

LEVEL	LOWER	Track Events Start in Lane
REGION	MIDLAND	
DIVISION	South & West A	
MATCH	3	
P/FINISH	NO	1

TOTAL EVENTS	58
NO COMPETITORS/EVENT CANCELLED/NMR	1
EVENT SCORED	57
REMAINING	-

Date Saturday, June 21 2025

Venue CWRT HERBERT - NEATH

Host Club Neath Harriers

Bib	Team Name	Abbrev.	Officials	Track1	Track2	Relays	Field	Total
1	Bristol & West AC with Mendip AC ©	BriW&M	40	88.0	7.0	13.0	93.0	241.0
2	Gwent Harriers ©	Gwent	40	169.0	31.0	35.0	153.5	428.5
3	Hereford & County AC	Here	36	109.5	24.0	11.0	183.0	363.5
4	Llanelli AC	Llanelli	4	127.0		18.0	46.0	195.0
5	Neath Harriers	Neath	56	221.5	47.0	48.0	189.0	561.5
6	Newport Harriers	Newp	48	127.5	24.0	19.0	124.5	343.0
7	South Wales ©	S Wales	8	241.0	70.0	52.0	264.0	635.0
8	Team Bath AC	Bath	32	125.5	42.0	28.0	128.0	355.5

This Match	Team Name	Points	League	B/fwd M	B/fwd L	Total Pts	Total L	Standings
1	South Wales ©	635.0	8.0	1226.0	14.0	1861.0	22.0	1
2	Neath Harriers	561.5	7.0	711.0	6.0	1272.5	13.0	5
3	Gwent Harriers ©	428.5	6.0	1003.5	12.0	1432.0	18.0	2
4	Hereford & County AC	363.5	5.0	966.5	12.0	1330.0	17.0	3
5	Team Bath AC	355.5	4.0	773.5	8.0	1129.0	12.0	6
6	Newport Harriers	343.0	3.0	697.0	4.0	1040.0	7.0	7
7	Bristol & West AC with Mendip AC ©	241.0	2.0	932.0	12.0	1173.0	14.0	4
8	Llanelli AC	195.0	1.0	283.5	2.0	478.5	3.0	8

Posn	Point for Performances	Points
1	South Wales ©	42,493
2	Neath Harriers	32,757
3	Gwent Harriers ©	25,858
4	Hereford & County AC	22,774
5	Team Bath AC	21,645
6	Newport Harriers	21,597
7	Bristol & West AC with Mendip AC ©	13,024
8	Llanelli AC	12,464

Posn	Top 10 Scoring Athletes	Points	Perf	Club	Event
1	Rowan CARSON	1,067	02:15.90	S Wales	800m U13 Boys A
2	Ethan SIBANDA	1,056	9.60	Here	75m U13 Boys A
3	Jayden JONES	1,047	4.95	Gwent	Long Jump U13 Boys A
4	Ethan SIBANDA	985	19.10	Here	150m U13 Boys A
5	Dylan POWELL	887	04:26.60	Gwent	1500m U15 Boys A
6	Aleksander DUMARA	872	38.38	Here	Hammer U15 Boys A
7	Heidi CRABB	855	02:32.00	Newp	800m U13 Girls A
8	Jacob HEATON	854	04:28.80	Newp	1500m U15 Boys A
9	Grace BREACH	850	02:32.20	Neath	800m U13 Girls A
10	Ben ROBERTS	844	04:29.50	Bath	1500m U15 Boys A

LOWER MIDLAND South & West A CWRT HERBERT - NEATH
21/06/2025
100m U15 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	4	Carter GRIFFITHS	Llanelli	12.2	7
2	2	Donal HALLORAN	Gwent	12.5	6
3	5	Leon REES	Neath	12.9	5
4	6	Freddie LLOYD	Newp	13.0	4
5	7	Dylan SNARE	S Wales	13.2	4
6	3	Leo HODGKINSON	Here	14.3	
7					
8					

100m U15 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	77	Harri JONES	S Wales	12.7	5
2	44	Jacob RICHARDS	Llanelli	13.2	4
3	55	Joshua TUCKER	Neath	13.2	4
4	22	William DAVIES	Gwent	14.2	1
5					
6					
7					
8					

100m NS U15 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	7	Osian MURRAY	S Wales	12.9	5
2	5	Joshua NEWMAN	Neath	14.1	2
3					
4					
5					
6					
7					
8					

100m NS U15 Boys B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

200m U15 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	4	Bryn LAWLOR	Llanelli	25.7	5
2	7	Harri JONES	S Wales	26.0	4
3	2	Donal HALLORAN	Gwent	26.0	4
4	5	Joshua TUCKER	Neath	27.2	3
5	3	Leo HODGKINSON	Here	29.2	
6					
7					
8					

200m U15 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	44	Carter GRIFFITHS	Llanelli	25.1	6
2	22	Leonardo TOMASULO	Gwent	25.6	5
3	55	Goodness ADUN	Neath	26.5	4
4	77	Ted LANCASTER	S Wales	26.9	4
5					
6					
7					
8					

300m U15 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	7	Ted LANCASTER	S Wales	41.1	7
2	4	Bryn LAWLOR	Llanelli	41.6	6
3	6	Ernest MALEY	Newp	42.1	6
4	5	Deklan ROBERTS	Neath	43.3	5
5	8	Alex SANDISON	Bath	48.8	3
6					
7					
8					

300m U15 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	55	Goodness ADUN	Neath	43.2	5
2	66	Lewis CRABB	Newp	44.0	5
3	44	Maksymilian JANIA	Llanelli	50.8	2
4					
5					
6					
7					
8					

LOWER MIDLAND South & West A CWRT HERBERT - NEATH

21/06/2025

800m U15 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	77	Lewis DURSTON	S Wales	02:11.1	7
2	55	Deklan ROBERTS	Neath	02:20.1	4
3	8	Alex SANDISON	Bath	02:34.0	
4	44	Ellis DAVIES	Llanelli	02:35.4	
5	2	William DAVIES	Gwent	02:37.3	
6					
7					
8					

800m U15 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	7	Rowan GREEN	S Wales	02:12.2	6
2	5	Luke WOODHOUSE	Neath	02:23.6	3
3	4	Harry RICHARDS	Llanelli	02:41.4	
4	88	Peter YEOMANS	Bath	02:41.4	
5					
6					
7					
8					

800m NS U15 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	7	Ioan VALE	S Wales	02:07.3	8
2					
3					
4					
5					
6					
7					
8					

800m NS U15 Boys B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

1500m U15 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	2	Dylan POWELL	Gwent	04:26.6	8
2	6	Jacob HEATON	Newp	04:28.8	8
3	88	Ben ROBERTS	Bath	04:29.5	8
4	7	Tomos AUSTIN	S Wales	04:38.4	7
5	5	Jude JENKINS	Neath	04:42.6	6
6					
7					
8					

1500m U15 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	8	George GROVES	Bath	04:36.4	7
2	77	Ethan HUGHES	S Wales	04:52.8	5
3	55	Ioan DAVIES	Neath	05:08.7	4
4	22	Hari BEVAN	Gwent	05:28.2	2
5					
6					
7					
8					

80m Hurdles U15 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	7	Ted LANCASTER	S Wales	12.9	6
2					
3					
4					
5					
6					
7					
8					

80m Hurdles U15 Boys B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

LOWER MIDLAND South & West A CWRT HERBERT - NEATH
21/06/2025
Long Jump U15 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	77	Harri JONES	S Wales	5.11 -0.8	6
2	6	Freddie LLOYD	Newp	4.73 -0.8	4
3	2	Donal HALLORAN	Gwent	4.56 0	4
4	5	Joshua TUCKER	Neath	4.17 -0.2	2
5	3	Leo HODGKINSON	Here	3.63 0.1	
6	44	Maksymilian JANIA	Llanelli	3.50 -1.8	
7					
8					

Long Jump U15 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1	66	Lewis CRABB	Newp	4.51 -0.2	4
2	7	Dylan SNARE	S Wales	4.28 -2.4	3
3	55	Leon REES	Neath	3.89 -1.5	1
4	22	Hari BEVAN	Gwent	3.80 -0.4	1
5	4	Harry RICHARDS	Llanelli	3.50 0	
6					
7					
8					

High Jump U15 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	7	Ioan VALE	S Wales	1.55	7

High Jump U15 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1	77	Lewis DURSTON	S Wales	1.45	5

Pole Vault U15 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	5	Deklan ROBERTS	Neath	2.70	4
2	3	Aleksander DUMARA	Here	2.40	3

Pole Vault U15 Boys B

Posn	Bib	Athlete	Club	Perf	EA
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Shot U15 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	7	Charlie-arthur EDWARDS	S Wales	9.22	4
2	6	Ernest MALEY	Newp	7.95	1
3	3	Aidan TOBIN	Here	7.62	1
4	8	Alex SANDISON	Bath	5.95	
5	1	Mohammed-deeq IBRAHIM	BriW&M	4.96	
6	4	Maksymilian JANIA	Llanelli	4.07	
7					
8					

Shot U15 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1	77	Cain PRITCHARD	S Wales	7.97	1
2	66	Lewis CRABB	Newp	6.61	
3					
4					
5					
6					
7					
8					

LOWER MIDLAND South & West A CWRT HERBERT - NEATH
21/06/2025
Discus U15 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Aidan TOBIN	Here	21.08	3
2	7	Dylan SNARE	S Wales	20.56	3
3	1	Mohammed-deeq IBRAHIM	BriW&M	13.29	
4	5	Luke WOODHOUSE	Neath	11.96	
5					
6					
7					
8					

Discus U15 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

Hammer U15 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Aleksander DUMARA	Here	38.38	7
2	7	Charlie-arthur EDWARDS	S Wales	24.17	3
3					
4					
5					
6					
7					
8					

Hammer U15 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Aidan TOBIN	Here	22.12	2
2					
3					
4					
5					
6					
7					
8					

Javelin U15 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	7	Charlie-arthur EDWARDS	S Wales	30.73	4
2	3	Aleksander DUMARA	Here	28.87	3
3	6	Ernest MALEY	Newp	26.32	3
4	1	Mohammed-deeq IBRAHIM	BriW&M	18.52	
5	5	Leon REES	Neath	16.38	
6	2	Hari BEVAN	Gwent	15.00	
7	8	Peter YEOMANS	Bath	14.44	
8					

Javelin U15 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

LOWER MIDLAND South & West A CWRT HERBERT - NEATH
21/06/2025
4 x 100m U15 Boys A

Posn	No.	Runners	Club	Perf
1	2	Leonardo TOMASULO, Reuben COBURN, William DAVIES, Donal HALLORAN	Gwent	51.3
2	4	Jacob RICHARDS, Bryn LAWLOR, Maksymilian JANIA, Carter GRIFFITHS	Llanelli	52.2
3	5	Joshua TUCKER, Leon REES, Joshua NEWMAN, Goodness ADUN	Neath	52.3
4	7	Osian MURRAY, Harri JONES, Ioan VALE, Dylan SNARE	S Wales	53.5
5				
6				
7				
8				

4 x 300m U15 Boys A

Posn	No.	Runners	Club	Perf
1	7	Tomos AUSTIN, Lewis DURSTON, Ted LANCASTER, Rowan GREEN	S Wales	02:50.8
2	5	Goodness ADUN, Ioan DAVIES, Deklan ROBERTS, Jude JENKINS	Neath	02:59.4
3	8	Peter YEOMANS, George GROVES, Ben ROBERTS, Alex SANDISON	Bath	03:14.0
4				
5				
6				
7				
8				

LOWER MIDLAND South & West A CWRT HERBERT - NEATH
21/06/2025
100m U15 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	8	Sophie ALLISON	Bath	13.2	7
2	1	Eseose OSAZUWA	BriW&M	13.3	6
3	4	Pauline DE VERA	Llanelli	13.5	5
4	7	Leela WILSON	S Wales	13.7	4
5	3	Poppy HUSSEY	Here	13.9	4
6	2	Megan JUHLKE	Gwent	14.2	3
7	5	Alys BOWDEN	Neath	14.7	2
8					

100m U15 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	44	Violet NEAL	Llanelli	13.4	6
2	88	Amy MATTHEWS	Bath	13.5	5
3	77	Lily HUDSON	S Wales	13.9	4
4	22	Tabitha FOMBA	Gwent	13.9	4
5	55	Ellie JOSEPH	Neath	14.6	2
6	11	Hong ching WONG	BriW&M	14.8	1
7					
8					

100m NS U15 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	88	Matilda MUCCILLI	Bath	13.7	4
2	77	Cadee WILLIAMS	S Wales	14.4	2
3	22	Lowri INSON	Gwent	14.8	1
4	2	Ffion-jane ENOCH	Gwent	15.2	
5					
6					
7					
8					

100m NS U15 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	8	Alexandra CLOWES	Bath	14.0	3
2	7	Gwen TRIVETT	S Wales	14.5	2
3					
4					
5					
6					
7					
8					

200m U15 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	8	Sophie ALLISON	Bath	27.4	9
2	7	Leela WILSON	S Wales	27.9	8
3	4	Pauline DE VERA	Llanelli	28.1	8
4	1	Eseose OSAZUWA	BriW&M	28.2	8
5	6	Eryn LEWIS	Newp	28.8	7
6	3	Poppy HUSSEY	Here	29.2	6
7	2	Megan JUHLKE	Gwent	29.8	5
8	5	Alys BOWDEN	Neath	30.7	4

200m U15 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	44	Violet NEAL	Llanelli	27.9	8
2	77	Megan HUGHES	S Wales	28.0	8
3	88	Matilda MUCCILLI	Bath	28.1	8
4	22	Lowri INSON	Gwent	31.4	3
5	55	Hollie BODENHAM	Neath	32.3	2
6					
7					
8					

300m U15 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	7	Isla CARSON	S Wales	44.6	7
2	2	Poppy HOWELLS	Gwent	44.9	7
3=	8	Sophie PHELPS	Bath	46.1	6
3=	5	Isabelle HARRIS	Neath	46.1	6
5	1	Eve WARD	BriW&M	47.2	5
6	4	Ffion RYAN	Llanelli	48.3	5
7=	3	Lidia MICHNIOK	Here	48.4	5
7=	6	Megan ADAMS	Newp	48.4	5

300m U15 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	77	Megan HUGHES	S Wales	45.9	6
2	88	Amy MATTHEWS	Bath	46.4	6
3	55	Ffion DAVIES	Neath	47.8	5
4	22	Amelia BARTLEY	Gwent	49.2	4
5	44	Gwen JOHANSEN	Llanelli	50.1	4
6	11	Loretta CHOWDHURY BARR	BriW&M	53.4	2
7					
8					

LOWER MIDLAND South & West A CWRT HERBERT - NEATH
21/06/2025
800m U15 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	2	Poppy HOWELLS	Gwent	02:28.7	5
2	8	Jasmin FRY	Bath	02:28.7	5
3	6	Isabella PETER	Newp	02:29.6	5
4	1	Eve WARD	BriW&M	02:33.6	4
5	5	Ffion DAVIES	Neath	02:35.2	3
6	7	Lois WORLOCK	S Wales	02:52.6	
7					
8					

800m U15 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	66	Megan ADAMS	Newp	02:33.5	4
2	88	Sophie PHELPS	Bath	02:34.3	4
3	22	Amelia BARTLEY	Gwent	02:40.5	2
4	55	Ayva WILLIAMS	Neath	02:48.4	
5	11	Loretta CHOWDHURY BARR	BriW&M	03:00.5	
6	77	Lacey CLISSOLD	S Wales	03:07.5	
7					
8					

800m NS U15 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	5	Hollie BODENHAM	Neath	02:48.1	
2	7	Phoebe MORGAN	S Wales	02:49.9	
3	77	Amelia MOSES	S Wales	02:51.6	
4					
5					
6					
7					
8					

800m NS U15 Girls B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

1500m U15 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	8	Lucy GAMBLE	Bath	05:09.1	6
2	7	Bella THIE	S Wales	05:12.7	5
3	55	Jessie DAVIES	Neath	05:25.2	4
4	1		BriW&M	06:09.3	
5	2	Jessica BATEMAN	Gwent	06:39.1	
6					
7					
8					

1500m U15 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	77	Elsi AP HYWEL	S Wales	05:50.0	1
2	88	Anna HAWTHORN	Bath	05:51.8	
3	5	Ellie JOSEPH	Neath	05:53.9	
4					
5					
6					
7					
8					

75m Hurdles U15 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	5	Olivia BARNSELEY	Neath	13.4	3
2	4	Ella EVANS	Llanelli	13.8	2
3	2	Annabel PRICE	Gwent	14.3	
4	7	Cadee WILLIAMS	S Wales	14.7	
5	3	Lidia MICHNIOK	Here	15.7	
6	1	Loretta CHOWDHURY BARR	BriW&M	17.4	
7					
8					

75m Hurdles U15 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	55	Isabelle HARRIS	Neath	13.5	3
2					
3					
4					
5					
6					
7					
8					

LOWER MIDLAND South & West A CWRT HERBERT - NEATH
21/06/2025
Long Jump U15 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Pauline DE VERA	Llanelli	4.75 0.9	7
2	2	Erin ROYNON	Gwent	4.26 0.6	5
3	3	Poppy HUSSEY	Here	4.22 1	4
4	5	Olivia BARNSELY	Neath	4.18 0	4
5	6	Eryn LEWIS	Newp	4.16 0.4	4
6	8	Alexandra CLOWES	Bath	4.11 0.6	4
7	7	Lily HUDSON	S Wales	3.86 0.1	3
8	1	Hong ching WONG	BriW&M	2.98 0	

Long Jump U15 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1	55	Alys BOWDEN	Neath	4.08 0	4
2	44	Ella EVANS	Llanelli	4.01 1	4
3	33	Rebecca DAVIES	Here	3.75	3
4	88	Lucy GAMBLE	Bath	3.47 0.8	1
5	77	Gwen TRIVETT	S Wales	3.40 0.9	1
6					
7					
8					

High Jump U15 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	8	Lottie RODECK	Bath	1.45	7
2	5	Olivia BARNSELY	Neath	1.40	6
3	3	Freya DAVIES	Here	1.35	5
4	22	Annabel PRICE	Gwent	1.35	5
5	4	Ella EVANS	Llanelli	1.35	5
6	7	Cadee WILLIAMS	S Wales	1.20	2

High Jump U15 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1	2	Poppy HOWELLS	Gwent	1.35	5
2	55	Ellie JOSEPH	Neath	x	

Pole Vault U15 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	98		No Compe		

Pole Vault U15 Girls B

Posn	Bib	Athlete	Club	Perf	EA
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Shot U15 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Eseose OSAZUWA	BriW&M	8.15	4
2	6	Sara BRADSHAW	Newp	7.98	4
3	7	Sophie WEBB	S Wales	7.82	4
4	3	Freya DAVIES	Here	6.82	2
5	8	Amy MATTHEWS	Bath	6.70	2
6	5	Ffion TAY	Neath	5.40	
7					
8					

Shot U15 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Lily EDWARDS	Here	6.70	2
2	11	Isabelle SPENCER	BriW&M	6.70	2
3	66	Niamh WALSH	Newp	6.60	2
4	55	Jessie DAVIES	Neath	3.99	
5	88	Sophie PHELPS	Bath	3.92	
6	77	Lacey CLISSOLD	S Wales	2.81	
7					
8					

LOWER MIDLAND South & West A CWRT HERBERT - NEATH
21/06/2025
Discus U15 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Isabelle SPENCER	BriW&M	20.62	4
2	7	Poppy JONES	S Wales	19.41	3
3	3	Freya DAVIES	Here	15.82	1
4	6	Sara BRADSHAW	Newp	15.43	1
5	5	Ffion TAY	Neath	12.96	
6	8	Jasmin FRY	Bath	11.05	
7					
8					

Discus U15 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Lily EDWARDS	Here	14.94	1
2	66	Niamh WALSH	Newp	14.56	1
3	77	Amelia WILLIAMS-SCOTT	S Wales	11.41	
4	55	Jessie DAVIES	Neath	x	
5					
6					
7					
8					

Hammer U15 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	7	Poppy JONES	S Wales	33.93	7
2	3	Lily EDWARDS	Here	21.14	3
3					
4					
5					
6					
7					
8					

Hammer U15 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

Javelin U15 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	7	Poppy JONES	S Wales	26.42	4
2	2	Erin ROYNON	Gwent	24.73	4
3	6	Sara BRADSHAW	Newp	22.31	3
4	1	Isabelle SPENCER	BriW&M	18.29	1
5	3	Rebecca DAVIES	Here	17.01	1
6	55	Ffion TAY	Neath	16.82	1
7	4	Gwen JOHANSEN	Llanelli	15.56	
8	8	Alexandra CLOWES	Bath	14.94	

Javelin U15 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Tabitha FOMBA	Gwent	14.92	
2	66	Megan ADAMS	Newp	14.88	
3	77	Meadow MORRIS	S Wales	13.31	
4	88	Sophie ALLISON	Bath	8.73	
5	5	Isabelle HARRIS	Neath	X	
6					
7					
8					

LOWER MIDLAND South & West A CWRT HERBERT - NEATH

21/06/2025

4 x 100m U15 Girls A

Posn	No.	Runners	Club	Perf
1	8	Sophie ALLISON, Alexandra CLOWES, Amy MATTHEWS, Matilda MUCCILLI	Bath	54.1
2	4	Gwen JOHANSEN, Violet NEAL, Ffion RYAN, Pauline DE VERA	Llanelli	55.8
3	7	Megan HUGHES, Cadee WILLIAMS, Gwen TRIVETT, Leela WILSON	S Wales	56.0
4	2	Tabitha FOMBA, Ffion-jane ENOCH, Lowri INSON, Megan JUHLKE	Gwent	56.6
5	1	Eve WARD, Loretta CHOWDHURY BARRATT, Isabelle SPENCER, Hong ching WONG	BriW&M	58.7
6	3	Rebecca DAVIES, Poppy HUSSEY, Lidia MICHNIOK, Freya DAVIES, , ,	Here	58.9
7	5	Hollie BODENHAM, Alys BOWDEN, Ffion DAVIES, Olivia BARNSELY, , ,	Neath	59.4
8				

4 x 300m U15 Girls A

Posn	No.	Runners	Club	Perf
1	5	Ffion DAVIES, Isabelle HARRIS, Jessie DAVIES, Ellie JOSEPH	Neath	03:12.8
2	8	Jasmin FRY, Sophie PHELPS, Lucy GAMBLE, Anna HAWTHORN	Bath	03:18.8
3	2	Amelia BARTLEY, Jessica BATEMAN, Lowri INSON, Poppy HOWELLS	Gwent	03:24.0
4	7	Lacey CLISSOLD, Isla CARSON, Amelia MOSES, Elsi AP HYWEL	S Wales	03:30.7
5				
6				
7				
8				

LOWER MIDLAND South & West A CWRT HERBERT - NEATH

21/06/2025

75m U13 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	3	Ethan SIBANDA	Here	09.6	9
2	2	George MORGAN	Gwent	10.6	6
3	8	Jacob CASTLE	Bath	11.0	5
4	6	Jason AVWORHO	Newp	11.0	5
5	7	Thomas MOWBRAY-HARWOC	S Wales	11.0	5
6	5	Iestyn TAY	Neath	11.4	4
7					
8					

75m U13 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	66	Joseph DOYLE	Newp	10.5	6
2	77	Aaron DURSTON	S Wales	11.0	5
3	22	Lachlan JENKINS	Gwent	11.1	5
4	33	Callum PARKIN	Here	11.3	4
5	55	Caleb HOWELLS	Neath	11.6	3
6					
7					
8					

75m NS U13 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	22	Jacob PROFIT	Gwent	11.0	5
2	77	Maxwell CHARLES	S Wales	11.2	4
3	7	Jack KELLAND	S Wales	11.4	4
4	2	Alfie MILLS	Gwent	11.6	3
5	3	Louis STOREY	Here	11.7	3
6	33	Noah MABBERLEY	Here	12.1	2
7					
8					

75m NS U13 Boys B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

150m U13 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	3	Ethan SIBANDA	Here	19.1	9
2	6	Avery BENNETT-BOATEN	Newp	20.8	7
3	2	George MORGAN	Gwent	21.0	6
4	8	Jacob CASTLE	Bath	21.9	5
5	7	Thomas MOWBRAY-HARWOC	S Wales	22.1	4
6	5	Iestyn TAY	Neath	22.8	3
7					
8					

150m U13 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	66	Asante BENNETT-BOATEN	Newp	21.0	6
2	22	Lachlan JENKINS	Gwent	21.3	6
3	77	Maxwell CHARLES	S Wales	22.3	4
4	55	Gethin DAVIES	Neath	23.5	1
5	33	Louis STOREY	Here	24.2	
6					
7					
8					

800m U13 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	7	Rowan CARSON	S Wales	02:15.9	9
2	8	Eugene WICKS	Bath	02:26.6	6
3	5	Jack WOODHOUSE	Neath	02:28.7	6
4	2	Alfie MILLS	Gwent	02:36.7	4
5	33	Ethan SIBANDA	Here	02:41.2	3
6					
7					
8					

800m U13 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	55	Ioan wyn DAVIES	Neath	02:28.7	6
2	77	Osian VALE	S Wales	02:41.7	3
3	88	Lewis MORGAN	Bath	02:44.4	3
4	22	Conor PARNELL	Gwent	02:47.7	2
5	3	Jackson SLADE	Here	02:52.0	
6					
7					
8					

LOWER MIDLAND South & West A CWRT HERBERT - NEATH
21/06/2025
800m NS U13 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	2	Jacob PROFIT	Gwent	02:39.2	4
2	7	Edgar AP HYWEL	S Wales	02:42.0	3
3					
4					
5					
6					
7					
8					

800m NS U13 Boys B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

1200m U13 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	3	Charlie COLEMAN	Here	03:57.7	7
2	77	Noah HOWELLS	S Wales	04:01.4	7
3	5	Caleb HOWELLS	Neath	04:18.1	5
4	8	Alex HURST	Bath	04:40.5	2
5					
6					
7					
8					

1200m U13 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	7	Finley SYMONS	S Wales	04:11.3	5
2	33	Callum PARKIN	Here	04:27.3	4
3					
4					
5					
6					
7					
8					

75m Hurdles U13 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	2	Jayden JONES	Gwent	15.5	2
2	3	Callum PARKIN	Here	16.5	1
3					
4					
5					
6					
7					
8					

75m Hurdles U13 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	22	Tomos COWLEY	Gwent	17.7	
2	33	Austin TOBIN	Here	17.8	
3					
4					
5					
6					
7					
8					

Long Jump U13 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Jayden JONES	Gwent	4.95 0	8
2	7	Aaron DURSTON	S Wales	4.17 -0.3	5
3	8	Jacob CASTLE	Bath	3.90 -1.1	4
4	5	Iestyn TAY	Neath	3.74 0	3
5	3	Louis STOREY	Here	3.62 0	3
6					
7					
8					

Long Jump U13 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Conor PARNELL	Gwent	3.31 -0.8	2
2	77	Gethin PARKER	S Wales	2.80 -0.3	
3	55	Jack WOODHOUSE	Neath	2.28 -0.7	
4					
5					
6					
7					
8					

LOWER MIDLAND South & West A CWRT HERBERT - NEATH
21/06/2025
High Jump U13 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	88	Lewis MORGAN	Bath	1.26	4
2	7	Osian VALE	S Wales	1.20	3
3=	6	Joseph DOYLE	Newp	1.15	2
3=	2	Tomos COWLEY	Gwent	1.15	2
5	5	Ioan wyn DAVIES	Neath	1.10	1
6	3	Noah MABBERLEY	Here	x	

High Jump U13 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1	8	Benjamin COURT	Bath	1.10	1
2	55	Caleb HOWELLS	Neath	1.10	1
3	77	Edgar AP HYWEL	S Wales	x	

Shot U13 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Charlie COLEMAN	Here	8.14	5
2	7	Jack KELLAND	S Wales	7.93	4
3	2	Ellis COLE	Gwent	7.39	3
4	5	Gethin DAVIES	Neath	5.90	
5	8	Benjamin COURT	Bath	5.82	
6					
7					
8					

Shot U13 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1	77	Maxwell CHARLES	S Wales	7.92	4
2	33	Austin TOBIN	Here	5.14	
3	88	Lewis MORGAN	Bath	5.07	
4	55	Ioan wyn DAVIES	Neath	4.74	
5	22	Conor PARNELL	Gwent	4.28	
6					
7					
8					

Javelin U13 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	7	Jack KELLAND	S Wales	21.58	4
2	22	George MORGAN	Gwent	20.80	4
3	3	Noah MABBERLEY	Here	20.28	4
4	8	Benjamin COURT	Bath	17.94	3
5	5	Gethin DAVIES	Neath	13.91	1
6					
7					
8					

Javelin U13 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1	2	Tomos COWLEY	Gwent	18.88	3
2	33	Austin TOBIN	Here	17.11	3
3	77	Noah HOWELLS	S Wales	11.85	
4					
5					
6					
7					
8					

4 x 100m U13 Boys A

Posn	No.	Runners	Club	Perf
1	6	Joseph DOYLE, Avery BENNETT-BOATEN, Asante BENNETT-BOATEN, Jason AVWORHO	Newp	56.7
2	2	George MORGAN, Alfie MILLS, Lachlan JENKINS, Conor PARNELL	Gwent	59.0
3	7	Jack KELLAND, Maxwell CHARLES, Osian VALE, Thomas MOWBRAY-HARWOOD	S Wales	59.0
4	5	Gethin DAVIES, Caleb HOWELLS, Ioan wyn DAVIES, Iestyn TAY	Neath	59.8
5	3	Callum PARKIN, Ethan SIBANDA, Charlie COLEMAN, Louis STOREY, , ,	Here	60.2
6				
7				
8				

LOWER MIDLAND South & West A CWRT HERBERT - NEATH
21/06/2025
75m U13 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	5	Mia THOMAS	Neath	10.6	8
2	7	Mali BEYNON	S Wales	11.0	6
3	3	Iris elizabeth LLOYD	Here	11.0	6
4	6	Lily HODGE	Newp	11.1	6
5	8	Florence LEANZA	Bath	11.1	6
6	1	Zuzanna SMIALEK	BriW&M	11.2	6
7					
8					

75m U13 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	11	Izzy DI BARTOLO	BriW&M	11.1	6
2	55	Ivy ELWELL	Neath	11.5	5
3	77	Poppy GRIFFIN-GRAY	S Wales	11.6	5
4	66	Martha RAWLINSON	Newp	11.9	4
5	33	Madison SWINTON	Here	12.1	3
6					
7					
8					

75m NS U13 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	2	Isabelle MOORE	Gwent	11.5	5
2	1	Charlotte SPENCER	BriW&M	11.6	5
3	77	Evie CORRIGAN	S Wales	11.8	4
4	55	Tamary-jay MAGWAZA	Neath	11.8	4
5	7	Daisy JONES	S Wales	11.9	4
6	5	Ava JONES	Neath	12.5	2
7	11	Grace HALLIWELL	BriW&M	13.0	1
8					

75m NS U13 Girls B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

150m U13 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	1	Vanisa OSAZUWA	BriW&M	20.5	9
2	5	Mia THOMAS	Neath	21.4	8
3	7	Mali BEYNON	S Wales	21.6	7
4	6	Lily HODGE	Newp	21.8	7
5	3	Iris elizabeth LLOYD	Here	21.9	7
6	4	Violet THOMPSON	Llanelli	23.4	4
7					
8					

150m U13 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	55	Grace BREACH	Neath	21.6	7
2	77	Poppy GRIFFIN-GRAY	S Wales	21.7	7
3	66	Ella STONE	Newp	22.3	6
4	11	Grace HALLIWELL	BriW&M	25.9	
5					
6					
7					
8					

800m U13 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	6	Heidi CRABB	Newp	02:32.0	8
2	5	Grace BREACH	Neath	02:32.2	8
3	7	Isabelle KELLAND	S Wales	02:33.4	8
4	1	Izzy DI BARTOLO	BriW&M	02:36.1	7
5	2	Madison TATTERSALL	Gwent	02:40.3	6
6	8	Elise WILLIAMS	Bath	02:45.6	5
7	4	Violet THOMPSON	Llanelli	02:49.3	5
8	3	Madison SWINTON	Here	03:00.7	2

800m U13 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	66	Sabine HOSKING	Newp	02:37.5	7
2	11	Zuzanna SMIALEK	BriW&M	02:39.4	7
3	55	Solenne WILLIAMS	Neath	02:55.8	3
4	77	Roux JOYCE	S Wales	03:06.6	2
5					
6					
7					
8					

LOWER MIDLAND South & West A CWRT HERBERT - NEATH
21/06/2025
800m NS U13 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	6	Martha RAWLINSON	Newp	02:40.1	6
2	66	Fern TALBOT	Newp	02:50.6	4
3	55	Ava JONES	Neath	03:03.7	2
4	5	Tamary-jay MAGWAZA	Neath	03:07.2	2
5	7	Elsie WILLIAMS	S Wales	03:12.3	
6					
7					
8					

800m NS U13 Girls B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

1200m U13 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	7	Betty LANCASTER	S Wales	04:03.5	8
2	2	Rosie GABRIELE	Gwent	04:17.8	6
3	6	Ella STONE	Newp	04:18.7	6
4	5	Freya WILLIAMS	Neath	04:25.1	5
5	3	Tilly COLEMAN	Here	04:34.5	4
6					
7					
8					

1200m U13 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	77	Dakota-rose DAVIES	S Wales	04:26.3	5
2	66	Eva BLYTHE	Newp	04:29.2	5
3	55	Isabelle WATSON	Neath	04:36.0	4
4					
5					
6					
7					
8					

70m Hurdles U13 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	77	Daisy JONES	S Wales	13.2	4
2	5	Meredith YOUNG	Neath	13.4	3
3	2	Matilda MAGOR	Gwent	14.4	
4					
5					
6					
7					
8					

70m Hurdles U13 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	7	Lola COOKSEY	S Wales	13.2	4
2	55	Tamary-jay MAGWAZA	Neath	16.1	
3					
4					
5					
6					
7					
8					

Long Jump U13 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	6	Lily HODGE	Newp	4.06	7
2	88	Florence LEANZA	Bath	3.93	6
3	55	Isabelle WATSON	Neath	3.86	6
4	1	Vanisa OSAZUWA	BriW&M	3.85	6
5	2	Matilda MAGOR	Gwent	3.78	6
6	7	Lola COOKSEY	S Wales	3.66	5
7	4	Violet THOMPSON	Llanelli	3.58	5
8	3	Tilly COLEMAN	Here	3.24	3

Long Jump U13 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1	66	Sabine HOSKING	Newp	3.71	5
2	5	Emily HARRIS	Neath	3.51	5
3	77	Daisy JONES	S Wales	3.41	4
4	8	Daisy WOLFE	Bath	3.20	3
5	11	Grace HALLIWELL	BriW&M	2.85	2
6					
7					
8					

LOWER MIDLAND South & West A CWRT HERBERT - NEATH
21/06/2025
High Jump U13 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Matilda MAGOR	Gwent	1.23	5
2	7	Evie CORRIGAN	S Wales	1.20	5
3	55	Ivy ELWELL	Neath	1.20	5

High Jump U13 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Madison TATTERSALL	Gwent	1.20	5
2	5	Emily HARRIS	Neath	1.15	4
3	77	Elizabeth MORGAN	S Wales	1.10	3

Shot U13 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Charlotte SPENCER	BriW&M	6.24	3
2	2	Menna MORGAN	Gwent	5.96	2
3	77	Elsie WILLIAMS	S Wales	5.56	2
4	5	Freya WILLIAMS	Neath	4.55	
5	8	Elise WILLIAMS	Bath	4.04	
6					
7					
8					

Shot U13 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1	7	Lola COOKSEY	S Wales	5.30	1
2	55	Carys GIBBON	Neath	4.23	
3					
4					
5					
6					
7					
8					

Javelin U13 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Charlotte SPENCER	BriW&M	22.92	6
2	5	Meredith YOUNG	Neath	17.68	4
3	3	Madison SWINTON	Here	17.40	4
4	7	Neave OWEN	S Wales	12.81	2
5	8	Daisy WOLFE	Bath	10.48	1
6	6	Heidi CRABB	Newp	8.11	
7					
8					

Javelin U13 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1	55	Carys GIBBON	Neath	8.91	
2					
3					
4					
5					
6					
7					
8					

4 x 100m U13 Girls A

Posn	No.	Runners	Club	Perf
1	7	Daisy JONES, Poppy GRIFFIN-GRAY, Lola COOKSEY, Mali BEYNON	S Wales	57.9
2	5	Meredith YOUNG, Mia THOMAS, Tamary-jay MAGWAZA, Grace BREACH	Neath	58.6
3	6	Eva BLYTHE, Sabine HOSKING, Lily HODGE, Ella STONE	Newp	58.9
4	1	Vanisa OSAZUWA, Izzy DI BARTOLO, Zuzanna SMIALEK, Grace HALLIWELL	BriW&M	59.5
5				
6				
7				
8				