

LEVEL	LOWER	Track Events Start in Lane
REGION	NORTH	
DIVISION	North West 3N	
MATCH	4	
P/FINISH	NO	2

Date Sunday, July 21 2024

Venue SHEEPMOUNT ATHLETICS STADIUM Carlisle CA3 8XL

Host Club Team North Cumbria ©

Bib	Team Name	Abbrev.	Officials	Track1	Track2	Relays	Field	Total
1	Border Harriers & AC & Seaton AC ©	Bord&Seat	56	117.0	16.0	20.0	130.0	339.0
2	Horwich RMI Harriers	Horw	8	122.0	16.0	13.0	80.0	239.0
3	Lancaster & Morecambe AC	L&M	4	154.0	36.0	33.0	139.0	366.0
4	Stockport Harriers & AC	Stock						
5	Team North Cumbria ©	T N Cumb	16	99.0		8.0	114.0	237.0
-								
-								
-								

NB 8 points to be deducted from Lancaster & Morecambe for overuse of an athlete

This Match	Team Name	Points	League	B/fwd M	B/fwd L	Total Pts	Total L	Standings
1	Lancaster & Morecambe AC	366.0	5.0	1236.0	15.0	1602.0	20.0	1
2	Border Harriers & AC & Seaton AC ©	339.0	4.0	737.0	7.0	1076.0	11.0	3
3	Horwich RMI Harriers	239.0	3.0	1028.0	12.0	1267.0	15.0	2
4	Team North Cumbria ©	237.0	2.0	590.0	6.0	827.0	8.0	4
	Stockport Harriers & AC			291.0	4.0		4.0	5

TOTAL EVENTS	58
NO COMPETITORS/EVENT CANCELLED/NMR	7
EVENT SCORED	51
REMAINING	-

LOWER NORTH North West 3N SHEEPMOUNT ATHLETICS STADIUM Carlisle CA3 8XL
21/07/2024
100m U15 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	2	Francis CROSSLAND	Horw	13.0	4
2	5	Harry CATTERMOLE	T N Cumb	13.0	4
3	1	Peter WAYMAN	Bord&Seat	13.1	4
4	3	Joshua JACKSON	L&M	13.4	3
5					
6					
7					
8					

100m U15 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	22	Archie PARKER	Horw	13.9	2
2	11	Noah FIELDEN	Bord&Seat	14.1	2
3	33	George WADDINGTON	L&M	14.4	
4					
5					
6					
7					
8					

100m NS U15 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	3	Lachlan DARRAGH	L&M	14.3	
2	2	Charlie COWBURN	Horw	15.1	
3					
4					
5					
6					
7					
8					

100m NS U15 Boys B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

200m U15 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	3	Osian SPENCE	L&M	25.6	5
2	2	Francis CROSSLAND	Horw	25.9	5
3	1	Peter WAYMAN	Bord&Seat	26.6	4
4	5	Harry CATTERMOLE	T N Cumb	26.8	4
5					
6					
7					
8					

200m U15 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	33	Tobias HILL	L&M	28.2	2
2	11	Noah FIELDEN	Bord&Seat	30.0	
3	22	Charlie COWBURN	Horw	30.1	
4					
5					
6					
7					
8					

300m U15 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	22	Archie PARKER	Horw	47.0	3
2	3	Osian SPENCE	L&M	48.2	3
3					
4					
5					
6					
7					
8					

300m U15 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	2	Flynn HARRIS	Horw	48.4	3
2					
3					
4					
5					
6					
7					
8					

LOWER NORTH North West 3N SHEEPMOUNT ATHLETICS STADIUM Carlisle CA3 8XL

21/07/2024

800m U15 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	3	Tobias HILL	L&M	02:36.4	
2					
3					
4					
5					
6					
7					
8					

800m U15 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	33	Leo WADDINGTON	L&M	03:02.0	
2					
3					
4					
5					
6					
7					
8					

800m NS U15 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	3	Harry MACLUSKIE	L&M	03:05.6	
2					
3					
4					
5					
6					
7					
8					

800m NS U15 Boys B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

1500m U15 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	1	Peter WAYMAN	Bord&Seat	04:50.9	5
2	3	Oscar HOLROYD	L&M	04:55.5	5
3					
4					
5					
6					
7					
8					

1500m U15 Boys B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

80m Hurdles U15 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	2	Jack FLETCHER	Horw	13.8	4
2	3	Joshua JACKSON	L&M	15.9	
3					
4					
5					
6					
7					
8					

80m Hurdles U15 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	33	Lachlan DARRAGH	L&M	17.2	
2	22	Luke PERRY	Horw	17.5	
3					
4					
5					
6					
7					
8					

LOWER NORTH North West 3N SHEEPMOUNT ATHLETICS STADIUM Carlisle CA3 8XL
21/07/2024
Long Jump U15 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Frederick STRONG	Bord&Seat	5.16	6
2	5	Harry CATTERMOLE	T N Cumb	4.29	3
3	2	Jack FLETCHER	Horw	4.19	2
4	3	Leo WADDINGTON	L&M	3.23	
5					
6					
7					
8					

Long Jump U15 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1	11	Noah FIELDEN	Bord&Seat	3.81	1
2	22	Luke PERRY	Horw	3.36	
3	33	Oscar HOLROYD	L&M	2.95	
4					
5					
6					
7					
8					

High Jump U15 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Frederick STRONG	Bord&Seat	1.60	7
2	3	Osian SPENCE	L&M	1.50	6
3	2	Archie PARKER	Horw	1.35	3

High Jump U15 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Joshua JACKSON	L&M	1.40	4

Pole Vault U15 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	98		No Compe		

Pole Vault U15 Boys B

Posn	Bib	Athlete	Club	Perf	EA

Shot U15 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Jack FLETCHER	Horw	6.99	
2	3	George WADDINGTON	L&M	5.48	
3					
4					
5					
6					
7					
8					

Shot U15 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Flynn HARRIS	Horw	6.19	
2	33	Harry MACLUSKIE	L&M	4.52	
3					
4					
5					
6					
7					
8					

LOWER NORTH North West 3N SHEEPMOUNT ATHLETICS STADIUM Carlisle CA3 8XL
21/07/2024
Discus U15 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	33	Archie SPICER	L&M	18.50	2
2					
3					
4					
5					
6					
7					
8					

Discus U15 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1	3	Harry MACLUSKIE	L&M	10.22	
2					
3					
4					
5					
6					
7					
8					

Hammer U15 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Archie SPICER	L&M	21.25	2
2					
3					
4					
5					
6					
7					
8					

Hammer U15 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

Javelin U15 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Frederick STRONG	Bord&Seat	34.97	5
2	3	Tobias HILL	L&M	27.08	3
3	2	Charlie COWBURN	Horw	15.42	
4					
5					
6					
7					
8					

Javelin U15 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Archie SPICER	L&M	17.52	
2	22	Luke PERRY	Horw	13.81	
3					
4					
5					
6					
7					
8					

LOWER NORTH North West 3N SHEEPMOUNT ATHLETICS STADIUM Carlisle CA3 8XL**21/07/2024****4 x 100m U15 Boys A**

Posn	No.	Runners	Club	Perf
1	3	George WADDINGTON, Leo WADDINGTON, Harry MACLUSKIE, Joshua JACKSON	L&M	57.6
2	2	Charlie COWBURN, Francis CROSSLAND, Flynn HARRIS, Jack FLETCHER	Horw	DQ
3				
4				
5				
6				
7				
8				

4 x 300m U15 Boys A

Posn	No.	Runners	Club	Perf
1	3	Osian SPENCE, Lachlan DARRAGH, Tobias HILL, Oscar HOLROYD	L&M	03:17.3
2				
3				
4				
5				
6				
7				
8				

LOWER NORTH North West 3N SHEEPMOUNT ATHLETICS STADIUM Carlisle CA3 8XL
21/07/2024
100m U15 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	1	Martha SHERIFFE	Bord&Seat	13.4	6
2	5	Molly PATER	T N Cumb	13.7	4
3	2	Amelia GREEN	Horw	14.2	3
4	3	Rosa COTTAM	L&M	15.3	
5					
6					
7					
8					

100m U15 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	22	Lily WATTS	Horw	14.5	2
2	55	Evie MCCONNELL	T N Cumb	14.6	2
3	11	Hannah WHITFIELD	Bord&Seat	15.4	
4					
5					
6					
7					
8					

100m NS U15 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	22	Eve MACDONALD	Horw	16.2	
2					
3					
4					
5					
6					
7					
8					

100m NS U15 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	2	Rebecca ESSEX-CROSBY	Horw	17.4	
2					
3					
4					
5					
6					
7					
8					

200m U15 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	1	Martha SHERIFFE	Bord&Seat	27.8	8
2	2	Amelia GREEN	Horw	28.2	8
3	5	Evie MCCONNELL	T N Cumb	29.9	5
4	3	Anna BATEMAN	L&M	31.2	3
5					
6					
7					
8					

200m U15 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	11	Elena ARCHIBALD	Bord&Seat	29.9	5
2	33	Rosa COTTAM	L&M	31.5	3
3	22	Eve MACDONALD	Horw	32.6	2
4					
5					
6					
7					
8					

300m U15 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	55	Evie MCCONNELL	T N Cumb	47.6	5
2	11	Matilda KEMP	Bord&Seat	50.3	4
3	2	Eve MACDONALD	Horw	56.5	
4					
5					
6					
7					
8					

300m U15 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	1	Hannah WHITFIELD	Bord&Seat	51.6	3
2	5	Ella WALKER	T N Cumb	52.6	3
3					
4					
5					
6					
7					
8					

LOWER NORTH North West 3N SHEEPMOUNT ATHLETICS STADIUM Carlisle CA3 8XL
21/07/2024
800m U15 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	1	Matilda KEMP	Bord&Seat	02:48.1	
2	5	Ella WALKER	T N Cumb	02:53.5	
3	3	Olivia HEMINGWAY	L&M	03:01.6	
4	2	Rebecca ESSEX-CROSBY	Horw	03:13.3	
5					
6					
7					
8					

800m U15 Girls B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

800m NS U15 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	98		No Compe		
2					
3					
4					
5					
6					
7					
8					

800m NS U15 Girls B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

1500m U15 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	1	Elena ARCHIBALD	Bord&Seat	06:16.2	
2	3	Arwen CRESSWELL	L&M	06:24.0	
3					
4					
5					
6					
7					
8					

1500m U15 Girls B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

75m Hurdles U15 Girls A

Posn	No.	Athlete	Club	Perf	EA	Wind
1	11	Kelda WATSON	Bord&Seat	14.3		
2	3	Olivia HEMINGWAY	L&M	19.9		
3						
4						
5						
6						
7						
8						

75m Hurdles U15 Girls B

Posn	No.	Athlete	Club	Perf	EA	Wind
1	1	Tabatha PAUL	Bord&Seat	16.0		
2						
3						
4						
5						
6						
7						
8						

LOWER NORTH North West 3N SHEEPMOUNT ATHLETICS STADIUM Carlisle CA3 8XL
21/07/2024
Long Jump U15 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Molly PATER	T N Cumb	4.08	4
2	1	Hannah WHITFIELD	Bord&Seat	4.06	4
3	3	Anna BATEMAN	L&M	3.75	3
4	2	Amelia GREEN	Horw	3.61	2
5					
6					
7					
8					

Long Jump U15 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1	11	Kelda WATSON	Bord&Seat	3.92	3
2	55	Sydney KNIGHT	T N Cumb	3.66	2
3	33	Arwen CRESSWELL	L&M	3.45	1
4					
5					
6					
7					
8					

High Jump U15 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Tabatha PAUL	Bord&Seat	1.50	8

High Jump U15 Girls B

Posn	Bib	Athlete	Club	Perf	EA
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Pole Vault U15 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	98		No Compe		

Pole Vault U15 Girls B

Posn	Bib	Athlete	Club	Perf	EA
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Shot U15 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Molly PATER	T N Cumb	9.07	6
2	2	Lily WATTS	Horw	5.76	
3	1	Kelda WATSON	Bord&Seat	4.26	
4	33	Arwen CRESSWELL	L&M	4.24	
5					
6					
7					
8					

Shot U15 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1	55	Isla ARMSTRONG	T N Cumb	5.98	
2	3	Rosa COTTAM	L&M	3.99	
3					
4					
5					
6					
7					
8					

LOWER NORTH North West 3N SHEEPMOUNT ATHLETICS STADIUM Carlisle CA3 8XL
21/07/2024
Discus U15 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Sydney KNIGHT	T N Cumb	17.21	2
2					
3					
4					
5					
6					
7					
8					

Discus U15 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1	55	Isla ARMSTRONG	T N Cumb	14.44	1
2					
3					
4					
5					
6					
7					
8					

Hammer U15 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Isla ARMSTRONG	T N Cumb	26.67	4
2	1	Martha SHERIFFE	Bord&Seat	23.64	3
3					
4					
5					
6					
7					
8					

Hammer U15 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

Javelin U15 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Tabatha PAUL	Bord&Seat	21.62	3
2	5	Sydney KNIGHT	T N Cumb	18.03	1
3	22	Lily WATTS	Horw	15.80	
4	3	Olivia HEMINGWAY	L&M	7.10	
5					
6					
7					
8					

Javelin U15 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1	2	Rebecca ESSEX-CROSBY	Horw	7.17	
2					
3					
4					
5					
6					
7					
8					

LOWER NORTH North West 3N SHEEPMOUNT ATHLETICS STADIUM Carlisle CA3 8XL

21/07/2024

4 x 100m U15 Girls A

Posn	No.	Runners	Club	Perf
1	5	Ella WALKER, Sydney KNIGHT, Evie MCCONNELL, Molly PATER	T N Cumb	59.2
2	1	Elena ARCHIBALD, Martha SHERIFFE, Matilda KEMP, Kelda WATSON	Bord&Seat	59.2
3	2	Lily WATTS, Amelia GREEN, Rebecca ESSEX-CROSBY, Eve MACDONALD	Horw	61.3
4	3	Anna BATEMAN, Rosa COTTAM, Olivia HEMINGWAY, Arwen CRESSWELL	L&M	62.9
5				
6				
7				
8				

4 x 300m U15 Girls A

Posn	No.	Runners	Club	Perf
1	1	Tabatha PAUL, Hannah WHITFIELD, Elena ARCHIBALD, Matilda KEMP	Bord&Seat	03:34.4
2				
3				
4				
5				
6				
7				
8				

LOWER NORTH North West 3N SHEEPMOUNT ATHLETICS STADIUM Carlisle CA3 8XL
21/07/2024
75m U13 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	5	Nathaniel LEONARD	T N Cumb	11.6	3
2	33	Olly RIPLEY	L&M	11.6	3
3					
4					
5					
6					
7					
8					

Wind

75m U13 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	55	Lewis HEBDIGE	T N Cumb	12.2	2
2	3	Jack PARRINGTON	L&M	12.9	
3					
4					
5					
6					
7					
8					

Wind

75m NS U13 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	3	Elijah O'NEILL	L&M	12.2	2
2					
3					
4					
5					
6					
7					
8					

Wind

75m NS U13 Boys B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

Wind

150m U13 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	3	Henry BOWERS	L&M	21.3	6
2	5	Nathaniel LEONARD	T N Cumb	23.2	2
3	2	Harry O'CONNOR	Horw	24.6	
4					
5					
6					
7					
8					

Wind

150m U13 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	55	Lewis HEBDIGE	T N Cumb	23.9	
2	33	Joe MAGUIRE	L&M	25.0	
3					
4					
5					
6					
7					
8					

Wind

800m U13 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	1	Ewan MITCHELL	Bord&Seat	02:41.3	3
2	33	Olly RIPLEY	L&M	02:53.4	
3					
4					
5					
6					
7					
8					

Club

800m U13 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	3	Jack PARRINGTON	L&M	03:02.1	
2					
3					
4					
5					
6					
7					
8					

Club

LOWER NORTH North West 3N SHEEPMOUNT ATHLETICS STADIUM Carlisle CA3 8XL
21/07/2024
800m NS U13 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	98		No Compe		
2					
3					
4					
5					
6					
7					
8					

800m NS U13 Boys B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

1200m U13 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	2	Benjamin HIGGINS	Horw	04:24.2	4
2	33	Elijah O'NEILL	L&M	04:25.9	4
3					
4					
5					
6					
7					
8					

1200m U13 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	3	Joe MAGUIRE	L&M	04:50.3	
2					
3					
4					
5					
6					
7					
8					

75m Hurdles U13 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	3	Henry BOWERS	L&M	14.9	4
2					
3					
4					
5					
6					
7					
8					

75m Hurdles U13 Boys B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

Long Jump U13 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Henry BOWERS	L&M	3.52	3
2	5	Jamie TURNBULL	T N Cumb	3.27	2
3	1	Ewan MITCHELL	Bord&Seat	3.22	1
4	2	Harry O'CONNOR	Horw	2.71	
5					
6					
7					
8					

Long Jump U13 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Ollly RIPLEY	L&M	3.31	2
2					
3					
4					
5					
6					
7					
8					

LOWER NORTH North West 3N SHEEPMOUNT ATHLETICS STADIUM Carlisle CA3 8XL
21/07/2024
High Jump U13 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	98		No Compe		

High Jump U13 Boys B

Posn	Bib	Athlete	Club	Perf	EA
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Shot U13 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Jamie TURNBULL	T N Cumb	5.47	
2	2	Harry O'CONNOR	Horw	5.02	
3	1	Ewan MITCHELL	Bord&Seat	4.20	
4	3	Joe MAGUIRE	L&M	4.19	
5					
6					
7					
8					

Shot U13 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1	55	Lewis HEBDIGE	T N Cumb	4.78	
2	33	Elijah O'NEILL	L&M	3.67	
3					
4					
5					
6					
7					
8					

Javelin U13 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Jack PARRINGTON	L&M	17.78	3
2	2	Benjamin HIGGINS	Horw	16.46	2
3	55	Nathaniel LEONARD	T N Cumb	16.34	2
4					
5					
6					
7					
8					

Javelin U13 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1	5	Jamie TURNBULL	T N Cumb	13.07	1
2					
3					
4					
5					
6					
7					
8					

4 x 100m U13 Boys A

Posn	No.	Runners	Club	Perf
1	3	Jack PARRINGTON, Elijah O'NEILL, Joe MAGUIRE, Henry BOWERS	L&M	64.8
2				
3				
4				
5				
6				
7				
8				

LOWER NORTH North West 3N SHEEPMOUNT ATHLETICS STADIUM Carlisle CA3 8XL
21/07/2024
75m U13 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	5	Amy JOHNSTONE	T N Cumb	09.9	9
2	1	Elise TAYLOR	Bord&Seat	10.5	8
3	2	Lily MORT	Horw	10.6	8
4	3	Alice BRIFFETT	L&M	14.1	
5					
6					
7					
8					

75m U13 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	11	Tilly rose FIELDEN	Bord&Seat	11.6	5
2	22	Maddison WILKINSON	Horw	12.0	4
3	55	Grace MASON	T N Cumb	12.0	4
4	33	Isla HAMILTON	L&M	12.1	3
5					
6					
7					
8					

75m NS U13 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	98		No Compe		
2					
3					
4					
5					
6					
7					
8					

75m NS U13 Girls B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

150m U13 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	5	Amy JOHNSTONE	T N Cumb	19.5	9
2	1	Elise TAYLOR	Bord&Seat	20.2	9
3	2	Lily MORT	Horw	21.1	8
4	3	Sofia WINTERBOTTOM	L&M	24.1	3
5					
6					
7					
8					

150m U13 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	22	Jessie COX	Horw	22.4	6
2	55	Grace MASON	T N Cumb	24.3	3
3	33	Sophia DAVIES	L&M	24.9	2
4	11	Henrietta PAUL	Bord&Seat	26.1	
5					
6					
7					
8					

800m U13 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	2	Kitty CROSSLAND	Horw	02:35.0	7
2	1	Henrietta PAUL	Bord&Seat	03:00.3	2
3	3	Isabella INGHAM	L&M	03:00.6	2
4	5	Tara PURKISS	T N Cumb	03:15.8	
5					
6					
7					
8					

800m U13 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	22	Jessie COX	Horw	03:08.6	2
2	33	Alice BRIFFETT	L&M	03:18.7	
3	55	Lola CHRISTIE	T N Cumb	03:21.6	
4					
5					
6					
7					
8					

LOWER NORTH North West 3N SHEEPMOUNT ATHLETICS STADIUM Carlisle CA3 8XL
21/07/2024
800m NS U13 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	98		No Compe		
2					
3					
4					
5					
6					
7					
8					

800m NS U13 Girls B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

1200m U13 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	2	Grace FREARY	Horw	04:29.6	5
2	33	Isla HAMILTON	L&M	05:00.0	1
3					
4					
5					
6					
7					
8					

1200m U13 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	3	Sophia DAVIES	L&M	05:00.0	1
2					
3					
4					
5					
6					
7					
8					

70m Hurdles U13 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	3	Isabella INGHAM	L&M	13.7	2
2	1	Pip ROBINSON	Bord&Seat	14.9	
3	2	Maddison WILKINSON	Horw	16.4	
4					
5					
6					
7					
8					

70m Hurdles U13 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	33	Sofia WINTERBOTTOM	L&M	14.4	
2					
3					
4					
5					
6					
7					
8					

Long Jump U13 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Amy JOHNSTONE	T N Cumb	4.71	9
2	2	Lily MORT	Horw	3.94	6
3	11	Tilly rose FIELDEN	Bord&Seat	3.69	5
4	3	Alice BRIFFETT	L&M	3.07	3
5					
6					
7					
8					

Long Jump U13 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1	1	Alice MADDAMS	Bord&Seat	3.07	3
2	33	Isla HAMILTON	L&M	3.0	3
3					
4					
5					
6					
7					
8					

LOWER NORTH North West 3N SHEEPMOUNT ATHLETICS STADIUM Carlisle CA3 8XL
21/07/2024
High Jump U13 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Elise TAYLOR	Bord&Seat	1.40	9
2	3	Isabella INGHAM	L&M	1.15	4

High Jump U13 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1	11	Pip ROBINSON	Bord&Seat	1.33	7

Shot U13 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	11	Athena PERESTRELO	Bord&Seat	6.08	3
2	3	Sofia WINTERBOTTOM	L&M	5.45	1
3	5	Isabella PATER	T N Cumb	2.49	
4					
5					
6					
7					
8					

Shot U13 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Sophia DAVIES	L&M	3.91	
2	1	Alexa DAVIS	Bord&Seat	3.54	
3					
4					
5					
6					
7					
8					

Javelin U13 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	11	Alice MADDAMS	Bord&Seat	24.20	7
2	5	Grace MASON	T N Cumb	16.22	3
3					
4					
5					
6					
7					
8					

Javelin U13 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1	1	Alexa DAVIS	Bord&Seat	13.44	2
2	55	Isabella PATER	T N Cumb	10.25	1
3					
4					
5					
6					
7					
8					

4 x 100m U13 Girls A

Posn	No.	Runners	Club	Perf
1	2	Kitty CROSSLAND, Grace FREARY, Lily MORT, Jessie COX	Horw	60.0
2	1	Athena PERESTRELO, Elise TAYLOR, Tilly rose FIELDEN, Henrietta PAUL	Bord&Seat	66.1
3	3	Isabella INGHAM, Alice BRIFFETT, Sophia DAVIES, Sofia WINTERBOTTOM	L&M	66.7
4				
5				
6				
7				
8				