

LEVEL	UPPER	Track Events Start in Lane
REGION	SOUTH	
DIVISION	Premier	
MATCH	1	
P/FINISH	YES	
Timetable	Long (Premier)	

TOTAL EVENTS	76
NO COMPETITORS/EVENT CANCELLED/NMR/NOT ON TIMET	4
EVENT SCORED	72
REMAINING	-

Date Sunday, April 19 2026

Venue PALMER PARK ATHLETIC TRACK

Host Club Reading AC

Bib	Team Name	Abbrev.	Officials	Track1	Track2	Relays	Field	Total
1	Blackheath & Bromley H AC	B&B	56.0	263.0	79.0	60.0	299.0	757.0
2	Harrow & Dacorum ©	H&D	56.0	208.0	32.0	26.0	217.0	539.0
3	Portsmouth + Winchester ©	PW	56.0	97.0	31.0	9.0	180.0	373.0
4	Reading AC	Read	56.0	188.0	31.0	39.0	191.5	505.5
5	Windsor Slough Eton & Hounslow AC	WSEH	56.0	194.0	49.0	45.0	181.0	525.0
6	Woodford Green AC with Essex Ladies	WGEL	56.0	201.0	51.0	40.0	180.5	528.5
-				-	-	-	-	-
-				-	-	-	-	-

Posn This Match	Team Name	This Match Points
1	Blackheath & Bromley H AC	757.0
2	Harrow & Dacorum ©	539.0
3	Woodford Green AC with Essex Ladies	528.5
4	Windsor Slough Eton & Hounslow AC	525.0
5	Reading AC	505.5
6	Portsmouth + Winchester ©	373.0

Posn	POINTS FOR PERFORMANCE TABLE	Points
1	Blackheath & Bromley H AC	71,817
2	Harrow & Dacorum ©	50,727
3	Windsor Slough Eton & Hounslow AC	48,960
4	Reading AC	46,466
5	Woodford Green AC with Essex Ladies	44,243
6	Portsmouth + Winchester ©	36,180

Posn	Top 10 Scoring Athletes	Points	Perf	Club	Event	UKYDL
1	Jomiloju HUGHES (U18)	1,262	14.95	B&B	Triple Jump U18 Men A	
2	Divine IHEME (U18)	1,237	21.26	B&B	200m U18 Men A	
3	Joseph SCANES (U18)	1,226	03:53.76	B&B	1500m U18 Men A	
4	Emilia ADESE (U18)	1,178	15.86	B&B	Shot 3Kg U18 Women A	
5	Grace SIKORA (U18)	1,145	24.18	WSEH	200m U18 Women A	
6	Joshua DAKO (U18)	1,140	6.98	B&B	Long Jump U18 Men A	
7	Daisy SNELL (U20)	1,110	12.72	B&B	Triple Jump U20 Women A	
8	Charlotte PABARI (U18)	1,094	48.54	PW	Javelin 500g U18 Women A	
9	Sean-connor ATAFO (U18)	1,078	14.03	WGEL	Triple Jump U18 Men A	
10	Sean-connor ATAFO (U18)	1,076	6.82	WGEL	Long Jump U18 Men A	

SOUTH UPPER Premier @ PALMER PARK ATHLETIC TRACK on 19 April 2026
1500m U20 Men A

Posn	No.	Athlete	Club	Perf	EA
1	1	Alexander MIDDLETON (U20)	B&B	04:03.01	7
2	6	Aidan O'DRISCOLL (U20)	WGEL	04:06.67	6
3	4	James TITMAS (U20)	Read	04:16.80	4
4	3	Jack INGLEBY (U20)	PW	04:34.65	1
5					
6					
7					
8					

1500m U20 Men B

Posn	No.	Athlete	Club	Perf	EA
1	11	Harry FAGE (U20)	B&B	04:13.54	5
2					
3					
4					
5					
6					
7					
8					

3000m U18 Men A

Posn	No.	Athlete	Club	Perf	EA
1	97	Event Not On Timetable			
2					
3					
4					
5					
6					
7					
8					

3000m U18 Men B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

110m Hurdles U20 Men A

Posn	No.	Athlete	Club	Perf	EA
			Wind	+1.6	
1	5	Alexander ELDRIDGE (U20)	WSEH	14.88	9
2	4	Tom CROFT (U20)	Read	15.73	7
3	2	Haydan LONDON (U20)	H&D	16.32	6
4	6	Henry AKALUKA (U20)	WGEL	18.60	2
5					
6					
7					
8					

110m Hurdles U20 Men B

Posn	No.	Athlete	Club	Perf	EA
			Wind	+1.6	
1	66	Joseph ARNOLD (U20)	WGEL	19.59	1
2	44	Rowan HOUGHTON (U20)	Read	20.48	
3					
4					
5					
6					
7					
8					

400m Hurdles U20 Men A

Posn	No.	Athlete	Club	Perf	EA
1	5	Oliver HALL (U20)	WSEH	56.37	8
2	2	Haydan LONDON (U20)	H&D	58.95	6
3	6	Joseph ARNOLD (U20)	WGEL	60.94	5
4	1	Alexander MORRELL (U20)	B&B	61.53	4
5					
6					
7					
8					

400m Hurdles U20 Men B

Posn	No.	Athlete	Club	Perf	EA
1	22	Dylan WINFIELD (U20)	H&D	59.21	6
2	66	Henry AKALUKA (U20)	WGEL	61.20	4
3					
4					
5					
6					
7					
8					

SOUTH UPPER Premier @ PALMER PARK ATHLETIC TRACK on 19 April 2026
2000m s/c U20 Men A

Posn	No.	Athlete	Club	Perf	EA
1	1	Harry FAGE (U20)	B&B	06:34.88	6
2	6	Aidan O'DRISCOLL (U20)	WGEL	06:43.07	5
3					
4					
5					
6					
7					
8					

2000m s/c U20 Men B

Posn	No.	Athlete	Club	Perf	EA
1	66	Joseph ARNOLD (U20)	WGEL	07:46.26	
2					
3					
4					
5					
6					
7					
8					

Long Jump U20 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Oliver DENSLEY (U18)	WSEH	5.70 0.0	3
2	2	Isaiah KYERE-AIDOO (U20)	H&D	5.67 1.4	3
3	44	Isaac ZALCMAN (U20)	Read	5.64 0.0	3
4	1	Euan LAU (U20)	B&B	5.62 1.9	3
5	6	Arda GIRAY (U18)	WGEL	4.78 0.4	
6					
7					
8					

Long Jump U20 Men B

Posn	Bib	Athlete	Club	Perf	EA
1	4	Harry NELSON (U20)	Read	5.29 1.1	2
2					
3					
4					
5					
6					
7					
8					

High Jump U20 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Omari ANDERSON (U18)	B&B	1.85	7
2	2	Christopher BURTON (U20)	H&D	1.85	7
3	5	Connor FITZGIBBON (U20)	WSEH	1.85	7
4=	4	Rowan HOUGHTON (U20)	Read	1.55	2
4=	66	David NWACHUKWU (U20)	WGEL	1.55	2

High Jump U20 Men B

Posn	Bib	Athlete	Club	Perf	EA
1	6	Henry AKALUKA (U20)	WGEL	X	

Triple Jump U20 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Euan LAU (U20)	B&B	13.22 2.1	6
2	4	Harry NELSON (U20)	Read	11.69 0.0	3
3					
4					
5					
6					
7					
8					

Triple Jump U20 Men B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Premier @ PALMER PARK ATHLETIC TRACK on 19 April 2026
Pole Vault U20 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Oliver DENSLEY (U18)	WSEH	3.55	4
2	1	Rory WITCOMBE (U18)	B&B	3.35	3
3	6	Oliver CLIFTON (U20)	WGEL	2.45	
4	4	Rowan HOUGHTON (U20)	Read	X	

Pole Vault U20 Men B

Posn	Bib	Athlete	Club	Perf	EA
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Shot 6Kg U20 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	6	Buddy REID (U18)	WGEL	13.02	6
2	5	Sebastian SIMPSON (U20)	WSEH	11.43	4
3	2	Godwin MUTANDWA (U20)	H&D	11.28	4
4	11	Nehemiah DICK (U20)	B&B	10.28	2
5	4	Soham DAS (U20)	Read	9.91	2
6					
7					
8					

Shot 6Kg U20 Men B

Posn	Bib	Athlete	Club	Perf	EA
1	1	Max KENNEDY (U20)	B&B	10.16	2
2					
3					
4					
5					
6					
7					
8					

Discus 1.75Kg U20 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Godwin MUTANDWA (U20)	H&D	45.86	9
2	5	Sebastian SIMPSON (U20)	WSEH	37.03	6
3	4	Soham DAS (U20)	Read	28.45	3
4	6	Martim VIEIRA (U18)	WGEL	26.64	3
5	1	Nehemiah DICK (U20)	B&B	23.12	1
6					
7					
8					

Discus 1.75Kg U20 Men B

Posn	Bib	Athlete	Club	Perf	EA
1	11	Alexander MORRELL (U20)	B&B	18.97	
2					
3					
4					
5					
6					
7					
8					

Hammer 6Kg U20 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Sebastian SIMPSON (U20)	WSEH	51.59	8
2	4	Soham DAS (U20)	Read	48.72	7
3	6	Buddy REID (U18)	WGEL	38.08	3
4					
5					
6					
7					
8					

Hammer 6Kg U20 Men B

Posn	Bib	Athlete	Club	Perf	EA
1	66	Oliver CLIFTON (U20)	WGEL	17.31	
2	55	Keon THOMAS-RAMDEEN (U2)	WSEH	12.54	
3					
4					
5					
6					
7					
8					

SOUTH UPPER Premier @ PALMER PARK ATHLETIC TRACK on 19 April 2026
Javelin 800g U20 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Tom RUTTER (U20)	H&D	64.77	9
2	1	Max KENNEDY (U20)	B&B	52.11	7
3	6	Oliver CLIFTON (U20)	WGEL	28.96	
4	4	Rowan HOUGHTON (U20)	Read	15.28	
5					
6					
7					
8					

Javelin 800g U20 Men B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Godwin MUTANDWA (U20)	H&D	36.15	2
2					
3					
4					
5					
6					
7					
8					

4 x 100m U20 Men

Posn	Bib	Runners	Club	Perf
1	5	Luca SZALAI (U20), Keon THOMAS-RAMDEEN (U20), Matteo SYMONS-CHAN (U18), Tobenna OKORO (U18)	WSEH	43.23
2	1	Nicholas MARQUEZ (U18), Oliver DRISCOLL (U20), Oscar SADOWSKI (U18), Oji OKORO (U20)	B&B	43.82
3	4	Alexander JONES (U18), Tom CROFT (U20), Isaac ZALCMAN (U20), Taryn GUTHRIE (U18)	Read	44.94
4	6	David NWACHUKWU (U20), Kofi AMOATENG (U18), Jaheim ROMAN (U18), Jude DEMPSEY THOMPSON (U18)	WGEL	46.28
5				
6				
7				
8				

4 x 400m U20 M&W A

Posn	Bib	Runners	Club	Perf
1	3	Scott HARRIS (U20), Francesca JOSLIN (U18), Iosu HARFIELD (U18), Ella HUTTON (U20)	PW	03:44.91
2	2	Haydan LONDON (U20), Anish FRANKLAND (U18), Emiley AXTELL (U20), Loiuise MARTIN (U18)	H&D	03:45.88
3	1	Marley BYFIELD (U20), Aoife MCDONAGH (U18), Alyssa FIRLA (U20), Ryen RENNIE (U20)	B&B	03:46.09
4	4	Rhys MCCORMAC (U20), Maddy VIETZ (U20), Matthew O'CONNOR (U20), Patricia ARMAH (U20)	Read	03:48.36
5	5	Liam GOULD (U20), Keon THOMAS-RAMDEEN (U20), Isla MAJMADER (U18), Tara FERGUSON (U18)	WSEH	04:02.34
6	6	Henry AKALUKA (U20), Caitlin HANCOCK (U18), Evanna EZE (U18), Aidan O'DRISCOLL (U20)	WGEL	04:10.41
7				
8				

TEAMS BY AGE GROUP

U20 Men	Points	P4P
1 Blackheath & Bromley H AC	157.0	15,372
2 Windsor Slough Eton & Hounslow AC	127.0	12,060
3 Woodford Green AC with Essex Ladies	126.5	10,482
4 Reading AC	107.5	10,378
5 Harrow & Dacorum ©	101.0	10,141
6 Portsmouth + Winchester ©	29.0	2,522
7	-	-
7	-	-

SOUTH UPPER Premier @ PALMER PARK ATHLETIC TRACK on 19 April 2026
1500m U20 Women A

Posn	No.	Athlete	Club	Perf	EA
1	5	Luhane SMITH (U20)	WSEH	04:40.52	8
2	2	Annabelle SUFFIELD (U20)	H&D	05:37.17	
3	1	Rowan PEARSON (U18)	B&B	05:42.28	
4	6	Matilda FRITH (U20)	WGEL	06:18.67	
5					
6					
7					
8					

1500m U20 Women B

Posn	No.	Athlete	Club	Perf	EA
1	55	Yasmin GRANT (U20)	WSEH	04:47.44	7
2					
3					
4					
5					
6					
7					
8					

3000m U18 Women A

Posn	No.	Athlete	Club	Perf	EA
1	97	Event Not On Timetable			
2					
3					
4					
5					
6					
7					
8					

3000m U18 Women B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

100m Hurdles U20 Women A

Posn	No.	Athlete	Club	Perf	EA
1	3	Elin ROBERTS (U20)	PW	14.42	9
2	4	Maddy VIETZ (U20)	Read	15.90	6
3	6	Matilda FRITH (U20)	WGEL	24.66	
4					
5					
6					
7					
8					

100m Hurdles U20 Women B

Posn	No.	Athlete	Club	Perf	EA
1	44	Anna DELAVERE (U20)	Read	15.91	6
2	66	Anaand TRATT (U20)	WGEL	28.62	
3					
4					
5					
6					
7					
8					

400m Hurdles U20 Women A

Posn	No.	Athlete	Club	Perf	EA
1	1	Gracelyn KENDECK (U20)	B&B	64.10	9
2	4	Anna DELAVERE (U20)	Read	65.85	8
3	6	Isabelle KYSON (U20)	WGEL	70.52	6
4	2	Emma NEGOLIANU (U18)	H&D	75.11	3
5					
6					
7					
8					

400m Hurdles U20 Women B

Posn	No.	Athlete	Club	Perf	EA
1	66	Matilda FRITH (U20)	WGEL	89.85	
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Premier @ PALMER PARK ATHLETIC TRACK on 19 April 2026
1500m s/c U20 Women A

Posn	No.	Athlete	Club	Perf	EA
1	6	Matilda FRITH (U20)	WGEL	06:41.97	
2					
3					
4					
5					
6					
7					
8					

TD10 1500m s/c U20 Women B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

Long Jump U20 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	6	Tai'bat OWOSHO (U20)	WGEL	5.29 1.8	7
2	4	Isabella PHILLIPS (U18)	Read	5.11 1.2	6
3	2	Barbara WILKINS (U18)	H&D	4.79 1.8	4
4	3	Amabel JANSEN (U18)	PW	4.49 1.3	2
5	1	Gracelyn KENDECK (U20)	B&B	3.88 0.2	
6					
7					
8					

Long Jump U20 Women B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

High Jump U20 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Maddy VIETZ (U20)	Read	1.64	8
2	3	Lois MOORE (U20)	PW	1.55	7
3	1	Alice WITHERSPOON (U18)	B&B	1.50	6
4	2	Emiley AXTELL (U20)	H&D	X	

High Jump U20 Women B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					

Triple Jump U20 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Daisy SNELL (U20)	B&B	12.72 0.7	9
2	5	Mia WOODLEY (U20)	WSEH	11.23 1.4	7
3	6	Tai'bat OWOSHO (U20)	WGEL	9.38 1.7	1
4	2	Zara SIMON (U20)	H&D	7.73 0.6	
5					
6					
7					
8					

Triple Jump U20 Women B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Elise BEARDSWORTH (U20)	H&D	7.68 1.5	
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Premier @ PALMER PARK ATHLETIC TRACK on 19 April 2026
Pole Vault U20 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Madeleine DODD (U20)	B&B	3.50	9
2	3	Lexie TROTT (U18)	PW	3.20	7
3	5	Lilianne JERVIS-ALLAN (U20)	WSEH	3.20	7

Pole Vault U20 Women B

Posn	Bib	Athlete	Club	Perf	EA
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Shot 4Kg U20 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Kanma DOZIE (U20)	WSEH	10.62	5
2	4	Maddy VIETZ (U20)	Read	10.35	5
3	3	Jessica HOWELLS (U20)	PW	10.09	5
4	2	Elise BEARDSWORTH (U20)	H&D	9.27	3
5	1	Rebekah SMITH (U20)	B&B	9.18	3
6	6	Kaidy BAPTISTE (U18)	WGEL	7.57	
7					
8					

Shot 4Kg U20 Women B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

Discus 1Kg U20 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	22	Zara SIMON (U20)	H&D	30.80	4
2	3	Erin MCBRIAR (U20)	PW	30.01	4
3	5	Kanma DOZIE (U20)	WSEH	16.68	
4	1	Annabelle YEO (U18)	B&B	15.28	
5	6	Chelsy AYIRO (U20)	WGEL	12.00	
6					
7					
8					

Discus 1Kg U20 Women B

Posn	Bib	Athlete	Club	Perf	EA
1	2	Alana THOMAS (U20)	H&D	29.96	4
2					
3					
4					
5					
6					
7					
8					

Hammer 4Kg U20 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Elise BEARDSWORTH (U20)	H&D	37.20	5
2	3	Erin MCBRIAR (U20)	PW	31.18	3
3	1	Ella REECE (U18)	B&B	21.17	
4	6	Kaidy BAPTISTE (U18)	WGEL	12.11	
5					
6					
7					
8					

Hammer 4Kg U20 Women B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Premier @ PALMER PARK ATHLETIC TRACK on 19 April 2026
Javelin 600g U20 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Jessica HOWELLS (U20)	PW	42.29	7
2	4	Anna DELAVERE (U20)	Read	27.80	1
3	1	Rebekah SMITH (U20)	B&B	24.06	
4	2	Zara SIMON (U20)	H&D	16.49	
5	6	Chelsy AYIRO (U20)	WGEL	13.88	
6					
7					
8					

Javelin 600g U20 Women B

Posn	Bib	Athlete	Club	Perf	EA
1	44	Patricia ARMAH (U20)	Read	13.26	
2					
3					
4					
5					
6					
7					
8					

4 x 100m U20 Women

Posn	Bib	Runners	Club	Perf
1	1	Annabelle YEO (U18), Emilia ADESE (U18), Isabella CAMPBELL-ANDOU (U18), Rebekah SMITH (U20)	B&B	49.59
2	6	Evie-Mae MOSANYA (U18), Mayah O'SULLIVAN (U18), Evie O'SULLIVAN (U18), Daisy ANDERSON (U18)	WGEL	50.50
3				
4				
5				
6				
7				
8				

4 x 400m U20 M&W B

Posn	Bib	Runners	Club	Perf
1	1	Alexander MORRELL (U20), Rebekah SMITH (U20), Niamh STANLEY (U18), Tane CHAMBERS (U20)	B&B	03:56.11
2	5	Ana PASSOS (U20), Luhane SMITH (U20), Tymon ZYGMUNTOWICZ (U18), Euan TOTAYS (U18)	WSEH	04:07.42
3	6	Daniel ARNOLD (U18), Alice PADIAN (U18), Isla FULLING (U18), William MUFFETT (U20)	WGEL	04:13.38
4				
5				
6				
7				
8				

TEAMS BY AGE GROUP

U20 Women	Points	P4P
1 Blackheath & Bromley H AC	127.0	12,499
2 Woodford Green AC with Essex Ladies	111.0	7,930
3 Harrow & Dacorum ©	108.0	9,017
4 Reading AC	95.0	9,258
5 Windsor Slough Eton & Hounslow AC	82.0	9,052
6 Portsmouth + Winchester ©	79.0	8,255
7	-	-
7	-	-

SOUTH UPPER Premier @ PALMER PARK ATHLETIC TRACK on 19 April 2026

<u>100m U18 Men A</u>					<u>100m U18 Men B</u>						
Posn	No.	Athlete	Club	Perf	EA	Posn	No.	Athlete	Club	Perf	EA
				Wind						Wind	
				-0.4						+1.9	
1	E	Matteo SYMONS-CHAN (U18)	WSEH	10.97	9	1	FF	Toby FALOLA (U18)	WGEL	11.12	8
2	A	Evan WOOD (U18)	B&B	10.98	9	2	AA	Riley AUSTIN-TILL (U18)	B&B	11.16	8
3	B	Joshua CHUNYE (U18)	H&D	11.08	9	3	BB	George BROOKS (U18)	H&D	11.41	6
4	C	Mathaius SEMPER (U18)	PW	11.36	6	4	EE	Samuel AJIBADE (U18)	WSEH	11.66	5
5	F	Waiz YASSER (U18)	WGEL	11.41	6	5	DD	Bailey KNIGHT (U18)	Read	11.78	4
6	D	Jesse ADDAIBOSOMPEM (U18)	Read	11.64	5	6	CC	Brandon WAN (U18)	PW	12.19	3
7						7					
8						8					

<u>200m U18 Men A</u>					<u>200m U18 Men B</u>						
Posn	No.	Athlete	Club	Perf	EA	Posn	No.	Athlete	Club	Perf	EA
				Wind						Wind	
				+1.7						+2.5	
1	A	Divine IHEME (U18)	B&B	21.26	9	1	AA	Evan WOOD (U18)	B&B	22.09	9
2	E	Matteo SYMONS-CHAN (U18)	WSEH	22.27	9	2	FF	Waiz YASSER (U18)	WGEL	23.17	6
3	F	Toby FALOLA (U18)	WGEL	22.29	9	3	EE	Samuel AJIBADE (U18)	WSEH	23.80	4
4	C	Mathaius SEMPER (U18)	PW	22.85	7	4	DD	Youssef EL-NAGER (U18)	Read	23.92	4
5	D	Rowan WARD (U18)	Read	23.29	6	5	BB	Aiden BRAMBLE (U18)	H&D	24.05	3
6	B	George BROOKS (U18)	H&D	23.45	5	6					
7						7					
8						8					

<u>400m U18 Men A</u>					<u>400m U18 Men B</u>						
Posn	No.	Athlete	Club	Perf	EA	Posn	No.	Athlete	Club	Perf	EA
1	B	Rafael PEQUENO (U18)	H&D	49.33	9	1	AA	Eliot PEACOCK (U18)	B&B	51.75	8
2	A	Micah SALMON (U18)	B&B	50.33	9	2	DD	Youssef EL-NAGER (U18)	Read	53.56	6
3	C	Samual JOHN (U18)	PW	51.16	8	3	CC	Oliver FREEMANTLE (U18)	PW	53.81	6
4	F	Thomas NIEWCZASINSKI-KIRK	WGEL	51.63	8	4	BB	Harry SHIELDS (U18)	H&D	55.04	5
5	E	Samuel BABIS (U18)	WSEH	53.03	7	5	EE	Oliver NIEDZWIEDZ (U18)	WSEH	58.98	2
6	D	Rowan WARD (U18)	Read	DNF		6	FF	Jaheim ROMAN (U18)	WGEL	60.27	1
7						7					
8						8					

<u>800m U18 Men A</u>					<u>800m U18 Men B</u>						
Posn	No.	Athlete	Club	Perf	EA	Posn	No.	Athlete	Club	Perf	EA
1	A	Joseph HILL (U18)	B&B	01:55.28		1	AA	Kian FARRELL (U18)	B&B	01:57.83	
2	F	Lucas FREEDMAN (U18)	WGEL	02:00.57		2	FF	Archie SMITH (U18)	WGEL	02:01.07	
3	B	Lucas OLIVER (U18)	H&D	02:07.86		3	BB	Blake MITCHELL (U18)	H&D	02:06.15	
4	C	Iosu HARFIELD (U18)	PW	02:10.92		4	EE	Euan TOTAYS (U18)	WSEH	02:21.56	
5	E	Tymon ZYGMUNTOWICZ (U18)	WSEH	02:15.53		5	DD	Matteo DACCO (U18)	Read	02:26.95	
6	D	Sebastian CLARK (U18)	Read	02:16.30		6					
7						7					
8						8					

SOUTH UPPER Premier @ PALMER PARK ATHLETIC TRACK on 19 April 2026

1500m U18 Men A

Posn	No.	Athlete	Club	Perf	EA
1	A	Joseph SCANES (U18)	B&B	03:53.76	9
2	BB	Toby PRITCHARD (U18)	H&D	04:15.02	5
3	E	Toby SMITH (U18)	WSEH	04:17.90	5
4	D	Sebastian CLARK (U18)	Read	04:25.64	3
5					
6					
7					
8					

1500m U18 Men B

Posn	No.	Athlete	Club	Perf	EA
1	B	Luca RUSSO (U18)	H&D	04:15.43	5
2	AA	Alex MARTIN (U18)	B&B	04:15.69	5
3	EE	Ben YOUNG (U18)	WSEH	04:24.13	4
4	DD	Rafael James CHARLTON-PERI	Read	04:44.20	1
5					
6					
7					
8					

3000m U20 Men A

Posn	No.	Athlete	Club	Perf	EA
1	97	Event Not On Timetable			
2					
3					
4					
5					
6					
7					
8					

3000m U20 Men B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

110m Hurdles U18 Men A

Posn	No.	Athlete	Club	Perf	EA
				Wind +1.3	
1	E	Bertie LEE (U18)	WSEH	14.00	9
2	A	Alexander GILES (U18)	B&B	14.25	9
3	C	Harvey BECKLES (U18)	PW	14.27	9
4	B	Ethan OGILVIE (U18)	H&D	14.51	9
5					
6					
7					
8					

110m Hurdles U18 Men B

Posn	No.	Athlete	Club	Perf	EA
				Wind +1.3	
1	AA	Jamie ELLERTON (U18)	B&B	14.88	9
2	BB	Anish FRANKLAND (U18)	H&D	15.55	8
3	CC	Louis BRIDGES (U18)	PW	16.25	7
4					
5					
6					
7					
8					

400m Hurdles U18 Men A

Posn	No.	Athlete	Club	Perf	EA
1	A	Alexander D'CRUZ (U18)	B&B	56.74	9
2	D	Alexander JONES (U18)	Read	56.75	9
3	E	Erlgean APPIAHKORANG-MEN	WSEH	57.85	8
4	B	Anish FRANKLAND (U18)	H&D	58.66	7
5	F	Arda GIRAY (U18)	WGEL	65.91	2
6					
7					
8					

400m Hurdles U18 Men B

Posn	No.	Athlete	Club	Perf	EA
1	DD	Taryn GUTHRIE (U18)	Read	58.44	7
2	AA	Malakai DAVID MCKENZIE CA	B&B	70.22	
3					
4					
5					
6					
7					
8					

SOUTH UPPER Premier @ PALMER PARK ATHLETIC TRACK on 19 April 2026

2000m s/c U18 Men A

Posn	No.	Athlete	Club	Perf	EA
1	A	Ben O'GRADY (U18)	B&B	05:58.49	
2	E	Evan MCGRAIL (U18)	WSEH	06:17.03	
3	D	Nolan CHENCHERY (U18)	Read	06:48.97	
4	F	Daniel ARNOLD (U18)	WGEL	06:56.28	
5	B	Sam TARLING (U18)	H&D	07:36.35	
6					
7					
8					

2000m s/c U18 Men B

Posn	No.	Athlete	Club	Perf	EA
1	AA	Oliver WARD (U18)	B&B	06:03.48	
2	DD	Sam WEEKS (U18)	Read	06:52.17	
3					
4					
5					
6					
7					
8					

Long Jump U18 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Joshua DAKO (U18)	B&B	6.98 2.0	9
2	F	Sean-connor ATAFO (U18)	WGEL	6.82 2.2	9
3	D	Marcus SMITH (U18)	Read	6.25 3.0	7
4	B	Joshua CHUNYE (U18)	H&D	6.22 2.0	7
5	EE	Vidun JAYAWARDANE (U18)	WSEH	5.80 1.7	5
6	C	Tom GAISFORD (U18)	PW	4.87 1.8	1
7					
8					

Long Jump U18 Men B

Posn	Bib	Athlete	Club	Perf	EA
1	BB	Jesse GRINYER (U18)	H&D	5.93 1.4	5
2	E	Alexander WARNES (U18)	WSEH	5.73 0.0	4
3	AA	Oscar SADOWSKI (U18)	B&B	5.39 1.9	3
4	FF	Waiz YASSER (U18)	WGEL	4.76 1.9	1
5					
6					
7					
8					

High Jump U18 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	B	Jesse GRINYER (U18)	H&D	1.85	8
2	D	Marcus SMITH (U18)	Read	1.85	8
3	AA	Alexander GILES (U18)	B&B	1.85	8
4	C	Tom GAISFORD (U18)	PW	1.80	7
5	E	Oliver DENSLEY (U18)	WSEH	1.70	5

High Jump U18 Men B

Posn	Bib	Athlete	Club	Perf	EA
1	A	Joshua DAKO (U18)	B&B	1.80	7
2	BB	Zach ABBOTT (U18)	H&D	1.75	6
3	CC	Louis BRIDGES (U18)	PW	1.70	5
4	DD	Taryn GUTHRIE (U18)	Read	1.70	5
5	EE	Max MCCUAIG (U18)	WSEH	1.35	

Triple Jump U18 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Jomiloju HUGHES (U18)	B&B	14.95 1.0	9
2	F	Sean-connor ATAFO (U18)	WGEL	14.03 2.1	9
3	B	Timothy MADUKAH (U18)	H&D	13.88 2.1	9
4					
5					
6					
7					
8					

Triple Jump U18 Men B

Posn	Bib	Athlete	Club	Perf	EA
1	FF	Callum CLYDESDALE (U18)	WGEL	11.50 2.6	4
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Premier @ PALMER PARK ATHLETIC TRACK on 19 April 2026

Pole Vault U18 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	AA	Alexander GILES (U18)	B&B	3.35	4
2	E	Jack EAMES (U18)	WSEH	3.35	4
3	C	Louis BRIDGES (U18)	PW	3.20	4
4	D	Robert FUREY (U18)	Read	2.60	1
5	F	Callum CLYDESDALE (U18)	WGEL	2.30	

Pole Vault U18 Men B

Posn	Bib	Athlete	Club	Perf	EA
1	EE	Max MCCUAIG (U18)	WSEH	3.20	4
2	A	Charlie PLATT (U18)	B&B	X	

Shot 5Kg U18 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Olivier COULIBALY (U18)	B&B	15.65	9
2	C	Benjamin BARKER (U18)	PW	15.49	9
3	B	Theo LLOYD-EVANS (U18)	H&D	13.77	8
4	D	Jude BUNTON (U18)	Read	11.12	4
5	FF	Jaheim ROMAN (U18)	WGEL	10.32	3
6	E	Erlgean APPIAHKORANG-MEN	WSEH	9.13	1
7					
8					

Shot 5Kg U18 Men B

Posn	Bib	Athlete	Club	Perf	EA
1	DD	Matthew POGUE (U18)	Read	10.85	4
2	F	Kofi AMOATENG (U18)	WGEL	9.04	1
3	EE	Tyler DORAN (U18)	WSEH	8.89	1
4	BB	Jack GUPPY (U18)	H&D	6.94	
5					
6					
7					
8					

Discus 1.5Kg U18 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Olivier COULIBALY (U18)	B&B	46.33	9
2	C	Benjamin BARKER (U18)	PW	39.42	7
3	B	Edward GRAVETT-SMITH (U18)	H&D	39.28	7
4	E	Tyler DORAN (U18)	WSEH	29.05	4
5	F	Buddy REID (U18)	WGEL	26.83	3
6	DD	Alexander JONES (U18)	Read	17.41	
7					
8					

Discus 1.5Kg U18 Men B

Posn	Bib	Athlete	Club	Perf	EA
1	BB	Jack GUPPY (U18)	H&D	28.30	4
2	D	Jayden ALLEN (U18)	Read	17.11	
3	FF	Jaheim ROMAN (U18)	WGEL	X	
4					
5					
6					
7					
8					

Hammer 5Kg U18 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	AA	Rory WITCOMBE (U18)	B&B	59.20	9
2	C	Reuben NOOTT (U18)	PW	45.82	6
3	D	Jayden ALLEN (U18)	Read	32.50	2
4	B	Jack GUPPY (U18)	H&D	28.93	1
5	E	Samuel BABIS (U18)	WSEH	11.36	
6	F	Callum CLYDESDALE (U18)	WGEL	6.86	
7					
8					

Hammer 5Kg U18 Men B

Posn	Bib	Athlete	Club	Perf	EA
1	A	Aaron AXTELL (U18)	B&B	56.90	9
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Premier @ PALMER PARK ATHLETIC TRACK on 19 April 2026

Javelin 700g U18 Men A

Posn	Bib	Athlete	Club	Perf	EA
1	C	Benjamin BARKER (U18)	PW	55.70	9
2	F	Zak WILLIAMS (U18)	WGEL	53.99	9
3	B	Edward GRAVETT-SMITH (U18)	H&D	46.57	6
4	A	Charlie PLATT (U18)	B&B	43.79	5
5	D	Bailey KNIGHT (U18)	Read	29.72	1
6	E	Samuel BABIS (U18)	WSEH	4.56	
7					
8					

Javelin 700g U18 Men B

Posn	Bib	Athlete	Club	Perf	EA
1	AA	George BLACKWELL (U18)	B&B	39.64	4
2	FF	Martim VIEIRA (U18)	WGEL	26.81	
3	DD	Jayden ALLEN (U18)	Read	14.58	
4	EE	Tobenna OKORO (U18)	WSEH	3.45	
5					
6					
7					
8					

4 x 100m U18 Men

Posn	Bib	Runners	Club	Perf
1	A	Olufikayo LANA (U18), Evan WOOD (U18), Riley AUSTIN-TILL (U18), Divine IHEME (U18)	B&B	42.67
2	F	Sean-connor ATAFO (U18), Thomas NIEWCZASINSKI-KIRKLAND (U18), Arda GIRAY (U18), Toby FALOLA (U18)	WGEL	43.74
3	D	Jesse ADDAIBOSOMPEM (U18), Youssef EL-NAGER (U18), Marcus SMITH (U18), Rowan WARD (U18)	Read	45.05
4	B	George BROOKS (U18), Timothy MADUKAH (U18), Ethan OGILVIE (U18), Aiden BRAMBLE (U18)	H&D	45.32
5	E	Harry IBENANA (U18), Bertie LEE (U18), Oliver DENSLEY (U18), Vidun JAYAWARDANE (U18)	WSEH	45.56
6				
7				
8				

4 x 400m U18 Men

Posn	Bib	Runners	Club	Perf
1	A	Eliot PEACOCK (U18), Kian FARRELL (U18), Alexander D'CRUZ (U18), Micah SALMON (U18)	B&B	03:25.84
2	D	Rowan WARD (U18), Taryn GUTHRIE (U18), Alexander JONES (U18), Youssef EL-NAGER (U18)	Read	03:33.06
3	E	Samuel BABIS (U18), Oliver NIEDZWIEDZ (U18), Tobenna OKORO (U18), Erlgean APPIAHKORANG-MENSA (U18)	WSEH	03:35.51
4	F	Toby FALOLA (U18), Callum CLYDESDALE (U18), Jude DEMPSEY THOMPSON (U18), Thomas NIEWCZASIN (U18)	WGEL	03:37.15
5	B	Obadiah BUCKLEY (U18), Rafael PEQUENO (U18), Lucas OLIVER (U18), Shaan TUMBER (U18)	H&D	03:43.57
6				
7				
8				

TEAMS BY AGE GROUP

U18 Men	Points	P4P
1 Blackheath & Bromley H AC	224.0	25,563
2 Harrow & Dacorum ©	144.0	19,060
3 Windsor Slough Eton & Hounslow AC	129.0	14,776
4 Reading AC	123.0	14,298
5 Woodford Green AC with Essex Ladies	117.0	14,771
6 Portsmouth + Winchester ©	84.0	11,199
7	-	-
7	-	-

SOUTH UPPER Premier @ PALMER PARK ATHLETIC TRACK on 19 April 2026

<u>100m U18 Women A</u>					<u>100m U18 Women B</u>						
Posn	No.	Athlete	Club	Perf	EA	Posn	No.	Athlete	Club	Perf	EA
				Wind						Wind	
				+2.3						+2.9	
1	E	Grace SIKORA (U18)	WSEH	11.97	9	1	AA	Sophie TRAN (U18)	B&B	12.34	9
2	F	Evanna EZE (U18)	WGEL	12.35	9	2	FF	Shalom PRINCE (U18)	WGEL	12.52	7
3	A	Cheyenne NKETIA (U18)	B&B	12.35	9	3	EE	Kornelia PIETKA (U18)	WSEH	12.69	6
4	D	Annabelle VANHELSDINGEN (U18)	Read	12.39	9	4	BB	Anaiyah CLARKE (U18)	H&D	12.73	6
5	B	Havika KYERE-AIDOO (U18)	H&D	12.57	7	5	DD	Kennady EDWARDS (U18)	Read	13.41	2
6	C	Akeh dennisha-vanna DAWSC PW		13.87		6					
7						7					
8						8					

<u>200m U18 Women A</u>					<u>200m U18 Women B</u>						
Posn	No.	Athlete	Club	Perf	EA	Posn	No.	Athlete	Club	Perf	EA
				Wind						Wind	
				+1.8						+1.3	
1	E	Grace SIKORA (U18)	WSEH	24.18	9	1	FF	Azzurra CIONI (U18)	WGEL	25.00	9
2	B	Giusy CAPRARELLI (U18)	H&D	25.06	9	2	DD	Isabella PHILLIPS (U18)	Read	25.92	8
3	D	Annabelle VANHELSDINGEN (U18)	Read	25.46	9	3	BB	Havika KYERE-AIDOO (U18)	H&D	26.01	8
4	A	Nevie TAMBLYN (U18)	B&B	25.71	9	4	EE	Leila ZAMANI (U18)	WSEH	26.74	7
5	F	Noa CHODOKUFA (U18)	WGEL	26.02	8	5	AA	Beatriz MAULICINO (U18)	B&B	27.06	6
6						6					
7						7					
8						8					

<u>400m U18 Women A</u>					<u>400m U18 Women B</u>						
Posn	No.	Athlete	Club	Perf	EA	Posn	No.	Athlete	Club	Perf	EA
1	D	Bisan MUSA (U18)	Read	55.59	9	1	FF	Azzurra CIONI (U18)	WGEL	58.25	9
2	F	Noa CHODOKUFA (U18)	WGEL	55.73	9	2	EE	Isla MAJMADER (U18)	WSEH	59.53	8
3	E	Holly COLENUTT (U18)	WSEH	56.19	9	3	AA	Alice WITHERSPOON (U18)	B&B	62.63	6
4	B	Annamarie BAKER-LOPES (U18)	H&D	58.91	9	4	BB	Emma WRIGHT (U18)	H&D	63.22	6
5	A	Sophie TRAN (U18)	B&B	60.25	8	5	DD	Katie NICOLSON (U18)	Read	64.23	5
6						6					
7						7					
8						8					

<u>800m U18 Women A</u>					<u>800m U18 Women B</u>						
Posn	No.	Athlete	Club	Perf	EA	Posn	No.	Athlete	Club	Perf	EA
1	B	Lily JOHNSON (U18)	H&D	02:16.93		1	AA	Niamh STANLEY (U18)	B&B	02:21.61	
2	C	Francesca JOSLIN (U18)	PW	02:19.02		2	CC	Eleanor JEPSON (U18)	PW	02:22.99	
3	A	Aoife MCDONAGH (U18)	B&B	02:20.28		3	FF	Alice PADIAN (U18)	WGEL	02:31.83	
4	E	Isla MAJMADER (U18)	WSEH	02:22.66		4	EE	Tara FERGUSON (U18)	WSEH	02:31.96	
5	F	Isla FULLING (U18)	WGEL	02:23.86		5	DD	Rosanna KITCHING (U18)	Read	02:31.98	
6	D	Katie NICOLSON (U18)	Read	02:29.79		6	BB	Laura FITUCH (U18)	H&D	02:58.36	
7						7					
8						8					

SOUTH UPPER Premier @ PALMER PARK ATHLETIC TRACK on 19 April 2026
1500m U18 Women A

Posn	No.	Athlete	Club	Perf	EA
1	EE	Riona STREET (U18)	WSEH	04:44.87	8
2	A	Naimah MOSSI (U18)	B&B	04:59.39	5
3	C	Eleanor JEPSON (U18)	PW	05:06.92	4
4	B	Grace CRISP (U18)	H&D	05:11.09	3
5	F	Alice PADIAN (U18)	WGEL	05:19.46	2
6	DD	Anna NICOLSON (U18)	Read	05:35.39	
7					
8					

1500m U18 Women B

Posn	No.	Athlete	Club	Perf	EA
1	E	Tara FERGUSON (U18)	WSEH	05:05.50	4
2	AA	Charlotte STEVENS (U18)	B&B	05:09.01	3
3	CC	Milly PARKER (U18)	PW	05:17.52	2
4	D	Isabelle WILLIAMS (U18)	Read	05:50.93	
5	BB	Lara RUSSO (U18)	H&D	06:01.87	
6					
7					
8					

3000m U20 Women A

Posn	No.	Athlete	Club	Perf	EA
1	97	Event Not On Timetable			
2					
3					
4					
5					
6					
7					
8					

3000m U20 Women B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

100m Hurdles U18 Women A

Posn	No.	Athlete	Club	Perf	EA
			Wind	+1.9	
1	A	Fayo OLATUNDE (U18)	B&B	14.33	9
2	D	Cecilia FURLEY (U18)	Read	14.81	9
3	E	Elysia CHILVERS (U18)	WSEH	15.21	8
4	B	Isabella SPICE (U18)	H&D	15.25	8
5	F	Ishana MALCOLM (U18)	WGEL	20.30	1
6					
7					
8					

100m Hurdles U18 Women B

Posn	No.	Athlete	Club	Perf	EA
			Wind	+1.9	
1	AA	Beth REGAN (U18)	B&B	16.44	6
2	BB	Emma NEGOLIANU (U18)	H&D	16.87	5
3					
4					
5					
6					
7					
8					

400m Hurdles U18 Women A

Posn	No.	Athlete	Club	Perf	EA
1	D	Bisan MUSA (U18)	Read	62.71	9
2	A	Beth REGAN (U18)	B&B	69.31	6
3	B	Emma WRIGHT (U18)	H&D	72.13	5
4	F	Daisy ANDERSON (U18)	WGEL	74.76	4
5					
6					
7					
8					

400m Hurdles U18 Women B

Posn	No.	Athlete	Club	Perf	EA
1	BB	Cara SAMUELS (U18)	H&D	79.32	2
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Premier @ PALMER PARK ATHLETIC TRACK on 19 April 2026
1500m s/c U18 Women A

Posn	No.	Athlete	Club	Perf	EA
1	C	Eleanor JEPSON (U18)	PW	05:44.83	4
2	F	Alice PADIAN (U18)	WGEL	06:03.52	2
3	A	Lily BRIDGEMAN (U18)	B&B	06:08.22	1
4					
5					
6					
7					
8					

1500m s/c U18 Women B

Posn	No.	Athlete	Club	Perf	EA
1	CC	Milly PARKER (U18)	PW	05:47.40	4
2					
3					
4					
5					
6					
7					
8					

Long Jump U18 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	E	Leila ZAMANI (U18)	WSEH	5.36 1.3	8
2	D	Mia BRADBURY-FINDEIS (U18)	Read	5.23 1.5	7
3	A	Annabelle YEO (U18)	B&B	5.03 0.9	6
4	F	Remi SALAKO (U18)	WGEL	5.01 1.7	5
5	CC	Erin ADAMS (U18)	PW	4.73 2.4	4
6	B	Isabella SPICE (U18)	H&D	4.36 0.9	2
7					
8					

Long Jump U18 Women B

Posn	Bib	Athlete	Club	Perf	EA
1	DD	Cecilia FURLEY (U18)	Read	5.08 1.4	6
2	AA	Annabelle WAITE (U18)	B&B	4.71 2.2	4
3	EE	Isla MAJMADER (U18)	WSEH	4.63 1.3	4
4	C	Akeh dennisha-vanna DAWSC	PW	4.44 0.9	3
5	FF	Caitlin HANCOCK (U18)	WGEL	4.16 3.6	2
6	BB	Anaiyah CLARKE (U18)	H&D	3.95 0.0	1
7					
8					

High Jump U18 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	E	Elysia CHILVERS (U18)	WSEH	1.61	8
2	A	Fayo OLATUNDE (U18)	B&B	1.55	7
3	B	Eniola OPALEYE (U18)	H&D	1.50	6
4	D	Mia BRADBURY-FINDEIS (U18)	Read	1.50	6
5	F	Shalom PRINCE (U18)	WGEL	1.40	4
6	C	Florence WATLING (U18)	PW	1.35	3

High Jump U18 Women B

Posn	Bib	Athlete	Club	Perf	EA
1	AA	Luna CORRY (U18)	B&B	1.25	1
2	BB	Barbara WILKINS (U18)	H&D	1.25	1

Triple Jump U18 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	F	Remi SALAKO (U18)	WGEL	11.22 2.5	8
2	E	Isabella WINSLADE (U18)	WSEH	11.09 0.0	7
3	C	Erin ADAMS (U18)	PW	10.53 1.9	6
4	A	Annabelle WAITE (U18)	B&B	10.01 1.8	4
5	B	Isabella SPICE (U18)	H&D	9.85 0.6	4
6					
7					
8					

Triple Jump U18 Women B

Posn	Bib	Athlete	Club	Perf	EA
1	CC	Amabel JANSEN (U18)	PW	10.29 0.7	5
2					
3					
4					
5					
6					
7					
8					

SOUTH UPPER Premier @ PALMER PARK ATHLETIC TRACK on 19 April 2026
Pole Vault U18 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Elsa PAWSON (U18)	B&B	3.60	9
2	C	Winnie SYMES (U18)	PW	3.35	8
3	E	Jess SLATER (U18)	WSEH	2.90	7

Pole Vault U18 Women B

Posn	Bib	Athlete	Club	Perf	EA
1	AA	Luna CORRY (U18)	B&B	2.60	5
2	CC	Aeryn HEARST (U18)	PW	2.45	5

Shot 3Kg U18 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Emilia ADESE (U18)	B&B	15.86	9
2	DD	Mia BRADBURY-FINDEIS (U18)	Read	11.20	7
3	C	Bethany MBALLA (U18)	PW	10.66	6
4	BB	Maya KEARVELL (U18)	H&D	10.17	5
5	F	Divine IGWE (U18)	WGEL	7.78	1
6	E	Riya GILL (U18)	WSEH	7.69	1
7					
8					

Shot 3Kg U18 Women B

Posn	Bib	Athlete	Club	Perf	EA
1	AA	Ella REECE (U18)	B&B	12.25	8
2	D	Cecilia FURLEY (U18)	Read	9.54	4
3	CC	Florence WATLING (U18)	PW	8.83	3
4	B	Keira LAKE-BRYAN (U18)	H&D	8.48	2
5	FF	Ruby EREWUNMI (U18)	WGEL	7.07	
6					
7					
8					

Discus 1Kg U18 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	A	Ella REECE (U18)	B&B	35.18	7
2	C	Bethany MBALLA (U18)	PW	34.85	6
3	D	Joyce LIGETI-PRETORIUS (U18)	Read	26.11	3
4	B	Taylor-Shattar SMITH (U18)	H&D	25.66	3
5	F	Ishana MALCOLM (U18)	WGEL	18.40	
6	E	Riya GILL (U18)	WSEH	15.46	
7					
8					

Discus 1Kg U18 Women B

Posn	Bib	Athlete	Club	Perf	EA
1	CC	Abigail MCBRIAR (U18)	PW	31.79	5
2	AA	Jackie NZEKWE (U18)	B&B	26.09	3
3	DD	Anna NICOLSON (U18)	Read	19.07	
4	FF	Ruby EREWUNMI (U18)	WGEL	12.92	
5					
6					
7					
8					

Hammer 3Kg U18 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	C	Bethany MBALLA (U18)	PW	48.49	9
2	A	Jackie NZEKWE (U18)	B&B	48.21	9
3	B	Keira LAKE-BRYAN (U18)	H&D	47.98	9
4	D	Joyce LIGETI-PRETORIUS (U18)	Read	39.73	6
5	F	Divine IGWE (U18)	WGEL	27.90	2
6					
7					
8					

Hammer 3Kg U18 Women B

Posn	Bib	Athlete	Club	Perf	EA
1	BB	Elena LEWIS (U18)	H&D	46.39	8
2	AA	Charlotte BLOODWORTH (U18)	B&B	38.59	6
3	DD	Sienna KEYTE (U18)	Read	33.48	4
4	FF	Ishana MALCOLM (U18)	WGEL	19.53	
5					
6					
7					
8					

SOUTH UPPER Premier @ PALMER PARK ATHLETIC TRACK on 19 April 2026

Javelin 500g U18 Women A

Posn	Bib	Athlete	Club	Perf	EA
1	C	Charlotte PABARI (U18)	PW	48.54	9
2	A	Emilia ADESE (U18)	B&B	33.04	4
3	B	Ciara STACK (U18)	H&D	30.35	3
4	E	Riya GILL (U18)	WSEH	23.10	
5	F	Kaidy BAPTISTE (U18)	WGEL	21.61	
6	D	Anna NICOLSON (U18)	Read	19.64	
7					
8					

Javelin 500g U18 Women B

Posn	Bib	Athlete	Club	Perf	EA
1	CC	Abigail MCBRIAR (U18)	PW	36.45	5
2	AA	Jackie NZEKWE (U18)	B&B	23.42	
3	EE	Leila ZAMANI (U18)	WSEH	16.21	
4	BB	Elena LEWIS (U18)	H&D	11.49	
5	FF	Divine IGWE (U18)	WGEL	8.73	
6					
7					
8					

4 x 100m U18 Women

Posn	Bib	Runners	Club	Perf
1	D	Bisan MUSA (U18), Wilhelmina BARWAH (U18), Annabelle VANHELSDINGEN (U18), Isabella PHILLIPS (U18)	Read	49.01
2	A	Chizam BONIFACE (U18), Cheyanne NKETIA (U18), Beatriz MAULICINO (U18), Sophie TRAN (U18)	B&B	49.22
3	E	Leila ZAMANI (U18), Kornelia PIETKA (U18), Livia NEVETT (U18), Holly COLENUUTT (U18)	WSEH	50.50
4	B	Isabella SPICE (U18), Havika KYERE-AIDOO (U18), Anaiyah CLARKE (U18), Esther FAPONLE (U18)	H&D	50.84
5	F	Habiba TIJANI (U18), Shalom PRINCE (U18), Caitlin HANCOCK (U18), Evanna EZE (U18)	WGEL	dq
6				
7				
8				

4 x 400m U18 Women

Posn	Bib	Runners	Club	Perf
1	E	Lucy SMITH (U18), Holly COLENUUTT (U18), Grace SIKORA (U18), Livia NEVETT (U18)	WSEH	04:03.61
2	F	Noa CHODOKUFA (U18), Daisy ANDERSON (U18), Evie-Mae MOSANYA (U18), Azzurra CIONI (U18)	WGEL	04:04.10
3	D	Nadia ARMAH (U18), Lily METCALFE (U18), Bisan MUSA (U18), Katie NICOLSON (U18)	Read	04:08.01
4	B	Lily JOHNSON (U18), Annamarie BAKER-LOPES (U18), Emma DALTON (U18), Emma NEGOIANU (U18)	H&D	04:08.32
5	A	Beth REGAN (U18), Leah KYRIACOU (U18), Beatriz MAULICINO (U18), Alice WITHERSPOON (U18)	B&B	04:12.08
6				
7				
8				

TEAMS BY AGE GROUP

U18 Women	Points	P4P
1 Blackheath & Bromley H AC	193.0	18,383
2 Windsor Slough Eton & Hounslow AC	131.0	13,072
3 Harrow & Dacorum ©	130.0	12,509
4 Portsmouth + Winchester ©	125.0	14,204
5 Reading AC	124.0	12,532
6 Woodford Green AC with Essex Ladies	118.0	11,060
7	-	-
7	-	-

UPPER SOUTH Premier PALMER PARK ATHLETIC TRACK 19/04/2026						
Bib	Athlete	Team Name	Gender	Event	Performance	Wind
120	Oscar SADOWSKI U18	Blackheath & Bromley H AC	Male	100m	11.57	+2.2
128	Jesse ADDAIBOSOMPEN U18	Reading AC	Male	200m	23.36	+1.6
114	Evie O'SULLIVAN U18	Woodford Green AC with Essex Ladies	Female	100m	13.62	+0.8
121	Olufikayo LANA U18	Blackheath & Bromley H AC	Male	100m	11.19	+2.2
132	Bailey KNIGHT U18	Reading AC	Male	200m	23.99	+1.6
127	Nadia ARMAH U18	Reading AC	Female	200m	28.39	+1.8
104	Keon THOMAS-RAMDEEN U20	Windsor Slough Eton & Hounslow AC	Male	200m	23.05	+1.6
101	Ana PASSOS U20	Windsor Slough Eton & Hounslow AC	Female	1500m	04:45.65	
115	Chelsy AYIRO U20	Woodford Green AC with Essex Ladies	Female	100m	14.13	+2.6
109	Shaan TUMBER U18	Harrow & Dacorum ©	Male	400m	54.72	
112	Malia ANDERSON-WATSON U18	Harrow & Dacorum ©	Female	Hammer	42.71	
135	Leonard ABBEY-QUAYE U20	Reading AC	Male	400m	61.27	
127	Nadia ARMAH U18	Reading AC	Female	400m	69.42	
105	Harry IBENANA U18	Windsor Slough Eton & Hounslow AC	Male	100m	12.25	+2.2
110	Edward GOULDSMITH U18	Harrow & Dacorum ©	Male	800m	02:05.10	
113	Beatriz MAULICINO U18	Blackheath & Bromley H AC	Female	100m	13.34	+0.8
131	Eduardo CARVALHO U18	Reading AC	Male	100m	12.45	+2.2
139	Heather TOWARD U18	Reading AC	Female	800m	02:37.30	
103	Vidun JAYAWARDANE U18	Windsor Slough Eton & Hounslow AC	Male	100m	11.69	+2.2
106	Livia NEVETT U18	Windsor Slough Eton & Hounslow AC	Female	200m	27.34	+1.8
115	Chelsy AYIRO U20	Woodford Green AC with Essex Ladies	Female	200m	29.42	+1.2
111	Liam MCCARTHY U18	Harrow & Dacorum ©	Male	1500m	04:37.01	
124	Nicholas MARQUEZ U18	Blackheath & Bromley H AC	Male	100m	11.43	+2.2
133	Fayo OLATUNDE U18	Blackheath & Bromley H AC	Female	100m	12.72	+0.8
138	Mackenzie LOBO U18	Reading AC	Male	200m	23.96	+1.6
137	Lily METCALFE U18	Reading AC	Female	200m	25.90	+1.8
106	Livia NEVETT U18	Windsor Slough Eton & Hounslow AC	Female	400m	63.19	
107	Isaiah KYERE-AIDOO U20	Harrow & Dacorum ©	Male	100m	11.13	+0.6
125	Kamar MCCURDY-BATIK U18	Blackheath & Bromley H AC	Male	100m	11.43	+0.6
129	Nya-lee ROBINSON U18	Reading AC	Male	200m	25.21	+1.6
119	Mayah O'SULLIVAN U18	Woodford Green AC with Essex Ladies	Female	200m	27.64	+1.2
126	Tane CHAMBERS U20	Blackheath & Bromley H AC	Male	400m	54.43	
129	Nya-lee ROBINSON U18	Reading AC	Male	100m	12.00	+2.2
130	Kennady EDWARDS U18	Reading AC	Female	200m	28.44	+1.8