

YDL 2026 UPPER AGE GROUP LEAGUE STRUCTURE (as at 26 February)

Premier North/East		Date and Venue
1	Birchfield Harriers	
2	Coventry Godiva Harriers & Leamington C&AC©	
3	Marshall Milton Keynes AC	Sun 12 Jul at Stantonbury Stadium, Milton Keynes
4	Northampton AC	Sun 24 May at Stantonbury Stadium, Milton Keynes
5	Notts AC	Sun 19 Apr at Harvey Haddon, Nottingham
6	Rugby & Northampton AC	

Top team to the National Final
Bottom team to N/E division A or B

Premier South/West		Date and Venue
1	Cardiff Archers AC	
2	Cardiff Athletics	
3	Cheltenham & County Harriers	Sun 19 Apr at Yate OSC
4	East Wales ©	
5	Gloucester AC - NEW	Sun 12 Jul at Blackbridge Track Gloucester
6	Hereford & County AC	
7	South Wales ©	
8	Swansea Harriers AC	
9	Team Avon ©	Sun 24 May at Yate OSC
10	West Wales ©	

Top team to National final

North/East 1A		Date and Venue
1	Burton AC	Sat 12 Jul at Shobnall Leisure Complex
2	Cannock & Stafford AC	
3	City of Stoke AC	Sun 19 Apr at Northwood stadium, Stoke
4	Derby AC	
5	Leicester Coritanian AC	
6	Solihull & Small Heath AC	Sun May 24 at Tudor Grange LC, Solihull
7	Tamworth AC	

Top team promoted to Premier N/E

North/East 1B		Date and Venue
1	Bromsgrove & Redditch AC	
2	Dudley & Stourbridge Harriers	
3	Halesowen A & CC	
4	Kidderminster & Stourport AC	Sun 24 May at Alan Moreton Track, Stourport
5	Shrewsbury AC	
6	Telford AC	Sun 19 Apr at Oakengates, Telford
7	Tipton Harriers	Sun 12 Jul at Tipton Sports Academy
8	Wolverhampton & Bilston AC	

Top team promoted to Premier N/E

© = composite team

PROMOTION/RELEGATION SUBJECT TO POSSIBLE CHANGES IN 2027