

## YDL Composite teams 2022

### Midland Region Lower Age Group – u13/u15

- 1) **Bristol & West with Mendip** - Bristol & West AC; Mendip AC
- 2) **Gwent Harriers** – Blaenau Gwent AC; Cwmbran Harriers (**NEW**)
- 3) **Notts Lincs Alliance** - Bourne AC; Grantham AC; Newark AC; Sleaford AC
- 4) **South Wales** - Aberdare Valley AAC; Barry & Vale Harriers; Bridgend AC; Pont-Y-Clun AC; Rhondda AC
- 5) **Team Green** – Forest of Dean AC; Hereford & County AC (**NEW**)

### Midland Region Upper Age Group – u17/u20

- 1) **Coventry Godiva & Leamington C&AC** – Coventry Godiva Harriers; Leamington Cycling & Athletics Club
- 2) **East Wales** - Blaenau Gwent AC; Brecon AC; Cwmbran Harriers; Newport Harriers; Rhymney Valley AC
- 3) **South Wales** - Aberdare Valley AAC; Barry & Vale Harriers; Bridgend AC; Pont-Y-Clun AC; Rhondda AC
- 4) **Team Avon** - Bristol & West AC; Mendip AC; Team Bath AC; Yate & District AC
- 5) **Team Green** – Forest of Dean AC; Hereford & County AC (**NEW**)
- 6) **West Wales** – Carmarthen Harriers; Llanelli AC; Neath Harriers; Pembrokeshire Harriers; Sarn Helen

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### Northern Region Lower Age Group – u13/u15

- 1) **Team IOM Youth** - Manx Harriers; Northern (IOM) AC; Western (IOM) AC
- 2) **Team North Cumbria** - Carlisle Aspatria AC; Copeland AC; Eden Runners; Seaton AC

### Northern Region Upper Age Group – u17/u20

- 1) **Kingdom Athletics** - Dundee Hawkhill Harriers; Fife AC; Pitreavie AAC
- 2) **M60 Nomads** - Altrincham & District; Bury AC; East Cheshire Harriers & Tameside AC; Oldham & Royton Harriers; Salford Metropolitan AC
- 3) **North Wales** - Colwyn Bay AAC; Deeside AAC; Menai T & F; Wrexham AAC
- 4) **Team Forth Valley** - Central AC; Falkirk Victoria Harriers; Livingston AC; Lothian RC; Team East Lothian AC
- 5) **Team North Cumbria** - Carlisle Aspatria AC; Copeland AC; Eden Runners; Seaton AC

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### Scottish Region Lower Age Group – u13/u15

- 1) **Clydesdale & Helensburgh** - Clydesdale Harriers; Helensburgh AAC
- 2) **Perth Strathtay and Montrose** – Perth Strathtay Harriers; Montrose AC
- 3) **South Lanarkshire** – East Kilbride AC; Hamilton AC; Larkhall YMCA Harriers; Law & District AC; Whitemoss AAC
- 4) **Team Ayrshire** – Ayr Seaforth AC; North Ayrshire AC (**NEW**)
- 5) **Team East Lothian** – Dunbar RC; Haddington RC; Musselburgh & District AC; Team East Lothian AC (**NEW**)
- 6) **Team North** – Elgin AAC; Moray RR; Nairn AAC; Ross County AC
- 7) **Team North Lanarkshire** – Airdrie Harriers; Cumbernauld AAC; Motherwell AC

### **Southern Region Lower Age Group – u13/u15**

- 1) **Bournemouth & New Forest Jun** - Bournemouth AC; New Forest Juniors AC
- 2) **Paddock Wood & Folkestone** – Folkestone RC; Paddock Wood AC
- 3) **Team Bedfordshire** - Bedford & County; Biggleswade AC; Leighton Buzzard AC; Luton AC
- 4) **Team Dorset** - Dorchester AC; Poole AC; Poole Runners: Wimborne AC

### **Southern Region Upper Age Group – u17/u20**

- 1) **Basildon Beagles** - Basildon AC; Newham & Essex Beagles AC
- 2) **Bournemouth, New Forest & Salisbury** - Bournemouth AC; New Forest Juniors AC; Salisbury AC
- 3) **Camberley & District AC / Woking AC**
- 4) **Harrow & Dacorum** – Harrow AC; Dacorum & Tring AC
- 5) **Holland Sports & Reigate Priory** – Holland Sports AC; Reigate Priory AC
- 6) **Portsmouth & Winchester** – City of Portsmouth AC; Winchester & District AC
- 7) **South Bucks** - Chiltern Harriers; Wycombe Phoenix Harriers
- 8) **Team ATIP** - Ashford AC; Invicta East Kent AC; Paddock Wood AC; Thanet AC
- 9) **Team Sussex** - East Grinstead AC; Eastbourne Rovers AC; Lewes AC
- 10) **Team West London** - Ealing, Southall & Middlesex AC; Thames Valley Harriers
- 11) **Victoria Heathside Highgate** - Heathside Harriers; Highgate Harriers; Victoria Park & Tower Hamlets AC