

LEVEL	UPPER	Track Events Start in Lane
REGION	MIDLAND	
DIVISION	Premier SW	
MATCH	2	
P/FINISH	YES	1

Date Sunday, May 26 2019

Venue @ Exeter

Host Club Team DC ©

Bib	Team Name	Abbrev.	Officials	Track1	Track2	Relays	Field	Total
1	Cardiff AAC	Card	40.0	187.0	64.0	43.0	180.0	514.0
2	Cardiff Archers AC	C Arch	40.0	118.0	26.0	26.0	171.5	381.5
3	Swansea Harriers AC	Swan	52.0	193.0	15.0	45.0	209.5	514.5
4	Team Avon ©	Avon	56.0	308.0	114.0	61.0	278.0	817.0
5	Team DC ©	Team DC	56.0	192.0	76.0	48.0	290.0	662.0
6	West Wales ©	W Wales	8.0	30.0	32.0		72.0	142.0
-								
-								

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L	Standings
1	Team Avon ©	817.0	6.0	756.00	6.00	1573.0	12.0	1
2	Team DC ©	662.0	5.0	442.00	3.00	1104.0	8.0	3
3	Swansea Harriers AC	514.5	4.0	603.00	5.00	1117.5	9.0	2
4	Cardiff AAC	514.0	3.0	462.00	4.00	976.0	7.0	4
5	Cardiff Archers AC	381.5	2.0	399.00	2.00	780.5	4.0	5
6	West Wales ©	142.0	1.0	298.00	1.00	440.0	2.0	6

TOTAL EVENTS	76
NO COMPETITORS/EVENT CANCELLED/NMR	1
EVENT SCORED	75
REMAINING	-

**UPPER MIDLAND Premier SW @ Exeter**
**26-05-19**
**100m U20 Men A**

Posn	No.	Athlete	Club	Perf	AAA
				Wind 2.7	
1	4	BROOKS Daniel	Avon	10.85	2
2	3	JONES Steffan Dylan	Swan	11.10	3
3	2	MURATHODZIC Daniel	C Arch	11.17	3
4	1	SANTIMA Simeon	Card	11.94	
5	5	PERRY Christopher	Team DC	12.09	
6	6	ONYEWU Eli	W Wales	DNF	
7					
8					

**100m U20 Men B**

Posn	No.	Athlete	Club	Perf	AAA
				Wind 3.9	
1	44	LANFEAR James	Avon	11.56	
2	11	RAWLINS GRUNDY Philip X	Card	11.92	
3	33	AWAL Naim	Swan	11.99	
4					
5					
6					
7					
8					

**200m U20 Men A**

Posn	No.	Athlete	Club	Perf	AAA
				Wind 1.4	
1	4	BROOKS Daniel	Avon	22.19	2
2	3	JONES Steffan Dylan	Swan	22.87	
3	1	THORNE Louis X	Card	23.35	
4	5	JENKIN Hayden	Team DC	23.84	
5					
6					
7					
8					

**200m U20 Men B**

Posn	No.	Athlete	Club	Perf	AAA
				Wind 1.5	
1	44	CORY Isaac	Avon	22.55	3
2	55	PERRY Christopher	Team DC	24.28	
3	33	AWAL Naim	Swan	25.08	
4					
5					
6					
7					
8					

**400m U20 Men A**

Posn	No.	Athlete	Club	Perf	AAA
1	4	AKINBOBOLA Femi	Avon	49.27	1
2	3	JONES Steffan Dylan	Swan	49.86	2
3	5	JENKIN Hayden	Team DC	51.49	
4	1	JOLLY Aaron	Card	51.95	
5	2	MAULLIN-DAVIES Jacob	C Arch	57.45	
6					
7					
8					

**400m U20 Men B**

Posn	No.	Athlete	Club	Perf	AAA
1	11	JAMES Morgan Glyndwr	Card	51.18	3
2	44	CORY Isaac	Avon	51.99	
3	33	AWAL Naim	Swan	62.77	
4					
5					
6					
7					
8					

**800m U20 Men A**

Posn	No.	Athlete	Club	Perf	AAA
1	5	COTTERILL Lewis	Team DC	01:56.31	3
2	2	PENROSE James	C Arch	01:59.10	
3	44	HAYWARD Greg	Avon	02:01.03	
4	11	JONES Ieuan	Card	02:04.80	
5	6	CAMPION Callum	W Wales	02:11.60	
6					
7					
8					

**800m U20 Men B**

Posn	No.	Athlete	Club	Perf	AAA
1	4	COLE Ellery	Avon	02:01.91	
2	1	EDWARDS Iestyn	Card	02:06.62	
3	66	HUMPHREYS Iori X	W Wales	02:20.46	
4					
5					
6					
7					
8					

**UPPER MIDLAND Premier SW @ Exeter**
**26-05-19**
**1500m U20 Men A**

Posn	No.	Athlete	Club	Perf	AAA
1	11	JAMES Morgan	Card	04:07.58	
2	6	CAMPION Callum	W Wales	04:25.00	
3	5	HOPPER Luke	Team DC	04:59.35	
4	4	WALL Lewis X	Avon	06:02.20	
5					
6					
7					
8					

**1500m U20 Men B**

Posn	No.	Athlete	Club	Perf	AAA
1	1	LOCKE David	Card	04:17.11	
2					
3					
4					
5					
6					
7					
8					

**3000m U20 Men A**

Posn	No.	Athlete	Club	Perf	AAA
1	5	GOODCHILD Sam	Team DC	09:03.35	
2	1	JACKSON Alex	Card	09:29.42	
3	4	WRIGHT James	Avon	09:39.74	
4					
5					
6					
7					
8					

**3000m U20 Men B**

Posn	No.	Athlete	Club	Perf	AAA
1	55	HOPPER Luke	Team DC	10:39.78	
2	11	MCKERLICH Daniel	Card	12:11.94	
3	44	PAGE Christopher X	Avon	12:23.85	
4					
5					
6					
7					
8					

**110m Hurdles U20 Men A**

Posn	No.	Athlete	Club	Perf	AAA	Wind
1	2	EBEREONWU Chinua	C Arch	14.42	2	2.5
2	3	HOUGHTON Jack	Swan	15.73		
3						
4						
5						
6						
7						
8						

**110m Hurdles U20 Men B**

Posn	No.	Athlete	Club	Perf	AAA	Wind
1	22	MURATHODZIC Daniel	C Arch	14.44	2	2.5
2						
3						
4						
5						
6						
7						
8						

**400m Hurdles U20 Men A**

Posn	No.	Athlete	Club	Perf	AAA
1	4	MEREDITH Harry	Avon	58.21	
2	3	HOUGHTON Jack	Swan	60.47	
3	5	PERRY Christopher	Team DC	62.43	
4	2	MAULLIN-DAVIES Jacob	C Arch	71.70	
5					
6					
7					
8					

**400m Hurdles U20 Men B**

Posn	No.	Athlete	Club	Perf	AAA
1	44	COLE Ellery	Avon	59.44	
2					
3					
4					
5					
6					
7					
8					

**UPPER MIDLAND Premier SW @ Exeter**
**26-05-19**
**2000m s/c U20 Men A**

Posn	No.	Athlete	Club	Perf	AAA
1	5	STEVENS Bradley	Team DC	06:39.58	
2	11	JACKSON Alex	Card	06:46.38	
3	4	MEAD Jonathan X	Avon	08:05.73	
4					
5					
6					
7					
8					

**2000m s/c U20 Men B**

Posn	No.	Athlete	Club	Perf	AAA
1	1	GOLD James	Card	07:15.19	
2	55	HOPPER Luke	Team DC	07:43.46	
3					
4					
5					
6					
7					
8					

**Long Jump U20 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	4	OLECH Marcin	Avon	6.64 1.9	2
2	3	CAIRNEY Kaya	Swan	6.41 1.6	3
3	6	WHEELER Ollie	W Wales	6.36 1.6	
4	2	MURATHODZIC Daniel	C Arch	5.97 1.4	
5	5	ROGERS Ben	Team DC	5.01 1.7	
6	1	SANTIMA Simeon	Card	4.42 1.0	
7					
8					

**Long Jump U20 Men B**

Posn	Bib	Athlete	Club	Perf	AAA
1	22	MAULLIN-DAVIES Samuel	C Arch	5.72 1.2	
2					
3					
4					
5					
6					
7					
8					

**High Jump U20 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	1	MOHSIN Adam	Card	1.85	
2	4	THOMAS David	Avon	1.70	
3	5	STEVENS Bradley	Team DC	1.60	
4	3	HARRY Carwyn X	Swan	1.50	

**High Jump U20 Men B**

Posn	Bib	Athlete	Club	Perf	AAA

**Triple Jump U20 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	4	OLECH Marcin	Avon	12.50 1.9	
2	6	WHEELER Ollie	W Wales	12.25 1.6	
3	11	JOLLY Aaron	Card	11.95	
4	3	HOUGHTON Jack	Swan	11.30 1.6	
5	5	ROGERS Ben	Team DC	11.13 1.7	
6	2	MAULLIN-DAVIES Samuel	C Arch	10.92 1.4	
7					
8					

**Triple Jump U20 Men B**

Posn	Bib	Athlete	Club	Perf	AAA
1	44	LANFEAR James	Avon	11.55	
2	1	MOHSIN Adam	Card	10.83 1.0	
3					
4					
5					
6					
7					
8					

**UPPER MIDLAND Premier SW @ Exeter**
**26-05-19**
**Pole Vault U20 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	5	PARKER Ben	Team DC	3.82	
2	4	LATHAM Benjamin	Avon	3.05	

**Pole Vault U20 Men B**

Posn	Bib	Athlete	Club	Perf	AAA
------	-----	---------	------	------	-----

**Shot U20 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	5	TYLER Josh	Team DC	14.33	1
2	1	MORSE Jay	Card	12.57	3
3	4	CONIBEAR Toby X	Avon	9.42	
4	22	MAULLIN-DAVIES Jacob	C Arch	7.37	
5	6	SALMON Andrew	W Wales	5.38	
6					
7					
8					

**Shot U20 Men B**

Posn	Bib	Athlete	Club	Perf	AAA
1	11	BARKLEY Rhys	Card	9.40	
2	2	MAULLIN-DAVIES Samuel	C Arch	7.04	
3					
4					
5					
6					
7					
8					

**Discus U20 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	1	MORSE Jay	Card	54.27	1
2	5	TYLER Josh	Team DC	37.96	3
3	3	WILTON Joshua X	Swan	34.85	
4	2	MAULLIN-DAVIES Samuel	C Arch	28.13	
5	4	MEAD Jonathan X	Avon	17.09	
6					
7					
8					

**Discus U20 Men B**

Posn	Bib	Athlete	Club	Perf	AAA
1	11	BARKLEY Rhys	Card	21.84	
2					
3					
4					
5					
6					
7					
8					

**Hammer U20 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	5	TYLER Josh	Team DC	47.89	
2	6	SALMON Andrew	W Wales	19.04	
3					
4					
5					
6					
7					
8					

**Hammer U20 Men B**

Posn	Bib	Athlete	Club	Perf	AAA
1	55	ROGERS Ben	Team DC	28.03	
2					
3					
4					
5					
6					
7					
8					

**UPPER MIDLAND Premier SW @ Exeter**
**26-05-19**
**Javelin U20 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	5	DREW Connor	Team DC	43.66	
2	2	MAULLIN-DAVIES Jacob	C Arch	42.31	
3	1	BARKLEY Rhys	Card	41.38	
4	3	RIGBY Ethan	Swan	40.76	
5	4	MEREDITH Harry	Avon	28.28	
6	6	SALMON Andrew	W Wales	16.59	
7					
8					

**Javelin U20 Men B**

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**4 x 100m U20 Men A**

Posn	No.	Club	Runners	Perf
1	4	Avon	LANFEAR James AKINBOBOLA Femi BROOKS Daniel WILLIAMS Luca X	44.56
2	2	C Arch	NOTT Josh X EBEREONWU Chinua MURATHODZIC Daniel MAULLIN-DAVIES Jacob	45.13
3	1	Card	RAWLINS GRUNDY Philip X JONES Iwan prys X JOLLY Aaron JAMES Morgan Glyn	45.90
4	3	Swan	AWAL Naim JONES Steffan Dylan TOBIN Fiachra X HOUGHTON Jack	48.37
5	5	Team DC	TYLER Josh PARKER Ben PERRY Christopher ROGERS Ben	52.91
6				
7				
8				

**4 x 400m U20 Men A**

Posn	No.	Club	Runners	Perf
1	4	Avon	AKINBOBOLA Femi COLE Ellery MEREDITH Harry CORY Isaac	03:31.01
2	1	Card	JAMES Morgan Glyndwr JOLLY Aaron EDWARDS Iestyn LOCKE David	03:33.09
3	5	Team DC	COTTERILL Lewis STEVENS Bradley GOODCHILD Sam JENKIN Hayden	03:45.08
4	3	Swan	HOUGHTON Jack AWAL Naim JONES Steffan Dylan CLARKE Owain X	04:02.93
5	2	C Arch	MAULLIN-DAVIES Samuel PENROSE James PEARCE Harry X ERNEST Noah X	04:03.70
6				
7				
8				

**UPPER MIDLAND Premier SW @ Exeter**
**26-05-19**
**100m U20 Women A**

Posn	No.	Athlete	Club	Perf	AAA
				Wind 2.9	
1	4	JACKSON Tia	Avon	12.03	1
2	3	WILLIAMS Armani	Swan	12.65	
3	5	SMITH Hannah	Team DC	12.75	
4	11	HUBBARDE Ella X	Card	12.87	
5	6	PHILLIPS Medi	W Wales	14.10	
6					
7					
8					

**100m U20 Women B**

Posn	No.	Athlete	Club	Perf	AAA
				Wind 2.9	
1	44	LEAKEY Imogen X	Avon	12.52	3
2	55	BARKER Yzella	Team DC	12.99	
3	1	RAWLINS GRUNDY Nia	Card	13.14	
4					
5					
6					
7					
8					

**200m U20 Women A**

Posn	No.	Athlete	Club	Perf	AAA
				Wind 2.2	
1	4	JACKSON Tia	Avon	25.31	2
2	3	WILLIAMS Armani	Swan	26.15	
3	1	BREEDEN Isabel	Card	27.36	
4	5	BARKER Yzella	Team DC	28.20	
5	6	PHILLIPS Medi	W Wales	29.53	
6					
7					
8					

**200m U20 Women B**

Posn	No.	Athlete	Club	Perf	AAA
				Wind 3.1	
1	44	LONGDEN Charlotte X	Avon	26.30	
2	11	GASKIN Lily	Card	26.93	
3	33	MUGABE Danai X	Swan	27.37	
4					
5					
6					
7					
8					

**400m U20 Women A**

Posn	No.	Athlete	Club	Perf	AAA
				Wind 2.9	
1	4	ROBBINS Katie	Avon	59.21	3
2	2	RILEY Nia	C Arch	59.58	3
3	3	HILL Amelia	Swan	59.75	3
4	1	GASKIN Lily	Card	60.77	
5	5	CRUTCHLEY Zoe	Team DC	76.95	
6					
7					
8					

**400m U20 Women B**

Posn	No.	Athlete	Club	Perf	AAA
				Wind 2.9	
1	44	IBBOTSON India X	Avon	63.37	
2	33	DAVIES Isabel	Swan	63.43	
3	22	MORGAN Ffion	C Arch	65.98	
4					
5					
6					
7					
8					

**800m U20 Women A**

Posn	No.	Athlete	Club	Perf	AAA
				Wind 2.9	
1	4	WEBSTER Eleanor X	Avon	02:24.23	
2	3	STRATTON-THOMAS Bronwer	Swan	02:34.98	
3	1	SATTERLY Rhianna	Card	02:47.29	
4					
5					
6					
7					
8					

**800m U20 Women B**

Posn	No.	Athlete	Club	Perf	AAA
				Wind 2.9	
1	44	ROBBINS Katie	Avon	02:26.72	
2	11	CHAPMAN Caitlin	Card	02:58.65	
3					
4					
5					
6					
7					
8					

**UPPER MIDLAND Premier SW @ Exeter**
**26-05-19**
**1500m U20 Women A**

Posn	No.	Athlete	Club	Perf	AAA
1	5	WOOD Imogen	Team DC	04:45.23	
2	4	JONES Dalis X	Avon	04:58.00	
3	3	STRATTON-THOMAS Bronwer	Swan	05:01.33	
4					
5					
6					
7					
8					

**1500m U20 Women B**

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**3000m U20 Women A**

Posn	No.	Athlete	Club	Perf	AAA
1	4	HOBBS Ellie	Avon	10:49.57	
2					
3					
4					
5					
6					
7					
8					

**3000m U20 Women B**

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**100m Hurdles U20 Women A**

Posn	No.	Athlete	Club	Perf	AAA	Wind
1	1	BREEDEN Isabel	Card	14.94	3	3.8
2	5	MATHER Molly	Team DC	17.34		
3						
4						
5						
6						
7						
8						

**100m Hurdles U20 Women B**

Posn	No.	Athlete	Club	Perf	AAA	Wind
1	55	RILEY Lowena	Team DC	18.18		3.8
2						
3						
4						
5						
6						
7						
8						

**400m Hurdles U20 Women A**

Posn	No.	Athlete	Club	Perf	AAA
1	5	MATHER Molly	Team DC	67.59	
2	4	MAYLOR Enya X	Avon	71.56	
3					
4					
5					
6					
7					
8					

**400m Hurdles U20 Women B**

Posn	No.	Athlete	Club	Perf	AAA
1	55	RILEY Lowena	Team DC	68.46	
2	44	MEAD Jessica	Avon	78.96	
3					
4					
5					
6					
7					
8					



**UPPER MIDLAND Premier SW @ Exeter**
**26-05-19**
**1500m s/c U20 Women A**

Posn	No.	Athlete	Club	Perf	AAA
1	98	No Competitors Declared			
2					
3					
4					
5					
6					
7					
8					

**TD10 1500m s/c U20 Women B**

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**Long Jump U20 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	2	THOMAS Emily	C Arch	5.86 1.6	1
2	4	JACKSON Tia	Avon	5.74 1.9	1
3	3	JONES Macey	Swan	4.93 0.4	
4	5	SMITH Hannah	Team DC	4.69 3.6	
5					
6					
7					
8					

**Long Jump U20 Women B**

Posn	Bib	Athlete	Club	Perf	AAA
1	44	ELLISON Robyn	Avon	5.44 0.3	3
2					
3					
4					
5					
6					
7					
8					

**High Jump U20 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	5	MATHER Molly	Team DC	1.40	
2	2	HAMER Maddi X	C Arch	x	

**High Jump U20 Women B**

Posn	Bib	Athlete	Club	Perf	AAA

**Triple Jump U20 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	2	THOMAS Emily	C Arch	11.01 1.6	3
2	3	JONES Macey	Swan	10.94 0.4	3
3	4	ELLISON Robyn	Avon	10.34 1.9	
4	55	CURTIS Amy-Beth	Team DC	8.59	
5	1	GASKIN Lily	Card	8.03	
6					
7					
8					

**Triple Jump U20 Women B**

Posn	Bib	Athlete	Club	Perf	AAA
1	33	CAMPION Charlotte	Swan	10.93	3
2	44	DURHAM Lucy	Avon	10.31 0.3	
3	22	MORGAN Ffion	C Arch	8.53	
4	5	RILEY Lowena	Team DC	X 3.6	
5					
6					
7					
8					

**UPPER MIDLAND Premier SW @ Exeter**
**26-05-19**
**Pole Vault U20 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	2	BROUGHTON Lowri X	C Arch	2.75	

**Pole Vault U20 Women B**

Posn	Bib	Athlete	Club	Perf	AAA
------	-----	---------	------	------	-----

**Shot U20 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	3	LEWIS Gwennan	Swan	11.13	1
2	5	CURTIS Amy-Beth	Team DC	9.72	3
3	4	LOUGHLIN Anna	Avon	8.27	
4	6	PHILLIPS Medi	W Wales	5.51	
5	1	RAWLINS GRUNDY Nia	Card	5.07	
6					
7					
8					

**Shot U20 Women B**

Posn	Bib	Athlete	Club	Perf	AAA
1	33	EVANS Rhian	Swan	10.61	2
2					
3					
4					
5					
6					
7					
8					

**Discus U20 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	5	FILEMAN Lois	Team DC	32.63	
2	3	EVANS Rhian	Swan	30.64	
3	4	BOULTON Niamh	Avon	24.81	
4	1	SATTERLY Rhianna	Card	22.66	
5					
6					
7					
8					

**Discus U20 Women B**

Posn	Bib	Athlete	Club	Perf	AAA
1	55	TOMLIN Ella	Team DC	28.94	
2	33	LEWIS Gwennan	Swan	23.60	
3	44	DALE Jodie	Avon	20.67	
4					
5					
6					
7					
8					

**Hammer U20 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	4	LOUGHLIN Anna	Avon	52.84	1
2	5	FILEMAN Lois	Team DC	44.49	3
3	6	BACAKOVA Karolinka	W Wales	44.03	3
4	3	SPACEY Lara	Swan	36.08	
5	1	CHAPMAN Caitlin	Card	16.70	
6					
7					
8					

**Hammer U20 Women B**

Posn	Bib	Athlete	Club	Perf	AAA
1	44	BOULTON Niamh	Avon	31.69	
2	55	CRUTCHLEY Zoe	Team DC	30.18	
3					
4					
5					
6					
7					
8					

**UPPER MIDLAND Premier SW @ Exeter**
**26-05-19**
**Javelin U20 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	4	DALE Jodie	Avon	32.65	
2	5	RILEY Lowena	Team DC	29.63	
3	3	EVANS Rhian	Swan	25.78	
4	1	RAWLINS GRUNDY Nia	Card	11.00	
5	2	DAVIES Olivia X	C Arch	X	
6					
7					
8					

**Javelin U20 Women B**

Posn	Bib	Athlete	Club	Perf	AAA
1	33	SPACEY Lara	Swan	7.50	
2					
3					
4					
5					
6					
7					
8					

**4 x 100m U20 Women A**

Posn	No.	Club	Runners	Perf
1	2	C Arch	ISAAC Ellie Rose X THOMAS Emily DAVIES Jodi X DINEEN Elina X	51.91
2	1	Card	LAW Kirsty X RAWLINS GRUNDY Nia GASKIN Lily GRAHAM-MULVANEY Sadie X	52.01
3	3	Swan	HILL Amelia EVANS Rhian DAVIES Isabel MORRIS Macey X	53.41
4	5	Team DC	SMITH Hannah TOMLIN Ella BARKER Yzella CURTIS Amy-Beth	54.25
5				
6				
7				
8				

**4 x 400m U20 Women A**

Posn	No.	Club	Runners	Perf
1	4	Avon	BENNETT-CORDY Alexia X MEAD Jessica MAYLOR Enya X ROBINSON Katie X	04:17.20
2	3	Swan	BASS Darcie X STRATTON-THOMAS Bronwen COLLINS Emily X HILL Amelia	04:26.46
3	2	C Arch	ROBERTS Freya X CALLOW Aimee X MORGAN Ffion RILEY Nia	04:29.59
4	5	Team DC	SMITH Hannah MATHER Molly RILEY Lowena CRUTCHLEY Zoe	04:30.05
5	1	Card	SATTERLY Rhianna EDWARDS Georgina X GOLD Bethany X GASKIN Lily	04:36.92
6				
7				
8				

**UPPER MIDLAND Premier SW @ Exeter**
**26-05-19**
**100m U17 Men A**

Posn	No.	Athlete	Club	Perf	AAA
				Wind 1.4	
1	C	PAYNE Thomas	Swan	11.02	1
2	D	WILLIAMS Luca	Avon	11.26	2
3	A	THORNE Louis	Card	11.39	3
4	B	NOTT Josh	C Arch	11.39	3
5	E	MINARDS Tom	Team DC	11.53	4
6					
7					
8					

**100m U17 Men B**

Posn	No.	Athlete	Club	Perf	AAA
				Wind 2.7	
1	AA	JONES Evan lloyd	Card	11.16	1
2	DD	CARTER Joe	Avon	11.39	3
3	CC	PETHERBRIDGE Sam	Swan	11.41	3
4	EE	CURTIS Henry	Team DC	12.02	
5					
6					
7					
8					

**200m U17 Men A**

Posn	No.	Athlete	Club	Perf	AAA
				Wind 1.6	
1	C	PAYNE Thomas	Swan	22.28	1
2	A	JONES Evan lloyd	Card	22.82	2
3	D	MAGGS Josh	Avon	23.04	3
4	E	MINARDS Tom	Team DC	23.35	3
5	B	NOTT Josh	C Arch	23.35	3
6	F	BEER Adam	W Wales	26.88	
7					
8					

**200m U17 Men B**

Posn	No.	Athlete	Club	Perf	AAA
				Wind 2.8	
1	DD	CARTER Joe	Avon	23.37	3
2	CC	PETHERBRIDGE Sam	Swan	23.78	4
3	EE	LAMBOLL Jacob	Team DC	24.29	
4	AA	ROCHFORT-SHUGAR Louis	Card	24.36	
5					
6					
7					
8					

**400m U17 Men A**

Posn	No.	Athlete	Club	Perf	AAA
1	D	OCZKO Filip	Avon	53.57	4
2	EE	NEWMAN Daniel	Team DC	55.44	
3	A	REGISTER Matthew	Card	57.48	
4	B	PEARCE Harry	C Arch	59.80	
5	C	HILL Miles	Swan	60.21	
6					
7					
8					

**400m U17 Men B**

Posn	No.	Athlete	Club	Perf	AAA
1	DD	ARMSTRONG Dylan	Avon	54.74	
2	E	FILEWOD Danny	Team DC	55.77	
3	AA	ELUYERA Ayomide	Card	60.96	
4					
5					
6					
7					
8					

**800m U17 Men A**

Posn	No.	Athlete	Club	Perf	AAA
1	F	JONES Dafydd	W Wales	02:02.69	3
2	D	HARPER Oliver	Avon	02:03.62	3
3	A	REYNOLDS Jacob	Card	02:04.18	4
4	E	NEWMAN Daniel	Team DC	02:04.19	4
5	B	ERNEST Noah	C Arch	02:21.96	
6	C	HILL Miles	Swan	02:22.41	
7					
8					

**800m U17 Men B**

Posn	No.	Athlete	Club	Perf	AAA
1	EE	MCLELLAN Bradley	Team DC	02:07.98	
2	DD	GORDON James	Avon	02:09.84	
3	AA	VOWLES Harry	Card	02:13.23	
4	BB	PEARCE Harry	C Arch	02:27.36	
5	FF	LILLEY Iwan	W Wales	02:33.77	
6	CC	HARRY Carwyn	Swan	02:47.31	
7					
8					

**UPPER MIDLAND Premier SW @ Exeter**
**26-05-19**
**1500m U17 Men A**

Posn	No.	Athlete	Club	Perf	AAA
1	A	REYNOLDS Benjamin	Card	04:06.53	1
2	D	DAVIES Justin	Avon	04:09.94	2
3	E	MCLELLAN Bradley	Team DC	04:50.13	
4	F	LILLEY Iwan	W Wales	04:54.70	
5					
6					
7					
8					

**1500m U17 Men B**

Posn	No.	Athlete	Club	Perf	AAA
1	DD	PAGE Christopher	Avon	05:16.92	
2					
3					
4					
5					
6					
7					
8					

**3000m U17 Men A**

Posn	No.	Athlete	Club	Perf	AAA
1	D	PARSONS Alexander	Avon	09:01.26	2
2	F	BEER Adam	W Wales	09:02.24	2
3	B	RAY Ben	C Arch	10:06.84	
4	E	SCANTLEBURY James	Team DC	11:57.54	
5					
6					
7					
8					

**3000m U17 Men B**

Posn	No.	Athlete	Club	Perf	AAA
1	FF	HUMPHREYS Iori	W Wales	09:44.32	
2	DD	JONES Ceredig	Avon	10:19.51	
3	BB	RILEY Huw	C Arch	10:26.37	
4					
5					
6					
7					
8					

**100m Hurdles U17 Men A**

Posn	No.	Athlete	Club	Perf	AAA	Wind
1	EE	CURTIS Henry	Team DC	14.45	3	2.5
2	DD	WILSON Edward	Avon	14.77	4	
3	C	CLARKE Owain	Swan	14.98	4	
4						
5						
6						
7						
8						

**100m Hurdles U17 Men B**

Posn	No.	Athlete	Club	Perf	AAA	Wind
1	E	CLAYDEN Tobias	Team DC	14.55	3	2.5
2	D	SCAMMELL William	Avon	14.96	4	
3	CC	WILLIS Evan	Swan	15.14	4	
4						
5						
6						
7						
8						

**400m Hurdles U17 Men A**

Posn	No.	Athlete	Club	Perf	AAA
1	C	CLARKE Owain	Swan	59.97	4
2	E	FILEWOD Danny	Team DC	62.40	4
3	D	HILLIER Liam	Avon	62.57	
4	A	ELUYERA Ayomide	Card	67.91	
5					
6					
7					
8					

**400m Hurdles U17 Men B**

Posn	No.	Athlete	Club	Perf	AAA
1	CC	WILLIS Evan	Swan	66.38	
2	DD	MEAD Jonathan	Avon	66.74	
3					
4					
5					
6					
7					
8					

**UPPER MIDLAND Premier SW @ Exeter**
**26-05-19**
**1500m s/c U17 Men A**

Posn	No.	Athlete	Club	Perf	AAA
1	B	GRAHAM Billy	C Arch	04:44.90	4
2	D	KERFOOT Steve	Avon	04:52.50	4
3					
4					
5					
6					
7					
8					

**1500m s/c U17 Men B**

Posn	No.	Athlete	Club	Perf	AAA
1	DD	CASLING James	Avon	05:28.03	
2					
3					
4					
5					
6					
7					
8					

**Long Jump U17 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	E	POOLE Sam	Team DC	6.43 1.1	1
2	A	RAWLINS GRUNDY Philip	Card	6.23 1.7	2
3	DD	SCAMMELL William	Avon	5.93 1.3	4
4	CC	PRICE Ryan	Swan	5.15 0.7	
5	B	MAULLIN-DAVIES Ellis	C Arch	4.02 2.4	
6					
7					
8					

**Long Jump U17 Men B**

Posn	Bib	Athlete	Club	Perf	AAA
1	EE	MONCUR Craig	Team DC	5.68 1.2	4
2	D	GAME Benjamin	Avon	5.60 1.7	4
3	AA	AZU KENNEDY Alex	Card	3.40 2.1	
4	C	PETHERBRIDGE Sam	Swan	X	
5					
6					
7					
8					

**High Jump U17 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	D	ADEOSUN Peter	Avon	1.85	2
2	C	BOWLING Addam	Swan	1.80	3
3	B	WATKINS Oliver	C Arch	1.75	4
4	E	MONCUR Craig	Team DC	1.65	
5	F	HUMPHREYS Iori	W Wales	1.40	

**High Jump U17 Men B**

Posn	Bib	Athlete	Club	Perf	AAA
1=	DD	HILLIER Liam	Avon	1.55	
1=	CC	PRICE Ryan	Swan	1.55	
3	EE	SCANTLEBURY James	Team DC	1.50	

**Triple Jump U17 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	E	POOLE Sam	Team DC	12.86 1.1	2
2	D	GAME Benjamin	Avon	11.31 1.7	
3	C	PRICE Ryan	Swan	11.15	
4					
5					
6					
7					
8					

**Triple Jump U17 Men B**

Posn	Bib	Athlete	Club	Perf	AAA
1	EE	CLAYDEN Tobias	Team DC	12.37 1.2	3
2	CC	HARRY Carwyn	Swan	8.67 0.7	
3					
4					
5					
6					
7					
8					

**UPPER MIDLAND Premier SW @ Exeter**
**26-05-19**
**Pole Vault U17 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	D	HILLIER Liam	Avon	3.35	
2	B	MAULLIN-DAVIES Ellis	C Arch	2.90	

**Pole Vault U17 Men B**

Posn	Bib	Athlete	Club	Perf	AAA
1	DD	WALL Lewis	Avon	2.30	

**Shot U17 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	E	FOSTER Ben	Team DC	13.71	1
2	D	SCAMMELL William	Avon	11.89	3
3	C	THOMAS Harley	Swan	11.58	4
4	A	RAWLINS GRUNDY Philip	Card	6.10	
5					
6					
7					
8					

**Shot U17 Men B**

Posn	Bib	Athlete	Club	Perf	AAA
1	EE	FILEMAN Edward	Team DC	12.08	3
2	DD	VINER James	Avon	9.87	
3	CC	TOBIN Fiachra	Swan	8.12	
4					
5					
6					
7					
8					

**Discus U17 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	E	FILEMAN Edward	Team DC	49.36	1
2	D	CONIBEAR Toby	Avon	35.68	3
3	CC	TOBIN Fiachra	Swan	30.24	4
4	A	JONES EVAN	Card	28.57	4
5	F	LEWIS Harley	W Wales	20.43	
6	B	MAULLIN-DAVIES Ellis	C Arch	15.20	
7					
8					

**Discus U17 Men B**

Posn	Bib	Athlete	Club	Perf	AAA
1	EE	WORGAN Aaron	Team DC	44.97	1
2	DD	VINER James	Avon	32.87	4
3	C	THOMAS Harley	Swan	19.05	
4					
5					
6					
7					
8					

**Hammer U17 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	E	FILEMAN Edward	Team DC	61.65	1
2	D	CONIBEAR Toby	Avon	61.26	1
3	CC	TOBIN Fiachra	Swan	25.89	
4	A	JONES EVAN	Card	22.85	
5					
6					
7					
8					

**Hammer U17 Men B**

Posn	Bib	Athlete	Club	Perf	AAA
1	DD	MERRETT Owen	Avon	52.56	2
2	C	WILTON Joshua	Swan	25.87	
3					
4					
5					
6					
7					
8					

**UPPER MIDLAND Premier SW @ Exeter**
**26-05-19**
**Javelin U17 Men A**

Posn	Bib	Athlete	Club	Perf	AAA
1	D	DIBBLE Jacob	Avon	47.73	3
2	E	MONCUR Craig	Team DC	46.71	3
3	C	WILTON Joshua	Swan	45.72	3
4	F	LEWIS Harley	W Wales	40.07	4
5	A	JONES EVAN	Card	29.26	
6					
7					
8					

**Javelin U17 Men B**

Posn	Bib	Athlete	Club	Perf	AAA
1	EE	SMITH Leon	Team DC	44.70	3
2	DD	TUCKER Keelan	Avon	33.94	
3	CC	THOMAS Harley	Swan	30.65	
4					
5					
6					
7					
8					

**4 x 100m U17 Men A**

Posn	No.	Club	Runners	Perf
1	D	Avon	GAME Benjamin CARTER Joe WILSON Edward MAGGS Josh	45.70
2	A	Card	THORNE Louis JONES Evan Lloyd ROCHEFORT-SHUGAR Louis AZU KENNEDY Ale	45.72
3	C	Swan	CLARKE Owain PETHERBRIDGE Sam WILLIS Evan PAYNE Thomas	46.78
4	E	Team DC	MINARDS Tom CURTIS Henry POOLE Sam FOSTER Ben	47.36
5				
6				
7				
8				

**4 x 400m U17 Men A**

Posn	No.	Club	Runners	Perf
1	E	Team DC	CLAYDEN Tobias MCLELLAN Bradley NEWMAN Daniel LAMBOLL Jacob	03:42.68
2	D	Avon	SCAMMELL William ARMSTRONG Dylan HARPER Oliver OCZKO Filip	03:44.06
3	A	Card	REYNOLDS Jacob REYNOLDS Benjamin REGISTER Matthew VOWLES Harry	03:47.89
4	C	Swan	PRICE Ryan WILLIS Evan HILL Miles HARRY Carwyn	04:33.51
5				
6				
7				
8				



**UPPER MIDLAND Premier SW @ Exeter**
**26-05-19**
**100m U17 Women A**

Posn	No.	Athlete	Club	Perf	AAA
				Wind	0.5
1	D	LONGDEN Charlotte	Avon	12.85	4
2	A	LAW Kirsty	Card	12.86	4
3	C	MUGABE Danai	Swan	12.93	4
4	B	ISAAC Ellie Rose	C Arch	12.98	4
5	E	JOHNSON Paige	Team DC	13.52	
6					
7					
8					

**100m U17 Women B**

Posn	No.	Athlete	Club	Perf	AAA
				Wind	2.4
1	DD	MOUNT Ellie	Avon	12.67	3
2	AA	GRAHAM-MULVANEY Sadie	Card	12.79	3
3	BB	DAVIES Jodi	C Arch	12.94	4
4	EE	GREEN Ruth	Team DC	13.37	
5	CC	MULLIGAN Ally	Swan	14.32	
6					
7					
8					

**200m U17 Women A**

Posn	No.	Athlete	Club	Perf	AAA
				Wind	2.1
1	C	MORRIS Macey	Swan	25.54	2
2	D	LEAKEY Imogen	Avon	25.68	2
3	A	LAW Kirsty	Card	26.60	4
4	B	DAVIES Jodi	C Arch	26.93	4
5	E	GREEN Ruth	Team DC	27.35	
6					
7					
8					

**200m U17 Women B**

Posn	No.	Athlete	Club	Perf	AAA
				Wind	2.1
1	AA	GRAHAM-MULVANEY Sadie	Card	26.88	4
2	EE	JOHNSON Paige	Team DC	27.84	
3	DD	CARD Phoebe	Avon	28.08	
4	CC	COLLINSON India	Swan	31.49	
5					
6					
7					
8					

**300m U17 Women A**

Posn	No.	Athlete	Club	Perf	AAA
1	B	EVANS Alaw	C Arch	43.03	4
2	E	JAMES Tayla	Team DC	43.18	4
3	A	LEA Alana	Card	43.47	4
4	DD	MAYLOR Enya	Avon	44.20	4
5					
6					
7					
8					

**300m U17 Women B**

Posn	No.	Athlete	Club	Perf	AAA
1	D	MOORE Sophie	Avon	45.24	
2	AA	JAMES Elen	Card	48.02	
3					
4					
5					
6					
7					
8					

**800m U17 Women A**

Posn	No.	Athlete	Club	Perf	AAA
1	DD	HOWARD Kate	Avon	02:22.98	4
2	C	BASS Darcie	Swan	02:27.96	
3	B	CALLOW Aimee	C Arch	02:30.49	
4	E	BENNEY Rebecca	Team DC	02:42.66	
5	A	JAMES Elen	Card	02:47.25	
6					
7					
8					

**800m U17 Women B**

Posn	No.	Athlete	Club	Perf	AAA
1	D	SINCLAIR Danni	Avon	02:24.86	4
2	AA	EDWARDS Georgina	Card	02:49.06	
3	CC	MULLIGAN Ally	Swan	02:58.74	
4					
5					
6					
7					
8					

**UPPER MIDLAND Premier SW @ Exeter**
**26-05-19**
**1500m U17 Women A**

Posn	No.	Athlete	Club	Perf	AAA
1	C	BASS Darcie	Swan	05:11.26	
2	A	GOLD Bethany	Card	05:14.28	
3	E	MCDOWELL Tilly	Team DC	05:15.88	
4	DD	SPINNEY Tilley	Avon	05:23.32	
5					
6					
7					
8					

**1500m U17 Women B**

Posn	No.	Athlete	Club	Perf	AAA
1	EE	KEDZIOR-MACDONOUGH Elys Team DC	Elys Team DC	05:19.61	
2	D	RUCKER Abby	Avon	05:35.81	
3					
4					
5					
6					
7					
8					

**3000m U17 Women A**

Posn	No.	Athlete	Club	Perf	AAA
1	D	TREBY Ella	Avon	11:02.70	4
2	B	ROBERTS Freya	C Arch	11:35.99	
3	F	COOK Kasia	W Wales	11:50.13	
4					
5					
6					
7					
8					

**3000m U17 Women B**

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**80m Hurdles U17 Women A**

Posn	No.	Athlete	Club	Perf	AAA	Wind
1	E	CHAPMAN Katie	Team DC	11.63	1	3.0
2	D	MOUNT Ellie	Avon	12.08	2	
3	A	JOHN-COOK Darcy	Card	13.74		
4	C	COLLINS Emily	Swan	14.06		
5	B	ISAAC Ellie Rose	C Arch	28.06		
6						
7						
8						

**80m Hurdles U17 Women B**

Posn	No.	Athlete	Club	Perf	AAA	Wind
1	EE	HODGES Estelle	Team DC	12.19	3	3.0
2	DD	GALLEN Tabitha	Avon	12.32	3	
3	BB	DINEEN Elina	C Arch	15.65		
4						
5						
6						
7						
8						

**300m Hurdles U17 Women A**

Posn	No.	Athlete	Club	Perf	AAA
1	CC	MORRIS Macey	Swan	45.13	2
2	D	BENNETT-CORDY Alexia	Avon	45.50	2
3	B	EVANS Alaw	C Arch	48.46	4
4	A	WILLIAMS Eden	Card	50.34	
5					
6					
7					
8					

**300m Hurdles U17 Women B**

Posn	No.	Athlete	Club	Perf	AAA
1	DD	HARVEY Daisy	Avon	51.06	
2	BB	JACKSON Ella	C Arch	53.42	
3	C	COLLINS Emily	Swan	56.89	
4					
5					
6					
7					
8					

**UPPER MIDLAND Premier SW @ Exeter**
**26-05-19**
**1500m s/c U17 Women A**

Posn	No.	Athlete	Club	Perf	AAA
1	D	MAYLOR Enya	Avon	05:17.42	2
2	E	MCDOWELL Tilly	Team DC	05:40.62	4
3	A	GOLD Bethany	Card	05:50.27	4
4					
5					
6					
7					
8					

**1500m s/c U17 Women B**

Posn	No.	Athlete	Club	Perf	AAA
1	DD	WHITAKER Emily	Avon	05:46.33	4
2					
3					
4					
5					
6					
7					
8					

**Long Jump U17 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	E	CHAPMAN Katie	Team DC	5.62 1.8	1
2	B	MILES Ellie	C Arch	5.17 1.1	3
3	D	LONGDEN Charlotte	Avon	4.82 1.9	4
4	C	COLLINSON India	Swan	4.37 2.4	
5	AA	JAMES Elen	Card	3.98 1.7	
6					
7					
8					

**Long Jump U17 Women B**

Posn	Bib	Athlete	Club	Perf	AAA
1	EE	MITCHELL Zara	Team DC	5.34 2.7	2
2	BB	BROUGHTON Lowri	C Arch	4.95 1.5	4
3	CC	JENKINS Caitlin	Swan	4.10 1.9	
4	A	JOHN-COOK Darcy	Card	3.85 0.0	
5					
6					
7					
8					

**High Jump U17 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	F	CHURCH Lili	W Wales	1.66	
2	D	BARKLEY Fiona	Avon	1.60	
3	E	HENRY-BROCK Ella	Team DC	1.50	4
4	A	THOMAS Isabel	Card	1.40	
5=	C	HOLLAND Jamie	Swan	1.35	
5=	BB	DAVIES Olivia	C Arch	1.35	

**High Jump U17 Women B**

Posn	Bib	Athlete	Club	Perf	AAA
1	EE	HUGHES Lucy	Team DC	1.40	
2	B	MILES Ellie	C Arch	1.35	
3	CC	COLLINS Emily	Swan	1.25	

**Triple Jump U17 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	B	BROUGHTON Lowri	C Arch	10.47 1.1	3
2	A	GRAHAM-MULVANEY Sadie	Card	9.75 0.0	4
3	E	MITCHELL Zara	Team DC	9.64 1.8	4
4	C	DAVIES Phoebe	Swan	9.53 2.4	4
5					
6					
7					
8					

**Triple Jump U17 Women B**

Posn	Bib	Athlete	Club	Perf	AAA
1	AA	THOMAS Isabel	Card	9.22 1.7	
2					
3					
4					
5					
6					
7					
8					

**UPPER MIDLAND Premier SW @ Exeter**
**26-05-19**
**Pole Vault U17 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	A	THOMAS Isabel	Card	3.40	
2	B	HAMER Maddi	C Arch	2.90	4
3	E	HUGHES Lucy	Team DC	2.75	4
4	D	LEWIS Hannah	Avon	2.45	

**Pole Vault U17 Women B**

Posn	Bib	Athlete	Club	Perf	AAA
1	BB	DAVIES Olivia	C Arch	2.30	

**Shot U17 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	A	CRONIN Bree	Card	12.28	1
2	B	BEDDALL Ellie	C Arch	11.39	2
3	D	HAMILTON Sophie	Avon	11.38	2
4	C	HOLLAND Jamie	Swan	11.28	3
5	E	CHAPMAN Katie	Team DC	11.23	3
6					
7					
8					

**Shot U17 Women B**

Posn	Bib	Athlete	Club	Perf	AAA
1	EE	RILEY Kerensa	Team DC	11.04	3
2	DD	BRADY Moni	Avon	9.54	4
3	BB	JACKSON Ella	C Arch	9.11	
4					
5					
6					
7					
8					

**Discus U17 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	A	CRONIN Bree	Card	41.79	1
2	C	COOPER Holly	Swan	31.52	3
3	B	BEDDALL Ellie	C Arch	28.14	3
4	E	YOKI Millicent	Team DC	27.80	4
5	D	LEWIS Jessica	Avon	17.56	
6					
7					
8					

**Discus U17 Women B**

Posn	Bib	Athlete	Club	Perf	AAA
1	AA	GREGSON Lily	Card	30.88	3
2	BB	JACKSON Ella	C Arch	27.91	3
3					
4					
5					
6					
7					
8					

**Hammer U17 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	D	OSBORNE HENDRICKS Thema	Avon	44.10	3
2	F	HAMES Emma	W Wales	41.96	3
3	CC	COOPER Holly	Swan	34.78	4
4	A	GREGSON Lily	Card	28.79	4
5	BB	MORGAN Abbie	C Arch	20.32	
6	E	GELLATLY Hannah	Team DC	X	
7					
8					

**Hammer U17 Women B**

Posn	Bib	Athlete	Club	Perf	AAA
1	B	BEDDALL Ellie	C Arch	19.37	
2	C	GRIMWADE Cassey	Swan	X	
3					
4					
5					
6					
7					
8					

**UPPER MIDLAND Premier SW @ Exeter**
**26-05-19**
**Javelin U17 Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	D	LEWIS Jessica	Avon	38.99	2
2	EE	RILEY Kerensa	Team DC	36.92	2
3	C	HOLLAND Jamie	Swan	35.88	3
4	F	CHURCH Lili	W Wales	27.10	
5	A	GREGSON Lily	Card	24.62	
6	BB	ISAAC Ellie Rose	C Arch	18.68	
7					
8					

**Javelin U17 Women B**

Posn	Bib	Athlete	Club	Perf	AAA
1	DD	HAMILTON Sophie	Avon	37.46	2
2	E	YOKI Millicent	Team DC	30.46	4
3	B	MILES Ellie	C Arch	17.75	
4					
5					
6					
7					
8					

**4 x 100m U17 Women A**

Posn	No.	Club	Runners	Perf
1	D	Avon	BENNETT-CORDY Alexia CARD Phoebe MCKENZIE Lauren LONGDEN Charlotte	52.17
2	E	Team DC	HODGES Estelle JOHNSON Paige GREEN Ruth CHAPMAN Katie	52.61
3	C	Swan	BENGERFIELD Tayla-kate JENKINS Caitlin COLLINSON India MUGABE Danai	60.37
4				
5				
6				
7				
8				

**4 x 300m U17 Women A**

Posn	No.	Club	Runners	Perf
1	D	Avon	MOORE Sophie IBBOTSON India HOWARD Kate WEBSTER Eleanor	03:00.79
2	E	Team DC	JAMES Tayla MCDOWELL Tilly BENNEY Rebecca RILEY Kerensa	03:08.84
3	A	Card	THOMAS Isabel WILLIAMS Eden JAMES Elen LEA Alana	03:10.21
4	C	Swan	HOLLAND Jamie BENGERFIELD Tayla-kate JENKINS Caitlin MUGABE Danai	03:21.58
5				
6				
7				
8				

26-05-19

**UPPER MIDLAND Premier SW @ Exeter**

Cardiff AAC

1	133	GOLD James	1500m
		PRICE JONES Iwan X	200m
	134	KENNEELY Alex	100m

Perf	W/S	
4.26.68		
23.58	1.4	
11.79	2.7	

Cardiff AAC

1	-	-
-	-	-
-	-	-
-	-	-

Perf	W/S
-	-
-	-
-	-

Cardiff Archers AC

2	-	-
-	-	-
-	-	-
-	-	-

Perf	W/S

Cardiff Archers AC

2	140	MORGAN Abbie X	Shot
	149	MORGAN Abbie X	Triple Jump
-	-	-	-
-	-	-	-

Perf	W/S
7.05	
8.08	0.9
-	-
-	-

Swansea Harriers AC

3	74	JONES Joe	200m
	74	JONES Joe	100m
	73	OPOKU ASAMOAH Steph	100m
	100	SYKES Henry X	100m

Perf	W/S
25.64	1.5
12.09	3.9
13.02	3.9
12.56	2.7

Swansea Harriers AC

3		
	115	-
	117	-
-	-	-
-	-	-

Perf	W/S
-	-
-	-
-	-

Team Avon ©

4	70	VINER James X	Hammer
	71	CASLING James X	400m Hurdles
	142	MAGGS Josh	100m
	143	TUCKER Keelan	Discus

Perf	W/S
47.02	
66.75	
11.34	2.7
26.83	

Team Avon ©

4	27	BENNETT-CORDY Alexia X	80m Hurdles
	28	CARD Phoebe X	100m
	68	MEAD Jessica	Hammer
	69	MCKENZIE Lauren X	100m
-	-	-	-
-	-	-	-

Perf	W/S
11.98	3.0
13.12	2.4
26.51	
13.55	2.4
-	-
-	-

Team DC ©

5	-	-
-	-	-
-	-	-
-	-	-
-	-	-

Perf	W/S

Team DC ©

5	116	BENNEY Rebecca X	Discus
	118	TOMLIN Ella	Shot
	132	HENRY-BROCK Ella X	Shot
-	-	-	-
-	-	-	-

Perf	W/S
28.79	
8.52	
9.77	
-	-
-	-

West Wales ©

6	-	-
-	-	-
-	-	-
-	-	-
-	-	-

Perf	W/S

West Wales ©

6	-	-
-	-	-
-	-	-
-	-	-
-	-	-

Perf	W/S
-	-
-	-
-	-
-	-

Perf	W/S

Perf	W/S

Perf	W/S

Perf	W/S