

LEVEL	UPPER	Track Events Start in Lane
REGION	MIDLAND	
DIVISION	South West A	
MATCH	1	
P/FINISH	YES	2

Date Sunday, May 30 2021

Venue RON JONES TRACK ABERDARE

Host Club South Wales ©

Bib	Team Name	Abbrev.	Officials	Track1	Track2	Relays	Field	Total
1	Cardiff Athletics	Card		78.0	14.0		34.0	126.0
2	Cardiff Archers AC	C Arch		64.0	26.0		88.0	178.0
3	South Wales ©	S Wales		52.0	22.0		79.0	153.0
4	Swansea Harriers AC	Swan		46.0	25.0		70.0	141.0
5	West Wales ©	W Wales		79.0	6.0		47.0	132.0
-								
-								
-								

Posn	Team Name	Points	League	Men *	Women *	Total M	Total L	Standings
1	Cardiff Archers AC	178.0	5.0	60.00	118.00	178.0	5.0	1
2	South Wales ©	153.0	4.0	73.00	68.00	153.0	4.0	2
3	Swansea Harriers AC	141.0	3.0	76.00	56.00	141.0	3.0	3
4	West Wales ©	132.0	2.0			132.0	2.0	4
5	Cardiff Athletics	126.0	1.0	58.00	95.00	126.0	1.0	5
				54.00	72.00			
	* exclude officials points							

TOTAL EVENTS	76
NO COMPETITORS/EVENT CANCELLED/NMR	46
EVENT SCORED	29
REMAINING	<u>1</u>

**UPPER MIDLAND South West A RON JONES TRACK ABERDARE**
**30/05/2021**
**100m U20 Men A**

Posn	No.	Athlete	Club	Perf	Wind
					-0.3
1	1	Alex AZU KENNEDY	Card	10.93	AAA
2	5	Garin MEREDITH	W Wales	11.55	2
3	4	Joseph BERESFORD (U17)	Swan	12.23	
4	3	Thomas DAVIES	S Wales	12.40	
5					
6					
7					
8					

**100m U20 Men B**

Posn	No.	Athlete	Club	Perf	Wind
					-0.1
1	11	Luca LOGUE-FONSECA	Card	11.37	AAA
2	55	Liam TOPP (U17)	W Wales	11.43	
3	44	Owain CLARKE	Swan	12.06	
4					
5					
6					
7					
8					

**200m U20 Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	99				AAA
2					
3					
4					
5					
6					
7					
8					

**200m U20 Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	99				AAA
2					
3					
4					
5					
6					
7					
8					

**400m U20 Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	99				AAA
2					
3					
4					
5					
6					
7					
8					

**400m U20 Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	99				AAA
2					
3					
4					
5					
6					
7					
8					

**800m U20 Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	4	Charlie HARRIS (U17)	Swan	02:11.14	AAA
2	2	Callum THOMAS	C Arch	02:13.27	
3	1	Huw RILEY	Card	02:14.77	
4					
5					
6					
7					
8					

**800m U20 Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	22	Francesco BUONO	C Arch	02:06.70	AAA
2	33	Joss PHILLIPS	S Wales	02:10.96	
3	11	Ben DEMELLWEEK	Card	02:12.78	
4					
5					
6					
7					
8					

**UPPER MIDLAND South West A RON JONES TRACK ABERDARE**
**30/05/2021**
**1500m U20 Men A**

Posn	No.	Athlete	Club	Perf	AAA
1	99				
2					
3					
4					
5					
6					
7					
8					

**1500m U20 Men B**

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**3000m U20 Men A**

Posn	No.	Athlete	Club	Perf	AAA
1	99				
2					
3					
4					
5					
6					
7					
8					

**3000m U20 Men B**

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**110m Hurdles U20 Men A**

Posn	No.	Athlete	Club	Perf	AAA
			Wind	-0.4	
1	5	Tyree THOMPSON	W Wales	15.03	3
2					
3					
4					
5					
6					
7					
8					

**110m Hurdles U20 Men B**

Posn	No.	Athlete	Club	Perf	AAA
			Wind		
1					
2					
3					
4					
5					
6					
7					
8					

**400m Hurdles U20 Men A**

Posn	No.	Athlete	Club	Perf	AAA
1	98				
2					
3					
4					
5					
6					
7					
8					

**400m Hurdles U20 Men B**

Posn	No.	Athlete	Club	Perf	AAA
1	98				
2					
3					
4					
5					
6					
7					
8					

**UPPER MIDLAND South West A RON JONES TRACK ABERDARE**
**30/05/2021**
**2000m s/c U20 Men A**

Posn	No.	Athlete	Club	Perf	AAA
1	98				
2					
3					
4					
5					
6					
7					
8					

**2000m s/c U20 Men B**

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**Long Jump U20 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	1	Ben VINCENT	Card	5.95 -0.6	
2	4	Ryan PRICE	Swan	5.50 +0.0	
3	3	Thomas DAVIES	S Wales	4.77 +0.5	
4					
5					
6					
7					
8					

**Long Jump U20 Men B**

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**High Jump U20 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	99		Event Canc		

**High Jump U20 Men B**

Posn	Bib	Athlete	Club	Perf	AAA

**Triple Jump U20 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	2		C Arch	33.0	1
2					
3					
4					
5					
6					
7					
8					

**Triple Jump U20 Men B**

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**UPPER MIDLAND South West A RON JONES TRACK ABERDARE**
**30/05/2021**
**Pole Vault U20 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	98		No Compet		

**Pole Vault U20 Men B**

Posn	Bib	Athlete	Club	Perf	AAA

**Shot U20 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	99		Event Canc		
2					
3					
4					
5					
6					
7					
8					

**Shot U20 Men B**

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**Discus U20 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	5	Harry DAVIES	W Wales	48.28	1
2	2	Jake KNIGHT	C Arch	39.18	3
3	4	Joshua WILTON	Swan	38.65	3
4	3	Hamza DAVIES	S Wales	23.18	
5					
6					
7					
8					

**Discus U20 Men B**

Posn	Bib	Athlete	Club	Perf	AAA
1	44	Oscar DUN	Swan	34.45	
2					
3					
4					
5					
6					
7					
8					

**Hammer U20 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	33	James HAYWARD (U17)	S Wales	29.98	
2					
3					
4					
5					
6					
7					
8					

**Hammer U20 Men B**

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**UPPER MIDLAND South West A RON JONES TRACK ABERDARE**
**30/05/2021**
**Javelin U20 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	99		Event Canc		
2					
3					
4					
5					
6					
7					
8					

**Javelin U20 Men B**

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**4 x 100m U20 Men A**

Posn	No.	Club	Runners	Perf
1	99	Event Cancelled		
2				
3				
4				
5				
6				
7				
8				

**4 x 400m U20 Men A**

Posn	No.	Club	Runners	Perf
1	99	Event Cancelled		
2				
3				
4				
5				
6				
7				
8				

**UPPER MIDLAND South West A RON JONES TRACK ABERDARE**
**30/05/2021**
**100m U20 Women A**

Posn	No.	Athlete	Wind	Club	Perf	AAA
1	99					
2						
3						
4						
5						
6						
7						
8						

**100m U20 Women B**

Posn	No.	Athlete	Wind	Club	Perf	AAA
1	99					
2						
3						
4						
5						
6						
7						
8						

**200m U20 Women A**

Posn	No.	Athlete	Wind	Club	Perf	AAA
1	2	Caitlyn MAPPS	+0.1	C Arch	24.21	1
2	1	Gabby DICKINSON		Card	26.58	
3	5	Ellie LOWETH		W Wales	27.42	
4	3	Niamh O'BRIEN		S Wales	29.51	
5						
6						
7						
8						

**200m U20 Women B**

Posn	No.	Athlete	Wind	Club	Perf	AAA
1	22	Isabella WIGLEY (U17)	+0.1	C Arch	26.44	
2	55	Hannah CARPENTER (U17)		W Wales	28.67	
3	33	Chloe PIGGOTT		S Wales	33.01	
4						
5						
6						
7						
8						

**400m U20 Women A**

Posn	No.	Athlete	Club	Perf	AAA
1	3	Catrin RYDER	S Wales	70.99	
2	5	Danielle WILLIAMS	W Wales	74.88	
3					
4					
5					
6					
7					
8					

**400m U20 Women B**

Posn	No.	Athlete	Club	Perf	AAA
1	33	Chloe PIGGOTT	S Wales	77.56	
2					
3					
4					
5					
6					
7					
8					

**800m U20 Women A**

Posn	No.	Athlete	Club	Perf	AAA
1	99				
2					
3					
4					
5					
6					
7					
8					

**800m U20 Women B**

Posn	No.	Athlete	Club	Perf	AAA
1	99				
2					
3					
4					
5					
6					
7					
8					

**UPPER MIDLAND South West A RON JONES TRACK ABERDARE**
**30/05/2021**
**1500m U20 Women A**

Posn	No.	Athlete	Club	Perf	AAA
1	4	Ashleigh WILLIS	Swan	04:57.70	
2	2	Alanah HILL	C Arch	05:10.99	
3	3	Caitlyn ROBERTS	S Wales	05:17.09	
4					
5					
6					
7					
8					

**1500m U20 Women B**

Posn	No.	Athlete	Club	Perf	AAA
1	44	Tiffany REES (U17)	Swan	05:18.73	
2	22	Emily DENT (U17)	C Arch	05:44.53	
3	33	Catrin RYDER	S Wales	05:51.89	
4					
5					
6					
7					
8					

**3000m U20 Women A**

Posn	No.	Athlete	Club	Perf	AAA
1	98				
2					
3					
4					
5					
6					
7					
8					

**3000m U20 Women B**

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**100m Hurdles U20 Women A**

Posn	No.	Athlete	Club	Perf	AAA	Wind
1	99					
2						
3						
4						
5						
6						
7						
8						

**100m Hurdles U20 Women B**

Posn	No.	Athlete	Club	Perf	AAA	Wind
1	99					
2						
3						
4						
5						
6						
7						
8						

**400m Hurdles U20 Women A**

Posn	No.	Athlete	Club	Perf	AAA
1	99				
2					
3					
4					
5					
6					
7					
8					

**400m Hurdles U20 Women B**

Posn	No.	Athlete	Club	Perf	AAA
1	99				
2					
3					
4					
5					
6					
7					
8					



**UPPER MIDLAND South West A RON JONES TRACK ABERDARE**
**30/05/2021**
**1500m s/c U20 Women A**

Posn	No.	Athlete	Club	Perf	AAA
1	99				
2					
3					
4					
5					
6					
7					
8					

**TD10 1500m s/c U20 Women B**

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**Long Jump U20 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	99		Event Canc		
2					
3					
4					
5					
6					
7					
8					

**Long Jump U20 Women B**

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**High Jump U20 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	1	Gabby DICKINSON	Card	1.60	
2	2	Rosie DOMICAN	C Arch	1.55	

**High Jump U20 Women B**

Posn	Bib	Athlete	Club	Perf	AAA

**Triple Jump U20 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	5	Beca ROBERTS	W Wales	11.28 +0.0	2
2	1	Sadie GRAHAM-MULVANEY	Card	10.0 +0.0	
3	2	Isabella WIGLEY (U17)	C Arch	9.78 +0.9	
4	4	Phoebe DAVIES	Swan	8.81 -0.3	
5					
6					
7					
8					

**Triple Jump U20 Women B**

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

UPPER MIDLAND South West A RON JONES TRACK ABERDARE
30/05/2021
Pole Vault U20 Women A

Posn	Bib	Athlete	Club	Perf	AAA
1	99		Event Canc		

Pole Vault U20 Women B

Posn	Bib	Athlete	Club	Perf	AAA

Shot U20 Women A

Posn	Bib	Athlete	Club	Perf	AAA
1	4	Jamie HOLLAND	Swan	11.08	2
2	2	Ellie BEDDALL	C Arch	10.48	3
3	3	Niamh O'BRIEN	S Wales	6.12	
4					
5					
6					
7					
8					

Shot U20 Women B

Posn	Bib	Athlete	Club	Perf	AAA
1	22	Ellie Rose ISAAC	C Arch	X	
2					
3					
4					
5					
6					
7					
8					

Discus U20 Women A

Posn	Bib	Athlete	Club	Perf	AAA
1	99		Event Canc		
2					
3					
4					
5					
6					
7					
8					

Discus U20 Women B

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

Hammer U20 Women A

Posn	Bib	Athlete	Club	Perf	AAA
1	99		Event Canc		
2					
3					
4					
5					
6					
7					
8					

Hammer U20 Women B

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**UPPER MIDLAND South West A RON JONES TRACK ABERDARE**
**30/05/2021**
**Javelin U20 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	4	Jamie HOLLAND	Swan	33.69	3
2	1	Lily GREGSON	Card	28.88	
3	2	Ellie Rose ISAAC	C Arch	21.70	
4	3	Niamh O'BRIEN	S Wales	15.62	
5					
6					
7					
8					

**Javelin U20 Women B**

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**4 x 100m U20 Women A**

Posn	No.	Club	Runners	Perf
1	99	Event Cancelled		
2				
3				
4				
5				
6				
7				
8				

**4 x 400m U20 Women A**

Posn	No.	Club	Runners	Perf
1	99	Event Cancelled		
2				
3				
4				
5				
6				
7				
8				

**UPPER MIDLAND South West A RON JONES TRACK ABERDARE**
**30/05/2021**
**100m U17 Women A**

Posn	No.	Athlete	Wind Club	Perf	AAA
1	99				
2					
3					
4					
5					
6					
7					
8					

**100m U17 Women B**

Posn	No.	Athlete	Wind Club	Perf	AAA
1	99				
2					
3					
4					
5					
6					
7					
8					

**200m U17 Women A**

Posn	No.	Athlete	Wind Club	Perf	+1.3 AAA
1	A	Kya PLACIDE	Card	27.04	
2	D	Chloe SIMMONITE	Swan	28.00	
3	B	Katie GILL	C Arch	28.57	
4	E	Gabrielle LAU	W Wales	29.46	
5	C	Abi JARVIS	S Wales	31.22	
6					
7					
8					

**200m U17 Women B**

Posn	No.	Athlete	Wind Club	Perf	+0.1 AAA
1	AA	Molly TYPE	Card	28.48	
2	BB	Sophie DAVIES	C Arch	29.92	
3	CC	Sophie HARRIS	S Wales	31.34	
4	EE	Darcy WILLIAMS	W Wales	32.03	
5					
6					
7					
8					

**300m U17 Women A**

Posn	No.	Athlete	Club	Perf	AAA
1	E	Ella WINTLE	W Wales	41.19	2
2	A	Lily REES-THOMAS	Card	44.09	4
3	B	Emily DENT	C Arch	45.51	
4	C	Ffion LIGHTFOOT	S Wales	51.10	
5					
6					
7					
8					

**300m U17 Women B**

Posn	No.	Athlete	Club	Perf	AAA
1	AA	Francesca MORGAN	Card	45.13	
2	EE	Amy TUCKER	W Wales	48.53	
3	CC	Abi JARVIS	S Wales	51.15	
4					
5					
6					
7					
8					

**800m U17 Women A**

Posn	No.	Athlete	Club	Perf	AAA
1	99				
2					
3					
4					
5					
6					
7					
8					

**800m U17 Women B**

Posn	No.	Athlete	Club	Perf	AAA
1	99				
2					
3					
4					
5					
6					
7					
8					

**UPPER MIDLAND South West A RON JONES TRACK ABERDARE**
**30/05/2021**
**1500m U17 Women A**

Posn	No.	Athlete	Club	Perf	AAA
1	AA	Yasmin HADID	Card	05:12.57	
2	E	Ffion OUSELEY	W Wales	05:25.76	
3	B	Rose PRENDERGAST	C Arch	05:38.16	
4	C	Mia ALLEN	S Wales	05:59.78	
5					
6					
7					
8					

**1500m U17 Women B**

Posn	No.	Athlete	Club	Perf	AAA
1	A	Freya HUGHES-ROLLS	Card	05:13.10	
2	BB	Anna BROOKS	C Arch	DNF	
3					
4					
5					
6					
7					
8					

**3000m U17 Women A**

Posn	No.	Athlete	Club	Perf	AAA
1	B	Sophie KNOYLE	C Arch	10:48.12	4
2	CC	Caitlin JONES	S Wales	11:09.33	4
3	DD	Ella DAVIES	Swan	11:16.04	4
4					
5					
6					
7					
8					

**3000m U17 Women B**

Posn	No.	Athlete	Club	Perf	AAA
1	D	Mai DAVIES	Swan	11:43.36	
2	C	Nia REDDY	S Wales	11:59.20	
3	BB	Erin lucie WILLIAMS	C Arch	12:29.04	
4					
5					
6					
7					
8					

**80m Hurdles U17 Women A**

Posn	No.	Athlete	Club	Perf	AAA
1	99				
2					
3					
4					
5					
6					
7					
8					

**80m Hurdles U17 Women B**

Posn	No.	Athlete	Club	Perf	AAA
1	99				
2					
3					
4					
5					
6					
7					
8					

**300m Hurdles U17 Women A**

Posn	No.	Athlete	Club	Perf	AAA
1	99				
2					
3					
4					
5					
6					
7					
8					

**300m Hurdles U17 Women B**

Posn	No.	Athlete	Club	Perf	AAA
1	99				
2					
3					
4					
5					
6					
7					
8					

**UPPER MIDLAND South West A RON JONES TRACK ABERDARE**
**30/05/2021**
**1500m s/c U17 Women A**

Posn	No.	Athlete	Club	Perf	AAA
1	99				
2					
3					
4					
5					
6					
7					
8					

**1500m s/c U17 Women B**

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**Long Jump U17 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	99		Event Canc		
2					
3					
4					
5					
6					
7					
8					

**Long Jump U17 Women B**

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**High Jump U17 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	B	Sophie LISK	C Arch	1.55	
2	A	Megan HASTINGS	Card	1.45	
3	C	Sophie HARRIS	S Wales	1.40	

**High Jump U17 Women B**

Posn	Bib	Athlete	Club	Perf	AAA
1	CC	Abi JARVIS	S Wales	X	

**Triple Jump U17 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	BB	Sophie DAVIES	C Arch	9.11 +2.3	
2	C	Sophie HARRIS	S Wales	8.40 +0.4	
3					
4					
5					
6					
7					
8					

**Triple Jump U17 Women B**

Posn	Bib	Athlete	Club	Perf	AAA
1	B	Jasmine HAYDEN	C Arch	8.96 0.0	
2	CC	Taryn WARD	S Wales	7.65 +1.4	
3					
4					
5					
6					
7					
8					

**UPPER MIDLAND South West A RON JONES TRACK ABERDARE**
**30/05/2021**
**Pole Vault U17 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	99		Event Canc		

**Pole Vault U17 Women B**

Posn	Bib	Athlete	Club	Perf	AAA

**Shot U17 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	B	Katie GILL	C Arch	7.77	
2	D	Emilia EVANS	Swan	7.33	
3	CC	Nia REDDY	S Wales	6.25	
4					
5					
6					
7					
8					

**Shot U17 Women B**

Posn	Bib	Athlete	Club	Perf	AAA
1	C	Tarian PHILLIPS	S Wales	6.07	
2					
3					
4					
5					
6					
7					
8					

**Discus U17 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	99		Event Canc		
2					
3					
4					
5					
6					
7					
8					

**Discus U17 Women B**

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**Hammer U17 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	99		Event Canc		
2					
3					
4					
5					
6					
7					
8					

**Hammer U17 Women B**

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**UPPER MIDLAND South West A RON JONES TRACK ABERDARE**
**30/05/2021**
**Javelin U17 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	B	Rebecca HOLLEY	C Arch	39.03	2
2	E	Lleucu LLOYD	W Wales	38.20	2
3	D	Chloe JONES	Swan	37.26	2
4	CC	Nia REDDY	S Wales	11.37	
5					
6					
7					
8					

**Javelin U17 Women B**

Posn	Bib	Athlete	Club	Perf	AAA
1	DD	Lucy HARRIS	Swan	26.19	
2	BB	Sophie LISK	C Arch	24.12	
3	EE	Jessica RAYMOND	W Wales	22.90	
4	C	Jessica DAVIES	S Wales	x	
5					
6					
7					
8					

**4 x 100m U17 Women A**

Posn	No.	Club	Runners	Perf
1	99	Event Cancelled		
2				
3				
4				
5				
6				
7				
8				

**4 x 300m U17 Women A**

Posn	No.	Club	Runners	Perf
1	99	Event Cancelled		
2				
3				
4				
5				
6				
7				
8				



**UPPER MIDLAND South West A RON JONES TRACK ABERDARE**
**30/05/2021**
**100m U17 Men A**

Posn	No.	Athlete
1	A	Jac PATTERSON
2	E	Liam TOPP
3	D	Joshua KENNY
4	B	Sam NEALE
5	C	Mabon RHYS
6		
7		
8		

Wind	-2.3
Club	Perf
Card	11.43
W Wales	11.57
Swan	12.07
C Arch	12.32
S Wales	12.33

**100m U17 Men B**

Posn	No.	Athlete
1	EE	Harrison WHEELER
2	AA	Max DAVIES
3	BB	Finley KEANE
4	DD	Jacob DOWLING
5		
6		
7		
8		

Wind	-0.2
Club	Perf
W Wales	11.85
Card	12.32
C Arch	12.44
Swan	14.15

**200m U17 Men A**

Posn	No.	Athlete
1	99	
2		
3		
4		
5		
6		
7		
8		

Wind	
Club	Perf
	AAA

**200m U17 Men B**

Posn	No.	Athlete
1	99	
2		
3		
4		
5		
6		
7		
8		

Wind	
Club	Perf
	AAA

**400m U17 Men A**

Posn	No.	Athlete
1	99	
2		
3		
4		
5		
6		
7		
8		

Club	Perf
	AAA

**400m U17 Men B**

Posn	No.	Athlete
1	99	
2		
3		
4		
5		
6		
7		
8		

Club	Perf
	AAA

**800m U17 Men A**

Posn	No.	Athlete
1	D	Tom ATTWOOD
2	A	Ben FARRELL
3	B	Loui CAMILLERI
4	C	Aidan JONES
5		
6		
7		
8		

Club	Perf
Swan	02:06.90
Card	02:08.30
C Arch	02:09.20
S Wales	02:28.10

**Manual times**
**800m U17 Men B**

Posn	No.	Athlete
1	AA	Hari ELIAS
2	DD	Joshua PRITCHARD
3	CC	Leroy GRIFFITHS
4		
5		
6		
7		
8		

Club	Perf
Card	02:17.00
Swan	02:20.50
S Wales	02:34.10

**Manual times**

**UPPER MIDLAND South West A RON JONES TRACK ABERDARE**
**30/05/2021**
**1500m U17 Men A**

Posn	No.	Athlete	Club	Perf	AAA
1	99				
2					
3					
4					
5					
6					
7					
8					

**1500m U17 Men B**

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**3000m U17 Men A**

Posn	No.	Athlete	Club	Perf	AAA
1	99				
2					
3					
4					
5					
6					
7					
8					

**3000m U17 Men B**

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**100m Hurdles U17 Men A**

Posn	No.	Athlete	Club	Perf	AAA
			Wind	+0.3	
1	E	Osian ROBERTS	W Wales	14.64	4
2	B	Iolo GRANT	C Arch	15.52	
3	D	Evan COLE	Swan	15.91	
4					
5					
6					
7					
8					

**100m Hurdles U17 Men B**

Posn	No.	Athlete	Club	Perf	AAA
			Wind		
1					
2					
3					
4					
5					
6					
7					
8					

**400m Hurdles U17 Men A**

Posn	No.	Athlete	Club	Perf	AAA
1	E	Luke THOMAS	W Wales	69.03	
2	B	Finley KEANE	C Arch	74.70	
3					
4					
5					
6					
7					
8					

**400m Hurdles U17 Men B**

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**UPPER MIDLAND South West A RON JONES TRACK ABERDARE**
**30/05/2021**
**1500m s/c U17 Men A**

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**1500m s/c U17 Men B**

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**Long Jump U17 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	E	Iolo GRIFFITHS	W Wales	5.99 3.0	3
2	B	Iolo GRANT	C Arch	5.48 0.8	
3	D	Evan COLE	Swan	4.91 1.8	
4	C	Mabon RHYS	S Wales	4.91 2.7	
5					
6					
7					
8					

**Long Jump U17 Men B**

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**High Jump U17 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	99		Event Canc		

**High Jump U17 Men B**

Posn	Bib	Athlete	Club	Perf	AAA

**Triple Jump U17 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	99		Event Canc		
2					
3					
4					
5					
6					
7					
8					

**Triple Jump U17 Men B**

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**UPPER MIDLAND South West A RON JONES TRACK ABERDARE**
**30/05/2021**
**Pole Vault U17 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	98		No Compet		

**Pole Vault U17 Men B**

Posn	Bib	Athlete	Club	Perf	AAA

**Shot U17 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	99		Event Canc		
2					
3					
4					
5					
6					
7					
8					

**Shot U17 Men B**

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**Discus U17 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	E	Michael JENKINS	W Wales	42.97	1
2	D	Macsen HOLLAND	Swan	31.41	4
3	C	James HAYWARD	S Wales	22.35	
4	B	Finley KEANE	C Arch	18.98	
5					
6					
7					
8					

**Discus U17 Men B**

Posn	Bib	Athlete	Club	Perf	AAA
1	CC	Zakk PUGH	S Wales	14.37	
2					
3					
4					
5					
6					
7					
8					

**Hammer U17 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	CC	James HAYWARD	S Wales	38.88	4
2	EE	Sammy THOMAS	W Wales	36.49	
3	DD	Macsen HOLLAND	Swan	22.67	
4					
5					
6					
7					
8					

**Hammer U17 Men B**

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**UPPER MIDLAND South West A RON JONES TRACK ABERDARE**

**30/05/2021**

**Javelin U17 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	99		Event Canc		
2					
3					
4					
5					
6					
7					
8					

**Javelin U17 Men B**

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**4 x 100m U17 Men A**

Posn	No.	Club	Runners	Perf
1	99	Event Cancelled		
2				
3				
4				
5				
6				
7				
8				

**4 x 400m U17 Men A**

Posn	No.	Club	Runners	Perf
1	99	Event Cancelled		
2				
3				
4				
5				
6				
7				
8				

UPPER MIDLAND South West A RON JONES TRACK ABERDARE

30/05/20

<u>bib</u>	<u>athlete</u>	club	event	agegroup	<i>performance</i>	wind
					-	
50	Ellis JONES	Cardiff Athletics	100m	U20 Men	11.90	-0.1
55	Jersey JONES	Cardiff Athletics	200m	U17 Women	29.13	+0.1
56	Millie WEBB	Cardiff Athletics	300m	U17 Women	43.61	
727	Benjamin REYNOLDS	Cardiff Athletics	800m	U20 Men	02:00.83	
121	Rhys SIMMONDS	Cardiff Athletics	800m	U20 Men	02:24.45	
1	Gabby DICKINSON	Cardiff Athletics	Shot	U20 Women	7.94m	
44	Morgan WILLIS	Swansea Harriers	800m	U17 Men	02:18.36	
22	Manon DAVIS	Cardiff Archers AC	1500m	U17 Women	05:46.19	

