

REPORTING TIMES & ACCESS POINTS:

There is no call room, team managers must therefore ensure that all athletes report for their event on time (see below).

Only athletes who are competing will be allowed into the competition area.

The right to remove anyone who is found to be in breach of any of these requirements is maintained.

TRACK:

Athletes **MUST** assemble outside the track near to the start of their track event, **ten minutes before** the event is due to start, and wait until they are called in by the Starters Assistant. They must be ready to race.

100m Start (No 1)	200m Start (No 2)	300m Start (No 3)	400m Start Finish (No 4)
70mh	150m	300m	400m
75mh	200m	1500m	800m
80mh	3000m	300mh	1200m
100mh		1500mSC	400mh
110mh			2000mSC
75m			
100m		ALL Relay athletes to report to 400m Start / Finish (No 4)	

It will be the Team Manager's responsibility to ensure that athletes are there. **No races will be held up waiting for athletes.**

Team Managers should also ensure that relay athletes know their relevant takeover markings and rules.

WA & UKA Competition Rules. TR 24 Relays

Starter's Assistants and Track Umpires may not have time to explain the rule to athletes at the takeovers.

FIELD:

Athletes **MUST** assemble outside the track near to the access point for their designated event, as shown on the stadium layout plan, available to download from the YDL web site. Athletes will be led to their event site by one of the field officials.

Athletes will have a minimum of **ONE WARM UP** trial, a second trial will be allowed, time permitting. Events **MUST** start on time.

Access Points and Reporting Times		
Event	Access Point	Reporting Time
Pole Vault	Access Point 3 - (300m start)	60 minutes
High Jump	Access Point 4 - (400m start)	45 minutes
Hammer	Access Point 1 - (100m start)	30 minutes
Discus	Access Point 1 - (100m start)	30 minutes
Javelin	Access Point 3 - (300m start)	30 minutes
Shot	Access Point 1 - (100m start)	30 minutes
Long Jump	Access Point 1 - (100m start)	30 minutes
Triple Jump	Access Point 1 - (100m start)	30 minutes