ABERDEEN
2. ARBROATH & DISTRICT AC
3. BANCHORY STONEHAVEN AC
4. **DUNDEE HAWKHILL HARRIERS** SUN 23 Jun at ABERDEEN
5. **INVERNESS HARRIERS AAC** SUN 19 May at INVERNESS
6. ISLAND SELECT - composite
7. MONTROSE & DISTRICT AC/PERTH  
STRATHTAY HARRIERS - composite
8. TEAM NORTH – composite

Top 2 teams to Scottish Final

<b>SCOTTISH REGIONAL FINAL – SUNDAY 4<sup>th</sup> August AT GRANGEMOUTH</b>
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NB All league structures are subject to adjustment each year should the make-up of any division alter substantially eg if additional clubs apply to join the league or clubs withdraw. Such changes will only be made after consultation.

**Guidelines for use of the Team Managers' Portal and the league's results software are on the website:**

**[www.ukydl.org.uk](http://www.ukydl.org.uk)**

**otherwise all queries can be addressed to the Results' co-ordinator on the helpline:**

**07920 056324**

**CLUB JUDGING RESPONSIBILITIES – LOWER AGE GROUP**  
**CLUB NUMBERS AS SHOWN IN THE 2019 LEAGUE STRUCTURE**

**PREMIER DIVISIONS**

**6 team divisions**

				<b>MATCH 1</b>	<b>MATCH 2</b>	<b>MATCH 3</b>	<b>MATCH 4</b>
HT (U15B)	PV (U15B&G)	LJ (U13G)		Team 3	Team 6	Team 4	Team 5
LJ (U15G)	SP (U13G)	HJ (U15B)	JT (U13G)	Team 5	Team 4	Team 3	Team 1
HT (U15G)	HJ (U13B)	JT (U13B)	HJ (U15G)	Team 4	Team 3	Team 6	Team 2
HJ (U13G)	DT (U15G)	SP (U15G)	LJ (U13B)	Team 2	Team 5	Team 1	Team 4
SP (U13B)	LJ (U15B)	JT (U15G)		Team 1	Team 2	Team 5	Team 6
DT (U15B)	JT (U15B)	SP (U15B)		Team 6	Team 1	Team 2	Team 3

**7 team divisions**

			<b>Match 1</b>	<b>Match 2</b>	<b>Match 3</b>	<b>Match 4</b>
HT (U15B)	HJ (U13B)	LJ (U13B)	Team 6	Team 1	Team 2	Team 3
LJ (U15G)	DT (U15G)	JT (U13B)	Team 5	Team 4	Team 3	Team 7
HT (U15G)	SP (U13G)	LJ (U13G)	Team 4	Team 3	Team 7	Team 2
HJ (U13G)	JT (U15B)	HJ (U15G)	Team 1	Team 2	Team 5	Team 6
SP (U13B)	LJ (U15B)	JT (U15G)	Team 3	Team 6	Team 4	Team 5
DT (U15B)	HJ (U15B)	SP (U15B)	Team 2	Team 7	Team 6	Team 1
PV (U15B&G)	SP (U15G)	JT (U13G)	Team 7	Team 5	Team 1	Team 4

**NON-PREMIER DIVISIONS**

**5 team divisions**

				<b>MATCH 1</b>	<b>MATCH 2</b>	<b>MATCH 3</b>	<b>MATCH 4</b>
HT (U15B&G)	LJ (U15G)	JT (U15B)	JT (U13B)	Team 2	Team 4	Team 3	Team 5
LJ (U13B)	HJ (U13 B&G)	JT (U15G)	LJ (U15B)	Team 5	Team 2	Team 4	Team 1
HJ (U15G)	DT (U15G)	LJ (U13G)	SP (U15G)	Team 4	Team 1	Team 5	Team 3
SP (U13G)	PV (U15B & G)		HJ (U15B)	Team 3	Team 5	Team 1	Team 2
DT (U15B)	SP (U15B)	SP (U13B)	JT(U13G)	Team 1	Team 3	Team 2	Team 4

**N.B. FIELD REFEREES MAY NEED TO REASSIGN OFFICIALS ON THE DAY TO ENSURE EVENTS ARE ADEQUATELY COVERED.**

<b>6 team divisions</b>				<b>Match 1</b>	<b>Match 2</b>	<b>Match 3</b>	<b>Match 4</b>
HT (U15B&G)	LJ (U15G)	JT (U15G)	SP (U15G)	Team 4	Team 3	Team 1	Team 5
LJ (U13B)	HJ (U13B&G)		JT (U13B)	Team 2	Team 5	Team 4	Team 6
HJ (U15G)	SP U15B)	LJ (U13G)		Team 3	Team 6	Team 5	Team 1
SP (U13G)	DT U15G)	HJ (U15B)		Team 5	Team 2	Team 6	Team 4
DT (U15B)	JT (U15B)	LJ (U15B)		Team 6	Team 1	Team 2	Team 3
PV (U15B&G)		SP (U13B)	JT (U13G)	Team 1	Team 4	Team 3	Team 2

### 7 team divisions

<b>7 team divisions</b>			<b>Match 1</b>	<b>Match 2</b>	<b>Match 3</b>	<b>Match 4</b>
HT (U15B&G)	HJ (U13B&G)	LJ (U15B)	Team 3	Team 5	Team 7	Team 4
LJ (U13B)	DT (U15G)	HJ (U15B)	Team 5	Team 7	Team 1	Team 6
HJ (U15G)	SP (U15B)	JT (U15G)	Team 4	Team 6	Team 2	Team 3
SP (U13G)	JT (U15B)	SP (U15G)	Team 7	Team 2	Team 4	Team 1
DT (U15B)	LJ (U13G)	JT (U13G)	Team 1	Team 3	Team 5	Team 2
PV (U15B&G)		JT (U13B)	Team 2	Team 4	Team 6	Team 5
LJ (U15G)	SP (U13B)		Team 6	Team 1	Team 3	Team 7

### 8 team divisions

<b>8 team divisions</b>			<b>Match 1</b>	<b>Match 2</b>	<b>Match 3</b>	<b>Match 4</b>
HT (U15B&G)	SP (U15B)	LJ (U15B)	Team 7	Team 1	Team 4	Team 6
LJ (U13B)	JT (U15B)	SP (U15G)	Team 2	Team 4	Team 7	Team 1
HJ (U15G)	DT (U15G)	SP (U13B)	Team 1	Team 3	Team 6	Team 8
SP (U13G)	JT (U15G)		Team 4	Team 6	Team 1	Team 2
DT(U15B)	LJ (U13G)		Team 5	Team 7	Team 2	Team 3
LJ (U15G)	HJ (U15B)		Team 3	Team 5	Team 8	Team 4
HJ (U13B & G)		JT (U13B)	Team 8	Team 2	Team 5	Team 7
PV (U15B & G)		JT (U13G)	Team 6	Team 8	Team 3	Team 5

**N.B. FIELD REFEREES MAY NEED TO REASSIGN OFFICIALS ON THE DAY TO ENSURE EVENTS ARE ADEQUATELY COVERED.**

## 2019 LANE DRAW AND FIELD EVENT ORDER 8 TEAM DIVISION

	<u>MATCH 1</u>	<u>MATCH 2</u>	<u>MATCH 3</u>	<u>MATCH 4</u>
<u>LANE NO.</u>	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8	1 2 3 4 5 6 7 8
75/100m L Jump	7 1 5 4 6 2 8 3	6 5 2 1 8 3 7 4	8 5 6 3 7 4 2 1	4 3 7 8 5 1 6 2
150/200m P Vault T Jump	2 5 3 4 8 7 6 1	3 4 5 1 2 6 8 7	4 2 6 7 3 5 1 8	6 3 8 2 1 4 7 5
300/400m 1200/1500 Shot	8 3 1 6 4 2 7 5	1 2 5 7 3 8 6 4	7 4 3 8 5 6 1 2	6 5 2 1 4 7 8 3
800m 3000m Discus	3 8 5 2 6 7 4 1	5 8 1 3 4 2 7 6	4 5 1 8 7 6 2 3	2 6 4 5 3 8 1 7
Sp Hrdls S/Chase Hammer	4 6 7 5 1 3 2 8	5 1 4 8 7 6 2 3	7 8 1 2 3 4 6 5	6 3 2 5 1 8 7 4
300H/400H H Jump Javelin	7 6 4 2 5 1 8 3	1 4 7 8 3 2 5 6	8 2 5 1 6 3 7 4	6 1 5 3 7 8 4 2
4 x 100 m	5 8 6 4 2 7 3 1	3 2 7 5 4 1 6 8	7 2 1 3 5 6 8 4	4 3 6 8 1 2 7 5
4 x 300/ 400m	3 5 2 1 6 4 7 8	2 3 4 8 7 1 6 5	1 8 7 4 6 5 2 3	7 4 5 3 6 8 1 2

ALL AGE GROUPS USE THE SAME LANE DRAW - FOR U17s PLEASE SUBSTITUTE 1-8 WITH A-H

CLUB TEAM NUMBERS AS SHOWN IN THE YDL 2019 LEAGUE STRUCTURE

N.B. TIME TRIALS TO BE HELD, WHERE NECESSARY, ON 6 LANE TRACKS.

## 2019 LANE DRAW AND FIELD EVENT ORDER 7 TEAM DIVISION

	<u>MATCH 1</u>	<u>MATCH 2</u>	<u>MATCH 3</u>	<u>MATCH 4</u>
<u>LANE NO.</u>	<u>2 3 4 5 6 7 8</u>	<u>2 3 4 5 6 7 8</u>	<u>2 3 4 5 6 7 8</u>	<u>2 3 4 5 6 7 8</u>
75/100m L Jump	7 1 5 4 6 2 3	6 5 2 1 3 7 4	5 6 3 7 4 2 1	4 3 7 5 1 6 2
150/200m P Vault T Jump	2 5 3 4 7 6 1	3 4 5 1 2 6 7	4 2 6 7 3 5 1	6 3 2 1 4 7 5
300m/400m 1200/1500m Shot	3 1 6 4 2 7 5	1 2 5 7 3 6 4	7 4 3 5 6 1 2	6 5 2 1 4 7 3
800m, 3000m Discus	3 5 2 6 7 4 1	5 1 3 4 2 7 6	4 5 1 7 6 2 3	2 6 4 5 3 1 7
Sp Hrdls S/Chase Hammer	4 6 7 5 1 3 2	5 1 4 7 6 2 3	7 1 2 3 4 6 5	6 3 2 5 1 7 4
300H/400H H Jump Javelin	7 6 4 2 5 1 3	1 4 7 3 2 5 6	2 5 1 6 3 7 4	6 1 5 3 7 4 2
4 x 100 m	5 6 4 2 7 3 1	3 2 7 5 4 1 6	7 2 1 3 5 6 4	4 3 6 1 2 7 5
4 x 300/ 400m	3 5 2 1 6 4 7	2 3 4 7 1 6 5	1 7 4 6 5 2 3	7 4 5 3 6 1 2

ALL AGE GROUPS USE THE SAME LANE DRAW - FOR U17s PLEASE SUBSTITUTE 1-7 WITH A-G

CLUB TEAM NUMBERS AS SHOWN IN THE YDL 2019 LEAGUE STRUCTURE

N.B. TIME TRIALS TO BE HELD, WHERE NECESSARY, ON 6 LANE TRACKS

## 2019 LANE DRAW AND FIELD EVENT ORDER 6 TEAM DIVISION

	<u>MATCH 1</u>	<u>MATCH 2</u>	<u>MATCH 3</u>	<u>MATCH 4</u>
<u>LANE NO.</u>	<u>2 3 4 5 6 7</u>	<u>2 3 4 5 6 7</u>	<u>2 3 4 5 6 7</u>	<u>2 3 4 5 6 7</u>
75m/100m L Jump	1 5 4 6 2 3	6 5 2 1 3 4	5 6 3 4 2 1	4 3 5 1 6 2
150m/200m P Vault T Jump	2 5 3 4 6 1	3 4 5 1 2 6	4 2 6 3 5 1	6 3 2 1 4 5
300m/400m 1200/1500m Shot	3 1 6 4 2 5	1 2 5 3 6 4	4 3 5 6 1 2	6 5 2 1 4 3
800m, 3000m Discus	3 5 2 6 4 1	5 1 3 4 2 6	4 5 1 6 2 3	2 6 4 5 3 1
Sp Hrdls S/Chase Hammer	4 6 5 1 3 2	5 1 4 6 2 3	1 2 3 4 6 5	6 3 2 5 1 4
300H/400H H Jump Javelin	6 4 2 5 1 3	1 4 3 2 5 6	2 5 1 6 3 4	6 1 5 3 4 2
4 x 100 m	5 6 4 2 3 1	3 2 5 4 1 6	2 1 3 5 6 4	4 3 6 1 2 5
4 x 300/400m	3 5 2 1 6 4	2 3 4 1 6 5	1 4 6 5 2 3	4 5 3 6 1 2

ALL AGE GROUPS USE THE SAME LANE DRAW - FOR U17s PLEASE SUBSTITUTE 1-6 WITH A-F

CLUB TEAM NUMBERS AS SHOWN IN THE YDL 2019 LEAGUE STRUCTURE

**N.B. MATCHES HELD ON 6 LANE TRACKS TO USE LANE NUMBERS 1 – 6**

## 2019 LANE DRAW AND FIELD EVENT ORDER 5 TEAM DIVISION

	<u>MATCH 1</u>	<u>MATCH 2</u>	<u>MATCH 3</u>	<u>MATCH 4</u>
<u>LANE NO.</u>	<u>3 4 5 6 7</u>	<u>3 4 5 6 7</u>	<u>3 4 5 6 7</u>	<u>3 4 5 6 7</u>
75m/100m L Jump	1 5 4 2 3	5 2 1 3 4	5 3 4 2 1	4 3 5 1 2
150m/200m P Vault T Jump	2 5 3 4 1	3 4 5 1 2	4 2 3 5 1	3 2 1 4 5
300m/400m 1200/1500m Shot	3 1 4 2 5	1 2 5 3 4	4 3 5 1 2	5 2 1 4 3
800m, 3000m Discus	3 5 2 4 1	5 1 3 4 2	4 5 1 2 3	2 4 5 3 1
Sp Hrdls S/Chase Hammer	4 5 1 3 2	5 1 4 2 3	1 2 3 4 5	3 2 5 1 4
300H/400H H Jump Javelin	4 2 5 1 3	1 4 3 2 5	2 5 1 3 4	1 5 3 4 2
4 x 100 m	5 4 2 3 1	3 2 5 4 1	2 1 3 5 4	4 3 1 2 5
4 x 300/400m	3 5 2 1 4	2 3 4 1 5	1 4 5 2 3	4 5 3 1 2

ALL AGE GROUPS USE THE SAME LANE DRAW - FOR U17s PLEASE SUBSTITUTE 1-5 WITH A-E

CLUB TEAM NUMBERS AS SHOWN IN THE YDL 2019 LEAGUE STRUCTURE

**N.B. MATCHES HELD ON 6 LANE TRACKS TO USE LANE NUMBERS 2 - 6**



# **2019 National Finals Weekend**

## **Sportcity Manchester**

### **Lower Age Group – Saturday 7<sup>th</sup> September**

Following the divisional fixtures, the top 2 teams from the Southern Premier 1 Division, the top 2 teams from the Northern Premier regional final, the top 2 teams from the Midland Premier regional final and the winner of the Scottish regional final will be invited to the National Final.

### **Upper Age Group -Sunday 8<sup>th</sup> September**

Following the divisional fixtures, the top 2 teams from the Northern Premier 1 division, the Southern Premier division and the Midland Premier area final will be invited to the National Final.

## **2018 National Finalists:**

### **LOWER AGE GROUP**

**WINNER – Reading AC**

RUNNER UP – Preston Harriers

3<sup>rd</sup> – Blackheath & Bromley H&AC

4<sup>th</sup> – Sale Harriers AC

5<sup>th</sup> – Edinburgh AC

6<sup>th</sup> – Cardiff Archers

7<sup>th</sup> – Marshall Milton Keynes AC

### **UPPER AGE GROUP**

**WINNER – Blackheath & Bromley H&AC**

RUNNER UP – Shaftesbury Barnet Harriers

3<sup>rd</sup> – Team Edinburgh

4<sup>th</sup> – Team Avon

5<sup>th</sup> – Rugby & Northampton

6<sup>th</sup> – Team Glasgow

**The winning male and female teams from the UAG 2019 final will be nominated to represent the UK at the European Champion Clubs Cup for Juniors in 2020.**

ALL DOCUMENTS PERTAINING  
TO THE LEAGUE, INCLUDING  
RESULTS, LEAGUE RECORDS AND  
COPIES OF THIS HANDBOOK CAN  
BE FOUND ON THE UKYDL  
WEBSITE:  
[www.ukydl.org.uk](http://www.ukydl.org.uk)