

LEVEL	UPPER	Track Events Start in Lane
REGION	NORTH	
DIVISION	West 1	
MATCH	3	
P/FINISH	YES	
Timetable	Main	1

TOTAL EVENTS	76
NO COMPETITORS/EVENT CANCELLED/NMR/NOT ON TIME	17
EVENT SCORED	59
REMAINING	-

Date Sunday, July 12 2026

Venue SHEEPMOUNT ATHLETICS STADIUM

Host Club Team North Cumbria ©

Bib	Team Name	Abbrev.	Officials	Track1	Track2	Relays	Field	Total
1	Blackpool Wyre & Fylde AC	BWF		-	-	-	-	-
2	Bolton United H & AC	Bolt	32.0	202.0	48.0	33.0	206.0	521.0
3	Crewe & Nantwich AC	C&N	(12.0)	24.0	-	-	11.0	23.0
4	East Cheshire H & Tameside AC	EChT	8.0	75.0	31.0	-	132.0	246.0
5	Lancaster & Morecambe AC	L&M		-	-	-	-	-
6	Leigh Harriers & AC	Leigh	(12.0)	68.0	9.0	-	58.0	123.0
7	Preston Harriers	Prest	32.0	152.0	13.0	26.0	149.0	372.0
8	Sale Harriers Manchester	Sale	(4.0)	151.0	13.0	26.0	-	186.0
9	St. Helens Sutton AC	SHS	(8.0)	93.0	19.0	-	11.0	115.0
10	Team North Cumbria ©	T N Cumb	32.0	46.0	-	-	89.0	167.0

Posn This Match	Team Name	This Match Points	League Points	B/fwd Match	B/fwd League	Total Match	Total League	Standings
1	Bolton United H & AC	521.0	10.0	1134.0	19.0	1655.0	29.0	1
2	Preston Harriers	372.0	9.0	975.0	19.0	1347.0	28.0	2
3	East Cheshire H & Tameside AC	246.0	8.0	561.0	8.0	807.0	16.0	7
4	Sale Harriers Manchester	186.0	7.0	617.0	11.0	803.0	18.0	4
5	Team North Cumbria ©	167.0	6.0	217.0	5.0	384.0	11.0	8
6	Leigh Harriers & AC	123.0	5.0	727.0	12.0	850.0	17.0	6
7	St. Helens Sutton AC	115.0	6.0	241.0	5.0	356.0	11.0	9
8	Crewe & Nantwich AC	23.0	5.0	660.0	13.0	683.0	18.0	5
9	Lancaster & Morecambe AC	-	3.5	885.0	16.0	885.0	19.5	3
9	Blackpool Wyre & Fylde AC	-	3.5				3.5	10

Posn	POINTS FOR PERFORMANCE TABLE	Points
1	Bolton United H & AC	16,775
2	Preston Harriers	13,024
3	Sale Harriers Manchester	7,589
4	East Cheshire H & Tameside AC	6,900
5	Team North Cumbria ©	6,013
6	St. Helens Sutton AC	4,509
7	Leigh Harriers & AC	3,295
8	Crewe & Nantwich AC	403

Posn	Top 10 Scoring Athletes	Points	Perf	Club	Event	UKYDL
1	Cherie UFUOMA (U20)	881	12.25	Bolt	U20 Women's 100m A	
2	Cherie UFUOMA (U20)	864	11.54	Bolt	U20 Women's Triple Jump A	
3	Cherie UFUOMA (U20)	845	25.37	Bolt	U20 Women's 200m A	
4	Hugh SMITH (U18)	837	51.68	Prest	U18 Men's 400m A	
5	Louie CONNOLLY (U18)	793	52.19	Bolt	U18 Men's 400m A	
6	Conor MCMANUS (U18)	786	02:03.16	Sale	U18 Men's 800m A	
7	Isaac ALLEN (U18)	779	11.40	Prest	U18 Men's 100m A	
8	Iris BECA (U18)	771	45.84	Bolt	U18 Women's Hammer A	
9	Matthew CULLEN-BROWN (U18)	760	04:19.13	Sale	U18 Men's 1500m A	
10	Isaac ALLEN (U18)	747	23.22	Prest	U18 Men's 200m A	

NORTH UPPER West 1 @ SHEEPMOUNT ATHLETICS STADIUM on 12 July 2026
U20 Men's 100m A

Posn	Bib	Athlete	Wind	Club	Perf	EA
1	8	Harrison TWIGGE (U20)	+0.4	Sale	11.32	5
2	9	Ethan VINE (U20)		SHS	11.43	5
3	2	Mark LINTOTT (U20)		Bolt	11.83	3
4	7	Cameron ORR (U20)		Prest	12.10	2
5						
6						
7						
8						
9						
10						

U20 Men's 100m B

Posn	Bib	Athlete	Wind	Club	Perf	EA
1	77	Owen DALTON (U18)	-0.3	Prest	42.95	
2						
3						
4						
5						
6						
7						
8						
9						
10						

U20 Men's 200m A

Posn	Bib	Athlete	Wind	Club	Perf	EA
1	8	Harrison TWIGGE (U20)	-3.0	Sale	23.19	4
2	9	Ethan VINE (U20)		SHS	24.13	2
3	7	Cameron ORR (U20)		Prest	26.70	
4						
5						
6						
7						
8						
9						
10						

U20 Men's 200m B

Posn	Bib	Athlete	Wind	Club	Perf	EA
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						

U20 Men's 400m A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Joe TAYLOR (U20)	EChT	58.57	1
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Men's 400m B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Men's 800m A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Brandon KENYON-BETTS (U2)	EChT	2:14.46	
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Men's 800m B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

NORTH UPPER West 1 @ SHEEPMOUNT ATHLETICS STADIUM on 12 July 2026
U20 Men's 1500m A

Posn	Bib	Athlete	Club	Perf	EA
1	7	Tom BATES (U20)	Prest	4:24.33	3
2	4	Brandon KENYON-BETTS (U2 EchT		4:36.56	1
3					
4					
5					
6					
7					
8					
9					
10					

U20 Men's 1500m B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Men's 3000m A

Posn	Bib	Athlete	Club	Perf	EA
1	97	Event Not On Timetable			
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Men's 3000m B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Men's 110m Hurdles A

Posn	Bib	Athlete	Wind	Club	Perf	EA
1	98	No Competitors Declared				
2						
3						
4						
5						
6						
7						
8						
9						
10						

U20 Men's 110m Hurdles B

Posn	Bib	Athlete	Wind	Club	Perf	EA
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						

U20 Men's 400m Hurdles A

Posn	Bib	Athlete	Club	Perf	EA
1	98	No Competitors Declared			
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Men's 400m Hurdles B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

NORTH UPPER West 1 @ SHEEPMOUNT ATHLETICS STADIUM on 12 July 2026
U20 Men's 2000m Steeplechase A

Posn	Bib	Athlete	Club	Perf	EA
1	98	No Competitors Declared			
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Men's 2000m Steeplechase B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Men's High Jump A

Posn	Bib	Athlete	Club	Perf	EA
	98				

Posn	Bib	Athlete	Club	Perf	EA
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U20 Men's Pole Vault A

Posn	Bib	Athlete	Club	Perf	EA
	98				

U20 Men's Pole Vault B

Posn	Bib	Athlete	Club	Perf	EA
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U20 Men's Long Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	77	Cameron ORR (U20)	Prest	5.79	4
2	2	Mark LINTOTT (U20)	Bolt	3.97	
3					
4					
5					
6					
7					
8					
9					
10					

U20 Men's Long Jump B

Posn	Bib	Athlete	Club	Perf	EA
1	7	Logan CAMPBELL (U20)	Prest	4.35	
2					
3					
4					
5					
6					
7					
8					
9					
10					

NORTH UPPER West 1 @ SHEEPMOUNT ATHLETICS STADIUM on 12 July 2026
U20 Men's Triple Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	98				
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Men's Triple Jump B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Men's Shot A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Joe TAYLOR (U20)	EChT	6.61	
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Men's Shot B

Posn	Bib	Athlete	Club	Perf	EA
1	44	Brandon KENYON-BETTS (U2)	EChT	4.49	
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Men's Discus A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Joe TAYLOR (U20)	EChT	20.72	
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Men's Discus B

Posn	Bib	Athlete	Club	Perf	EA
1	44	Brandon KENYON-BETTS (U2)	EChT	11.74	
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Men's Hammer A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Joe TAYLOR (U20)	EChT	10.57	
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Men's Hammer B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

NORTH UPPER West 1 @ SHEEPMOUNT ATHLETICS STADIUM on 12 July 2026
U20 Men's Javelin A

Posn	Bib	Athlete	Club	Perf	EA
1	7	Akein FERDINANDO (U20)	Prest	41.40	4
2	4	Joe TAYLOR (U20)	EChT	29.40	
3					
4					
5					
6					
7					
8					
9					
10					

U20 Men's Javelin B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Men's 4 x 100m

Posn	Bib	Runners	Club	Perf
1	7	Austin ALLEN (U18) * Cameron ORR (U20) * William KOZLOW (U18) * Isaac ALLEN (U18)	Prest	46.26
2	2	Ethan DOLAN-DRAPER (U18) * Louie CONNOLLY (U18) * Freddie TODD (U18) * Ryan ADAMS (U18)	Bolt	48.74
3				
4				
5				
6				
7				
8				
9				
10				

U20 Men's & Women's A 4 x 400m

Posn	Bib	Runners	Club	Perf
1	8	Ayaan SIDDIQUI (U18) * Holly NOLAN (U20) * Charlotte UNDERWOOD (U18) * Matthew CULLEN-BROWN (Sale		4:29.34
2				
3				
4				
5				
6				
7				
8				
9				
10				

TEAMS BY AGE GROUP

U20 Men	Points	P4P
1 East Cheshire H & Tameside AC	109.0	2,285
2 Preston Harriers	93.0	2,889
3 Sale Harriers Manchester	39.0	1,289
4 Bolton United H & AC	32.0	861
5 St. Helens Sutton AC	22.0	1,055
6 Team North Cumbria ©	-	-
6 Leigh Harriers & AC	-	-
6 Lancaster & Morecambe AC	-	-
6 Crewe & Nantwich AC	-	-
6 Blackpool Wyre & Fylde AC	-	-

NORTH UPPER West 1 @ SHEEPMOUNT ATHLETICS STADIUM on 12 July 2026
U20 Women's 100m A

Posn	Bib	Athlete	Wind	Club	Perf	EA
1	2	Cherie UFUOMA (U20)	-0.4	Bolt	12.25	9
2						
3						
4						
5						
6						
7						
8						
9						
10						

U20 Women's 100m B

Posn	Bib	Athlete	Wind	Club	Perf	EA
1	22	Jennifer YALA (U20)	-0.4	Bolt	14.90	
2						
3						
4						
5						
6						
7						
8						
9						
10						

U20 Women's 200m A

Posn	Bib	Athlete	Wind	Club	Perf	EA
1	2	Cherie UFUOMA (U20)	-1.6	Bolt	25.37	9
2	8	Madison HOLT (U20)		Sale	28.03	3
3						
4						
5						
6						
7						
8						
9						
10						

U20 Women's 200m B

Posn	Bib	Athlete	Wind	Club	Perf	EA
1	22	Jennifer YALA (U20)	-1.6	Bolt	31.29	
2						
3						
4						
5						
6						
7						
8						
9						
10						

U20 Women's 400m A

Posn	Bib	Athlete	Club	Perf	EA
1	8	Madison HOLT (U20)	Sale	66.54	3
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Women's 400m B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Women's 800m A

Posn	Bib	Athlete	Club	Perf	EA
1	8	Holly NOLAN (U20)	Sale	2:36.21	
2	2	Isobel HALL (U20)	Bolt	2:38.84	
3	4	Maria ROOKE (U20)	EChT	2:59.08	
4					
5					
6					
7					
8					
9					
10					

U20 Women's 800m B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Cerys JONES (U18)	Bolt	3:19.90	
2					
3					
4					
5					
6					
7					
8					
9					
10					

NORTH UPPER West 1 @ SHEEPMOUNT ATHLETICS STADIUM on 12 July 2026
U20 Women's 1500m A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Isobel HALL (U20)	Bolt	5:19.68	
2	9	Lily BIRKETT (U20)	SHS	5:23.34	
3	4	Maria ROOKE (U20)	EChT	5:55.26	
4					
5					
6					
7					
8					
9					
10					

U20 Women's 1500m B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Women's 3000m A

Posn	Bib	Athlete	Club	Perf	EA
1	97	Event Not On Timetable			
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Women's 3000m B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Women's 100m Hurdles A

Posn	Bib	Athlete	Wind	Club	Perf	EA
1	98	No Competitors Declared				
2						
3						
4						
5						
6						
7						
8						
9						
10						

U20 Women's 100m Hurdles B

Posn	Bib	Athlete	Wind	Club	Perf	EA
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						

U20 Women's 400m Hurdles A

Posn	Bib	Athlete	Club	Perf	EA
1	98	No Competitors Declared			
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Women's 400m Hurdles B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

NORTH UPPER West 1 @ SHEEPMOUNT ATHLETICS STADIUM on 12 July 2026
U20 Women's 1500m Steeplechase A

Posn	Bib	Athlete	Club	Perf	EA
1	98	No Competitors Declared			
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Women's 1500m Steeplechase B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Women's High Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Jennifer YALA (U20)	Bolt	1.45	5

Posn	Bib	Athlete	Club	Perf	EA
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U20 Women's Pole Vault A

Posn	Bib	Athlete	Club	Perf	EA
98					

U20 Women's Pole Vault B

Posn	Bib	Athlete	Club	Perf	EA
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U20 Women's Long Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Cherie UFUOMA (U20)	Bolt	4.77	4
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Women's Long Jump B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Isobel HALL (U20)	Bolt	3.73	
2					
3					
4					
5					
6					
7					
8					
9					
10					

NORTH UPPER West 1 @ SHEEPMOUNT ATHLETICS STADIUM on 12 July 2026
U20 Women's Triple Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Cherie UFUOMA (U20)	Bolt	11.54	8
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Women's Triple Jump B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Women's Shot A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Isobel HALL (U20)	Bolt	6.32	
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Women's Shot B

Posn	Bib	Athlete	Club	Perf	EA
1	10	Zara ARMSTRONG (U20)	T N Cumb	9.73	4
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Women's Discus A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Maria ROOKE (U20)	EChT	13.53	
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Women's Discus B

Posn	Bib	Athlete	Club	Perf	EA
1	10	Zara ARMSTRONG (U20)	T N Cumb	18.71	
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Women's Hammer A

Posn	Bib	Athlete	Club	Perf	EA
1	98				
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Women's Hammer B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

NORTH UPPER West 1 @ SHEEPMOUNT ATHLETICS STADIUM on 12 July 2026
U20 Women's Javelin A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Maria ROOKE (U20)	EChT	19.25	
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Women's Javelin B

Posn	Bib	Athlete	Club	Perf	EA
1	10	Zara ARMSTRONG (U20)	T N Cumb	30.73	2
2					
3					
4					
5					
6					
7					
8					
9					
10					

U20 Women's 4 x 100m

Posn	Bib	Runners	Club	Perf
1	8	Madison HOLT (U20) * Victoria OKOBI (U18) * Ruby LANGFORD (U18) * Christabel REMI-SALAKO (U18)	Sale	53.69
2	2	Isobel HALL (U20) * Jennifer YALA (U20) * Moyo ADEDOTUN (U18) * Cherie UFUOMA (U20)	Bolt	54.32
3				
4				
5				
6				
7				
8				
9				
10				

U20 Women's & Men's B 4 x 400m

Posn	Bib	Runners	Club	Perf
1	98		No Compe	
2				
3				
4				
5				
6				
7				
8				
9				
10				

TEAMS BY AGE GROUP

U20 Women	Points	P4P
1 Bolton United H & AC	157.0	5,612
2 Sale Harriers Manchester	50.0	1,725
3 East Cheshire H & Tameside AC	46.0	1,045
4 Team North Cumbria ©	33.0	1,660
5 St. Helens Sutton AC	11.0	443
6 Preston Harriers	-	-
6 Leigh Harriers & AC	-	-
6 Lancaster & Morecambe AC	-	-
6 Crewe & Nantwich AC	-	-
6 Blackpool Wyre & Fylde AC	-	-

NORTH UPPER West 1 @ SHEEPMOUNT ATHLETICS STADIUM on 12 July 2026

U18 Men's 100m A						U18 Men's 100m B					
Posn	Bib	Athlete	Club	Perf	EA	Posn	Bib	Athlete	Club	Perf	EA
1	G	Isaac ALLEN (U18)	Prest	11.40	7	1	GG	Austin ALLEN (U18)	Prest	11.74	5
2	B	Ryan ADAMS (U18)	Bolt	11.51	6	2	XX	Benjamin HOLMES (U18)	T N Cumb	12.14	3
3	D	Jayden WALKER-JONES (U18)	EChT	11.65	6	3					
4	X	Fergus HORNER (U18)	T N Cumb	11.87	5	4					
5	F	Will VENABLES (U18)	Leigh	13.03		5					
6						6					
7						7					
8						8					
9						9					
10						10					
U18 Men's 200m A						U18 Men's 200m B					
Posn	Bib	Athlete	Club	Perf	EA	Posn	Bib	Athlete	Club	Perf	EA
1	G	Isaac ALLEN (U18)	Prest	23.22	7	1	BB	Louie CONNOLLY (U18)	Bolt	24.05	5
2	B	Ryan ADAMS (U18)	Bolt	23.36	7	2					
3	D	Jayden WALKER-JONES (U18)	EChT	23.75	6	3					
4	X	Benjamin HOLMES (U18)	T N Cumb	24.51	4	4					
5	F	Kareem IBRAHIM (U18)	Leigh	26.53		5					
6						6					
7						7					
8						8					
9						9					
10						10					
U18 Men's 400m A						U18 Men's 400m B					
Posn	Bib	Athlete	Club	Perf	EA	Posn	Bib	Athlete	Club	Perf	EA
1	G	Hugh SMITH (U18)	Prest	51.68	9	1	GG	William KOZLOW (U18)	Prest	55.00	6
2	B	Louie CONNOLLY (U18)	Bolt	52.19	8	2	KK	Ben GENNER (U18)	SHS	59.11	3
3	H	Conor MCMANUS (U18)	Sale	54.54	6	3					
4	D	Nathan DUNN (U18)	EChT	54.72	6	4					
5	K	Dylan ROBERTS (U18)	SHS	56.34	5	5					
6						6					
7				53.93		7					
8						8					
9						9					
10						10					
U18 Men's 800m A						U18 Men's 800m B					
Posn	Bib	Athlete	Club	Perf	EA	Posn	Bib	Athlete	Club	Perf	EA
1	H	Conor MCMANUS (U18)	Sale	2:03.16	6	1	HH	Ayaan SIDDIQUI (U18)	Sale	2:14.68	2
2	F	Kareem IBRAHIM (U18)	Leigh	2:06.24	5	2	FF	Barnaby CROMBLEHOLME (U18)	Leigh	2:18.20	
3	D	Nathan DUNN (U18)	EChT	2:07.29	4	3	BB	Ethan DOLAN-DRAPER (U18)	Bolt	2:19.20	
4	K	Dylan ROBERTS (U18)	SHS	2:11.42	3	4	KK	Ben GENNER (U18)	SHS	2:26.52	
5	B	Louie CONNOLLY (U18)	Bolt	2:11.48	3	5					
6						6					
7						7					
8						8					
9						9					
10						10					

NORTH UPPER West 1 @ SHEEPMOUNT ATHLETICS STADIUM on 12 July 2026
U18 Men's 1500m A

Posn	Bib	Athlete	Club	Perf	EA
1	H	Matthew CULLEN-BROWN (U18)	Sal	4:19.13	4
2	B	Ethan DOLAN-DRAPER (U18)	Bolt	4:42.88	
3	D	Ben DALE (U18)	EChT	4:49.73	
4	F	Barnaby CROMBLEHOLME (U18)	Leigh	4:54.67	
5	K	Riley UNDERHILL (U18)	SHS	5:13.84	
6					
7					
8					
9					
10					

U18 Men's 1500m B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

U18 Men's 3000m A

Posn	Bib	Athlete	Club	Perf	EA
1	97	Event Not On Timetable			
2					
3					
4					
5					
6					
7					
8					
9					
10					

U18 Men's 3000m B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

U18 Men's 110m Hurdles A

Posn	Bib	Athlete	Wind	Club	Perf	EA
1	98	No Competitors Declared				
2						
3						
4						
5						
6						
7						
8						
9						
10						

U18 Men's 110m Hurdles B

Posn	Bib	Athlete	Wind	Club	Perf	EA
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						

U18 Men's 400m Hurdles A

Posn	Bib	Athlete	Club	Perf	EA
1	F	Will VENABLES (U18)	Leigh	70.75	
2					
3					
4					
5					
6					
7					
8					
9					
10					

U18 Men's 400m Hurdles B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

NORTH UPPER West 1 @ SHEEPMOUNT ATHLETICS STADIUM on 12 July 2026
U18 Men's 2000m Steeplechase A

Posn	Bib	Athlete	Club	Perf	EA
1	98	No Competitors Declared			
2					
3					
4					
5					
6					
7					
8					
9					
10					

U18 Men's 2000m Steeplechase B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

U18 Men's High Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	FF	Kareem IBRAHIM (U18)	Leigh	1.45	2

Posn	Bib	Athlete	Club	Perf	EA
1	F	Will VENABLES (U18)	Leigh	1.45	2

U18 Men's Pole Vault A

Posn	Bib	Athlete	Club	Perf	EA
98					

U18 Men's Pole Vault B

Posn	Bib	Athlete	Club	Perf	EA
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U18 Men's Long Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	G	William KOZLOW (U18)	Prest	5.86	6
2	BB	Freddie TODD (U18)	Bolt	4.74	1
3					
4					
5					
6					
7					
8					
9					
10					

U18 Men's Long Jump B

Posn	Bib	Athlete	Club	Perf	EA
1	B	Ryan ADAMS (U18)	Bolt	4.74	1
2					
3					
4					
5					
6					
7					
8					
9					
10					

NORTH UPPER West 1 @ SHEEPMOUNT ATHLETICS STADIUM on 12 July 2026
U18 Men's Triple Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	D	Nathan DUNN (U18)	EChT	10.70	4
2					
3					
4					
5					
6					
7					
8					
9					
10					

U18 Men's Triple Jump B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

U18 Men's Shot A

Posn	Bib	Athlete	Club	Perf	EA
1	X	Fergus HORNER (U18)	T N Cumb	8.86	2
2	B	Freddie TODD (U18)	Bolt	6.41	
3	D	Ben DALE (U18)	EChT	5.33	
4					
5					
6					
7					
8					
9					
10					

U18 Men's Shot B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

U18 Men's Discus A

Posn	Bib	Athlete	Club	Perf	EA
1	F	Barnaby CROMBLEHOLME (U Leigh		17.64	
2	D	Ben DALE (U18)	EChT	12.81	
3					
4					
5					
6					
7					
8					
9					
10					

U18 Men's Discus B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

U18 Men's Hammer A

Posn	Bib	Athlete	Club	Perf	EA
1	98				
2					
3					
4					
5					
6					
7					
8					
9					
10					

U18 Men's Hammer B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

NORTH UPPER West 1 @ SHEEPMOUNT ATHLETICS STADIUM on 12 July 2026
U18 Men's Javelin A

Posn	Bib	Athlete	Club	Perf	EA
1	B	Freddie TODD (U18)	Bolt	36.51	4
2	G	Austin ALLEN (U18)	Prest	34.60	3
3					
4					
5					
6					
7					
8					
9					
10					

U18 Men's Javelin B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

U18 Men's 4 x 100m

Posn	Bib	Runners	Club	Perf
1	98		No Compe	
2				
3				
4				
5				
6				
7				
8				
9				
10				

U18 Men's 4 x 400m

Posn	Bib	Runners	Club	Perf
1	98		No Compe	
2				
3				
4				
5				
6				
7				
8				
9				
10				

TEAMS BY AGE GROUP

U18 Men	Points	P4P
1 Bolton United H & AC	117.0	5,617
2 Leigh Harriers & AC	95.0	2,673
3 Preston Harriers	85.0	4,832
4 East Cheshire H & Tameside AC	83.0	3,570
5 Sale Harriers Manchester	47.0	2,610
6 St. Helens Sutton AC	41.0	1,653
7 Team North Cumbria ©	40.0	1,975
8 Lancaster & Morecambe AC	-	-
8 Crewe & Nantwich AC	-	-
8 Blackpool Wyre & Fylde AC	-	-

NORTH UPPER West 1 @ SHEEPMOUNT ATHLETICS STADIUM on 12 July 2026

U18 Women's 100m A						U18 Women's 100m B					
Posn	Bib	Athlete	Club	Perf	EA	Posn	Bib	Athlete	Club	Perf	EA
1	H	Victoria OKOBI (U18)	Sale	13.25	4	1	B	Moyo ADEDOTUN (U18)	Bolt	14.08	
2	G	Millie HADEN-BROWN (U18)	Prest	13.29	4	2	XX	Sophia BLACKLOCK (U18)	T N Cumb	15.19	
3	X	Molly PATER (U18)	T N Cumb	13.69	2	3					
4	BB	Dolapo MABINUORI (U18)	Bolt	13.86	1	4					
5						5					
6						6					
7						7					
8						8					
9						9					
10						10					
U18 Women's 200m A						U18 Women's 200m B					
Posn	Bib	Athlete	Club	Perf	EA	Posn	Bib	Athlete	Club	Perf	EA
1	H	Victoria OKOBI (U18)	Sale	28.33	5	1	HH	Christabel REMI-SALAKO (U18)	Sale	28.71	4
2	K	Heather GRANT (U18)	SHS	28.78	4	2	KK	Rebekah GODDARD (U18)	SHS	29.64	3
3	B	Moyo ADEDOTUN (U18)	Bolt	29.57	3	3					
4						4					
5						5					
6						6					
7						7					
8						8					
9						9					
10						10					
U18 Women's 400m A						U18 Women's 400m B					
Posn	Bib	Athlete	Club	Perf	EA	Posn	Bib	Athlete	Club	Perf	EA
1	G	Molly TAYLOR (U18)	Prest	58.65		1	GG	Eva WHITESIDE (U18)	Prest	62.15	
2	C	Mia O'DONNELL (U18)	C&N	60.84		2	KK	Rebekah GODDARD (U18)	SHS	66.56	
3	B	Mollie WOOD (U18)	Bolt	62.10		3					
4	K	Heather GRANT (U18)	SHS	65.43		4					
5	F	Gabriella TAYLOR (U18)	Leigh	65.45		5					
6	H	Ruby LANGFORD (U18)	Sale	67.39		6					
7						7					
8						8					
9						9					
10						10					
U18 Women's 800m A						U18 Women's 800m B					
Posn	Bib	Athlete	Club	Perf	EA	Posn	Bib	Athlete	Club	Perf	EA
1	G	Molly TAYLOR (U18)	Prest	2:24.71	5	1	BB	Evie BOWDEN (U18)	Bolt	2:48.07	
2	B	Mollie WOOD (U18)	Bolt	2:32.44	2	2					
3	H	Charlotte UNDERWOOD (U18)	Sale	2:33.56	2	3					
4						4					
5						5					
6						6					
7						7					
8						8					
9						9					
10						10					

NORTH UPPER West 1 @ SHEEPMOUNT ATHLETICS STADIUM on 12 July 2026

U18 Women's 1500m A

Posn	Bib	Athlete	Club	Perf	EA
1	B	Evie BOWDEN (U18)	Bolt	5:50.33	
2					
3					
4					
5					
6					
7					
8					
9					
10					

U18 Women's 1500m B

Posn	Bib	Athlete	Club	Perf	EA
1	BB	Cerys JONES (U18)	Bolt	7:09.81	
2					
3					
4					
5					
6					
7					
8					
9					
10					

U18 Women's 3000m A

Posn	Bib	Athlete	Club	Perf	EA
1	97	Event Not On Timetable			
2					
3					
4					
5					
6					
7					
8					
9					
10					

U18 Women's 3000m B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

U18 Women's 100m Hurdles A

Posn	Bib	Athlete	Club	Perf	EA
1	G	Lucie DUCKETT (U18)	Prest	15.48	
2	F	Jocelyn IRWIN (U18)	Leigh	18.46	
3					
4					
5					
6					
7					
8					
9					
10					

U18 Women's 100m Hurdles B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

U18 Women's 400m Hurdles A

Posn	Bib	Athlete	Club	Perf	EA
1	C	Mia O'DONNELL (U18)	C&N	67.50	
2					
3					
4					
5					
6					
7					
8					
9					
10					

U18 Women's 400m Hurdles B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

NORTH UPPER West 1 @ SHEEPMOUNT ATHLETICS STADIUM on 12 July 2026
U18 Women's 1500m Steeplechase A

Posn	Bib	Athlete	Club	Perf	EA
1	98	No Competitors Declared			
2					
3					
4					
5					
6					
7					
8					
9					
10					

U18 Women's 1500m Steeplechase B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

U18 Women's High Jump A

Posn	Bib	Athlete	Club	Perf	EA
	98				

Posn	Bib	Athlete	Club	Perf	EA
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U18 Women's Pole Vault A

Posn	Bib	Athlete	Club	Perf	EA
	98				

U18 Women's Pole Vault B

Posn	Bib	Athlete	Club	Perf	EA
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U18 Women's Long Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	G	Lucie DUCKETT (U18)	Prest	4.96	6
2	K	Heather GRANT (U18)	SHS	4.95	6
3	X	Sophia BLACKLOCK (U18)	T N Cumb	4.31	3
4	B	Dolapo MABINUORI (U18)	Bolt	3.08	
5					
6					
7					
8					
9					
10					

U18 Women's Long Jump B

Posn	Bib	Athlete	Club	Perf	EA
1	GG	Millie HADEN-BROWN (U18)	Prest	4.53	4
2					
3					
4					
5					
6					
7					
8					
9					
10					

NORTH UPPER West 1 @ SHEEPMOUNT ATHLETICS STADIUM on 12 July 2026

U18 Women's Triple Jump A

Posn	Bib	Athlete	Club	Perf	EA
1	B	Moyo ADEDOTUN (U18)	Bolt	8.89	3
2					
3					
4					
5					
6					
7					
8					
9					
10					

U18 Women's Triple Jump B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

U18 Women's Shot A

Posn	Bib	Athlete	Club	Perf	EA
1	X	Molly PATER (U18)	T N Cumb	10.04	6
2	C	Mia O'DONNELL (U18)	C&N	7.73	2
3	B	Iris BECA (U18)	Bolt	7.37	1
4	G	Emilia SIMPSON (U18)	Prest	6.24	
5	F	Gabriella TAYLOR (U18)	Leigh	5.35	
6					
7					
8					
9					
10					

U18 Women's Shot B

Posn	Bib	Athlete	Club	Perf	EA
1	BB	Mollie WOOD (U18)	Bolt	5.77	
2					
3					
4					
5					
6					
7					
8					
9					
10					

U18 Women's Discus A

Posn	Bib	Athlete	Club	Perf	EA
1	FF	Jocelyn IRWIN (U18)	Leigh	21.03	2
2	X	Molly PATER (U18)	T N Cumb	19.52	1
3	B	Iris BECA (U18)	Bolt	16.82	
4	GG	Millie HADEN-BROWN (U18)	Prest	13.71	
5					
6					
7					
8					
9					
10					

U18 Women's Discus B

Posn	Bib	Athlete	Club	Perf	EA
1	G	Emilia SIMPSON (U18)	Prest	13.02	
2	XX	Sophia BLACKLOCK (U18)	T N Cumb	12.31	
3					
4					
5					
6					
7					
8					
9					
10					

U18 Women's Hammer A

Posn	Bib	Athlete	Club	Perf	EA
1	B	Iris BECA (U18)	Bolt	45.84	9
2	G	Emilia SIMPSON (U18)	Prest	33.50	5
3					
4					
5					
6					
7					
8					
9					
10					

U18 Women's Hammer B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

NORTH UPPER West 1 @ SHEEPMOUNT ATHLETICS STADIUM on 12 July 2026
U18 Women's Javelin A

Posn	Bib	Athlete	Club	Perf	EA
1	G	Eva WHITESIDE (U18)	Prest	14.90	
2	B	Dolapo MABINUORI (U18)	Bolt	13.40	
3	F	Jocelyn IRWIN (U18)	Leigh	X	
4					
5					
6					
7					
8					
9					
10					

U18 Women's Javelin B

Posn	Bib	Athlete	Club	Perf	EA
1	GG	Lucie DUCKETT (U18)	Prest	13.11	
2	BB	Cerys JONES (U18)	Bolt	6.92	
3					
4					
5					
6					
7					
8					
9					
10					

U18 Women's 4 x 100m

Posn	Bib	Runners	Club	Perf
1	G	Lucie DUCKETT (U18) * Millie HADEN-BROWN (U18) * Molly TAYLOR (U18) * Eva WHITESIDE (U18)	Prest	51.46
2	B	Dolapo MABINUORI (U18) * Evie BOWDEN (U18) * Iris BECA (U18) * Mollie WOOD (U18)	Bolt	58.68
3				
4				
5				
6				
7				
8				
9				
10				

U18 Women's 4 x 400m

Posn	Bib	Runners	Club	Perf
1	98		No Compe	
2				
3				
4				
5				
6				
7				
8				
9				
10				

TEAMS BY AGE GROUP

U18 Women	Points	P4P
1 Bolton United H & AC	183.0	4,685
2 Preston Harriers	162.0	5,303
3 Team North Cumbria ©	62.0	2,378
4 Sale Harriers Manchester	54.0	1,965
5 St. Helens Sutton AC	49.0	1,358
6 Leigh Harriers & AC	40.0	622
7 Crewe & Nantwich AC	35.0	403
8 Lancaster & Morecambe AC	-	-
8 East Cheshire H & Tameside AC	-	-
8 Blackpool Wyre & Fylde AC	-	-

UPPER NORTH West 1 SHEEPMOUNT ATHLETICS STADIUM 12/07/2026						
Bib	Athlete	Team Name	Gender	Event	Performance	Wind
30	Ruby LANGFORD U18	Sale Harriers Manchester	Female	200m	31.35	-1.40