YDL 2026 LOWER AGE GROUP LEAGUE STRUCTURE - SOUTHERN (as at 20 March)

	Premier	Date & Venue
1	**Blackheath & Bromley Harriers & AC**	**Sun 31 May at Norman Park, Bromley**
2	Brighton & Hove AC	
3	**Reading AC**	**Sat 18 Jul at Palmer Park**
4	**Tonbridge AC**	**Sat1 Aug at Tonbridge school athletics track**
5	Winchester & District AC	
6	**Woodford Green with Essex Ladies AC**	**Sun 3 May at Ashton Playing Fields**

Top 2 teams to be invited to the National Final. Bottom 2 teams relegated to Division 1A, B, C, D, or E

	Division 1A	Date & Venue
1	**Bexley AC**	**Sun 3 May at Erith stadium, Bexley tbc***
2	**Cambridge Harriers**	**Sun 31 May & Sat 1 Aug at Sutcliffe Park, Eltham**
3	Havering AC	
4	Herne Hill Harriers	
5	Newham & Essex Beagles AC	
6	**Victoria Park & Tower Hamlets AC**	**Sat 18 Jul at Mile End Stadium**

awaiting confirmation on track for 3 May

	Division 1B	Date & Venue
1	Bournemouth & New Forest Jnrs ©	
2	**Chichester Runners & AC**	**Sun 3 May at Mountbatten Stadium, Portsmouth**
3	**City of Portsmouth AC**	**Sun 31 May at Mountbatten Stadium, Portsmouth**
4	**Southampton AC**	**Sat 1 Aug at Southampton Sports centre**
5	**Team Dorset ©**	**Sat 18 Jul at Salisbury Running Track**

	Division 1C	Date & Venue
1	Crawley AC	
2	**Dartford Harriers AC**	**Sat 1 Aug at Central Park, Dartford**
3	**Hastings AC**	**Sat 18 Jul at William Parker Arena**
4	HY AC	
5	**Paddock Wood & Folkestone©**	**Sun 3 May at Julie Rose Stadium, Ashford**

No track available for the match on 31 May

	Division 1D	Date & Venue
1	**Chiltern Harriers AC**	**Sun 3 May at Wycombe Athletics Complex**
2	**Dacorum AC**	**Sun 31 May at Jarman Park, Hemel Hempstead**
3	**Oxford City AC**	**Sat 1 Aug at Horspath stadium**
4	Vale of Aylesbury AC	
5	Wycombe Phoenix AC	

No host for the match on 18 July

	Division 1E	Date & Venue
1	Croydon Harriers	
2	Holland Sports AC	
3	**Kingston AC & Polytechnic Harriers**	**Sat 18 Jul at Weir Archer Track, Kingsmeadow**
4	**Momentum Track Club**	**Sun 31 May at Weir Archer Track, Kingsmeadow**
5	**St. Mary's Richmond AC**	**Sun 3 May at Weir Archer Track, Kingsmeadow**
6	**Team Sussex ©**	**Sat 1 Aug at Lewes Community athletics track**

	Division 1F	Date & Venue
1	Bracknell AC	
2	**Guildford & Godalming AC**	**Sat 1 Aug at Spectrum LC Guildford**
3	**Hillingdon AC - NO Pole Vault**	**Sat 18 Jul at Hillingdon Athletics Stadium**
4	**Walton AC**	**Sun 31 May at Xcel Sports Hub**
5	**Windsor, Slough, Eton & Hounslow A**	**Sun 3 May at Thames Valley Athletics Centre**

© = composite team

PROMOTION/RELEGATION SUBJECT TO POSSIBLE CHANGES FOR 2027