

LEVEL	LOWER	Track Events Start in Lane
REGION	SOUTH	
DIVISION	Division 1A	
MATCH	3	
P/FINISH	YES	1
Timetable	Main	

TOTAL EVENTS	58
NO COMPETITORS/EVENT CANCELLED/NMR/NOT ON TIMET	4
EVENT SCORED	54
REMAINING	-

Date Saturday, July 18 2026

Venue MILE END STADIUM

Host Club Victoria Park H & Tower Hamlets AC

Bib	Team Name	Abbrev.	Officials	Track	Relays	Field	Total
1	Bexley AC	Bex	52.0	137.0	20.0	146.0	355.0
2	Cambridge Harriers (Kent)	Camb H	32.0	162.0	24.0	93.0	311.0
3	Havering AC	Have	12.0	311.0	47.0	292.0	662.0
4	Herne Hill Harriers	HHH	40.0	194.0	25.0	162.0	421.0
5	Newham & Essex Beagles AC	NEB		75.0	11.0	112.0	198.0
6	Victoria Park H & Tower Hamlets AC	VP&TH	48.0	172.0	27.0	157.0	404.0
-				-	-	-	-
-				-	-	-	-

Posn This Match	Team Name	This Match Points	League Points	B/fwd Match	B/fwd League	Total Match	Total League	Standings
1	Havering AC	662.0	6.0	1203.0	12.0	1865.0	18.0	1
2	Herne Hill Harriers	421.0	5.0	1008.0	10.0	1429.0	15.0	2
3	Victoria Park H & Tower Hamlets AC	404.0	4.0	662.0	4.0	1066.0	8.0	5
4	Bexley AC	355.0	3.0	783.5	6.0	1138.5	9.0	4
5	Cambridge Harriers (Kent)	311.0	2.0	878.5	8.0	1189.5	10.0	3
6	Newham & Essex Beagles AC	198.0	1.0	302.0	2.0	500.0	3.0	6
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		-						

Posn	POINTS FOR PERFORMANCE TABLE	Points
1	Havering AC	62,079
2	Herne Hill Harriers	37,586
3	Victoria Park H & Tower Hamlets AC	35,992
4	Cambridge Harriers (Kent)	29,736
5	Bexley AC	23,481
6	Newham & Essex Beagles AC	19,543

Posn	Top 10 Scoring Athletes	Points	Perf	Club	Event	UKYDL
1	Joshua BUXTON (U16)	1,425	13.72	Have	U16 Boys 100m Hurdles A	
2	Elijah LOWE (U14)	1,295	24.28	Have	U14 Boys 200m A	
3	Elijah LOWE (U14)	1,209	11.81	Have	U14 Boys 100m A	
4	Dre OVERARE (U14)	1,018	12.38	Have	U14 Boys 100m B	
5	Dre OVERARE (U14)	1,014	26.06	Have	U14 Boys 200m B	
6	Winston FASHUGBA (U14)	1,008	26.10	HHH	U14 Boys 200m A	
7	Cymphonique BARRETT (U14)	997	25.78	HHH	U14 Girls 200m A	
8	Levi FRENCH (U14)	984	26.26	VP&TH	U14 Boys 200m A	
9	Olivia ADAMSON (U14)	974	11.25	HHH	U14 Girls Shot 2.72Kg A	
10	Maxwell GUEZODJE (U16)	968	15.54	Camb H	U16 Boys 100m Hurdles A	

SOUTH LOWER Division 1A @ MILE END STADIUM on 18 July 2026

U16 Boys 300m Hurdles A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Maxwell GUEZODJE (U16)	Camb H	41.27	9
2	6	Leonardo SHARPE (U16)	VP&TH	41.41	9
3	3	Nathan HATHAWAY (U16)	Have	43.08	7
4	4	Henry KUCEROV (U16)	HHH	51.83	2
5	1	Milan VADASZ (U16)	Bex	53.59	1
6					
7					
8					

U16 Boys 300m Hurdles B

Posn	Bib	Athlete	Club	Perf	EA
1	33	George ROGERS (U16)	Have	43.95	7
2	22	Levi MGBEDIKE (U16)	Camb H	44.59	6
3					
4					
5					
6					
7					
8					

U16 Boys 100m Hurdles A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Joshua BUXTON (U16)	Have	13.72	9
2	2	Maxwell GUEZODJE (U16)	Camb H	15.54	5
3	1	Milan VADASZ (U16)	Bex	19.86	1
4					
5					
6					
7					
8					

U16 Boys 100m Hurdles B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Rehan SYED (U16)	Have	15.81	5
2					
3					
4					
5					
6					
7					
8					

U16 Boys 100m A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Joshua BUXTON (U16)	Have	11.47	8
2	2	Jovani LINDSEY (U16)	Camb H	11.50	8
3	6	Amari AFEDZIE (U16)	VP&TH	11.56	8
4	4	Joel OMONIYI (U16)	HHH	12.00	6
5	5	Matthew EGBEBAUWAYE (U16)	NEB	12.56	3
6	1	Elnathan PIUS (U16)	Bex	12.56	3
7					
8					

U16 Boys 100m B

Posn	Bib	Athlete	Club	Perf	EA
1	33	David OJO EKHATOR (U16)	Have	11.80	7
2	22	Lucas COLLEY (U16)	Camb H	12.02	6
3	55	Kaede FRIMPONG (U16)	NEB	12.33	4
4	66	Jameli THOMAS (U16)	VP&TH	12.40	4
5	44	Zakkai CLARKE-FELIX (U16)	HHH	12.68	3
6	11	Joseph RIDOUT (U16)	Bex	12.71	3
7					
8					

U16 Boys 200m A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Jovani LINDSEY (U16)	Camb H	22.78	9
2	4	Mason ELWIN-DAVIS (U16)	HHH	23.77	7
3	6	Amari AFEDZIE (U16)	VP&TH	24.17	6
4	3	David OJO EKHATOR (U16)	Have	24.34	6
5	5	Matthew EGBEBAUWAYE (U16)	NEB	26.14	2
6	1	Joseph RIDOUT (U16)	Bex	27.00	1
7					
8					

U16 Boys 200m B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Zaire LEWIN-DAWKINS (U16)	Have	24.18	6
2	44	Joel OMONIYI (U16)	HHH	24.60	5
3	22	Frankie BELSHAM MILLER (U16)	Camb H	25.11	4
4	55	Kaede FRIMPONG (U16)	NEB	25.63	3
5	66	Jameli THOMAS (U16)	VP&TH	27.39	1
6					
7					
8					

SOUTH LOWER Division 1A @ MILE END STADIUM on 18 July 2026

U16 Boys 300m A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Jovani LINDSEY (U16)	Camb H	37.55	9
2	6	Leonardo SHARPE (U16)	VP&TH	38.47	7
3	3	Zephaniah SMITH (U16)	Have	39.04	7
4	1	Elnathan PIUS (U16)	Bex	41.79	4
5	4	John REYNOLDS (U16)	HHH	46.00	2
6					
7					
8					

U16 Boys 300m B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Lucas COLLEY (U16)	Camb H	38.81	7
2	33	Nathan HATHAWAY (U16)	Have	39.49	6
3	11	Daniel PRICE (U16)	Bex	42.72	4
4	66	Kaydn-jae OKYERE-BOUR (U16)	VP&TH	44.69	2
5	44	Miki HIRSIG (U16)	HHH	50.99	
6					
7					
8					

U16 Boys 800m A

Posn	Bib	Athlete	Club	Perf	EA
1	33	Jake TREGIDGO (U16)	Have	02:07.09	
2	4	John REYNOLDS (U16)	HHH	02:12.45	
3	66	Leo TOGHER (U16)	VP&TH	02:13.24	
4	5	Baron ABEGUNDE (U16)	NEB	02:13.37	
5	1	Harry CANE (U16)	Bex	02:15.33	
6					
7					
8					

U16 Boys 800m B

Posn	Bib	Athlete	Club	Perf	EA
1	3	Jack ROSSINGTON (U16)	Have	02:07.66	
2	6	Hobbs DINOLT (U16)	VP&TH	02:18.83	
3	44	Miki HIRSIG (U16)	HHH	02:25.30	
4					
5					
6					
7					
8					

U16 Boys 1500m A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Ayotunde DAUDA (U16)	Camb H	04:12.98	8
2	6	Aidan WOLPERT (U16)	VP&TH	04:15.98	8
3	3	Freddie SCOREY-HALL (U16)	Have	04:21.63	7
4	1	Daniel PRICE (U16)	Bex	04:51.90	3
5	4	Henry KUCEROV (U16)	HHH	05:23.63	
6					
7					
8					

U16 Boys 1500m B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Joseph SEWELL (U16)	Have	04:43.07	4
2	66	Hector PITKETHLY (U16)	VP&TH	04:51.31	3
3					
4					
5					
6					
7					
8					

U16 Boys Long Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Isaac AJAO (U16)	Camb H	5.46	6
2	33	Timi Oluborode OLUSEYE (U16)	Have	5.17	5
3	1	Elnathan PIUS (U16)	Bex	4.87	3
4	4	Ayo BABATUNDE (U16)	HHH	4.64	3
5	5	Leon LACAJ (U16)	NEB	4.41	2
6	66	Hobbs DINOLT (U16)	VP&TH	4.26	1
7					
8					

U16 Boys Long Jump B

Posn	Bib	Athlete	Club	Perf	EA
1	3	Tobi Oluborode OLUSEYE (U16)	Have	5.08	4
2	11	Joseph RIDOUT (U16)	Bex	4.76	3
3	55	Nathan OBURONI (U16)	NEB	4.32	1
4	44	Henry KUCEROV (U16)	HHH	4.21	1
5	6	Leo TOGHER (U16)	VP&TH	4.21	1
6					
7					
8					

U16 Boys High Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Blessed AWOLOPE (U16)	HHH	1.71	8
2	3	Joshua BUXTON (U16)	Have	1.65	7
3	2	Sherwin FELIX (U16)	Camb H	1.55	5
4	5	Baron ABEGUNDE (U16)	NEB	1.40	2
5	66	Leo TOGHER (U16)	VP&TH	1.35	1

U16 Boys High Jump B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Nathan HATHAWAY (U16)	Have	1.55	5
2	22	Ayotunde DAUDA (U16)	Camb H	1.50	4

SOUTH LOWER Division 1A @ MILE END STADIUM on 18 July 2026

U16 Boys Pole Vault A

Posn	Bib	Athlete	Club	Perf	EA
1	99	Event Cancelled			

U16 Boys Pole Vault B

Posn	Bib	Athlete	Club	Perf	EA
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U16 Boys Shot 4Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Amin ADAMSON (U16)	HHH	11.95	7
2	3	Zephaniah SMITH (U16)	Have	10.67	5
3	6	Jahz ANTOINE (U16)	VP&TH	10.64	5
4	2	Diego MEALIN (U16)	Camb H	8.78	2
5	55	Nathan OBURONI (U16)	NEB	6.93	
6					
7					
8					

U16 Boys Shot 4Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Barney SULLIVAN (U16)	Have	8.61	2
2	22	Sherwin FELIX (U16)	Camb H	6.84	
3	44	John REYNOLDS (U16)	HHH	6.45	
4	5	Leon LACAJ (U16)	NEB	5.84	
5					
6					
7					
8					

U16 Boys Discus 1.25Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	33	Ethan JOHNSON (U16)	Have	36.75	8
2	4	Amin ADAMSON (U16)	HHH	26.22	4
3	6	Jahz ANTOINE (U16)	VP&TH	25.87	4
4	2	Levi MGBEDIKE (U16)	Camb H	18.70	1
5	1	Augustas STONKUS (U16)	Bex	13.46	
6					
7					
8					

U16 Boys Discus 1.25Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	3	Matthew HAMBERGER (U16)	Have	31.24	6
2	66	Dembo JAWARA SUKNA (U16 VP&TH		9.65	
3					
4					
5					
6					
7					
8					

U16 Boys Hammer 4Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	6	Jahz ANTOINE (U16)	VP&TH	31.34	3
2	3	Ethan JOHNSON (U16)	Have	23.68	1
3	2	Maxwell GUEZODJE (U16)	Camb H	20.20	
4	1	Augustas STONKUS (U16)	Bex	15.93	
5					
6					
7					
8					

U16 Boys Hammer 4Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Zephaniah SMITH (U16)	Have	20.52	
2	22	Diego MEALIN (U16)	Camb H	17.42	
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5					
6					
7					
8					

SOUTH LOWER Division 1A @ MILE END STADIUM on 18 July 2026

U16 Boys Javelin 600g A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Ethan JOHNSON (U16)	Have	39.86	6
2	4	Wilf TAYLOR (U16)	HHH	35.39	5
3	2	Diego MEALIN (U16)	Camb H	29.46	3
4	55	Kaede FRIMPONG (U16)	NEB	23.67	1
5	1	Milan VADASZ (U16)	Bex	20.87	
6	66	Hobbs DINOLT (U16)	VP&TH	16.52	
7					
8					

U16 Boys Javelin 600g B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Barney SULLIVAN (U16)	Have	25.53	1
2	11	Augustas STONKUS (U16)	Bex	19.69	
3	5	Matthew EGBEOBAUWAYE (U16)	NEB	18.23	
4	6	Hector PITKETHLY (U16)	VP&TH	14.45	
5	44	Zakkai CLARKE-FELIX (U16)	HHH	8.45	
6					
7					
8					

U16 Boys 4 x 100m

Posn	Bib	Runners	Club	Perf
1	2	Frankie BELSHAM MILLER (U16) * Waylon LEE (U16) * Levi MGBEDIKE (U16) * Isaac AJAO (U16)	Camb H	46.55
2	3	David OJO EKHATOR (U16) * Zaire LEWIN-DAWKINS (U16) * Tobi Oluborode OLUSEYE (U16) * Joshua BUX	Have	46.68
3	6	Kaydn-jae OKYERE-BOUR (U16) * Jameli THOMAS (U16) * Leonardo SHARPE (U16) * Amari AFEDZIE (U16)	VP&TH	49.35
4	4	Ayo BABATUNDE (U16) * Mason ELWIN-DAVIS (U16) * Maleek PALMER (U16) * Zakkai CLARKE-FELIX (U16)	HHH	50.60
5	1	Harry CANE (U16) * Elnathan PIUS (U16) * Joseph RIDOUT (U16) * Daniel PRICE (U16)	Bex	52.34
6				
7				
8				

U16 Boys 4 x 300m

Posn	Bib	Runners	Club	Perf
1	2	Jovani LINDSEY (U16) * Ayotunde DAUDA (U16) * Isaac AJAO (U16) * Maxwell GUEZODJE (U16)	Camb H	02:42.51
2	3	Aidan FAIRFAX (U16) * Rehan SYED (U16) * Jack ROSSINGTON (U16) * Nathan HATHAWAY (U16)	Have	02:45.29
3	4	Blessed AWOLOPE (U16) * Miki HIRSIG (U16) * Joel OMONIYI (U16) * John REYNOLDS (U16)	HHH	02:57.94
4	6	Aidan WOLPERT (U16) * Kaydn-jae OKYERE-BOUR (U16) * Amari AFEDZIE (U16) * Leo TOGHER (U16)	VP&TH	02:58.55
5				
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8				

TEAMS BY AGE GROUP

U16 Boys	Points	P4P
1 Havering AC	199.0	19,958
2 Cambridge Harriers (Kent)	141.0	14,088
3 Victoria Park H & Tower Hamlets AC	109.0	11,330
4 Herne Hill Harriers	102.0	9,134
5 Bexley AC	68.0	6,315
6 Newham & Essex Beagles AC	49.0	4,907
7	-	-
7	-	-

SOUTH LOWER Division 1A @ MILE END STADIUM on 18 July 2026

U16 Girls 300m Hurdles A

Posn	Bib	Athlete	Club	Perf	EA
1	6	Alaia AJANLEKOKO	GOMENDI VP&TH	45.71	9
2	3	Abigail ADEGITE (U16)	Have	46.68	9
3	2	Elizabeth MCKEN (U16)	Camb H	47.53	9
4					
5					
6					
7					
8					

U16 Girls 300m Hurdles B

Posn	Bib	Athlete	Club	Perf	EA
1	66	Angel AKINWUMI (U16)	VP&TH	52.67	4
2	33	Amelie SHEARING (U16)	Have	54.15	3
3					
4					
5					
6					
7					
8					

U16 Girls 80m Hurdles A

Posn	Bib	Athlete	Club	Perf	EA
1	6	Zhane PILGRIM (U16)	VP&TH	12.01	9
2	4	Sasha NOLAN (U16)	HHH	12.18	9
3	3	Omezirim NWAPA (U16)	Have	12.56	8
4	1	Chidimma ANYAEGBU (U16)	Bex	16.45	1
5					
6					
7					
8					

U16 Girls 80m Hurdles B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Brooke LAVEY (U16)	Have	13.30	6
2	66	Angel AKINWUMI (U16)	VP&TH	14.63	3
3	11	Alexandra OKWARA (U16)	Bex	15.81	2
4					
5					
6					
7					
8					

U16 Girls 100m A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Mesha GAMBRAH (U16)	NEB	12.66	8
2	6	Mercy OJO (U16)	VP&TH	12.85	7
3	4	Sasha NOLAN (U16)	HHH	12.99	6
4	1	Kerienah BAILEY (U16)	Bex	13.20	5
5	3	Esther OLAJIDE (U16)	Have	13.30	5
6	2	Tosia PROCAJIO (U16)	Camb H	13.87	2
7					
8					

U16 Girls 100m B

Posn	Bib	Athlete	Club	Perf	EA
1	44	Alissa JONES-ARYEH (U16)	HHH	12.33	9
2	66	Mya LARTER (U16)	VP&TH	13.17	5
3	11	Angeliyah Olivia ARABA BLAN	Bex	13.48	4
4	33	Danielle ADEYINKA (U16)	Have	13.50	4
5	55	Antonina DUDOJC (U16)	NEB	15.08	
6					
7					
8					

U16 Girls 200m A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Ni'eijah THOMAS (U16)	HHH	25.67	7
2	6	Mercy OJO (U16)	VP&TH	26.55	5
3	3	Omezirim NWAPA (U16)	Have	27.17	5
4	5	Aisha AGBALAYA (U16)	NEB	28.28	3
5	1	Angeliyah Olivia ARABA BLAN	Bex	28.93	3
6					
7					
8					

U16 Girls 200m B

Posn	Bib	Athlete	Club	Perf	EA
1	44	Alissa JONES-ARYEH (U16)	HHH	25.76	7
2	33	Esther OLAJIDE (U16)	Have	28.00	4
3	66	Mya LARTER (U16)	VP&TH	28.39	3
4	55	Raja BAIA (U16)	NEB	31.48	
5	11	Imanie BOAKYE-ANSAH (U16)	Bex	37.30	
6					
7					
8					

SOUTH LOWER Division 1A @ MILE END STADIUM on 18 July 2026

U16 Girls 300m A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Millie COOK (U16)	Have	41.96	8
2	1	Kerienah BAILEY (U16)	Bex	43.81	6
3	6	Miaa GRANT (U16)	VP&TH	43.93	6
4					
5					
6					
7					
8					

U16 Girls 300m B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Scarlett BARCLAY (U16)	Have	44.38	5
2	66	Oprah ADOMAKO (U16)	VP&TH	46.96	4
3	11	Nabilah ODUBAMOWO (U16)	Bex	52.82	1
4					
5					
6					
7					
8					

U16 Girls 800m A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Millie COOK (U16)	Have	02:29.00	
2	4	Isobel MCLENNAN (U16)	HHH	02:30.81	
3	1	Adaora OKAFOR (U16)	Bex	02:43.85	
4					
5					
6					
7					
8					

U16 Girls 800m B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Evie GREEN (U16)	Have	02:44.16	
2					
3					
4					
5					
6					
7					
8					

U16 Girls 1500m A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Scarlett PYEMONT (U16)	HHH	05:06.04	5
2	3	Holly MASON-HUGHES (U16)	Have	06:03.42	
3	1	Caitlin MACKINTOSH (U16)	Bex	06:17.81	
4					
5					
6					
7					
8					

U16 Girls 1500m B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U16 Girls Long Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	6	Zhane PILGRIM (U16)	VP&TH	5.45	9
2	2	Elizabeth MCKEN (U16)	Camb H	4.92	6
3	3	Omezirim NWAPA (U16)	Have	4.77	6
4	44	Sienna GREEN (U16)	HHH	4.40	4
5	5	Aisha AGBALAYA (U16)	NEB	4.31	4
6	1	Chidimma ANYAEGBU (U16)	Bex	4.25	4
7					
8					

U16 Girls Long Jump B

Posn	Bib	Athlete	Club	Perf	EA
1	66	Mya LARTER (U16)	VP&TH	4.99	7
2	33	Mia BORISOVA (U16)	Have	4.55	5
3	55	Raja BAIA (U16)	NEB	3.96	2
4	11	Alexandra OKWARA (U16)	Bex	3.95	2
5	4	Sasha NOLAN (U16)	HHH	X	
6					
7					
8					

U16 Girls High Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	6	Zhane PILGRIM (U16)	VP&TH	1.55	8
2	3	Abigail ADEGITE (U16)	Have	1.50	7
3	11	Alexandra OKWARA (U16)	Bex	1.30	3
4	5	Aisha AGBALAYA (U16)	NEB	1.30	3

U16 Girls High Jump B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Esther OLAJIDE (U16)	Have	1.45	6
2	55	Raja BAIA (U16)	NEB	1.25	2
3	1	Chidimma ANYAEGBU (U16)	Bex	1.25	2
4	66	Ariette LOMBADZI-SHEKAHUI	VP&TH	1.20	1

SOUTH LOWER Division 1A @ MILE END STADIUM on 18 July 2026

U16 Girls Pole Vault A

Posn	Bib	Athlete	Club	Perf	EA
1	99	Event Cancelled			

U16 Girls Pole Vault B

Posn	Bib	Athlete	Club	Perf	EA
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U16 Girls Shot 3Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	6	Carmelita FADOJU (U16)	VP&TH	9.57	6
2	44	Nahla BERRY (U16)	HHH	9.53	6
3	33	Kia HYLTON-JONES (U16)	Have	8.79	4
4	1	Haleema OKEJIMI (U16)	Bex	7.15	2
5	5	Mesha GAMBRAH (U16)	NEB	6.53	1
6					
7					
8					

U16 Girls Shot 3Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	4	Keona HARRISON (U16)	HHH	9.39	5
2	3	Danielle ADEYINKA (U16)	Have	8.66	4
3	66	Alaia AJANLEKOKO GOMENDI	VP&TH	7.51	2
4	11	Sheun BELLO (U16)	Bex	7.08	2
5					
6					
7					
8					

U16 Girls Discus 1Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	6	Carmelita FADOJU (U16)	VP&TH	20.31	4
2	3	Kia HYLTON-JONES (U16)	Have	18.65	3
3	1	Adaora OKAFOR (U16)	Bex	10.28	
4	4	Keona HARRISON (U16)	HHH	X	
5					
6					
7					
8					

U16 Girls Discus 1Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Ava SWEENEY (U16)	Have	13.98	1
2	11	Caitlin MACKINTOSH (U16)	Bex	7.79	
3					
4					
5					
6					
7					
8					

U16 Girls Hammer 3Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Haleema OKEJIMI (U16)	Bex	34.80	6
2	6	Carmelita FADOJU (U16)	VP&TH	31.20	5
3	2	Elizabeth MCKEN (U16)	Camb H	18.37	1
4	33	Amira BRYANT-AFRIYIE (U16)	Have	17.50	
5					
6					
7					
8					

U16 Girls Hammer 3Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	11	Sheun BELLO (U16)	Bex	16.85	
2	3	Evie GREEN (U16)	Have	16.08	
3					
4					
5					
6					
7					
8					

SOUTH LOWER Division 1A @ MILE END STADIUM on 18 July 2026

U16 Girls Javelin 500g A

Posn	Bib	Athlete	Club	Perf	EA
1	6	Enara AJANLEKOKOGOMENDI	VP&TH	24.55	2
2	3	Evie GREEN (U16)	Have	19.38	
3	4	Scarlett PYEMONT (U16)	HHH	13.89	
4	5	Mesha GAMBRAH (U16)	NEB	12.97	
5	1	Haleema OKEJIMI (U16)	Bex	11.45	
6					
7					
8					

U16 Girls Javelin 500g B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Ava SWEENEY (U16)	Have	17.93	
2	66	Mercy OJO (U16)	VP&TH	15.77	
3	11	Aimee LOKO (U16)	Bex	11.01	
4	55	Antonina DUDOJC (U16)	NEB	6.58	
5					
6					
7					
8					

U16 Girls 4 x 100m

Posn	Bib	Runners	Club	Perf
1	6	Mya LARTER (U16) * Zhane PILGRIM (U16) * Alaia AJANLEKOKO GOMENDIO (U16) * Mercy OJO (U16)	VP&TH	51.29
2	4	Nahla BERRY (U16) * Alissa JONES-ARYEH (U16) * Sasha NOLAN (U16) * Ni'eijah THOMAS (U16)	HHH	51.71
3	3	Omezirim NWAPA (U16) * Danielle ADEYINKA (U16) * Mia BORISOVA (U16) * Ava SWEENEY (U16)	Have	53.81
4	1	Sheun BELLO (U16) * Haleema OKEJIMI (U16) * Angeliyah Olivia ARABA BLANKSON (U16) * Kerienah BAILE	Bex	54.23
5	5	Raja BAIA (U16) * Aisha AGBALAYA (U16) * Antonina DUDOJC (U16) * Mesha GAMBRAH (U16)	NEB	55.32
6				
7				
8				

U16 Girls 4 x 300m

Posn	Bib	Runners	Club	Perf
1	3	Abigail ADEGITE (U16) * Esther OLAJIDE (U16) * Scarlett BARCLAY (U16) * Millie COOK (U16)	Have	03:03.63
2	6		VP&TH	03:06.54
3	1	Nabilah ODUBAMOWO (U16) * Caitlin MACKINTOSH (U16) * Adaora OKAFOR (U16) * Kerienah BAILEY (U16)	Bex	03:24.11
4				
5				
6				
7				
8				

TEAMS BY AGE GROUP

U16 Girls	Points	P4P
1 Havering AC	171.0	14,999
2 Victoria Park H & Tower Hamlets AC	151.0	13,714
3 Bexley AC	117.0	8,148
4 Herne Hill Harriers	84.0	8,330
5 Newham & Essex Beagles AC	53.0	4,402
6 Cambridge Harriers (Kent)	22.0	2,393
7	-	-
7	-	-

SOUTH LOWER Division 1A @ MILE END STADIUM on 18 July 2026
U14 Boys 80m Hurdles A

Posn	Bib	Athlete	Club	Wind	Perf	EA
1	3	Teddy MADLIN (U14)	Have	+3.1	14.25	3
2	1	Denes VADASZ (U14)	Bex		17.63	
3						
4						
5						
6						
7						
8						

U14 Boys 80m Hurdles B

Posn	Bib	Athlete	Club	Wind	Perf	EA
1	33	George OLUBUKOLA-SOGBET	Have	+3.1	15.33	2
2	11	Harry LIVERMORE (U14)	Bex		18.83	
3						
4						
5						
6						
7						
8						

U14 Boys 100m A

Posn	Bib	Athlete	Club	Wind	Perf	EA
1	3	Elijah LOWE (U14)	Have	+1.0	11.81	9
2	6	Levi FRENCH (U14)	VP&TH		12.61	7
3	4	Winston FASHUGBA (U14)	HHH		12.67	7
4	5	Kirani JOSEPH (U14)	NEB		12.88	6
5	2	Israel AJAO (U14)	Camb H		13.08	6
6	1	Michael ADERINOLA (U14)	Bex		13.84	3
7						
8						

U14 Boys 100m B

Posn	Bib	Athlete	Club	Wind	Perf	EA
1	33	Dre OVERARE (U14)	Have	+1.5	12.38	8
2	44	Reneel GOODHALL (U14)	HHH		13.58	4
3	22	Tai LEE (U14)	Camb H		13.85	3
4	66	Isaiah GUMBS (U14)	VP&TH		14.45	2
5	55	Joshua NDUKA (U14)	NEB		14.85	1
6	11	Jeremiah AKINWANDE (U14)	Bex		15.06	1
7						
8						

U14 Boys 200m A

Posn	Bib	Athlete	Club	Wind	Perf	EA
1	3	Elijah LOWE (U14)	Have	+1.2	24.28	9
2	4	Winston FASHUGBA (U14)	HHH		26.10	9
3	6	Levi FRENCH (U14)	VP&TH		26.26	9
4	5	Kirani JOSEPH (U14)	NEB		26.84	8
5	1	Michael ADERINOLA (U14)	Bex		28.87	5
6	2	Tai LEE (U14)	Camb H		29.15	4
7						
8						

U14 Boys 200m B

Posn	Bib	Athlete	Club	Wind	Perf	EA
1	33	Dre OVERARE (U14)	Have	+0.6	26.06	9
2	22	Israel AJAO (U14)	Camb H		27.18	8
3	44	Reneel GOODHALL (U14)	HHH		28.00	6
4	66	Isaiah GUMBS (U14)	VP&TH		29.59	4
5	11	Zachary DRAKE (U14)	Bex		29.84	4
6						
7						
8						

U14 Boys 800m A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Christian HUGHES (U14)	Camb H	02:20.54	
2	4	Tommy HOWARD (U14)	HHH	02:23.73	
3	3	Max FORMAN (U14)	Have	02:25.48	
4	5	Kyran URMATAM (U14)	NEB	02:33.71	
5	6	Noah JAMES (U14)	VP&TH	02:35.32	
6	1	Denes VADASZ (U14)	Bex	02:44.45	
7					
8					

U14 Boys 800m B

Posn	Bib	Athlete	Club	Perf	EA
1	44	Benjamin THOMAS (U14)	HHH	02:24.04	
2	22	Rafael ROSOGA (U14)	Camb H	02:24.75	
3	33	Jack RUSHWORTH (U14)	Have	02:37.01	
4	66	Lucas BOLD (U14)	VP&TH	02:40.94	
5	11	Harry LIVERMORE (U14)	Bex	03:12.72	
6					
7					
8					

SOUTH LOWER Division 1A @ MILE END STADIUM on 18 July 2026

U14 Boys 1500m A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Elliott ALBERT-PRESKETT (U14)	HHH	04:27.27	8
2	6	Jamal HAJI (U14)	VP&TH	04:37.89	7
3	2	Harry BALDWIN (U14)	Camb H	04:46.40	6
4	3	Joseph LEGG (U14)	Have	05:08.93	4
5	1	Zachary DRAKE (U14)	Bex	05:13.58	3
6					
7					
8					

U14 Boys 1500m B

Posn	Bib	Athlete	Club	Perf	EA
1	44	Josh LOTTER (U14)	HHH	04:34.12	7
2	66	Beaujack HUDSON (U14)	VP&TH	04:54.31	5
3	22	Callum PATTYSON (U14)	Camb H	05:00.85	4
4	33	Alex STOKES (U14)	Have	05:14.40	3
5					
6					
7					
8					

U14 Boys Long Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Gideon LEE (U14)	Have	4.75	6
2	5	Kyran URMATAM (U14)	NEB	4.70	6
3	44	Ludwig MIRZ (U14)	HHH	4.33	4
4	6	Isaiah GUMBS (U14)	VP&TH	4.02	3
5	1	Michael ADERINOLA (U14)	Bex	3.56	1
6					
7					
8					

U14 Boys Long Jump B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Euan CHEESEWRIGHT (U14)	Have	4.66	6
2	66	Noah JAMES (U14)	VP&TH	3.83	2
3	4	Reneel GOODHALL (U14)	HHH	3.68	2
4	11	Harry LIVERMORE (U14)	Bex	3.31	
5	55	Joshua NDUKA (U14)	NEB	2.78	
6					
7					
8					

U14 Boys High Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Adeleke ADENUGA (U14)	Have	1.56	8
2	4	Winston FASHUGBA (U14)	HHH	1.53	8
3	6	Jamal HAJI (U14)	VP&TH	1.50	7
4	2	Israel AJAO (U14)	Camb H	1.40	5
5	1	Jeremiah AKINWANDE (U14)	Bex	X	

U14 Boys High Jump B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Lawrence FEARON (U14)	Have	1.40	5
2	66	Beaujack HUDSON (U14)	VP&TH	1.25	2
3	44	Leo BINNINGTON CARIM (U14)	HHH	X	

SOUTH LOWER Division 1A @ MILE END STADIUM on 18 July 2026

U14 Boys Pole Vault A

Posn	Bib	Athlete	Club	Perf	EA
1	99	Event Cancelled			

U14 Boys Pole Vault B

Posn	Bib	Athlete	Club	Perf	EA
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U14 Boys Shot 3Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Elliott ALBERT-PRESKETT (U14)	HHH	9.19	5
2	3	Elijah LOWE (U14)	Have	8.63	4
3	5	Kirani JOSEPH (U14)	NEB	7.37	2
4	1	Tiago FERNANDES (U14)	Bex	7.06	1
5	6	Noah JAMES (U14)	VP&TH	5.67	
6					
7					
8					

U14 Boys Shot 3Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Samuel KIRK (U14)	Have	6.44	
2	55	Joshua NDUKA (U14)	NEB	5.68	
3	11	Zachary DRAKE (U14)	Bex	5.64	
4	66	Lucas BOLD (U14)	VP&TH	5.32	
5	44	Josh LOTTER (U14)	HHH	4.89	
6					
7					
8					

U14 Boys Discus 1Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Aj GRAY (U14)	Have	15.97	
2	4	Leo BINNINGTON CARIM (U14)	HHH	15.81	
3	1	Denes VADASZ (U14)	Bex	10.89	
4	6	Lucas BOLD (U14)	VP&TH	10.55	
5					
6					
7					
8					

U14 Boys Discus 1Kg B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U14 Boys Hammer 3Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Tiago FERNANDES (U14)	Bex	13.74	1
2	3	Aj GRAY (U14)	Have	12.15	1
3					
4					
5					
6					
7					
8					

U14 Boys Hammer 3Kg B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

SOUTH LOWER Division 1A @ MILE END STADIUM on 18 July 2026

U14 Boys Javelin 500g A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Gideon LEE (U14)	Have	33.65	7
2	1	Tiago FERNANDES (U14)	Bex	19.10	2
3	4	Leo BINNINGTON CARIM (U14) HHH		18.50	2
4	5	Kyran URMATAM (U14)	NEB	X	
5					
6					
7					
8					

U14 Boys Javelin 500g B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U14 Boys 4 x 100m

Posn	Bib	Runners	Club	Perf	R
1	3	Dre OVERARE (U14) * Lawrence FEARON (U14) * Gideon LEE (U14) * Elijah LOWE (U14)	Have	48.97	
2	4	Dennis BENDA (U14) * Reneel GOODHALL (U14) * Winston FASHUGBA (U14) * Elliott ALBERT-PRESKETT (U14) HHH		56.10	
3	2	Israel AJAO (U14) * Tai LEE (U14) * Christian HUGHES (U14) * Billy JARDINE (U14)	Camb H	56.22	
4	1	Harry LIVERMORE (U14) * Zachary DRAKE (U14) * Denes VADASZ (U14) * Michael ADERINOLA (U14)	Bex	61.30	
5					
6					
7					
8					

TEAMS BY AGE GROUP

U14 Boys	Points	P4P
1 Havering AC	146.0	14,525
2 Herne Hill Harriers	100.0	10,847
3 Bexley AC	74.0	5,989
4 Victoria Park H & Tower Hamlets AC	71.0	8,209
5 Cambridge Harriers (Kent)	51.0	6,793
6 Newham & Essex Beagles AC	37.0	4,392
7	-	-
7	-	-

SOUTH LOWER Division 1A @ MILE END STADIUM on 18 July 2026

U14 Girls 75m Hurdles A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Lucy TREGIDGO (U14)	Have	12.55	7
2	2	Savannah MICHAEL-TACEY (U14)	Camb H	14.36	3
3	1	Sade COKER (U14)	Bex	16.33	1
4					
5					
6					
7					
8					

U14 Girls 75m Hurdles B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Isla HERRERA (U14)	Have	14.54	3
2					
3					
4					
5					
6					
7					
8					

U14 Girls 100m A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Cymphonique BARRETT (U14)	HHH	12.76	9
2	3	Olivia rae VAUGHAN (U14)	Have	12.92	9
3	5	Isla SMITH-SPOONER (U14)	NEB	13.34	8
4	2	Kali-london NAGUIN (U14)	Camb H	13.84	6
5	6	Angelesia GRANT (U14)	VP&TH	14.55	4
6					
7					
8					

U14 Girls 100m B

Posn	Bib	Athlete	Club	Perf	EA
1	44	Erykah BAGALUE (U14)	HHH	13.15	9
2	33	Destiny CARBON (U14)	Have	13.91	6
3	22	Edith COLLEY (U14)	Camb H	13.97	6
4	55	Rebecca JATTO (U14)	NEB	14.00	6
5	66	Hannah FOFANA (U14)	VP&TH	15.36	2
6					
7					
8					

U14 Girls 200m A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Cymphonique BARRETT (U14)	HHH	25.78	9
2	5	Isla SMITH-SPOONER (U14)	NEB	26.69	9
3	3	Ava MCMILLAN (U14)	Have	26.70	9
4	6	Angelesia GRANT (U14)	VP&TH	29.14	6
5	2	Edith COLLEY (U14)	Camb H	29.45	6
6	1	Ada TYLER (U14)	Bex	31.30	3
7					
8					

U14 Girls 200m B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Shalom HONU (U14)	Camb H	27.32	9
2	44	Erykah BAGALUE (U14)	HHH	27.38	9
3	33	Olivia rae VAUGHAN (U14)	Have	27.55	9
4	55	Rebecca JATTO (U14)	NEB	30.54	4
5	66	Hannah FOFANA (U14)	VP&TH	31.87	2
6					
7					
8					

U14 Girls 800m A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Angelina EVANS (U14)	HHH	02:35.18	
2	3	Lucy TREGIDGO (U14)	Have	02:40.61	
3	2	Harriet REW (U14)	Camb H	02:48.92	
4	1	Sade COKER (U14)	Bex	02:50.04	
5					
6					
7					
8					

U14 Girls 800m B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Esther OYEMIKE (U14)	Have	02:47.93	
2					
3					
4					
5					
6					
7					
8					

SOUTH LOWER Division 1A @ MILE END STADIUM on 18 July 2026
U14 Girls 1500m A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Nuala ENGLISH (U14)	Camb H	05:08.82	7
2	3	Darcy DAVIES (U14)	Have	05:15.97	6
3	4	Olivia FISHER (U14)	HHH	05:21.88	5
4	1	Ada TYLER (U14)	Bex	05:26.88	4
5					
6					
7					
8					

U14 Girls 1500m B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Violet EVERETT (U14)	Have	05:33.36	4
2	11	Amber BULLEN (U14)	Bex	08:16.78	
3					
4					
5					
6					
7					
8					

U14 Girls Long Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Erykah BAGALUE (U14)	HHH	4.61	8
2	6	Angelesia GRANT (U14)	VP&TH	4.51	7
3	3	Ava MCMILLAN (U14)	Have	4.44	7
4	5	Isla SMITH-SPOONER (U14)	NEB	4.31	6
5	2	Edith COLLEY (U14)	Camb H	3.87	4
6	1	Ada TYLER (U14)	Bex	3.54	3
7					
8					

U14 Girls Long Jump B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Olivia rae VAUGHAN (U14)	Have	4.39	7
2	66	Hannah FOFANA (U14)	VP&TH	3.87	4
3	55	Neriah JOHNSON (U14)	NEB	3.62	3
4	44	Majesty AWOLOPE (U14)	HHH	3.62	3
5					
6					
7					
8					

U14 Girls High Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	33	Isla HERRERA (U14)	Have	1.38	7
2	2	Savannah MICHAEL-TACEY (U14)	Camb H	1.35	6
3	1	Sade COKER (U14)	Bex	1.25	4
4	4	Angelina EVANS (U14)	HHH	1.25	4
5	5	Elizabeth JATTO (U14)	NEB	1.10	1

U14 Girls High Jump B

Posn	Bib	Athlete	Club	Perf	EA
1	3	Elsie SMITH (U14)	Have	1.30	5
2	22	Harriet REW (U14)	Camb H	1.20	3

SOUTH LOWER Division 1A @ MILE END STADIUM on 18 July 2026

U14 Girls Pole Vault A

Posn	Bib	Athlete	Club	Perf	EA
1	99	Event Cancelled			

U14 Girls Pole Vault B

Posn	Bib	Athlete	Club	Perf	EA
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U14 Girls Shot 2.72Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Olivia ADAMSON (U14)	HHH	11.25	9
2	3	Betsy MORROW (U14)	Have	8.31	6
3	5	Rebecca JATTO (U14)	NEB	7.59	4
4	1	Amber BULLEN (U14)	Bex	4.32	
5					
6					
7					
8					

U14 Girls Shot 2.72Kg B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Destiny CARBON (U14)	Have	7.81	5
2	44	Zarina CLARKE (U14)	HHH	6.57	3
3					
4					
5					
6					
7					
8					

U14 Girls Discus 0.75Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Elizabeth JATTO (U14)	NEB	18.66	4
2	3	Autumn ELY (U14)	Have	15.69	2
3	4	Angelina EVANS (U14)	HHH	10.29	
4					
5					
6					
7					
8					

U14 Girls Discus 0.75Kg B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U14 Girls Hammer 2Kg A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Olivia ADAMSON (U14)	HHH	37.78	9
2					
3					
4					
5					
6					
7					
8					

U14 Girls Hammer 2Kg B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

SOUTH LOWER Division 1A @ MILE END STADIUM on 18 July 2026

U14 Girls Javelin 400g A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Sophia KARIM (U14)	Have	25.75	6
2	2	Harriet REW (U14)	Camb H	22.76	5
3	1	Amber BULLEN (U14)	Bex	8.58	
4	5	Opeyemi AGBALAYA (U14)	NEB	8.55	
5	4	Majesty AWOLOPE (U14)	HHH	7.55	
6					
7					
8					

U14 Girls Javelin 400g B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

U14 Girls 4 x 100m

Posn	Bib	Runners	Club	Perf
1	3	Betsy MORROW (U14) * Ava MCMILLAN (U14) * Destiny CARBON (U14) * Olivia rae VAUGHAN (U14)	Have	53.25
2	5	Elizabeth JATTO (U14) * Neria Johnson (U14) * Rebecca JATTO (U14) * Isla SMITH-SPOONER (U14)	NEB	56.31
3				
4				
5				
6				
7				
8				

TEAMS BY AGE GROUP

U14 Girls	Points	P4P
1 Havering AC	134.0	12,597
2 Herne Hill Harriers	95.0	9,275
3 Cambridge Harriers (Kent)	65.0	6,462
4 Newham & Essex Beagles AC	59.0	5,842
5 Bexley AC	44.0	3,029
6 Victoria Park H & Tower Hamlets AC	25.0	2,739
7	-	-
7	-	-

LOWER SOUTH Division 1A MILE END STADIUM 18/07/2026						
Bib	Athlete	Team Name	Gender	Event	Performance	Wind
11	Jeremiah AKINWANDE U14	Bexley AC	Male	200m	32.95	-1.9
111	Aimee LOKO U16	Bexley AC	Female	Long Jump	3.98	
2	Billy JARDINE U14	Cambridge Harriers (Kent)	Male	800m	2:35.89	
22	Isaac AJAO U16	Cambridge Harriers (Kent)	Male	300m	40.70	
333	Euan CHEESEWRIGHT U14	Havering AC	Male	Javelin	32.62	
3	Charlene BANGNE U14	Havering AC	Female	100m	13.81	+2.6
3	Aidan FAIRFAX U16	Havering AC	Male	800m	2:08.73	
3	Ava SWEENEY U16	Havering AC	Female	100m	13.39	+2.4
444	Olivia FISHER U14	Herne Hill Harriers	Female	Javelin	13.60	
44	Zakkai CLARKE-FELIX U16	Herne Hill Harriers	Male	200m	27.41	+1.9
6	Oprah ADOMAKO U16	Victoria Park H & Tower Hamlets AC	Female	100m	13.62	+2.4
11	Imanie BOAKYE-ANSAH U16	Bexley AC	Female	100m	15.74	+0.9
2	Savannah MICHAEL-TACEY U14	Cambridge Harriers (Kent)	Female	100m	14.89	+1.9
22	Lucas COLLEY U16	Cambridge Harriers (Kent)	Male	200m	24.29	+1.9
3	Lawrence FEARON U14	Havering AC	Male	200m	26.68	-1.9
33	Betsy MORROW U14	Havering AC	Female	100m	14.06	+2.6
13	Oliver RUSHWORTH U16	Havering AC	Male	800m	2:07.46	
3	Abigail ADEGITE U16	Havering AC	Female	200m	27.64	-0.9
4	Olivia ADAMSON U14	Herne Hill Harriers	Female		13.88	+2.6
444	Keona HARRISON U16	Herne Hill Harriers	Female	100m	15.03	+2.4
6	Dembo JAWARA SUKNA U16	Victoria Park H & Tower Hamlets AC	Male	800m	2:18.59	
66	Zarah ADOMAKO U16	Victoria Park H & Tower Hamlets AC	Female	100m	14.38	+2.4
5	Elizabeth JATTO U14	Newham & Essex Beagles AC	Female	100m	15.37	+1.9
5	Leon LACAJ U16	Newham & Essex Beagles AC	Male	100m	13.11	+1.5
44	Shalom HONU U14	Cambridge Harriers (Kent)	Female	100m	13.57	+1.9
2n	Waylon LEE U16	Cambridge Harriers (Kent)	Male	100m	12.06	+1.5
33	Ismail ABDAL-BARI U14	Havering AC	Male	800m	2:33.21	
3n	Edie SMITH U14	Havering AC	Female	100m	14.70	+1.9
33n	Callum MILLARD JENNINGS U16	Havering AC	Male	1500m	4:39.87	
333	Brooke LAVEY U16	Havering AC	Female	100m	14.17	+0.9
4n	Theodore HOUGH U14	Herne Hill Harriers	Male	1500m	5:00.34	
Z	Ni'eijah THOMAS U16	Herne Hill Harriers	Female	100m	12.36	+2.4
6n	Giacomo CAMPOREALE U16	Victoria Park H & Tower Hamlets AC	Male	1500m	5:07.23	
66	Ariette LOMBADZI-SHEKAHUNGU U16	Victoria Park H & Tower Hamlets AC	Female	100m	14.52	+0.9
55	Opeyemi AGBALAYA U14	Newham & Essex Beagles AC	Female	100m	15.61	+2.6
55	Nathan OBURONI U16	Newham & Essex Beagles AC	Male	100m	13.21	+1.5
		Cambridge Harriers (Kent)		-		
3	George OLUBUKOLA-SOGBETUN U14	Havering AC	Male	100m	13.59	+1.5
33	Cruz CARVELL U16	Havering AC	Male	800m	2:24.49	
33	Isabelle RIDLEY U16	Havering AC	Female	100m	14.44	+2.4
44	Esther ENCY U16	Herne Hill Harriers	Female	100m	13.35	+0.9
6	Nevaeh-jae SIMBULE U16	Victoria Park H & Tower Hamlets AC	Female	100m	16.48	+0.9
555	Neriah JOHNSON U14	Newham & Essex Beagles AC	Female	100m	14.63	+1.9