

LEVEL	UPPER	Track Events Start in Lane
REGION	SOUTH	
DIVISION	Division 1A	
MATCH	1	
P/FINISH	YES	
Timetable	Main	

TOTAL EVENTS	76
NO COMPETITORS/EVENT CANCELLED/NMR/NOT ON TIME	301
EVENT SCORED	- 225
REMAINING	-

Date Sunday, April 19 2026

Venue HORNCHURCH STADIUM

Host Club Havering AC

Bib	Team Name	Abbrev.	Officials	Track1	Track2	Relays	Field	Total
1	Havering AC	Have	56.0	133.0	36.0	29.0	164.0	418.0
2	Herne Hill Harriers	HHH	32.0	119.0	6.0	16.0	62.0	235.0
3	Highgate Heathside ©	HgateHeath	24.0	161.0	10.0	42.0	175.0	412.0
4	Shaftesbury Barnet Harriers	SBH	52.0	199.0	28.0	28.0	159.0	466.0
5	Victoria Park H & Tower Hamlets AC	VP&TH	48.0	58.0	14.0	-	55.0	175.0
-				-	-	-	-	-
-				-	-	-	-	-
-				-	-	-	-	-

14 points to be deducted from Shaftesbury Barnet Harriers for overuse of 2 athletes; plus DQs in their final events (where relevant)

Posn This Match	Team Name	This Match Points
1	Shaftesbury Barnet Harriers	466.0
2	Havering AC	418.0
3	Highgate Heathside ©	412.0
4	Herne Hill Harriers	235.0
5	Victoria Park H & Tower Hamlets AC	175.0
		-

Posn	POINTS FOR PERFORMANCE TABLE	Points
1	Shaftesbury Barnet Harriers	44,346
2	Havering AC	35,379
3	Highgate Heathside ©	29,608
4	Herne Hill Harriers	23,532
5	Victoria Park H & Tower Hamlets AC	12,939

Posn	Top 10 Scoring Athletes	Points	Perf	Club	Event	UKYDL
1	Tia AKINOLA (U18)	1,087	11.93	SBH	100m U18 Women A	
2	Tami GEORGE (U20)	1,084	24.13	SBH	200m U20 Women A	
3	Harley HENRY (U18)	1,066	13.97	SBH	Triple Jump U18 Men A	
4	Tami GEORGE (U20)	1,059	11.84	SBH	100m U20 Women A	
5	Haneil SLOLEY (U18)	1,040	10.88	HHH	100m U18 Men A	
6	Princess OKUMA (U18)	1,026	12.08	HHH	100m U18 Women A	
7	Findlay MCLAREN (U18)	1,010	03:58.56	Have	1500m U20 Men A	
8	Makayla BRAYALOIE (U20)	999		SBH	200m U20 Women B	
9	Jaydan ROBERTS-EDWARDS (U18)	994	22.18	HHH	200m U18 Men A	
10	Jaydan ROBERTS-EDWARDS (U18)	993	10.97	HHH	100m U18 Men B	

SOUTH UPPER Division 1A @ HORNBURCH STADIUM on 19 April 2026
100m U20 Men A

Posn	No.	Athlete	Club	Perf	EA
			Wind	1.3	
1	4	Zachary BINDONGOSS (U20)	SBH	10.99	9
2	2	Jordan EBANKS (U20)	HHH	11.38	5
3	1	Tobi BELLO (U18)	Have	11.45	5
4	3	Montana DENNIS (U20)	HgateHeat	11.48	5
5	5	David ISIBOR (U20)	VP&TH	11.96	2
6					
7					
8					

100m U20 Men B

Posn	No.	Athlete	Club	Perf	EA
			Wind	0.0	
1	44	Khyan MARKLAND (U20)	SBH	11.03	8
2	22	Michael MCANANY (U20)	HHH	11.56	4
3	33	Toby TOTH-STEVENS (U20)	HgateHeat	11.59	4
4					
5					
6					
7					
8					

200m U20 Men A

Posn	No.	Athlete	Club	Perf	EA
			Wind	2.1	
1	4	Zachary BINDONGOSS (U20)	SBH	22.67	6
2	3	Louie BROOK (U20)	HgateHeat	23.92	2
3	2	Jordan EBANKS (U20)	HHH	23.98	2
4	5	David ISIBOR (U20)	VP&TH	24.06	2
5					
6					
7					
8					

200m U20 Men B

Posn	No.	Athlete	Club	Perf	EA
			Wind	2.3	
1	44	Jaian SAUNDERS (U20)	SBH	22.61	6
2	22	Michael MCANANY (U20)	HHH	23.36	4
3	33	Sam BROWN (U20)	HgateHeat	23.38	4
4	55	Philemon HAILU (U20)	VP&TH	24.29	1
5					
6					
7					
8					

400m U20 Men A

Posn	No.	Athlete	Club	Perf	EA
1	3	Sam BROWN (U20)	HgateHeat	50.45	8
2	1	Freddie ROWE (U18)	Have	50.61	8
3	5	David ISIBOR (U20)	VP&TH	50.90	8
4	4	Stanley HURST (U18)	SBH	51.55	7
5					
6					
7					
8					

400m U20 Men B

Posn	No.	Athlete	Club	Perf	EA
1	55	Philemon HAILU (U20)	VP&TH	52.49	6
2	33	Toby TOTH-STEVENS (U20)	HgateHeat	53.21	5
3					
4					
5					
6					
7					
8					

800m U20 Men A

Posn	No.	Athlete	Club	Perf	EA
1	1	Shea SWEENEY (U18)	Have	01:58.27	
2	4	Jacob CLEMENT (U20)	SBH	02:00.10	
3	3	Ben RYAN (U20)	HgateHeat	02:14.88	
4					
5					
6					
7					
8					

800m U20 Men B

Posn	No.	Athlete	Club	Perf	EA
1	44	John michael DIRACLES (U20)	SBH	02:02.37	
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Division 1A @ HORNBURCH STADIUM on 19 April 2026

1500m U20 Men A

Posn	No.	Athlete	Club	Perf	EA
1	1	Findlay MCLAREN (U18)	Have	03:58.56	8
2	4	Adam OGORMAN (U20)	SBH	04:16.16	4
3					
4					
5					
6					
7					
8					

1500m U20 Men B

Posn	No.	Athlete	Club	Perf	EA
1	44	Matthew MAY (U18)	SBH	04:31.25	1
2					
3					
4					
5					
6					
7					
8					

3000m U18 Men A

Posn	No.	Athlete	Club	Perf	EA
1	97	Event Not On Timetable			
2					
3					
4					
5					
6					
7					
8					

3000m U18 Men B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

110m Hurdles U20 Men A

Posn	No.	Athlete	Club	Perf	EA	Wind
1	3	Montana DENNIS (U20)	HgateHeat	15.07	9	0.8
2						
3						
4						
5						
6						
7						
8						

110m Hurdles U20 Men B

Posn	No.	Athlete	Club	Perf	EA	Wind
1						
2						
3						
4						
5						
6						
7						
8						

400m Hurdles U20 Men A

Posn	No.	Athlete	Club	Perf	EA
1	3	Jordan GBOHO (U20)	HgateHeat	92.77	
2					
3					
4					
5					
6					
7					
8					

400m Hurdles U20 Men B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Division 1A @ HORNCHURCH STADIUM on 19 April 2026
2000m s/c U20 Men A

Posn	No.	Athlete	Club	Perf	EA
1	98	No Competitors Declared			
2					
3					
4					
5					
6					
7					
8					

2000m s/c U20 Men B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

Long Jump U20 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Maalik ADAMSON (U20)	HHH	6.79	8
2	4	Harley HENRY (U18)	SBH	6.32	6
3	1	Archie ASHPOLE (U20)	Have	6.17	5
4	33	Louie BROOK (U20)	HgateHeat	5.89	4
5					
6					
7					
8					

Long Jump U20 Men B

Posn	Bib	Athlete	Club	Perf	EA
1	3	Jordan GBOHO (U20)	HgateHeat	4.77	
2					
3					
4					
5					
6					
7					
8					

High Jump U20 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Jordan GBOHO (U20)	HgateHeat	1.45	

High Jump U20 Men B

Posn	Bib	Athlete	Club	Perf	EA

Triple Jump U20 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	98	No Competitors Declared			
2					
3					
4					
5					
6					
7					
8					

Triple Jump U20 Men B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Division 1A @ HORNCHURCH STADIUM on 19 April 2026

Pole Vault U20 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Isaac VANDENBERGH (U18)	SBH	3.90	6

Pole Vault U20 Men B

Posn	Bib	Athlete	Club	Perf	EA

Shot 6Kg U20 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	98	No Competitors Declared			
2					
3					
4					
5					
6					
7					
8					

Shot 6Kg U20 Men B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

Discus 1.75Kg U20 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	33	Louie BROOK (U20)	HgateHeat	18.75	
2					
3					
4					
5					
6					
7					
8					

Discus 1.75Kg U20 Men B

Posn	Bib	Athlete	Club	Perf	EA
1	3	Montana DENNIS (U20)	HgateHeat	17.01	
2					
3					
4					
5					
6					
7					
8					

Hammer 6Kg U20 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Montana DENNIS (U20)	HgateHeat	16.78	
2					
3					
4					
5					
6					
7					
8					

Hammer 6Kg U20 Men B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Division 1A @ HORNBURCH STADIUM on 19 April 2026
Javelin 800g U20 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Alon TAYLOR (U18)	SBH	37.78	2
2	1	James GILLETT (U20)	Have	35.69	2
3	3	Bradley BAKA (U18)	HgateHeat	13.10	
4					
5					
6					
7					
8					

Javelin 800g U20 Men B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Louie BROOK (U20)	HgateHeat	4.60	
2					
3					
4					
5					
6					
7					
8					

4 x 100m U20 Men

Posn	Bib	Runners	Club	Perf
1	4	Joshua AMPONSAH (U18), Jaian SAUNDERS (U20), Khyan MARKLAND (U20), Zachary BINDONGOSS (U20)	SBH	43.74
2	3	Toby TOTH-STEVENS (U20), Sam BROWN (U20), Jordan GBOHO (U20), Louie BROOK (U20)	HgateHeat	45.94
3	2		HHH	DQ
4				
5				
6				
7				
8				

4 x 400m U20 M&W A

Posn	Bib	Runners	Club	Perf
1	3	Toby TOTH-STEVENS (U20), Magdeline PAITOO (U20), Ely Angel DASILVA (U20), Sam BROWN (U20)	HgateHeat	03:57.00
2	4	Jacob CLEMENT (U20), Dina SILVERMAN (U20), Macie SUTHERLAND (U18), Sam DARCY (U18)	SBH	DSQ
3				
4				
5				
6				
7				
8				

TEAMS BY AGE GROUP

U20 Men	Points	P4P
1 Highgate Heathside ©	114.0	7,403
2 Shaftesbury Barnet Harriers	86.0	9,199
3 Havering AC	38.0	4,522
4 Herne Hill Harriers	27.0	3,157
5 Victoria Park H & Tower Hamlets AC	20.0	2,645
6	-	-
6	-	-
6	-	-

SOUTH UPPER Division 1A @ HORNCHURCH STADIUM on 19 April 2026
100m U20 Women A

Posn	No.	Athlete	Club	Perf	EA
			Wind	-0.7	
1	4	Tami GEORGE (U20)	SBH	11.84	9
2	3	Asia EMANUEL (U20)	HgateHeat	12.59	6
3	1	Alicia FAIRMANER (U20)	Have	12.98	3
4	2	Kelsea MARTIN (U20)	HHH	13.32	1
5					
6					
7					
8					

100m U20 Women B

Posn	No.	Athlete	Club	Perf	EA
			Wind	0.4	
1	44	Makayla BRAYALOIE (U20)	SBH	12.08	9
2	22	I'sha BARTELEY (U18)	HHH	13.11	2
3	33	Magdeline PAITOO (U20)	HgateHeat	13.29	2
4	11	Stephanie OSUALA (U20)	Have	13.34	1
5					
6					
7					
8					

200m U20 Women A

Posn	No.	Athlete	Club	Perf	EA
			Wind	0.5	
1	4	Tami GEORGE (U20)	SBH	24.13	9
2	2	Lily rose BROWN (U20)	HHH	25.20	9
3	1	Stephanie OSUALA (U20)	Have	27.99	3
4	3	Nicole STEWART (U18)	HgateHeat	28.56	2
5					
6					
7					
8					

200m U20 Women B

Posn	No.	Athlete	Club	Perf	EA
			Wind	3.5	
1	44	Makayla BRAYALOIE (U20)	SBH	24.56	9
2	22	I'sha BARTELEY (U18)	HHH	26.82	5
3	11	Lucy CHAPELHOW (U20)	Have	27.75	4
4					
5					
6					
7					
8					

400m U20 Women A

Posn	No.	Athlete	Club	Perf	EA
1	2	Lily rose BROWN (U20)	HHH	57.81	8
2	4	Dina SILVERMAN (U20)	SBH	60.92	6
3					
4					
5					
6					
7					
8					

400m U20 Women B

Posn	No.	Athlete	Club	Perf	EA
1	22	India BLAKEY (U20)	HHH	60.42	6
2	44	Macie SUTHERLAND (U18)	SBH	61.36	5
3					
4					
5					
6					
7					
8					

800m U20 Women A

Posn	No.	Athlete	Club	Perf	EA
1	4	Dina SILVERMAN (U20)	SBH	02:25.70	
2	1	Abigail SWAN (U20)	Have	02:37.08	
3					
4					
5					
6					
7					
8					

800m U20 Women B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Division 1A @ HORNBURCH STADIUM on 19 April 2026
1500m U20 Women A

Posn	No.	Athlete	Club	Perf	EA
1	1	Rosie WARNER (U20)	Have	05:14.70	2
2	2	Martha BRENNAN (U20)	HHH	05:19.07	2
3	3	Alice WAITES (U20)	HgateHeat	05:31.06	
4					
5					
6					
7					
8					

1500m U20 Women B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

3000m U18 Women A

Posn	No.	Athlete	Club	Perf	EA
1	97	Event Not On Timetable			
2					
3					
4					
5					
6					
7					
8					

3000m U18 Women B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

100m Hurdles U20 Women A

Posn	No.	Athlete	Club	Perf	EA	Wind
1	2	Kazia ASIEDU BOAFO (U20)	HHH	15.16	7	0.7
2	3	Asia EMANUEL (U20)	HgateHeat	16.87	4	
3	1	Maggie SMITH (U20)	Have	17.05	3	
4	44	Yusra ECHOUAFRI (U20)	SBH	19.02	1	
5						
6						
7						
8						

100m Hurdles U20 Women B

Posn	No.	Athlete	Club	Perf	EA	Wind
1	33	Ely Angel DASILVA (U20)	HgateHeat	17.12	3	0.7
2	4	Macie SUTHERLAND (U18)	SBH	19.16	1	
3						
4						
5						
6						
7						
8						

400m Hurdles U20 Women A

Posn	No.	Athlete	Club	Perf	EA
1	1	Lucy CHAPELHOW (U20)	Have	66.15	8
2	33	Magdeline PAITOO (U20)	HgateHeat	71.62	5
3					
4					
5					
6					
7					
8					

400m Hurdles U20 Women B

Posn	No.	Athlete	Club	Perf	EA
1	3	Ely Angel DASILVA (U20)	HgateHeat	75.42	3
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Division 1A @ HORNBURCH STADIUM on 19 April 2026

1500m s/c U20 Women A

Posn	No.	Athlete	Club	Perf	EA
1	98	No Competitors Declared			
2					
3					
4					
5					
6					
7					
8					

TD10 1500m s/c U20 Women B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

Long Jump U20 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Kazia ASIEDU BOAFO (U20)	HHH	4.75	4
2	3	Ely Angel DASILVA (U20)	HgateHeat	4.02	1
3	1	Alicia FAIRMANER (U20)	Have	X	
4					
5					
6					
7					
8					

Long Jump U20 Women B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

High Jump U20 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Monisade AYODEJI (U18)	HgateHeat	1.55	7
2	1	Maggie SMITH (U20)	Have	1.45	5
3	4	Macie SUTHERLAND (U18)	SBH	1.40	4

High Jump U20 Women B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

Triple Jump U20 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Stephanie OSUALA (U20)	Have	10.08	3
2	3	Monisade AYODEJI (U18)	HgateHeat	9.68	2
3					
4					
5					
6					
7					
8					

Triple Jump U20 Women B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Division 1A @ HORNCHURCH STADIUM on 19 April 2026

Pole Vault U20 Women A

Posn	Bib	Athlete	Club	Perf	EA	
1	98	No Competitors Declared				

Pole Vault U20 Women B

Posn	Bib	Athlete	Club	Perf	EA

Shot 4Kg U20 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Laureen OKOGHENU (U20)	VP&TH	8.62	2
2	1	Lila CHAPELHOW (U18)	Have	7.61	1
3	3	Ely Angel DASILVA (U20)	HgateHeat	6.94	
4	4	Yusra ECHOUAFRI (U20)	SBH	5.31	
5					
6					
7					
8					

Shot 4Kg U20 Women B

Posn	Bib	Athlete	Club	Perf	EA

Discus 1Kg U20 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Laureen OKOGHENU (U20)	VP&TH	17.04	
2	3	Alice WAITES (U20)	HgateHeat	11.74	
3					
4					
5					
6					
7					
8					

Discus 1Kg U20 Women B

Posn	Bib	Athlete	Club	Perf	EA

Hammer 4Kg U20 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Laureen OKOGHENU (U20)	VP&TH	49.00	9
2					
3					
4					
5					
6					
7					
8					

Hammer 4Kg U20 Women B

Posn	Bib	Athlete	Club	Perf	EA

SOUTH UPPER Division 1A @ HORNBURCH STADIUM on 19 April 2026
Javelin 600g U20 Women A

Posn	Bib	Athlete	Club	Perf
1	2	Kazia ASIEDU BOAFO (U20)	HHH	21.98
2	5	Laureen OKOGHENU (U20)	VP&TH	12.39
3	3	Kesia ADJEI (U18)	HgateHeat	12.24
4	4	Macie SUTHERLAND (U18)	SBH	7.05
5				
6				
7				
8				

Javelin 600g U20 Women B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Kelsea MARTIN (U20)	HHH	9.86	EA
2					
3					
4					
5					
6					
7					
8					

4 x 100m U20 Women

Posn	Bib	Runners	Club	Perf
1	4	Makayla BRAYALOIE (U20), Macie SUTHERLAND (U18), Angelina JOHNSON (U18), Tami GEORGE (U20)	SBH	49.23
2	3	Samiyah WILSON (U18), Magdeline PAITOO (U20), Anna KOSHEVAYA (U18), Asia EMANUEL (U20)	HgateHeat	49.65
3	1	Lucy CHAPELHOW (U20), Alicia FAIRMANER (U20), Maggie SMITH (U20), Stephanie OSUALA (U20)	Have	52.83
4				
5				
6				
7				
8				

4 x 400m U20 M&W B

Posn	Bib	Runners	Club	Perf
1	98		No Compe	
2				
3				
4				
5				
6				
7				
8				

TEAMS BY AGE GROUP

U20 Women	Points	P4P
1 Highgate Heathside ©	84.0	6,460
2 Shaftesbury Barnet Harriers	75.0	8,197
3 Herne Hill Harriers	68.0	6,576
4 Havering AC	67.0	5,837
5 Victoria Park H & Tower Hamlets AC	30.0	1,899
6	-	-
6	-	-
6	-	-

SOUTH UPPER Division 1A @ HORNCHURCH STADIUM on 19 April 2026
1500m U18 Men A

Posn	No.	Athlete	Club	Perf	EA
1	E	Khalid HUSSEIN (U18)	VP&TH	04:06.61	7
2	A	Sam HORSLEY (U18)	Have	04:12.42	6
3	C	Gavin DAVIES (U18)	HgateHeat	04:14.94	6
4	D	Pablo quesada CARMONA (U18)	SBH	04:15.57	5
5					
6					
7					
8					

1500m U18 Men B

Posn	No.	Athlete	Club	Perf	EA
1	EE	Aneirin LESSARD (U18)	VP&TH	04:15.37	5
2	DD	Jesse ABRAHAMS (U18)	SBH	04:18.40	5
3					
4					
5					
6					
7					
8					

3000m U20 Men A

Posn	No.	Athlete	Club	Perf	EA
1	97	Event Not On Timetable			
2					
3					
4					
5					
6					
7					
8					

3000m U20 Men B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

110m Hurdles U18 Men A

Posn	No.	Athlete	Club	Perf	EA
1	D	Seth RENNIERODDY (U18)	SBH	14.64	9
2	C	Auguste Anton Duane RAMIN	HgateHeat	16.18	7
3	A	Simeon BARKER (U18)	Have	DNF	
4					
5					
6					
7					
8					

110m Hurdles U18 Men B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

400m Hurdles U18 Men A

Posn	No.	Athlete	Club	Perf	EA
1	C	Auguste Anton Duane RAMIN	HgateHeat	59.37	7
2	D	Seth RENNIERODDY (U18)	SBH	62.50	5
3					
4					
5					
6					
7					
8					

400m Hurdles U18 Men B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Division 1A @ HORNBURCH STADIUM on 19 April 2026

2000m s/c U18 Men A

Posn	No.	Athlete	Club	Perf	EA
1	C	Ennio KALOUKIAN (U18)	HgateHeat	DQ	
2					
3					
4					
5					
6					
7					
8					

2000m s/c U18 Men B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

Long Jump U18 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Tobias SAMUEL (U18)	Have	5.95	5
2	D	Lani JAIYEOLA (U18)	SBH	5.57	4
3	E	Edgar WETHERELL (U18)	VP&TH	5.50	4
4	C	Adam CHEHABEDDINE (U18)	HgateHeat	4.86	1
5					
6					
7					
8					

Long Jump U18 Men B

Posn	Bib	Athlete	Club	Perf	EA
1	AA	Emanuel IWUCHUKWU (U18)	Have	5.57	4
2	DD	Keyllan GENTET (U18)	SBH	4.99	1
3					
4					
5					
6					
7					
8					

High Jump U18 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Bode THOMPSON (U18)	Have	1.86	8
2	B	Orlando MATOS (U18)	HHH	1.75	6
3	D	Joshua AMPONSAH (U18)	SBH	1.60	3
4	C	Malachi OLUWASHINA (U18)	HgateHeat	1.40	

High Jump U18 Men B

Posn	Bib	Athlete	Club	Perf	EA
1	AA	Ryan ALEXANDER (U18)	Have	1.80	7
2	BB	Estime MUMAIMA (U18)	HHH	1.65	4
3	DD	Dijani BARNOR (U18)	SBH	1.55	2

Triple Jump U18 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	D	Harley HENRY (U18)	SBH	13.97	9
2	A	Emanuel IWUCHUKWU (U18)	Have	13.23	7
3	E	Edgar WETHERELL (U18)	VP&TH	10.96	3
4	B	Bvunzai MTOMBENI (U18)	HHH	10.40	2
5					
6					
7					
8					

Triple Jump U18 Men B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Division 1A @ HORNCHURCH STADIUM on 19 April 2026
Pole Vault U18 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	D	Ramsey GILL (U18)	SBH	4.10	8

Pole Vault U18 Men B

Posn	Bib	Athlete	Club	Perf	EA
1	DD	Thomas ROBERTSON (U18)	SBH	3.65	6

Shot 5Kg U18 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Sam JOHNSON (U18)	Have	13.55	7
2	D	Chukwuma ONONOGBU (U18)	SBH	11.38	5
3	CC	William CRUSEELHOYEK (U18)	HgateHeat	8.68	1
4					
5					
6					
7					
8					

Shot 5Kg U18 Men B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

Discus 1.5Kg U18 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Reggie MARSHALL (U18)	Have	32.28	5
2	D	Stanley HURST (U18)	SBH	26.21	3
3	B	Joshua NKONGOLO (U18)	HHH	25.57	3
4					
5					
6					
7					
8					

Discus 1.5Kg U18 Men B

Posn	Bib	Athlete	Club	Perf	EA
1	DD	Chukwuma ONONOGBU (U18)	SBH	x	
2					
3					
4					
5					
6					
7					
8					

Hammer 5Kg U18 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	B	Joshua NKONGOLO (U18)	HHH	52.27	8
2	A	Sam JOHNSON (U18)	Have	42.47	5
3	C	Auguste Anton Duane RAMIN	HgateHeat	17.71	
4					
5					
6					
7					
8					

Hammer 5Kg U18 Men B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Division 1A @ HORNBURCH STADIUM on 19 April 2026

Javelin 700g U18 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Samuel BURDETT (U18)	Have	44.69	6
2	D	Chukwuma ONONOGBU (U18)	SBH	32.93	2
3	B	Joshua NKONGOLO (U18)	HHH	18.45	
4	C	William CRUSEELHOYEK (U18)	HgateHeat	13.07	
5					
6					
7					
8					

Javelin 700g U18 Men B

Posn	Bib	Athlete	Club	Perf	EA
1	AA	William TILSON (U18)	Have	42.46	5
2	DD	Keyllan GENTET (U18)	SBH	17.23	
3					
4					
5					
6					
7					
8					

4 x 100m U18 Men

Posn	Bib	Runners	Club	Perf
1	B	Jaydan ROBERTS-EDWARDS (U18), Tyler AGYEKUM (U18), Orlando MATOS (U18), Haneil SLOLEY (U18)	HHH	43.06
2	D	Lani JAIYEOLA (U18), Mode AKIN-AGUNBIADE (U18), Stanley HURST (U18), Tyler HOLDEN-AIKHOMU (U18)	SBH	43.65
3	A	Ryan ALEXANDER (U18), Tobi BELLO (U18), Tobias SAMUEL (U18), Romel SEMPER (U18)	Have	44.53
4	C	Malachi OLUWASHINA (U18), Bradley BAKA (U18), Adam CHEHABEDDINE (U18), Mikel ALEXANDER (U18)	HgateHeat	45.34
5				
6				
7				
8				

4 x 400m U18 Men

Posn	Bib	Runners	Club	Perf
1	A	Aidan DOHERTY (U18), Sam HORSLEY (U18), Findlay MCLAREN (U18), Freddie ROWE (U18)	Have	03:28.96
2	C	Malachi OLUWASHINA (U18), Bradley BAKA (U18), Adam CHEHABEDDINE (U18), Mikel ALEXANDER (U18)	HgateHeat	03:50.79
3	D	Tyler HOLDEN-AIKHOMU (U18), Dijani BARNOR (U18), Stanley HURST (U18), Kacei GRIFFITH (U18)	SBH	DQ
4				
5				
6				
7				
8				

TEAMS BY AGE GROUP

U18 Men	Points	P4P
1 Shaftesbury Barnet Harriers	135.0	16,567
2 Havering AC	122.0	15,053
3 Herne Hill Harriers	74.0	9,067
4 Highgate Heathside ©	69.0	8,166
5 Victoria Park H & Tower Hamlets AC	41.0	5,026
6	-	-
6	-	-
6	-	-

SOUTH UPPER Division 1A @ HORNBURCH STADIUM on 19 April 2026

100m U18 Women A

Posn	No.	Athlete	Club	Perf	EA
			Wind	1.7	
1	D	Tia AKINOLA (U18)	SBH	11.93	9
2	B	Princess OKUMA (U18)	HHH	12.08	9
3	A	Kara ADEGITE (U18)	Have	13.26	3
4	E	Sarah OMOAKE (U18)	VP&TH	13.30	3
5	C	Samiyah WILSON (U18)	HgateHeat	13.65	1
6					
7					
8					

100m U18 Women B

Posn	No.	Athlete	Club	Perf	EA
			Wind	0.5	
1	BB	Olivia STOCKWELL-GREEN (U18)	HHH	12.45	8
2	AA	Christine ATUMONYOGO (U18)	Have	13.40	2
3	DD	Shenel OKRAH (U18)	SBH	13.51	1
4	CC	Bobbi ROBINSON (U18)	HgateHeat	13.84	
5					
6					
7					
8					

200m U18 Women A

Posn	No.	Athlete	Club	Perf	EA
			Wind	1.8	
1	B	Princess OKUMA (U18)	HHH	25.32	9
2	E	Betsy AGBOOLA (U18)	VP&TH	25.82	9
3	D	Ella BUCKLEY (U18)	SBH	26.55	7
4	A	Jasmine ASMAL (U18)	Have	28.71	3
5	C	Samiyah WILSON (U18)	HgateHeat	28.85	3
6					
7					
8					

200m U18 Women B

Posn	No.	Athlete	Club	Perf	EA
			Wind	1.5	
1	BB	Khadeeja NIZAM-HAYLES (U18)	HHH	25.44	9
2	CC	Aliyah OSMAN (U18)	HgateHeat	27.82	5
3	EE	Sarah OMOAKE (U18)	VP&TH	28.40	4
4					
5					
6					
7					
8					

400m U18 Women A

Posn	No.	Athlete	Club	Perf	EA
1	C	Anna KOSHEVAYA (U18)	HgateHeat	58.89	9
2	D	Holly RYAN (U18)	SBH	59.40	9
3	A	Jessie LYNES (U18)	Have	64.89	5
4					
5					
6					
7					
8					

400m U18 Women B

Posn	No.	Athlete	Club	Perf	EA
1	DD	Eleanor ROBERTS (U18)	SBH	60.43	8
2	AA	Grace TILSON (U18)	Have	68.82	3
3	CC	Michelle ONUKEGBE (U18)	HgateHeat	110.07	
4					
5					
6					
7					
8					

800m U18 Women A

Posn	No.	Athlete	Club	Perf	EA
1	D	Posie SHAW (U18)	SBH	02:13.33	
2	A	Jasmine ASMAL (U18)	Have	02:35.29	
3					
4					
5					
6					
7					
8					

800m U18 Women B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Division 1A @ HORNBURCH STADIUM on 19 April 2026
1500m U18 Women A

Posn	No.	Athlete	Club	Perf	EA
1	D	Posie SHAW (U18)	SBH	04:43.15	8
2					
3					
4					
5					
6					
7					
8					

1500m U18 Women B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

3000m U20 Women A

Posn	No.	Athlete	Club	Perf	EA
1	97	Event Not On Timetable			
2					
3					
4					
5					
6					
7					
8					

3000m U20 Women B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

100m Hurdles U18 Women A

Posn	No.	Athlete	Club	Perf	EA
1	AA	Oma NWAPA (U18)	Have	15.10	8
2	C	Nicole STEWART (U18)	HgateHeat	18.55	3
3					
4					
5					
6					
7					
8					

100m Hurdles U18 Women B

Posn	No.	Athlete	Club	Perf	EA
1	A	Amy MANSELL (U18)	Have	16.85	5
2	CC	Kesia ADJEI (U18)	HgateHeat	23.54	
3					
4					
5					
6					
7					
8					

400m Hurdles U18 Women A

Posn	No.	Athlete	Club	Perf	EA
1	E	Betsy AGBOOLA (U18)	VP&TH	65.84	8
2	D	Eleanor ROBERTS (U18)	SBH	68.66	7
3	A	Amy MANSELL (U18)	Have	69.09	6
4	CC	Monisade AYODEJI (U18)	HgateHeat	73.85	4
5					
6					
7					
8					

400m Hurdles U18 Women B

Posn	No.	Athlete	Club	Perf	EA
1	C	Nicole STEWART (U18)	HgateHeat	74.11	4
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Division 1A @ HORNBURCH STADIUM on 19 April 2026

1500m s/c U18 Women A

Posn	No.	Athlete	Club	Perf	EA
1	A	Orla FRIEL (U18)	Have	05:34.20	6
2					
3					
4					
5					
6					
7					
8					

1500m s/c U18 Women B

Posn	No.	Athlete	Club	Perf	EA
1	AA	Grace TILSON (U18)	Have	06:43.70	
2					
3					
4					
5					
6					
7					
8					

Long Jump U18 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	D	Grace NYAONGO (U18)	SBH	5.12	6
2	C	Anna KOSHEVAYA (U18)	HgateHeat	4.71	4
3	E	Akiko FINDLAY (U18)	VP&TH	4.37	2
4					
5					
6					
7					
8					

Long Jump U18 Women B

Posn	Bib	Athlete	Club	Perf	EA
1	EE	Indiana MALDONADO-CYRUS	VP&TH	4.31	2
2	CC	Aliyah OSMAN (U18)	HgateHeat	4.09	1
3	DD	Angelina JOHNSON (U18)	SBH	3.80	
4					
5					
6					
7					
8					

High Jump U18 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	C	Amani OSMAN (U18)	HgateHeat	1.55	7
2	A	Oma NWAPA (U18)	Have	1.45	5
3	D	Ella BUCKLEY (U18)	SBH	1.45	5

High Jump U18 Women B

Posn	Bib	Athlete	Club	Perf	EA
1	DD	Amy HALLETT (U18)	SBH	1.40	4
2	CC	Claris LAWRENCE (U18)	HgateHeat	1.25	1

Triple Jump U18 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	D	Grace NYAONGO (U18)	SBH	10.73	6
2	C	Amani OSMAN (U18)	HgateHeat	10.39	5
3	A	Jasmine ASMAL (U18)	Have	10.19	5
4	E	Akiko FINDLAY (U18)	VP&TH	9.79	4
5					
6					
7					
8					

Triple Jump U18 Women B

Posn	Bib	Athlete	Club	Perf	EA
1	DD	Eleanor ROBERTS (U18)	SBH	9.70	4
2	AA	Grace TILSON (U18)	Have	8.28	
3	EE	Indiana MALDONADO-CYRUS	VP&TH	X	
4	CC	Kesia ADJEI (U18)	HgateHeat	X	
5					
6					
7					
8					

SOUTH UPPER Division 1A @ HORNBURCH STADIUM on 19 April 2026
Pole Vault U18 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	D	Amy HALLETT (U18)	SBH	2.50	5

Pole Vault U18 Women B

Posn	Bib	Athlete	Club	Perf	EA
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Shot 3Kg U18 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Eboni ROACH (U18)	Have	13.33	9
2	CC	Michelle ONUKEGBE (U18)	HgateHeat	9.84	5
3	D	Ella BUCKLEY (U18)	SBH	7.83	1
4					
5					
6					
7					
8					

Shot 3Kg U18 Women B

Posn	Bib	Athlete	Club	Perf	EA
1	C	Ivy PAITOO (U18)	HgateHeat	9.82	5
2	AA	Amy MANSELL (U18)	Have	9.53	4
3	DD	Shenel OKRAH (U18)	SBH	7.83	1
4					
5					
6					
7					
8					

Discus 1Kg U18 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Eboni ROACH (U18)	Have	32.61	6
2	C	Aliyah OSMAN (U18)	HgateHeat	17.94	
3	D	Shenel OKRAH (U18)	SBH	16.79	
4					
5					
6					
7					
8					

Discus 1Kg U18 Women B

Posn	Bib	Athlete	Club	Perf	EA
1	AA	Lila CHAPELHOW (U18)	Have	22.17	2
2	CC	Ivy PAITOO (U18)	HgateHeat	14.01	
3					
4					
5					
6					
7					
8					

Hammer 3Kg U18 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Lila CHAPELHOW (U18)	Have	32.09	4
2	CC	Michelle ONUKEGBE (U18)	HgateHeat	19.60	
3					
4					
5					
6					
7					
8					

Hammer 3Kg U18 Women B

Posn	Bib	Athlete	Club	Perf	EA
1	C	Ivy PAITOO (U18)	HgateHeat	x	
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Division 1A @ HORNBURCH STADIUM on 19 April 2026
Javelin 500g U18 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Jessica PAGE (U18)	Have	37.39	5
2	C	Amani OSMAN (U18)	HgateHeat	16.13	
3	D	Amy HALLETT (U18)	SBH	15.00	
4					
5					
6					
7					
8					

Javelin 500g U18 Women B

Posn	Bib	Athlete	Club	Perf	EA
1	AA	Oma NWAPA (U18)	Have	26.78	1
2	CC	Clariss LAWRENCE (U18)	HgateHeat	11.78	
3					
4					
5					
6					
7					
8					

4 x 100m U18 Women

Posn	Bib	Runners	Club	Perf
1	B	Olivia STOCKWELL-GREEN (U18), Khadeeja NIZAM-HAYLES (U18), Princess OKUMA (U18), I'sha BARTELEY	HHH	48.30
2	D	Eleanor ROBERTS (U18), Ella BUCKLEY (U18), Shenel OKRAH (U18), Grace NYAONGO (U18)	SBH	51.44
3	A	Christine ATUMONYOGO (U18), Jessica PAGE (U18), Oma NWAPA (U18), Kara ADEGITE (U18)	Have	52.20
4	C	Amani OSMAN (U18), Clariss LAWRENCE (U18), Michelle ONUKEGBE (U18), Nicole STEWART (U18)	HgateHeat	53.44
5				
6				
7				
8				

4 x 400m U18 Women

Posn	Bib	Runners	Club	Perf
1	C	Kesia ADJEI (U18), Ivy PAITOO (U18), Anna KOSHEVAYA (U18), Aliyah OSMAN (U18)	HgateHeat	04:32.29
2	A	Jessie LYNES (U18), Jasmine ASMAL (U18), Orla FRIEL (U18), Grace TILSON (U18)	Have	04:40.40
3				
4				
5				
6				
7				
8				

TEAMS BY AGE GROUP

U17 Women	Points	P4P
1 Havering AC	135.0	9,967
2 Highgate Heathside ©	121.0	7,579
3 Shaftesbury Barnet Harriers	118.0	10,383
4 Victoria Park H & Tower Hamlets AC	36.0	3,369
5 Herne Hill Harriers	34.0	4,732
6	-	-
6	-	-
6	-	-

