



## UK YOUTH DEVELOPMENT LEAGUE

### Upper Age Group 2021 Timetables for the first two rounds

#### MATCH 1 - May

TRACK		FIELD	
12:00	400mH (U20M)	12:00	Hammer (Men)
12:10	400mH (U17M)		Triple Jump (Women)
12:25	1500m (U20W)		
12:35	1500m (U17W)	12:30	Pole Vault (Men)
12:45	100m (U20M)		
12:55	100m (U17M)	13:00	Shot Put (Women)
13:10	400m (U20W)		
13:20	300m (U17W)		
13:35	100mH (U17M)	13:30	Discus (Men)
13:45	3000m (Women)		
14:00	110mH (U20M)	14:00	Long Jump (Men)
14:10	200m (U20W)		
14:20	200m (U17W)	14:30	High Jump (Women)
14:35	800m (U20M)		
14:45	800m (U17M)	15:00	Javelin (Women)
15:00	4 x 100m Relay Men		
15:15	2k S/Ch (U20M)		
15:30	4 x 300m Relay (U17W)		
15:40	4 x 400m Relay (U20W)		

#### MATCH 2 - June

TRACK		FIELD	
12:00	400mH (U20W)	12:00	Hammer (Women)
12:10	300mH (U17W)		Triple Jump (Men)
12:25	1500m (U20M)		
12:35	1500m (U17M)	12:30	Pole Vault (Women)
12:45	100m (U20W)		
12:55	100m (U17W)	12:45	Shot Put (Men)
13:10	400m (U20M)		
13:20	400m (U17M)	13:30	Discus (Women)
13:35	80mH (U17W)		
13:45	3000m (Men)	14:00	Long Jump (Women)
14:00	100mH (U20W)		
14:10	200m (U20M)	14:30	High Jump (Men)
14:20	200m (U17M)		
14:35	800m (U20W)	15:00	Javelin (Men)
14:45	800m (U17W)		
15:00	4 x 100m Relay Women		
15:15	1500 S/Ch (U17M)		
15:30	1500 S/Ch (Women)		
15:40	4 x 400m Relay Men		

**One Race under 20 & under 17 athletes A & B Strings**

**With the exception of vertical jumps all athletes will have 3 trials with top 3 U20 & 3 U17 a further 3 trials having first achieved the required standard**



## UK YOUTH DEVELOPMENT LEAGUE

### Upper Age Group 2021 Timetable

#### TRACK Timetable

Time	Event	M/F	Competitors
11:30	400m Hurdles	U20 Men	A followed by B
	400m Hurdles	U17 Men	A followed by B
	400m Hurdles	U20 Women	A followed by B
	300m Hurdles	U17 Women	A followed by B
12:00	1500m	U20 Men	A & B String
	1500m	U17 Men	A & B String
12:15	1500m	U20 Women	A & B String
	1500m	U17 Women	A & B String
12:30	100m	U20 Men	A followed by B
	100m	U17 Men	A followed by B
	100m	U20 Women	A followed by B
	100m	U17 Women	A followed by B
13:10	400m	U20 Men	A followed by B
	400m	U17 Men	A followed by B
	400m	U20 Women	A followed by B
	300m	U17 Women	A followed by B

#### Track Break

14:00	80m Hurdles	U17 Women	A followed by B
14:10	3000m	Men	All
14:25	100m Hurdles	U20 Women	A followed by B
	100m Hurdles	U17 Men	A followed by B
14:40	3000m	Women	All
14:55	110m Hurdles	U20 Men	A followed by B
15:05	200m	U20 Men	A followed by B
	200m	U17 Men	A followed by B
	200m	U20 Women	A followed by B
	200m	U17 Women	A followed by B
15:30	800m	U20 Men	A followed by B
	800m	U17 Men	A followed by B
	800m	U20 Women	A followed by B
	800m	U17 Women	A followed by B
16:00	2000m S/Ch	U20 Men	A & B String

#### Track Cont.

Time	Event	M/F
16.10	4 x 100m R	U17 Women
	4 x 100m R	U17 Men
	4 x 100m R	U20 Women
	4 x 100m R	U20 Men
16.30	1500m S/Ch	U17 Men A & B String
16.40	1500m S/Ch	Women - All
16.50	4 x 300m R	U17 Women
	4 x 400m R	U17 Men
	4 x 400m R	U20 Women
	4 x 400m R	U20 Men

In the above steeplechase events A & B String athletes run together

#### FIELD Timetable

Time	Event	M/F
11.15	Hammer	Men
	Long Jump	Men
	Shot	Women
11.30	Pole Vault	Women
12.15	Hammer	Women
12.30	High Jump	Men
13.00	Long Jump	Women
13.15	Discus	Men
14.15	Discus	Women
14.30	Shot	Men
14.45	Pole Vault	Men
	High Jump	Women
	Triple Jump	Men
15.30	Javelin	Men
16.00	Triple Jump	Women
16.30	Javelin	Women

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One Race under 20 & under 17 athletes A & B Strings