

| | | |
|----------|----------------------------|----------------------------------|
| LEVEL | UPPER | Track Events Start in Lane |
| REGION | MIDLAND | |
| DIVISION | SW Premier Promotion Match | |
| MATCH | 4 | |
| P/FINISH | YES | 1 |

Date Sunday, July 28 2019

Venue @ Swansea

Host Club West Wales ©

| Bib | Team Name | Abbrev. | Officials | Track1 | Track2 | Relays | Field | Total |
|-----|------------------------------|---------|-----------|--------|--------|--------|-------|-------|
| 1 | Cardiff Archers AC | C Arch | 52.0 | 159.0 | 39.0 | 44.0 | 221.5 | 515.5 |
| 2 | Cheltenham & County Harriers | Chelt | 36.0 | 172.0 | 61.0 | 36.0 | 200.5 | 505.5 |
| 3 | East Wales © | EW | 48.0 | 77.0 | 5.0 | | 82.0 | 212.0 |
| 4 | North Somerset AC | N Som | 36.0 | 102.0 | 56.0 | 30.0 | 109.0 | 333.0 |
| 5 | West Wales © | W Wales | 48.0 | 206.0 | 97.0 | 45.0 | 215.0 | 611.0 |
| - | | | | | | | | |
| - | | | | | | | | |
| - | | | | | | | | |

| Posn | Team Name | Points | League | B/fwd M | B/fwd L | Total M | Total L | Standings |
|------|------------------------------|--------|--------|---------|---------|---------|---------|-----------|
| 1 | West Wales © | 611.0 | 5.0 | | | 611.0 | 5.0 | 1 |
| 2 | Cardiff Archers AC | 515.5 | 4.0 | | | 515.5 | 4.0 | 2 |
| 3 | Cheltenham & County Harriers | 505.5 | 3.0 | | | 505.5 | 3.0 | 3 |
| 4 | North Somerset AC | 333.0 | 2.0 | | | 333.0 | 2.0 | 4 |
| 5 | East Wales © | 212.0 | 1.0 | | | 212.0 | 1.0 | 5 |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |

| | |
|------------------------------------|----|
| TOTAL EVENTS | 76 |
| NO COMPETITORS/EVENT CANCELLED/NMR | 2 |
| EVENT SCORED | 74 |
| REMAINING | - |

UPPER MIDLAND SW Premier Promotion Match @ Swansea
28/07/2019
100m U20 Men A

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|--------------------|---------|-------|-------|
| | | | | | -1.1 |
| 1 | 5 | LLOYD HUGHES Owain | W Wales | 10.95 | AAA 2 |
| 2 | 2 | SMITHSON Callan | Chelt | 11.63 | |
| 3 | 4 | POUNCEY Samuel X | N Som | 12.13 | |
| 4 | 3 | GREY Adam | EW | 12.26 | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

100m U20 Men B

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|-----------------|---------|-------|------|
| | | | | | -3.8 |
| 1 | 55 | ONYEWU Eli | W Wales | 11.65 | AAA |
| 2 | 22 | SUMMERS Dylan X | Chelt | 12.41 | |
| 3 | 44 | LEONG Timothy | N Som | 13.13 | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

200m U20 Men A

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|--------------------|---------|-------|-------|
| | | | | | -2.9 |
| 1 | 5 | LLOYD HUGHES Owain | W Wales | 22.09 | AAA 1 |
| 2 | 3 | GREY Adam | EW | 25.08 | |
| 3 | 4 | POUNCEY Samuel X | N Som | 25.12 | |
| 4 | 2 | COX Matthew X | Chelt | 26.96 | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

200m U20 Men B

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|-----------------|---------|-------|------|
| | | | | | -1.4 |
| 1 | 22 | SMITHSON Callan | Chelt | 23.59 | AAA |
| 2 | 55 | LEWIS Dafydd | W Wales | 23.98 | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

400m U20 Men A

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|------------------|---------|-------|------|
| | | | | | |
| 1 | 5 | LEECH Trystan | W Wales | 53.82 | AAA |
| 2 | 22 | HAWTHORNE George | Chelt | 56.75 | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

400m U20 Men B

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|-----------------|---------|-------|------|
| | | | | | |
| 1 | 2 | EAGLESTONE Alex | Chelt | 57.95 | AAA |
| 2 | 55 | SALMON Andrew | W Wales | 58.49 | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

800m U20 Men A

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|------------------|---------|----------|------|
| | | | | | |
| 1 | 5 | LEWIS Sebastian | W Wales | 01:59.81 | AAA |
| 2 | 2 | HAWTHORNE George | Chelt | 02:07.98 | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

800m U20 Men B

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|---------------------|---------|----------|------|
| | | | | | |
| 1 | 55 | CALLARD Thomas | W Wales | 02:07.07 | AAA |
| 2 | 22 | HOLDSWORTH Edward X | Chelt | 02:11.61 | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

UPPER MIDLAND SW Premier Promotion Match @ Swansea
28/07/2019
1500m U20 Men A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|-------------------|---------|----------|-----|
| 1 | 5 | CAMPION Callum | W Wales | 04:32.01 | |
| 2 | 1 | THOMAS Callum X | C Arch | 04:45.97 | |
| 3 | 2 | STAFRACE Samuel X | Chelt | 04:50.53 | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

1500m U20 Men B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|---------|------|------|-----|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

3000m U20 Men A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|----------------|---------|----------|-----|
| 1 | 55 | HINES Finlay X | W Wales | 09:13.19 | |
| 2 | 1 | RAY Ben X | C Arch | 10:19.35 | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

3000m U20 Men B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|----------------|---------|----------|-----|
| 1 | 5 | CALLARD Thomas | W Wales | 10:15.71 | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

110m Hurdles U20 Men A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|-------------------------|------|------|-----|
| 1 | 98 | No Competitors Declared | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

110m Hurdles U20 Men B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|---------|------|------|-----|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

400m Hurdles U20 Men A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|-----------------|---------|-------|-----|
| 1 | 5 | LLOYD Wiliam | W Wales | 61.38 | |
| 2 | 2 | EAGLESTONE Alex | Chelt | 67.99 | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

400m Hurdles U20 Men B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|---------|------|------|-----|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

UPPER MIDLAND SW Premier Promotion Match @ Swansea
28/07/2019
2000m s/c U20 Men A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|----------------|-------|----------|-----|
| 1 | 4 | WILKINSON Jack | N Som | 06:54.80 | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

2000m s/c U20 Men B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|--------------|-------|----------|-----|
| 1 | 44 | LOCK Ollie X | N Som | 07:05.57 | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Long Jump U20 Men A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|-----------------------|---------|----------|-----|
| 1 | 2 | SAMUEL Tom | Chelt | 6.31 1.0 | |
| 2 | 5 | WHEELER Ollie | W Wales | 6.25 1.9 | |
| 3 | 4 | LEONG Timothy | N Som | 5.54 1.4 | |
| 4 | 1 | MAULLIN-DAVIES Samuel | C Arch | 5.43 2.3 | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Long Jump U20 Men B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|---------|------|------|-----|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

High Jump U20 Men A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|----------------|---------|------|-----|
| 1 | 2 | SAMUEL Tom | Chelt | 1.70 | |
| 2 | 5 | NICHOLAS Caleb | W Wales | 1.70 | |

High Jump U20 Men B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|--------------------|-------|------|-----|
| 1 | 22 | PICKEN Christopher | Chelt | x | |

Triple Jump U20 Men A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|-----------------------|---------|-------------|-----|
| 1 | 2 | SAMUEL Tom | Chelt | 12.16 0.46 | |
| 2 | 1 | MAULLIN-DAVIES Samuel | C Arch | 11.50 -1.21 | |
| 3 | 5 | LEECH Trystan | W Wales | 10.59 0.19 | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Triple Jump U20 Men B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|----------------|---------|-----------|-----|
| 1 | 55 | CAMPION Callum | W Wales | 9.01 0.67 | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

UPPER MIDLAND SW Premier Promotion Match @ Swansea
28/07/2019
Pole Vault U20 Men A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|---------------|-------|------|-----|
| 1 | 4 | DAVIES Oliver | N Som | 3.20 | |

Pole Vault U20 Men B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|---------|------|------|-----|
| | | | | | |

Shot U20 Men A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|-----------------------|---------|-------|-----|
| 1 | 5 | NICHOLAS Caleb | W Wales | 11.35 | |
| 2 | 3 | DAVIES Kyle | EW | 10.05 | |
| 3 | 22 | WALKER Andrew | Chelt | 9.62 | |
| 4 | 1 | MAULLIN-DAVIES Samuel | C Arch | 8.22 | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Shot U20 Men B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|---------------|-------|------|-----|
| 1 | 33 | JONES Steffan | EW | 9.87 | |
| 2 | 2 | WADE Benjamin | Chelt | 9.01 | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Discus U20 Men A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|-----------------------|---------|-------|-----|
| 1 | 2 | WADE Benjamin | Chelt | 42.62 | 2 |
| 2 | 1 | MAULLIN-DAVIES Samuel | C Arch | 31.45 | |
| 3 | 33 | JONES Steffan | EW | 31.14 | |
| 4 | 5 | NICHOLAS Caleb | W Wales | 20.12 | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Discus U20 Men B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|---------------|-------|-------|-----|
| 1 | 22 | WALKER Andrew | Chelt | 36.28 | 3 |
| 2 | 3 | DAVIES Kyle | EW | 18.66 | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Hammer U20 Men A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|---------------|---------|-------|-----|
| 1 | 3 | DAVIES Kyle | EW | 42.63 | |
| 2 | 22 | WALKER Andrew | Chelt | 20.70 | |
| 3 | 5 | SALMON Andrew | W Wales | 20.40 | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Hammer U20 Men B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|--------------------|-------|-------|-----|
| 1 | 2 | PICKEN Christopher | Chelt | 13.38 | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

UPPER MIDLAND SW Premier Promotion Match @ Swansea
28/07/2019
Javelin U20 Men A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|-----------------|---------|-------|-----|
| 1 | 2 | EAGLESTONE Alex | Chelt | 40.66 | |
| 2 | 5 | NICHOLAS Caleb | W Wales | 34.99 | |
| 3 | 3 | DAVIES Kyle | EW | 31.71 | |
| 4 | 4 | TAILOR Carlos X | N Som | 12.82 | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Javelin U20 Men B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|--------------------|---------|-------|-----|
| 1 | 22 | PICKEN Christopher | Chelt | 39.36 | |
| 2 | 55 | SALMON Andrew | W Wales | 23.04 | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

4 x 100m U20 Men A

| Posn | No. | Club | Runners | Perf |
|------|-----|--------|---|-------|
| 1 | 4 | N Som | GARLAND Harrison X POUNCEY Samuel X GENTILE James X LEONG Timothy | 47.97 |
| 2 | 1 | C Arch | MAULLIN-DAVIES Samuel RILEY Huw X HOOGENDOORN Efan X RAY Ben X | 53.42 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

4 x 400m U20 Men A

| Posn | No. | Club | Runners | Perf |
|------|-----|---------|--|----------|
| 1 | 5 | W Wales | CAMPION Callum LEWIS Sebastian CALLARD Thomas LEECH Trystan | 03:42.11 |
| 2 | 2 | Chelt | SAMUEL Tom PICKEN Christopher HAWTHORNE George EAGLESTONE Alex | 03:54.30 |
| 3 | 4 | N Som | LOCK Ollie X VAN-DE-VELDE Jamie X WILKINSON Jack LEONG Timothy | 04:03.69 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

UPPER MIDLAND SW Premier Promotion Match @ Swansea
28/07/2019
100m U20 Women A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|------------------|---------|-------|------|
| | | | | Wind | -3.0 |
| 1 | 3 | MATTHEWS Sophie | EW | 13.20 | |
| 2 | 5 | ROBERTS Niamh | W Wales | 13.23 | |
| 3 | 2 | WILLIAMS Abigail | Chelt | 13.24 | |
| 4 | 1 | MORGAN Isabel X | C Arch | 14.19 | |
| 5 | 4 | KEEN Chelsea X | N Som | 14.49 | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

100m U20 Women B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|-----------------|---------|-------|------|
| | | | | Wind | -2.8 |
| 1 | 11 | RILEY Nia | C Arch | 14.19 | |
| 2 | 55 | PHILLIPS Medi | W Wales | 14.34 | |
| 3 | 22 | SPENCER Emily X | Chelt | 14.44 | |
| 4 | 33 | KIRBY Caitlin | EW | 16.27 | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

200m U20 Women A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|--------------------|---------|-------|------|
| | | | | Wind | -3.8 |
| 1 | 1 | ISAAC Ellie Rose X | C Arch | 28.63 | |
| 2 | 3 | MATTHEWS Sophie | EW | 28.87 | |
| 3 | 2 | KAYLEY Bathsheba X | Chelt | 29.40 | |
| 4 | 5 | SHAWYER Emily | W Wales | 30.58 | |
| 5 | 4 | SQUIRE Maisie | N Som | 31.94 | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

200m U20 Women B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|--------------------|---------|-------|------|
| | | | | Wind | -2.6 |
| 1 | 55 | PHILLIPS Medi | W Wales | 30.10 | |
| 2 | 22 | HORROCKS Katerina | Chelt | 31.45 | |
| 3 | 44 | PEARSON Victoria X | N Som | 37.51 | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

400m U20 Women A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|---------------|---------|-------|------|
| | | | | Wind | -3.0 |
| 1 | 1 | RILEY Nia | C Arch | 59.67 | 3 |
| 2 | 2 | HANSEN Emma X | Chelt | 61.18 | |
| 3 | 5 | SHAWYER Emily | W Wales | 67.45 | |
| 4 | 4 | SQUIRE Maisie | N Som | 72.15 | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

400m U20 Women B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|-----------------|---------|-------|------|
| | | | | Wind | -2.8 |
| 1 | 22 | BEVAN Francesca | Chelt | 60.90 | |
| 2 | 55 | PAGE Grace | W Wales | 78.11 | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

800m U20 Women A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|-----------------|---------|----------|------|
| | | | | Wind | -3.0 |
| 1 | 1 | RILEY Nia | C Arch | 02:25.88 | |
| 2 | 5 | EVANS Alice | W Wales | 02:37.72 | |
| 3 | 2 | BEVAN Francesca | Chelt | 02:43.56 | |
| 4 | 4 | SQUIRE Maisie | N Som | 03:11.93 | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

800m U20 Women B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|------------------------|---------|----------|------|
| | | | | Wind | -2.8 |
| 1 | 55 | MARTIN Eliza | W Wales | 02:49.37 | |
| 2 | 22 | BURNETT-HOCKEY Jodie X | Chelt | 02:50.59 | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

UPPER MIDLAND SW Premier Promotion Match @ Swansea
28/07/2019
1500m U20 Women A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|---------------|---------|----------|-----|
| 1 | 5 | EVANS Alice | W Wales | 05:23.25 | |
| 2 | 2 | BURFITT Ella | Chelt | 05:25.56 | |
| 3 | 4 | SQUIRE Maisie | N Som | 06:15.21 | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

1500m U20 Women B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|-------------------|---------|----------|-----|
| 1 | 22 | HORROCKS Katerina | Chelt | 05:35.72 | |
| 2 | 55 | PAGE Grace | W Wales | 06:10.83 | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

3000m U20 Women A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|-------------|---------|----------|-----|
| 1 | 55 | EDWARDS Eva | W Wales | 10:47.56 | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

3000m U20 Women B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|------------|---------|----------|-----|
| 1 | 5 | KIFF Ellie | W Wales | 12:20.08 | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

100m Hurdles U20 Women A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|---------------|--------|-------|-----|
| 1 | 1 | MORGAN Grace | C Arch | 15.79 | |
| 2 | 3 | KIRBY Caitlin | EW | 24.07 | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

100m Hurdles U20 Women B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|---------|------|------|-----|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

400m Hurdles U20 Women A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|---------------|---------|-------|-----|
| 1 | 5 | ROBERTS Niamh | W Wales | 67.18 | |
| 2 | 2 | BURFITT Ella | Chelt | 88.25 | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

400m Hurdles U20 Women B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|---------|------|------|-----|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

UPPER MIDLAND SW Premier Promotion Match @ Swansea
28/07/2019
1500m s/c U20 Women A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|--------------|-------|----------|-----|
| 1 | 2 | BURFITT Ella | Chelt | 05:59.76 | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

TD10 1500m s/c U20 Women B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|-------------------|-------|----------|-----|
| 1 | 22 | HORROCKS Katerina | Chelt | 06:18.06 | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Long Jump U20 Women A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|----------------|---------|----------|-----|
| 1 | 1 | THOMAS Emily | C Arch | 5.83 3.6 | 1 |
| 2 | 2 | PITMAN Grace X | Chelt | 4.13 0.7 | |
| 3 | 5 | PHILLIPS Medi | W Wales | 3.69 0.5 | |
| 4 | 4 | BROOKS Ceran | N Som | 2.32 1.6 | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Long Jump U20 Women B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|---------|------|------|-----|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

High Jump U20 Women A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|--------------|--------|------|-----|
| 1 | 1 | THOMAS Emily | C Arch | 1.60 | |

High Jump U20 Women B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|---------|------|------|-----|
| | | | | | |

Triple Jump U20 Women A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|-----------------|--------|-------|-----|
| 1 | 1 | THOMAS Emily | C Arch | 11.10 | 2 |
| 2 | 3 | MATTHEWS Sophie | EW | 9.57 | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Triple Jump U20 Women B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|---------|------|------|-----|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

UPPER MIDLAND SW Premier Promotion Match @ Swansea
28/07/2019
Pole Vault U20 Women A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|---------|-----------|------|-----|
| 1 | 98 | | No Compet | | |

Pole Vault U20 Women B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|---------|------|------|-----|
| | | | | | |

Shot U20 Women A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|------------------------|---------|-------|-----|
| 1 | 5 | BUTTERWORTH Chloe Rose | W Wales | 10.78 | 2 |
| 2 | 1 | ARNOLD Caitlin | C Arch | 10.11 | 3 |
| 3 | 2 | WILLIAMS Abigail | Chelt | 7.31 | |
| 4 | 4 | BROOKS Ceran | N Som | 5.52 | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Shot U20 Women B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|------------|---------|------|-----|
| 1 | 55 | PAGE Grace | W Wales | 5.91 | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Discus U20 Women A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|------------------------|---------|-------|-----|
| 1 | 1 | ARNOLD Caitlin | C Arch | 24.25 | |
| 2 | 5 | BUTTERWORTH Chloe Rose | W Wales | 15.60 | |
| 3 | 4 | BROOKS Ceran | N Som | 11.89 | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Discus U20 Women B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|---------|------|------|-----|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Hammer U20 Women A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|--------------------|---------|-------|-----|
| 1 | 5 | BACAKOVA Karolinka | W Wales | 40.99 | |
| 2 | 1 | ARNOLD Caitlin | C Arch | 15.05 | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Hammer U20 Women B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|-----------------|---------|-------|-----|
| 1 | 55 | BACAKOVA Tereza | W Wales | 27.37 | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

UPPER MIDLAND SW Premier Promotion Match @ Swansea
28/07/2019
Javelin U20 Women A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|------------------------|---------|-------|-----|
| 1 | 3 | BROWN Phoebe | EW | 38.07 | 3 |
| 2 | 2 | KIEY-THOMAS Isabel X | Chelt | 27.83 | |
| 3 | 1 | MORGAN Grace | C Arch | 27.71 | |
| 4 | 5 | BUTTERWORTH Chloe Rose | W Wales | 14.34 | |
| 5 | 4 | BROOKS Ceran | N Som | 9.99 | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Javelin U20 Women B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|---------|------|------|-----|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

4 x 100m U20 Women A

| Posn | No. | Club | Runners | Perf |
|------|-----|---------|--|-------|
| 1 | 1 | C Arch | DAVIES Jodi X THOMAS Emily MORGAN Grace MAPPS Caitlyn X | 49.76 |
| 2 | 5 | W Wales | PHILLIPS Medi SHAWYER Emily EVANS Alice WILLIAMS Amber X | 55.39 |
| 3 | 4 | N Som | PEARSON Victoria X KEEN Chelsea X SQUIRE Maisie BROOKS Ceran | 60.60 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

4 x 400m U20 Women A

| Posn | No. | Club | Runners | Perf |
|------|-----|---------|---|----------|
| 1 | 2 | Chelt | WRIGHT Eloise X BEVAN Francesca SHEPPARD Kaitlyn X TOWNEND Felicity X | 04:42.80 |
| 2 | 5 | W Wales | EDWARDS Eva KIFF Ellie MARTIN Eliza EVANS Alice | 04:49.20 |
| 3 | 1 | C Arch | PASLEY Josie X BROUGHTON Lowri X HAMER Maddi X RILEY Nia | 04:57.83 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

UPPER MIDLAND SW Premier Promotion Match @ Swansea
28/07/2019
100m U17 Men A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|----------------|---------|-------|------|
| | | | | Wind | -4.1 |
| 1 | a | WALL Zak | C Arch | 11.82 | |
| 2 | e | THOMPSON Tyree | W Wales | 11.88 | |
| 3 | d | TAILOR Carlos | N Som | 12.65 | |
| 4 | b | COX Matthew | Chelt | 13.30 | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

100m U17 Men B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|----------------|---------|-------|------|
| | | | | Wind | -1.4 |
| 1 | aa | NOTT Josh | C Arch | 11.75 | 4 |
| 2 | bb | MAHONEY Archie | Chelt | 12.40 | |
| 3 | ee | BONE Ben | W Wales | 12.52 | |
| 4 | dd | GENTILE James | N Som | 12.68 | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

200m U17 Men A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|------------------|---------|-------|------|
| | | | | Wind | -4.0 |
| 1 | a | NOTT Josh | C Arch | 24.05 | 4 |
| 2 | e | REYNOLDS Joseph | W Wales | 24.51 | |
| 3 | d | GARLAND Harrison | N Som | 25.22 | |
| 4 | b | MAHONEY Archie | Chelt | 25.87 | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

200m U17 Men B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|-------------------|---------|-------|------|
| | | | | Wind | -2.7 |
| 1 | ee | BONE Ben | W Wales | 25.10 | |
| 2 | bb | SUMMERS Dylan | Chelt | 25.63 | |
| 3 | aa | PRENDERGAST James | C Arch | 27.89 | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

400m U17 Men A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|-------------------|---------|-------|------|
| | | | | Wind | -4.0 |
| 1 | e | REYNOLDS Joseph | W Wales | 51.94 | 3 |
| 2 | a | BUONO Francesco | C Arch | 52.67 | 3 |
| 3 | d | CARR Louis | N Som | 63.81 | |
| 4 | b | HOLDSWORTH Edward | Chelt | 74.48 | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

400m U17 Men B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|-------------------|---------|-------|------|
| | | | | Wind | -2.7 |
| 1 | ee | JONES Dafydd | W Wales | 55.65 | |
| 2 | bb | COMPTON Will | Chelt | 61.47 | |
| 3 | aa | PRENDERGAST James | C Arch | 62.99 | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

800m U17 Men A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|------------------|---------|----------|------|
| | | | | Wind | -4.0 |
| 1 | d | HAMBLIN Benjamin | N Som | 02:01.42 | 3 |
| 2 | e | GRIFFITHS James | W Wales | 02:06.13 | 4 |
| 3 | a | BUONO Francesco | C Arch | 02:08.26 | |
| 4 | b | GODDEN Oscar | Chelt | 02:24.67 | |
| 5 | c | EVANS Josh | EW | 02:57.65 | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

800m U17 Men B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|--------------------|---------|----------|------|
| | | | | Wind | -2.7 |
| 1 | ee | EDWARDS Liam | W Wales | 02:03.50 | 3 |
| 2 | dd | VAN-DE-VELDE Jamie | N Som | 02:16.74 | |
| 3 | bb | STAFRACE Samuel | Chelt | 02:19.51 | |
| 4 | aa | RILEY Huw | C Arch | 02:28.01 | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

UPPER MIDLAND SW Premier Promotion Match @ Swansea
28/07/2019
1500m U17 Men A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|-------------------|---------|----------|-----|
| 1 | e | JONES Dafydd | W Wales | 04:23.02 | 4 |
| 2 | A | GRAHAM Billy | C Arch | 04:27.34 | |
| 3 | D | SCOTT William | N Som | 04:41.19 | |
| 4 | BB | HOLDSWORTH Edward | Chelt | 04:44.00 | |
| 5 | CC | CARRAFA Alex | EW | 04:47.96 | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

1500m U17 Men B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|--------------|---------|----------|-----|
| 1 | AA | RAY Ben | C Arch | 04:40.46 | |
| 2 | B | GODDEN Oscar | Chelt | 04:51.30 | |
| 3 | EE | LILLEY Iwan | W Wales | 04:58.48 | |
| 4 | C | PRICE Evan | EW | 05:20.71 | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

3000m U17 Men A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|----------------|---------|----------|-----|
| 1 | d | LOCK Ollie | N Som | 09:30.73 | 4 |
| 2 | E | HUMPHREYS Iori | W Wales | 09:45.70 | |
| 3 | AA | RILEY Huw | C Arch | 10:06.20 | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

3000m U17 Men B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|---------------|---------|----------|-----|
| 1 | EE | JONES Lewis | W Wales | 09:47.61 | |
| 2 | A | THOMAS Callum | C Arch | 10:19.78 | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

100m Hurdles U17 Men A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|----------------|---------|-------|-----|
| 1 | e | THOMPSON Tyree | W Wales | 14.06 | 2 |
| 2 | a | WALL Zak | C Arch | 14.35 | 3 |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

100m Hurdles U17 Men B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|---------|------|------|-----|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

400m Hurdles U17 Men A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|---------------|------|-------|-----|
| 1 | C | POWELL George | EW | 69.06 | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

400m Hurdles U17 Men B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|---------|------|------|-----|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

UPPER MIDLAND SW Premier Promotion Match @ Swansea
28/07/2019
1500m s/c U17 Men A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|------------------|---------|----------|-----|
| 1 | e | HINES Finlay | W Wales | 04:45.35 | 4 |
| 2 | A | GRAHAM Billy | C Arch | 04:49.97 | 4 |
| 3 | D | HAMBLIN Benjamin | N Som | 05:24.49 | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

1500m s/c U17 Men B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|---------------|---------|----------|-----|
| 1 | EE | LENNOX Samuel | W Wales | 05:12.86 | |
| 2 | DD | CARR Louis | N Som | dnf | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Long Jump U17 Men A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|----------------------|--------|----------|-----|
| 1 | D | GARLAND Harrison | N Som | 5.72 2.3 | 4 |
| 2 | B | BURDEN Luke | Chelt | 5.03 4.3 | |
| 3 | A | MAULLIN-DAVIES Ellis | C Arch | 4.17 5.5 | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Long Jump U17 Men B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|---------------|-------|----------|-----|
| 1 | DD | TAILOR Carlos | N Som | 5.16 1.8 | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

High Jump U17 Men A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|-------------------|---------|------|-----|
| 1 | B | BURDEN Luke | Chelt | 1.70 | 4 |
| 2 | D | GARLAND Harrison | N Som | 1.60 | |
| 3 | A | PRENDERGAST James | C Arch | 1.40 | |
| 4 | E | JONES Dafydd | W Wales | 1.35 | |

High Jump U17 Men B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|---------|------|------|-----|
| | | | | | |

Triple Jump U17 Men A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|---------------|---------|------------|-----|
| 1 | B | BURDEN Luke | Chelt | 10.50 1.42 | |
| 2 | C | POWELL George | EW | 0.50 -1.7 | |
| 3 | A | THOMAS Callum | C Arch | 9.58 -1.45 | |
| 4 | E | LENNOX Samuel | W Wales | 9.19 -0.27 | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Triple Jump U17 Men B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|--------------|--------|------------|-----|
| 1 | BB | COMPTON Will | Chelt | 10.13 0.75 | |
| 2 | AA | RILEY Huw | C Arch | 7.93 -1.24 | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

UPPER MIDLAND SW Premier Promotion Match @ Swansea
28/07/2019
Pole Vault U17 Men A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|------------------|--------|------|-----|
| 1 | A | HOOGENDOORN Efan | C Arch | 3.30 | |

Pole Vault U17 Men B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|----------------------|--------|------|-----|
| 1 | AA | MAULLIN-DAVIES Ellis | C Arch | 2.50 | |

Shot U17 Men A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|----------------|---------|-------|-----|
| 1 | A | WALL Zak | C Arch | 11.69 | 4 |
| 2 | E | PHILLIPS Dylan | W Wales | 10.88 | 4 |
| 3 | C | POWELL George | EW | 10.69 | |
| 4 | B | WADDELL Archie | Chelt | 9.04 | |
| 5 | D | CARR Louis | N Som | 5.95 | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Shot U17 Men B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|------------------|---------|------|-----|
| 1 | EE | COLELLA Kyle | W Wales | 8.16 | |
| 2 | AA | NOTT Josh | C Arch | 6.90 | |
| 3 | DD | HAMBLIN Benjamin | N Som | 5.25 | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Discus U17 Men A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|------------------|---------|-------|-----|
| 1 | B | WADDELL Archie | Chelt | 26.69 | |
| 2 | E | LEWIS Harley | W Wales | 25.78 | |
| 3 | C | WILLIAMS James | EW | 23.25 | |
| 4 | AA | HOOGENDOORN Efan | C Arch | 17.98 | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Discus U17 Men B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|-----------------|---------|-------|-----|
| 1 | EE | COLELLA Kyle | W Wales | 25.74 | |
| 2 | A | BUONO Francesco | C Arch | 9.16 | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Hammer U17 Men A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|----------------|---------|-------|-----|
| 1 | B | COMPTON Will | Chelt | 46.97 | 3 |
| 2 | EE | COLELLA Kyle | W Wales | 19.95 | |
| 3 | C | WILLIAMS James | EW | x | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Hammer U17 Men B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|----------------|---------|-------|-----|
| 1 | E | PHILLIPS Dylan | W Wales | 15.77 | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

UPPER MIDLAND SW Premier Promotion Match @ Swansea
28/07/2019
Javelin U17 Men A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|------------------|---------|-------|-----|
| 1 | E | LEWIS Harley | W Wales | 42.75 | 4 |
| 2 | B | WADDELL Archie | Chelt | 27.73 | |
| 3 | D | GENTILE James | N Som | 20.39 | |
| 4 | A | HOOGENDOORN Efan | C Arch | 15.25 | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Javelin U17 Men B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|----------------------|--------|------|-----|
| 1 | AA | MAULLIN-DAVIES Ellis | C Arch | 9.19 | |
| 2 | DD | LOCK Ollie | N Som | 7.96 | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

4 x 100m U17 Men A

| Posn | No. | Club | Runners | Perf |
|------|-----|---------|--|-------|
| 1 | E | W Wales | BONE Ben THOMPSON Tyree DONNINSON Alistair REYNOLDS Joseph | 45.89 |
| 2 | a | C Arch | WALL Zak NOTT Josh PRENDERGAST James MAULLIN-DAVIES Ellis | 48.26 |
| 3 | b | Chelt | COX Matthew MAHONEY Archie BURDEN Luke SUMMERS Dylan | 49.92 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

4 x 400m U17 Men A

| Posn | No. | Club | Runners | Perf |
|------|-----|---------|--|----------|
| 1 | e | W Wales | HUMPHREYS Iori PHILLIPS Dylan GRIFFITHS James JONES Dafydd | 03:48.09 |
| 2 | a | C Arch | RAY Ben GRAHAM Billy THOMAS Callum BUONO Francesco | 03:56.69 |
| 3 | b | Chelt | STAFRACE Samuel HOLDSWORTH Edward GODDEN Oscar SUMMERS Dylan | 04:10.51 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

UPPER MIDLAND SW Premier Promotion Match @ Swansea
28/07/2019
100m U17 Women A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|----------------|---------|-------|------|
| | | | | Wind | -2.3 |
| 1 | a | MAPPS Caitlyn | C Arch | 12.87 | 4 |
| 2 | b | SHANNON Helena | Chelt | 13.28 | |
| 3 | e | LOWETH Ellie | W Wales | 13.44 | |
| 4 | d | YOUNG Ella | N Som | 13.96 | |
| 5 | c | PRICE Seren | EW | 15.54 | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

100m U17 Women B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|----------------|---------|-------|------|
| | | | | Wind | -4.0 |
| 1 | aa | DAVIES Jodi | C Arch | 13.39 | |
| 2 | bb | PITMAN Grace | Chelt | 13.57 | |
| 3 | ee | WILLIAMS Amber | W Wales | 13.92 | |
| 4 | dd | GOOCH Phoebe | N Som | 14.20 | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

200m U17 Women A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|-----------------|---------|-------|------|
| | | | | Wind | -1.2 |
| 1 | a | MAPPS Caitlyn | C Arch | 26.11 | 3 |
| 2 | b | SHANNON Helena | Chelt | 27.33 | |
| 3 | e | LOWETH Ellie | W Wales | 28.00 | |
| 4 | d | KEEN Chelsea | N Som | 29.98 | |
| 5 | c | PREECE Courtney | EW | 30.78 | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

200m U17 Women B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|------------------|---------|-------|------|
| | | | | Wind | -1.0 |
| 1 | aa | DAVIES Jodi | C Arch | 27.08 | |
| 2 | bb | TOWNEND Felicity | Chelt | 27.68 | |
| 3 | dd | GRAY Isobel | N Som | 28.74 | |
| 4 | ee | MOON Tanwen | W Wales | 29.11 | |
| 5 | cc | MAGWOOD Bethan | EW | 30.68 | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

300m U17 Women A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|------------------|---------|-------|-----|
| 1 | a | EVANS Alaw | C Arch | 42.73 | 3 |
| 2 | e | WILLIAMS Amber | W Wales | 43.86 | 4 |
| 3 | b | KAYLEY Bathsheba | Chelt | 44.13 | 4 |
| 4 | c | PREECE Courtney | EW | 47.90 | |
| 5 | d | HALLETT Isabel | N Som | 49.36 | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

300m U17 Women B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|------------------|---------|-------|-----|
| 1 | bb | TOWNEND Felicity | Chelt | 43.50 | 4 |
| 2 | ee | MOON Tanwen | W Wales | 45.03 | |
| 3 | aa | JACKSON Ella | C Arch | 45.77 | |
| 4 | dd | GRAY Isobel | N Som | 46.43 | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

800m U17 Women A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|----------------|---------|----------|-----|
| 1 | A | CALLOW Aimee | C Arch | 02:19.04 | 3 |
| 2 | b | HANSEN Emma | Chelt | 02:26.59 | |
| 3 | cc | WARD Tiegán | EW | 02:27.28 | |
| 4 | d | HALLETT Isabel | N Som | 02:45.69 | |
| 5 | e | MORRIS Jessica | W Wales | 02:49.04 | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

800m U17 Women B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|---------------|---------|----------|-----|
| 1 | c | CLARK Isabel | EW | 02:32.25 | |
| 2 | bb | WRIGHT Eloise | Chelt | 02:53.96 | |
| 3 | ee | MORGAN Maddie | W Wales | 02:55.53 | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

UPPER MIDLAND SW Premier Promotion Match @ Swansea
28/07/2019
1500m U17 Women A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|------------------|---------|----------|-----|
| 1 | b | SHEPPARD Kaitlyn | Chelt | 04:54.61 | 4 |
| 2 | E | MOON Tanwen | W Wales | 05:30.47 | |
| 3 | D | PEARSON Victoria | N Som | 07:04.72 | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

1500m U17 Women B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|---------------|-------|----------|-----|
| 1 | BB | WRIGHT Eloise | Chelt | 05:45.67 | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

3000m U17 Women A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|------------------|---------|----------|-----|
| 1 | b | SHEPPARD Kaitlyn | Chelt | 10:27.79 | 3 |
| 2 | E | MORRIS Jessica | W Wales | 12:29.24 | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

3000m U17 Women B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|---------|------|------|-----|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

80m Hurdles U17 Women A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|--------------------|--------|-------|-----|
| 1 | a | ISAAC Ellie Rose | C Arch | 12.56 | 4 |
| 2 | d | BOLT Hannah | N Som | 13.44 | |
| 3 | c | MAGWOOD Bethan | EW | 13.70 | |
| 4 | b | KIEY-THOMAS Isabel | Chelt | 13.88 | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

80m Hurdles U17 Women B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|------------------|--------|-------|-----|
| 1 | dd | BROOKS Stephanie | N Som | 13.70 | |
| 2 | cc | CORDEN Alice | EW | 14.50 | |
| 3 | aa | DINEEN Elina | C Arch | 19.65 | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

300m Hurdles U17 Women A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|-------------------|---------|-------|-----|
| 1 | A | EVANS Alaw | C Arch | 46.03 | 3 |
| 2 | d | BROOKS Stephanie | N Som | 46.36 | 3 |
| 3 | e | JENKINS Flavia | W Wales | 48.65 | 4 |
| 4 | b | DWERRYHOUSE Emily | Chelt | 49.05 | 4 |
| 5 | c | WARD Tiegan | EW | 49.95 | 4 |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

300m Hurdles U17 Women B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|------------------|---------|-------|-----|
| 1 | ee | LOWETH Ellie | W Wales | 54.01 | |
| 2 | aa | DINEEN Elina | C Arch | 54.09 | |
| 3 | dd | FORSBROOK Alysha | N Som | 62.39 | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

UPPER MIDLAND SW Premier Promotion Match @ Swansea
28/07/2019
1500m s/c U17 Women A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|-------------------|-------|----------|-----|
| 1 | d | BALLENTINE Connie | N Som | 07:41.77 | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

1500m s/c U17 Women B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|------------------|-------|----------|-----|
| 1 | DD | FORSBROOK Alysha | N Som | 07:54.99 | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Long Jump U17 Women A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|-------------------|---------|----------|-----|
| 1 | E | JENKINS Flavia | W Wales | 5.06 1.9 | 4 |
| 2 | A | MILES Ellie | C Arch | 4.97 2.0 | 4 |
| 3 | C | CORDEN Alice | EW | 4.61 4.4 | |
| 4 | DD | KEEN Chelsea | N Som | 4.05 4.6 | |
| 5 | B | DWERRYHOUSE Emily | Chelt | 3.57 2.7 | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Long Jump U17 Women B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|---------------|---------|----------|-----|
| 1 | AA | DINEEN Elina | C Arch | 4.90 2.1 | 4 |
| 2 | D | YOUNG Ella | N Som | 4.0 3.3 | |
| 3 | EE | MORGAN Maddie | W Wales | 3.54 3.2 | |
| 4 | BB | SPENCER Emily | Chelt | 3.18 1.4 | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

High Jump U17 Women A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|---------------|---------|------|-----|
| 1 | E | CHURCH Lili | W Wales | 1.60 | |
| 2= | A | DOMICAN Rosie | C Arch | 1.60 | |
| 2= | B | CRAWLEY Lily | Chelt | 1.60 | |
| 4 | D | GOOCH Phoebe | N Som | 1.55 | 3 |

High Jump U17 Women B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|----------------|---------|------|-----|
| 1= | AA | PASLEY Josie | C Arch | 1.40 | |
| 1= | EE | JENKINS Flavia | W Wales | 1.40 | |

Triple Jump U17 Women A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|-----------------|---------|-------|-----|
| 1 | A | BROUGHTON Lowri | C Arch | 10.32 | 3 |
| 2 | E | MORGAN Maddie | W Wales | 10.23 | 3 |
| 3 | C | CORDEN Alice | EW | 10.13 | 3 |
| 4 | B | CRAWLEY Lily | Chelt | 9.89 | 4 |
| 5 | D | GOOCH Phoebe | N Som | 9.73 | 4 |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Triple Jump U17 Women B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|-------------|--------|------|-----|
| 1 | AA | MILES Ellie | C Arch | 9.90 | 4 |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

UPPER MIDLAND SW Premier Promotion Match @ Swansea
28/07/2019
Pole Vault U17 Women A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|-------------|---------|------|-----|
| 1 | A | HAMER Maddi | C Arch | 3.00 | |
| 2 | E | CHURCH Lili | W Wales | 1.70 | |

Pole Vault U17 Women B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|-----------------|--------|------|-----|
| 1 | AA | BROUGHTON Lowri | C Arch | 2.60 | |

Shot U17 Women A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|--------------------|---------|-------|-----|
| 1 | A | BEDDALL Ellie | C Arch | 11.49 | 2 |
| 2 | E | WILLIAMS Nia | W Wales | 11.31 | 2 |
| 3 | B | KIEY-THOMAS Isabel | Chelt | 9.62 | 4 |
| 4 | DD | BALLENTINE Connie | N Som | 7.61 | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Shot U17 Women B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|----------------------|--------|------|-----|
| 1 | AA | JACKSON Ella | C Arch | 9.43 | 4 |
| 2 | BB | BURNETT-HOCKEY Jodie | Chelt | 7.77 | |
| 3 | D | BECKER Christina | N Som | 6.83 | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Discus U17 Women A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|------------------|---------|-------|-----|
| 1 | A | BEDDALL Ellie | C Arch | 29.05 | 3 |
| 2 | E | WILLIAMS Nia | W Wales | 27.84 | 4 |
| 3 | D | BECKER Christina | N Som | 19.60 | |
| 4 | BB | WEBB Jorja | Chelt | 19.13 | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Discus U17 Women B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|------------------|---------|-------|-----|
| 1 | AA | JACKSON Ella | C Arch | 25.86 | 4 |
| 2 | EE | POWELL Grace | W Wales | 17.65 | |
| 3 | B | HARVEY Maisy | Chelt | 17.41 | |
| 4 | DD | PEARSON Victoria | N Som | 10.37 | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Hammer U17 Women A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|------------------|---------|-------|-----|
| 1 | B | HARVEY Maisy | Chelt | 44.25 | 2 |
| 2 | E | HAMES Emma | W Wales | 41.49 | 3 |
| 3 | D | BECKER Christina | N Som | 31.80 | 4 |
| 4 | A | BEDDALL Ellie | C Arch | 25.06 | |
| 5 | C | PRICE Seren | EW | 20.49 | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Hammer U17 Women B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|------------------|--------|-------|-----|
| 1 | BB | WEBB Jorja | Chelt | 21.26 | |
| 2 | AA | BROUGHTON Lowri | C Arch | 19.60 | |
| 3 | DD | FORSBROOK Alysha | N Som | 13.14 | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

UPPER MIDLAND SW Premier Promotion Match @ Swansea
28/07/2019
Javelin U17 Women A

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|----------------------|---------|-------|-----|
| 1 | B | BURNETT-HOCKEY Jodie | Chelt | 28.05 | |
| 2 | E | CHURCH Lili | W Wales | 27.89 | |
| 3 | C | PRICE Seren | EW | 27.00 | |
| 4 | D | BROOKS Stephanie | N Som | 24.44 | |
| 5 | A | PASLEY Josie | C Arch | 23.17 | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Javelin U17 Women B

| Posn | Bib | Athlete | Club | Perf | AAA |
|------|-----|------------------|---------|-------|-----|
| 1 | EE | POWELL Grace | W Wales | 22.65 | |
| 2 | BB | HARVEY Maisy | Chelt | 16.86 | |
| 3 | AA | ISAAC Ellie Rose | C Arch | x | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

4 x 100m U17 Women A

| Posn | No. | Club | Runners | Perf |
|------|-----|---------|--|-------|
| 1 | d | N Som | YOUNG Ella BROOKS Stephanie BOLT Hannah GOOCH Phoebe | 52.49 |
| 2 | b | Chelt | SPENCER Emily PITMAN Grace KIEY-THOMAS Isabel SHANNON Helena | 53.40 |
| 3 | a | C Arch | DINEEN Elina MORGAN Isabel MILES Ellie ISAAC Ellie Rose | 54.54 |
| 4 | e | W Wales | MORGAN Maddie CHURCH Lili WILLIAMS Nia LOWETH Ellie | 55.39 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

4 x 300m U17 Women A

| Posn | No. | Club | Runners | Perf |
|------|-----|---------|---|----------|
| 1 | a | C Arch | EVANS Alaw MAPPS Caitlyn JACKSON Ella CALLOW Aimee | 02:55.73 |
| 2 | b | Chelt | WEBB Jorja DWERRYHOUSE Emily HANSEN Emma KAYLEY Bathsheba | 03:02.26 |
| 3 | e | W Wales | JENKINS Flavia WILLIAMS Amber MORRIS Jessica MOON Tanwen | 03:03.23 |
| 4 | D | N Som | GRAY Isobel HALLETT Isabel FORSBROOK Alysha BALLENTINE Connie | 03:23.62 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |


UPPER MIDLAND SW Premier Promotion Match @ Swansea

28/07/2019

No records returned.

| | | | | | | | | | |
|------|----|---------------|------|-------|------|---|--|------|-----|
| | | | | Perf | W/S | | | Perf | W/S |
| U17W | 38 | MORGAN Isabel | 80mh | 13.39 | -2.5 |  | | | |
| U17W | 38 | MORGAN Isabel | LJ | 4.75 | 2.5 |  | | | |

| | | | | | | | | | | | |
|------|----|---------------|------|-------|------|--|---|---------------|------|-------|------|
| U17M | 55 | James Gentile | 200m | Perf | W/S | | 5 | BOLT Hannah X | 100m | Perf | W/S |
| | | | | 25.77 | -1.4 | | | | | 13.59 | -2.8 |

| | | | | | | | | | | | |
|------|----|--------------------|------|--------|------|---|--|--|--|------|-----|
| U20M | 20 | Ollie Wheeler | 200m | Perf | W/S |  | | | | Perf | W/S |
| U20M | 21 | Ollie Wheeler | 100m | 23.78 | -1.4 | | | | | | |
| U20M | 23 | Dafydd Lewis | 100m | 11.89 | -3.8 | | | | | | |
| U20M | 23 | Dafydd Lewis | 100m | 12.37 | -3.8 | | | | | | |
| U17M | 24 | Alistair Donninson | 100m | 12.11 | -4.1 | | | | | | |
| U17M | 24 | Alistair Donninson | 200m | 24.23 | -2.7 | | | | | | |
| U17M | 15 | Lewis Jones | 800m | 2.2129 | | | | | | | |
| | | | | Perf | W/S | | | | | Perf | W/S |

Perf W/S Perf W/S

Perf W/S Perf W/S