

LEVEL	LOWER	Track Events Start in Lane
REGION	MIDLAND	
DIVISION	South & West Division A	
MATCH	3	
P/FINISH	NO	
		1

Date Sunday, June 23 2024

Venue RON JONES TRACK ABERDARE CF44 7RP

Host Club Gwent Harriers ©

Bib	Team Name	Abbrev.	Officials	Track1	Track2	Relays	Field	Total
1	Bristol & West AC with Mendip AC ©	BriW&M	52	186.0	63.0	49.0	216.5	566.5
2	Cardiff Archers AC	C Arch	32	282.0	21.0	55.0	342.5	732.5
3	Gwent Harriers ©	Gwent	32	179.0	27.0	28.0	170.0	436.0
4	Llanelli AC	Llanelli	8	125.0		21.0	121.5	275.5
5	Neath Harriers	Neath	28	132.0	31.0	21.0	99.0	311.0
6	South Wales ©	S Wales	40	187.0	53.0	45.0	206.5	531.5
7	Team Bath AC	Bath	36	163.0	17.0	20.0	120.0	356.0
8	Team Green ©	Green	32	104.0	20.0	13.0	96.0	265.0

This Match	Team Name	Points	League	B/fwd M	B/fwd L	Total Pts	Total L	Standings
1	Cardiff Archers AC	732.5	8.0	1254.5	15.5	1987.0	23.5	1
2	Bristol & West AC with Mendip AC ©	566.5	7.0	1131.0	14.5	1697.5	21.5	2
3	South Wales ©	531.5	6.0	984.0	12.0	1515.5	18.0	3
4	Gwent Harriers ©	436.0	5.0	655.0	7.0	1091.0	12.0	5
5	Team Bath AC	356.0	4.0	763.0	9.0	1119.0	13.0	4
6	Neath Harriers	311.0	3.0	352.0	2.0	663.0	5.0	8
7	Llanelli AC	275.5	2.0	521.0	4.0	796.5	6.0	7
8	Team Green ©	265.0	1.0	669.5	8.0	934.5	9.0	6

TOTAL EVENTS	58
NO COMPETITORS/EVENT CANCELLED/NMR	1
EVENT SCORED	57
REMAINING	-

LOWER MIDLAND South & West Division A RON JONES TRACK ABERDARE CF44 7RP
23/06/2024
100m U15 Boys A

Posn	No.	Athlete	Club	Perf	EA
			Wind	1.0	
1	1	Felix GROSS	BriW&M	11.9	8
2	7	Frankie PETHERS	Bath	12.0	8
3	2	Gethin HANIGAN	C Arch	12.5	6
4	5	Steffan BANKHEAD	Neath	12.9	5
5	4	Lucan VAN LEEUWEN	Llanelli	13.5	3
6	6	Django SUMMERILL	S Wales	13.7	3
7					
8					

100m U15 Boys B

Posn	No.	Athlete	Club	Perf	EA
			Wind	0.4	
1	11	Zack KHODJA-SMITH	BriW&M	12.1	7
2	77	James MORGAN	Bath	12.2	7
3	22	Joshua THOMAS	C Arch	12.5	6
4	66	David LENGHEL	S Wales	14.6	
5	44	Tavis BOLGIANI	Llanelli	14.6	
6	55	Rhys GIBBON	Neath	15.4	
7					
8					

100m NS U15 Boys A

Posn	No.	Athlete	Club	Perf	EA
			Wind	1.1	
1	1	Zane YEO	BriW&M	12.7	5
2	6	Dexter CLEMENT	S Wales	14.1	2
3	3	Rhys BIRT	Gwent	14.6	
4	2	Efnysien OLDRIDGE	C Arch	15.1	
5	4	Oliver PHILLIPS	Llanelli	19.7	
6					
7					
8					

100m NS U15 Boys B

Posn	No.	Athlete	Club	Perf	EA
			Wind		
1					
2					
3					
4					
5					
6					
7					
8					

200m U15 Boys A

Posn	No.	Athlete	Club	Perf	EA
			Wind	0.00	
1	2	Macsen MARTINS HUGHES	C Arch	24.0	9
2	7	James MORGAN	Bath	24.3	8
3	1	Zack KHODJA-SMITH	BriW&M	24.8	7
4	3	Alfie DANTER	Gwent	25.6	5
5	5	Steffan BANKHEAD	Neath	26.6	4
6	4	Bryn LAWLOR	Llanelli	27.7	3
7	6	Django SUMMERILL	S Wales	28.2	2
8					

200m U15 Boys B

Posn	No.	Athlete	Club	Perf	EA
			Wind	0.00	
1	77	Frankie PETHERS	Bath	24.8	7
2	22	Joshua THOMAS	C Arch	25.2	6
3	44	Tavis BOLGIANI	Llanelli	29.6	
4	55	Issac JONES	Neath	30.2	
5					
6					
7					
8					

300m U15 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	3	Alfie DANTER	Gwent	41.5	6
2	7	Orson PACE	Bath	42.2	6
3	2	Gethin HANIGAN	C Arch	44.2	5
4	1	Felix GROSS	BriW&M	45.2	4
5	4	Bryn LAWLOR	Llanelli	46.1	4
6	6	Ted LANCASTER	S Wales	46.3	4
7					
8					

300m U15 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	22	James PUGH	C Arch	44.1	5
2	44	Deklan ROBERTS	Llanelli	45.8	4
3	77	Rory OSBORNE	Bath	47.0	3
4					
5					
6					
7					
8					

LOWER MIDLAND South & West Division A RON JONES TRACK ABERDARE CF44 7RP
23/06/2024
800m U15 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	7	Orson PACE	Bath	02:17.2	5
2	2	Macsen MARTINS HUGHES	C Arch	02:21.0	3
3	8	Fred TYLER	Green	02:21.5	3
4	4	Deklan ROBERTS	Llanelli	02:25.8	2
5	6	Billy WEDLAKE	S Wales	02:27.7	2
6	5	Jude JENKINS	Neath	02:31.2	
7	3	Rhys BIRT	Gwent	02:33.2	
8					

800m U15 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	22	Ieuan TAYLOR	C Arch	02:29.6	2
2	66	Dexter CLEMENT	S Wales	02:44.6	
3	44	Oliver PHILLIPS	Llanelli	03:24.0	
4					
5					
6					
7					
8					

800m NS U15 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	98		No Compe		
2					
3					
4					
5					
6					
7					
8					

800m NS U15 Boys B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

1500m U15 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	3	Macsen WATTS	Gwent	04:32.5	7
2	66	Nate GREIG	S Wales	04:36.2	7
3	7	Rhys NEWINGTON-WISE	Bath	04:42.7	6
4	1	Freddie BARNES	BriW&M	04:47.8	6
5	5	Luke WOODHOUSE	Neath	05:11.5	3
6					
7					
8					

1500m U15 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	55	Ioan DAVIES	Neath	05:39.0	
2					
3					
4					
5					
6					
7					
8					

80m Hurdles U15 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	2	Ieuan TAYLOR	C Arch	12.6	7
2	3	Donal HALLORAN	Gwent	13.2	5
3	4	Iago EVANS	Llanelli	14.8	1
4	5	Issac JONES	Neath	15.0	
5	6	Ted LANCASTER	S Wales	15.8	
6	7	Rory OSBORNE	Bath	16.7	
7					
8					

80m Hurdles U15 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	22	Efnysien OLDRIDGE	C Arch	15.1	
2					
3					
4					
5					
6					
7					
8					

LOWER MIDLAND South & West Division A RON JONES TRACK ABERDARE CF44 7RP
23/06/2024
Long Jump U15 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	22	Macsen MARTINS HUGHES	C Arch	5.49 0.6	7
2	44	Iago EVANS	Llanelli	4.98 0	5
3	11	Zack KHODJA-SMITH	BriW&M	4.95 0	5
4	8	Fred TYLER	Green	4.87 0.8	5
5	6	David LENGHEL	S Wales	4.46 1.7	3
6	5	Issac JONES	Neath	4.08 0.2	2
7					
8					

Long Jump U15 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1	2	Cobie PHILLIPS	C Arch	5.32 0.9	7
2	1	Ashley COX	BriW&M	4.53 0	4
3	66	Ted LANCASTER	S Wales	4.12 0	2
4	4	Lucan VAN LEEUWEN	Llanelli	3.97 0.1	1
5					
6					
7					
8					

High Jump U15 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	7	Marley ADAMS	Bath	1.65	8
2	22	Cobie PHILLIPS	C Arch	1.55	7
3	1	Zane YEO	BriW&M	1.45	5

High Jump U15 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1	2	Gethin HANIGAN	C Arch	1.50	6

Pole Vault U15 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Cobie PHILLIPS	C Arch	3.00	6
2	4	Deklan ROBERTS	Llanelli	2.30	2

Pole Vault U15 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Lucas FARMER	C Arch	2.40	3

Shot U15 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	22	Waldermar JOP	C Arch	10.58	6
2	7	Orson PACE	Bath	8.86	3
3	6	Jonas EVANS	S Wales	7.90	1
4	1	Ashley COX	BriW&M	7.14	
5	4	Bryn LAWLOR	Llanelli	7.04	
6	33	Alfie HENDY	Gwent	5.45	
7	5	Ioan DAVIES	Neath	4.59	
8					

Shot U15 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1	66	Django SUMMERILL	S Wales	5.80	
2	44	Tavis BOLGIANI	Llanelli	5.37	
3	3	Rhys BIRT	Gwent	5.08	
4	2	Lachlan ROBBIE	C Arch	x	
5					
6					
7					
8					

LOWER MIDLAND South & West Division A RON JONES TRACK ABERDARE CF44 7RP
23/06/2024
Discus U15 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Lachlan ROBBIE	C Arch	36.07	9
2	6	Jonas EVANS	S Wales	28.28	6
3	55	Rhys GIBBON	Neath	13.88	
4					
5					
6					
7					
8					

Discus U15 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1	22	James PUGH	C Arch	27.98	6
2	5	Jude JENKINS	Neath	x	
3					
4					
5					
6					
7					
8					

Hammer U15 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Waldermar JOP	C Arch	29.42	4
2					
3					
4					
5					
6					
7					
8					

Hammer U15 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Lachlan ROBBIE	C Arch	29.16	4
2					
3					
4					
5					
6					
7					
8					

Javelin U15 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Ieuan TAYLOR	C Arch	30.03	4
2	7	Rory OSBORNE	Bath	28.04	3
3	4	Iago EVANS	Llanelli	27.62	3
4	8	Fred TYLER	Green	25.67	2
5	6	Jonas EVANS	S Wales	23.30	2
6	5	Rhys GIBBON	Neath	16.44	
7	3	Alfie HENDY	Gwent	12.33	
8					

Javelin U15 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1	22	James PUGH	C Arch	25.70	2
2	66	David LENGHEL	S Wales	22.08	1
3	55	Ioan DAVIES	Neath	11.78	
4					
5					
6					
7					
8					

LOWER MIDLAND South & West Division A RON JONES TRACK ABERDARE CF44 7RP
23/06/2024
4 x 100m U15 Boys A

Posn	No.	Runners	Club	Perf
1	1	Zane YEO, Felix GROSS, Zack KHODJA-SMITH, Ashley COX	BriW&M	49.7
2	2	Cobie PHILLIPS, Joshua THOMAS, Gethin HANIGAN, Efnysien OLDRIDGE	C Arch	51.7
3	4	Iago EVANS, Tavis BOLGIANI, Bryn LAWLOR, Lucan VAN LEEUWEN	Llanelli	54.9
4	6	David LENGHEL, Dexter CLEMENT, Ted LANCASTER, Django SUMMERILL	S Wales	55.3
5	5	Rhys GIBBON, Steffan BANKHEAD, Issac JONES, Luke WOODHOUSE	Neath	56.7
6				
7				
8				

4 x 300m U15 Boys A

Posn	No.	Runners	Club	Perf
1	7	Frankie PETHERS, Rory OSBORNE, Rhys NEWINGTON-WISE, Frankie PETHERS	Bath	02:48.6
2	2	Macsen MARTINS HUGHES, Joshua THOMAS, Ieuan TAYLOR, James PUGH	C Arch	02:56.7
3	6	Billy WEDLAKE, Jonas EVANS, Dexter CLEMENT, Nate GREIG	S Wales	03:05.3
4				
5				
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7				
8				

LOWER MIDLAND South & West Division A RON JONES TRACK ABERDARE CF44 7RP
23/06/2024
100m U15 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	7	Beth TURNER	Bath	13.0	8
2	1	Chizorom IMOH	BriW&M	13.0	8
3	2	Anna POPE	C Arch	13.3	6
4	4	Violet NEAL	Llanelli	14.0	3
5	6	Lois WORLOCK	S Wales	14.0	3
6	5	Harriet YOUNG	Neath	14.0	3
7	8	Hannah ELLIS	Green	14.5	2
8	3	Grace ADAM	Gwent	14.5	2

100m U15 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	11	Rhiannon ANAYA	BriW&M	13.2	7
2	77	Mia MCMULLAN	Bath	13.4	6
3	44	Pauline DE VERA	Llanelli	13.9	4
4	33	Alisha STRONG	Gwent	14.1	3
5	66	Maja CHELMINIAK	S Wales	14.5	2
6	22	Nina SIEGLE	C Arch	14.8	1
7	55	Ffion TAY	Neath	16.2	
8					

100m NS U15 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	11	Jasmine COLLINS	BriW&M	13.4	6
2	44	Freya MCCARTHY	Llanelli	13.6	5
3	7	Victoria BARKER	Bath	14.0	3
4	3	Ffion-jane ENOCH	Gwent	14.9	
5					
6					
7					
8					

100m NS U15 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	1	Georgie GOLDSWAIN	BriW&M	14.8	1
2	4	Ffion RYAN	Llanelli	14.8	1
3	33	Lowri BALDWIN	Gwent	14.9	
4					
5					
6					
7					
8					

200m U15 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	7	Beth TURNER	Bath	27.0	9
2	1	Chizorom IMOH	BriW&M	27.1	9
3	3	Alisha STRONG	Gwent	29.2	6
4	4	Ocean STEVENSON	Llanelli	29.7	5
5	6	Isla GARVEY	S Wales	29.7	5
6	8	Hannah ELLIS	Green	29.7	5
7	2	Evie MCCONNON	C Arch	30.8	3
8					

200m U15 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	11	Rhiannon ANAYA	BriW&M	27.8	8
2	22	Darcey LETMAN-HIGGINS	C Arch	28.5	7
3	44	Violet NEAL	Llanelli	28.8	7
4	66	Amelia GARVEY	S Wales	29.1	7
5	33	Ffion-jane ENOCH	Gwent	31.9	2
6					
7					
8					

300m U15 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	2	Tiana ODUGBESAN	C Arch	42.7	9
2	5	Ava THOMPSON	Neath	44.7	7
3	3	Ruby HEARNE	Gwent	46.0	6
4	1	Tilly COOMBER	BriW&M	46.5	6
5	7	Sophie PHELPS	Bath	47.5	5
6	6	Lois WORLOCK	S Wales	48.0	5
7					
8					

300m U15 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	33	Poppy HOWELLS	Gwent	46.5	6
2	11	Millie POPE	BriW&M	47.6	5
3	66	Isla GARVEY	S Wales	48.9	5
4	22	Evie MCCONNON	C Arch	50.0	4
5	55	Ayva WILLIAMS	Neath	51.4	3
6					
7					
8					

LOWER MIDLAND South & West Division A RON JONES TRACK ABERDARE CF44 7RP
23/06/2024
800m U15 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	7	Olivia PAUL	Bath	02:24.0	7
2	1	Tilly COOMBER	BriW&M	02:29.3	5
3	8	Lucy TETLEY	Green	02:33.4	4
4	6	Allie ADAMS	S Wales	02:34.6	4
5	3	Ruby HEARNE	Gwent	02:34.8	4
6	5	Ffion DAVIES	Neath	02:55.3	
7	2	Elen BLACKMORE	C Arch	02:56.9	
8					

800m U15 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	66	Bella THIE	S Wales	02:35.3	3
2	11	Eve WARD	BriW&M	02:38.7	3
3	77	Sophie PHELPS	Bath	02:40.3	2
4	33	Erin SAUNDERS	Gwent	02:46.2	
5	22	Nina SIEGLE	C Arch	02:51.6	
6	88	Adele ZUKAUSKAS	Green	02:54.0	
7	55	Ayva WILLIAMS	Neath	02:56.5	
8					

800m NS U15 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	1	Lucy WILKINSON	BriW&M	02:42.9	2
2	66	Annelise THOMAS	S Wales	02:44.8	2
3					
4					
5					
6					
7					
8					

800m NS U15 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	11	Jasmine JOHNSTONE	BriW&M	02:45.0	1
2	6	Seren HARDMAN	S Wales	02:47.3	
3					
4					
5					
6					
7					
8					

1500m U15 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	1	Lola SIMPSON	BriW&M	04:52.9	9
2	3	Eleanor WRIGHT-NICHOLAS	Gwent	05:18.2	5
3	66	Esme LEWIS	S Wales	05:35.3	3
4	2	Izzy LAWLEY	C Arch	05:35.4	3
5					
6					
7					
8					

1500m U15 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	11	Darcy SIMPSON	BriW&M	04:59.1	8
2	33	Lola BATES	Gwent	05:35.2	3
3	6	Lacey-jo HARRIS	S Wales	07:08.1	
4					
5					
6					
7					
8					

75m Hurdles U15 Girls A

Posn	No.	Athlete	Club	Perf	EA	Wind
1	5	Harriet YOUNG	Neath	12.5	6	-0.1
2	3	Grace ADAM	Gwent	12.9	5	
3	2	Lucie RUTTLEY	C Arch	13.2	4	
4	4	Hollie EVANS	Llanelli	13.9	2	
5	6	Ariana BARNARD	S Wales	14.3		
6						
7						
8						

75m Hurdles U15 Girls B

Posn	No.	Athlete	Club	Perf	EA	Wind
1	33	Poppy HOWELLS	Gwent	13.3	3	-0.1
2	22	Eira HUGHES-LEWIS	C Arch	14.1	1	
3	44	Pauline DE VERA	Llanelli	14.1	1	
4						
5						
6						
7						
8						

LOWER MIDLAND South & West Division A RON JONES TRACK ABERDARE CF44 7RP
23/06/2024
Long Jump U15 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	7	Mia MCMULLAN	Bath	4.67 0.1	6
2	22	Darcey LETMAN-HIGGINS	C Arch	4.66 0	6
3	3	Grace ADAM	Gwent	4.31 0	5
4	5	Harriet YOUNG	Neath	4.25 0.1	5
5	44	Pauline DE VERA	Llanelli	4.17 0	4
6	1	Poppy STEVENSON	BriW&M	4.04 0	4
7	6	Alicia WEBB	S Wales	3.96 0	3
8	8	Hannah ELLIS	Green	3.54 0	2

Long Jump U15 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1	77	Victoria BARKER	Bath	4.43 0	5
2	2	Anna POPE	C Arch	4.13 1.2	4
3	66	Ariana BARNARD	S Wales	3.90 0	3
4	11	Jasmine JOHNSTONE	BriW&M	3.81 0	3
5	4	Violet NEAL	Llanelli	3.81 1.8	3
6	33	Lowri BALDWIN	Gwent	3.50 0	2
7	55	Ffion DAVIES	Neath	2.20 0	
8					

High Jump U15 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Elen BLACKMORE	C Arch	1.45	7
2	3	Poppy HOWELLS	Gwent	1.35	5
3	66	Ariana BARNARD	S Wales	1.30	4
4	1	Isla MCQUEEN	BriW&M	1.30	4
5	4	Ellie DUNLEAVY	Llanelli	1.30	4

High Jump U15 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Tiana ODUGBESAN	C Arch	1.40	6
2=	44	Ffion RYAN	Llanelli	1.30	4
2=	11	Elise TURPIN	BriW&M	1.30	4
4	6	Allie ADAMS	S Wales	1.25	3

Pole Vault U15 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	4	Ellie DUNLEAVY	Llanelli	2.30	7
2	2	Imogen ALEXANDER	C Arch	2.00	6

Pole Vault U15 Girls B

Posn	Bib	Athlete	Club	Perf	EA

Shot U15 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Grace MORRIS	Gwent	7.53	3
2	2	Anna POPE	C Arch	7.51	3
3	11	Isla MCQUEEN	BriW&M	7.51	3
4	66	Poppy JONES	S Wales	6.78	2
5	7	Sarah SPALDING	Bath	6.31	1
6	4	Ocean STEVENSON	Llanelli	6.07	1
7	8	Lily EDWARDS	Green	5.02	
8	5	Ffion TAY	Neath	4.89	

Shot U15 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Elen BLACKMORE	C Arch	7.32	3
2	1	Alana COOPER	BriW&M	6.79	2
3	6	Ava SMITH	S Wales	6.66	2
4	44	Hollie EVANS	Llanelli	4.97	
5	55	Ayva WILLIAMS	Neath	4.47	
6					
7					
8					

LOWER MIDLAND South & West Division A RON JONES TRACK ABERDARE CF44 7RP
23/06/2024
Discus U15 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	3	Grace MORRIS	Gwent	24.48	6
2	7	Sarah SPALDING	Bath	18.89	3
3	2	Lucie RUTTLEY	C Arch	18.52	3
4	1	Alana COOPER	BriW&M	17.51	2
5	6	Ava SMITH	S Wales	12.65	
6	4	Ocean STEVENSON	Llanelli	11.80	
7					
8					

Discus U15 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1	33	Ffion WILLIAMS	Gwent	14.67	1
2	11	Lucy WILKINSON	BriW&M	10.75	
3					
4					
5					
6					
7					
8					

Hammer U15 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	6	Ava SMITH	S Wales	32.42	6
2	7	Sarah SPALDING	Bath	27.89	5
3	3	Grace MORRIS	Gwent	27.04	5
4	1	Isla MCQUEEN	BriW&M	18.75	2
5	8	Lily EDWARDS	Green	17.75	1
6					
7					
8					

Hammer U15 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1	66	Poppy JONES	S Wales	x	
2					
3					
4					
5					
6					
7					
8					

Javelin U15 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Tiana ODUGBESAN	C Arch	31.05	6
2	11	Jasmine COLLINS	BriW&M	21.28	2
3	6	Poppy JONES	S Wales	17.83	1
4	5	Ffion TAY	Neath	13.63	
5	33	Ruby HEARNE	Gwent	13.58	
6	8	Lily EDWARDS	Green	9.85	
7					
8					

Javelin U15 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Lucie RUTTLEY	C Arch	25.39	4
2	1	Alana COOPER	BriW&M	16.79	1
3	3	Ffion WILLIAMS	Gwent	12.89	
4	55	Ffion DAVIES	Neath	9.32	
5	88	Lucy TETLEY	Green	8.83	
6					
7					
8					

LOWER MIDLAND South & West Division A RON JONES TRACK ABERDARE CF44 7RP

23/06/2024

4 x 100m U15 Girls A

Posn	No.	Runners	Club	Perf
1	1	Georgie GOLDSWAIN, Jasmine COLLINS, Chizorom IMOH, Rhiannon ANAYA	BriW&M	54.4
2	7	Beth TURNER, Mia MCMULLAN, Sophie PHELPS, Victoria BARKER	Bath	55.6
3	2	Lucie RUTTLEY, Darcey LETMAN-HIGGINS, Eira HUGHES-LEWIS, Anna POPE	C Arch	56.3
4	4	Hollie EVANS, Ffion RYAN, Freya MCCARTHY, Violet NEAL	Llanelli	56.7
5	6	Alicia WEBB, Lois WORLOCK, Nia FRASER, Maja CHELMINIAK	S Wales	57.6
6	5	Ffion DAVIES, Ava THOMPSON, Ayva WILLIAMS, Harriet YOUNG, , ,	Neath	58.1
7	3	Lola BATES, Alisha STRONG, Ffion-jane ENOCH, Grace ADAM, , ,	Gwent	58.8
8				

4 x 300m U15 Girls A

Posn	No.	Runners	Club	Perf
1	3	Ruby HEARNE, Lola BATES, Poppy HOWELLS, Eleanor WRIGHT-NICHOLAS	Gwent	03:08.6
2	2	Evie MCCONNON, Izzy LAWLEY, Tiana ODUGBESAN, Elen BLACKMORE	C Arch	03:13.8
3	1	Eve WARD, Jasmine JOHNSTONE, Millie POPE, Tilly COOMBER	BriW&M	03:14.7
4	6	Amelia GARVEY, Isla GARVEY, Allie ADAMS, Lacey-jo HARRIS	S Wales	03:17.8
5	4	Pauline DE VERA, Hollie EVANS, Ffion RYAN, Ocean STEVENSON	Llanelli	03:18.7
6				
7				
8				

LOWER MIDLAND South & West Division A RON JONES TRACK ABERDARE CF44 7RP
23/06/2024
75m U13 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	2	Dylan HOLMES	C Arch	09.9	9
2	4	Jacob RICHARDS	Llanelli	10.4	7
3	5	Joshua NEWMAN	Neath	10.9	5
4	3	Reuben COBURN	Gwent	11.2	4
5	6	Elis LLEWELLYN	S Wales	11.2	4
6	88	Henry anthony POPE	Green	11.8	3
7	7	Charlie MEAD	Bath	12.2	2
8					

75m U13 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	22	Isaac DAVIES	C Arch	11.0	5
2	33	Lachlan JENKINS	Gwent	11.2	4
3	66	Joseph MCDOWELL	S Wales	12.3	2
4	77	Ernest HARRIS	Bath	12.7	
5	55	Milo LOCKYER	Neath	13.2	
6					
7					
8					

75m NS U13 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	6	Harri WILLIAMS	S Wales	10.8	5
2	22	Hedd CULLINANE	C Arch	11.0	5
3	7	Luca MCMULLAN	Bath	11.9	3
4					
5					
6					
7					
8					

75m NS U13 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	66	Arthur FOSBURY	S Wales	11.6	3
2	2	Toby PARRY	C Arch	11.8	3
3					
4					
5					
6					
7					
8					

150m U13 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	4	Jacob RICHARDS	Llanelli	21.2	6
2	1	Oskar LOVELL	BriW&M	21.5	5
3	2	Rowan TAYLOR	C Arch	22.1	4
4	8	Thomas EXTON	Green	22.1	4
5	5	Joshua NEWMAN	Neath	22.2	4
6	3	Reuben COBURN	Gwent	23.1	2
7	6	Jack KELLAND	S Wales	24.3	
8	7	Luca MCMULLAN	Bath	24.6	

150m U13 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	11	Taylor SWEET	BriW&M	21.5	5
2	22	Toby PARRY	C Arch	23.4	2
3	33	Lachlan JENKINS	Gwent	24.0	
4	66	Joseph MCDOWELL	S Wales	24.2	
5	88	Joseph DAVIES	Green	25.8	
6					
7					
8					

800m U13 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	2	Isaac DAVIES	C Arch	02:26.1	6
2	6	Lewis DURSTON	S Wales	02:30.5	5
3	8	Henry anthony POPE	Green	02:35.4	4
4	5	Ioan DAVIES	Neath	02:44.5	3
5	3	Conor PARNELL	Gwent	02:51.3	
6	1	Mohammed-deeq IBRAHIM	BriW&M	03:05.0	
7	7	Ernest HARRIS	Bath	03:10.4	
8					

800m U13 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	22	Llewellyn MORGAN	C Arch	02:35.6	4
2	33	Alfie MILLS	Gwent	02:38.7	4
3	66	Tomi BURROWS	S Wales	03:13.1	
4					
5					
6					
7					
8					

LOWER MIDLAND South & West Division A RON JONES TRACK ABERDARE CF44 7RP
23/06/2024
800m NS U13 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	2	Morgan MILES	C Arch	03:07.2	
2	6	Gethin PARKER	S Wales	03:17.2	
3					
4					
5					
6					
7					
8					

800m NS U13 Boys B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

1200m U13 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	5	Jack WOODHOUSE	Neath	03:52.8	8
2	1	Charlie BARNES	BriW&M	04:01.1	7
3	2	Tom COUCH	C Arch	04:11.0	5
4	8	Thomas EXTON	Green	04:24.0	4
5	66	Edgar AP HYWEL	S Wales	04:28.8	4
6					
7					
8					

1200m U13 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	11	Elliott COLCLOUGH	BriW&M	04:10.2	5
2	6	James PRESTON	S Wales	04:29.9	4
3	88	Henry LAMBSWOOD	Green	04:33.0	3
4	55	Milo LOCKYER	Neath	05:28.5	
5					
6					
7					
8					

75m Hurdles U13 Boys A

Posn	No.	Athlete	Club	Perf	EA
1	22	Rowan TAYLOR	C Arch	14.1	5
2	6	Adam MOHAMED	S Wales	15.4	3
3	7	Ernest HARRIS	Bath	17.3	
4					
5					
6					
7					
8					

75m Hurdles U13 Boys B

Posn	No.	Athlete	Club	Perf	EA
1	2	Xavier WILBY-DAVIES	C Arch	14.6	4
2	66	Arthur FOSBURY	S Wales	16.8	
3					
4					
5					
6					
7					
8					

Long Jump U13 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Dylan HOLMES	C Arch	4.20 0	5
2	4	Jacob RICHARDS	Llanelli	4.15 0	5
3	1	Taylor SWEET	BriW&M	4.05 -0.2	5
4	7	Charlie MEAD	Bath	3.88 0	4
5	6	James PRESTON	S Wales	3.69 0.8	3
6	8	Leo HODGKINSON	Green	3.42 0	2
7	33	Alfie MILLS	Gwent	3.19 0	1
8	55	Milo LOCKYER	Neath	2.76 0	

Long Jump U13 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Xavier WILBY-DAVIES	C Arch	4.03 0.3	5
2	66	Arthur FOSBURY	S Wales	3.54 0	3
3	77	Luca MCMULLAN	Bath	2.93 0	
4	3	Conor PARNELL	Gwent	2.87 0	
5	5	Joshua NEWMAN	Neath	2.45 0.1	
6					
7					
8					

LOWER MIDLAND South & West Division A RON JONES TRACK ABERDARE CF44 7RP
23/06/2024
High Jump U13 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Taylor SWEET	BriW&M	1.47	8
2	7	Josiah OYELUMADE	Bath	1.42	7
3=	2	Rowan TAYLOR	C Arch	1.25	4
3=	66	Adam MOHAMED	S Wales	1.25	4
5	8	Joseph DAVIES	Green	1.05	

High Jump U13 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Xavier WILBY-DAVIES	C Arch	1.20	3

Shot U13 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	1	Oskar LOVELL	BriW&M	6.93	2
2	6	Jack KELLAND	S Wales	6.33	1
3	2	Dylan HOLMES	C Arch	6.20	1
4	33	Alfie MILLS	Gwent	4.10	
5	8	Thomas EXTON	Green	4.03	
6	5	Ioan DAVIES	Neath	3.40	
7					
8					

Shot U13 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1	66	Xavier MACKIE	S Wales	5.53	
2	22	Llewellyn MORGAN	C Arch	5.51	
3	11	Sam WILKINSON	BriW&M	5.22	
4	3	Conor PARNELL	Gwent	3.87	
5					
6					
7					
8					

Javelin U13 Boys A

Posn	Bib	Athlete	Club	Perf	EA
1	11	Sam WILKINSON	BriW&M	25.03	5
2	2	Llewellyn MORGAN	C Arch	18.88	3
3	66	Charlie-arthur EDWARDS	S Wales	18.22	3
4	7	Charlie MEAD	Bath	15.55	2
5	5	Ioan DAVIES	Neath	12.43	1
6	3	Reuben COBURN	Gwent	12.34	1
7	88	Leo HODGKINSON	Green	12.00	1
8					

Javelin U13 Boys B

Posn	Bib	Athlete	Club	Perf	EA
1	1	Oskar LOVELL	BriW&M	24.11	5
2	22	Isaac DAVIES	C Arch	17.42	3
3	6	Jack KELLAND	S Wales	17.23	3
4	33	Lachlan JENKINS	Gwent	10.18	
5					
6					
7					
8					

4 x 100m U13 Boys A

Posn	No.	Runners	Club	Perf
1	2	Dylan HOLMES, Isaac DAVIES, Rowan TAYLOR, Xavier WILBY-DAVIES	C Arch	56.5
2	6	Elis LLEWELLYN, Jack KELLAND, Joseph MCDOWELL, Harri WILLIAMS	S Wales	61.5
3	1	Elliott COLCLOUGH, Charlie BARNES, Sam WILKINSON, Oskar LOVELL	BriW&M	61.8
4	8	Leo HODGKINSON, Henry anthony POPE, Joseph DAVIES, Thomas EXTON	Green	62.0
5	3	Reuben COBURN, Lachlan JENKINS, Alfie MILLS, Conor PARNELL, , ,	Gwent	62.6
6	5	Milo LOCKYER, Joshua NEWMAN, Ioan DAVIES, Jack WOODHOUSE, , ,	Neath	64.1
7				
8				

LOWER MIDLAND South & West Division A RON JONES TRACK ABERDARE CF44 7RP
23/06/2024
75m U13 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	1	Cora LAMBOURNE	BriW&M	10.6	8
2	8	Iris elizabeth LLOYD	Green	10.7	8
3	7	Alexandra CLOWES	Bath	10.9	7
4	6	Poppy GRIFFIN-GRAY	S Wales	11.3	5
5	5	Grace BREACH	Neath	11.4	5
6	3	Lola JONES	Gwent	11.5	5
7	2	Celyn JONES	C Arch	11.6	5
8	4	Gwen JOHANSEN	Llanelli	11.7	4

75m U13 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	77	Martha SMITH	Bath	10.8	7
2	11	Izzy DI BARTOLO	BriW&M	11.1	6
3	22	Nancy DAVIES	C Arch	11.1	6
4	88	Lydia dora WILSON	Green	11.1	6
5	66	Bella BRUFORD	S Wales	11.4	5
6	33	Ava ROWLANDS	Gwent	11.6	5
7	55	Lucy OWEN	Neath	11.7	4
8	44	Emily BEVAN	Llanelli	13.6	

75m NS U13 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	11	Zuzanna SMIALEK	BriW&M	11.5	5
2	2	Nia SUNIL	C Arch	11.7	4
3	66	Lola COOKSEY	S Wales	11.8	4
4	3	Matilda MAGOR	Gwent	12.0	4
5					
6					
7					
8					

75m NS U13 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	1	Isabelle SPENCER	BriW&M	11.6	5
2	22	Awen HUGHES-LEWIS	C Arch	12.5	2
3	6	Meadow MORRIS	S Wales	12.8	2
4	33	Amelia-lily JOHN	Gwent	13.0	1
5					
6					
7					
8					

150m U13 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	2	Olympia MURRAY	C Arch	20.9	9
2	1	Cora LAMBOURNE	BriW&M	21.1	8
3	8	Iris elizabeth LLOYD	Green	21.4	8
4	6	Poppy GRIFFIN-GRAY	S Wales	22.0	6
5	3	Lola JONES	Gwent	22.3	6
6	7	Alexandra CLOWES	Bath	23.0	5
7	5	Ellie JOSEPH	Neath	23.5	4
8	4	Ethni LAWLOR	Llanelli	25.7	

150m U13 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	11	Beatrix REVELER	BriW&M	21.9	7
2	22	Nancy DAVIES	C Arch	22.2	6
3	88	Lydia dora WILSON	Green	22.7	5
4	66	Harper MYATT	S Wales	23.5	4
5	33	Matilda MAGOR	Gwent	24.1	3
6	55	Lucy OWEN	Neath	24.4	2
7					
8					

800m U13 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	6	Sophia GROVES	S Wales	02:35.6	7
2	8	Lydia dora WILSON	Green	02:45.9	5
3	2	Madeleine NUNN	C Arch	02:49.1	5
4	5	Grace BREACH	Neath	02:50.4	4
5	1	Izzy DI BARTOLO	BriW&M	02:51.8	4
6	3	Rachael HARRIES-JONES	Gwent	02:53.6	4
7	4	Gwen JOHANSEN	Llanelli	03:10.1	
8					

800m U13 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	66	Isla CARSON	S Wales	02:42.2	6
2	22	Nia SUNIL	C Arch	02:52.1	4
3	55	Ellie JOSEPH	Neath	02:52.7	4
4	33	Summer RAMSHAW	Gwent	03:00.3	2
5	11	Hong ching WONG	BriW&M	03:06.9	2
6	88	Rebecca DAVIES	Green	03:25.8	
7					
8					

LOWER MIDLAND South & West Division A RON JONES TRACK ABERDARE CF44 7RP
23/06/2024
800m NS U13 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	6	Isabelle KELLAND	S Wales	02:52.3	4
2	1	Loretta CHOWDHURY BARRA	BriW&M	03:25.1	
3					
4					
5					
6					
7					
8					

800m NS U13 Girls B

Posn	No.	Athlete	Club	Perf	EA
1					
2					
3					
4					
5					
6					
7					
8					

1200m U13 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	1	Beatrix REVELER	BriW&M	04:04.1	8
2	7	Jasmin FRY	Bath	04:10.4	7
3	66	Betty LANCASTER	S Wales	04:20.6	5
4	8	Saffi REID	Green	04:22.0	5
5	2	Celyn JONES	C Arch	05:03.1	
6					
7					
8					

1200m U13 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	6	Elsi AP HYWEL	S Wales	04:45.8	3
2	11	Zuzanna SMIALEK	BriW&M	04:52.4	2
3					
4					
5					
6					
7					
8					

70m Hurdles U13 Girls A

Posn	No.	Athlete	Club	Perf	EA
1	2	Aisha SANO	C Arch	13.0	4
2	1	Cora LAMBOURNE	BriW&M	13.0	4
3	5	Isabelle HARRIS	Neath	14.5	
4	3	Tabitha FOMBA	Gwent	15.3	
5	8	Saffi REID	Green	16.5	
6					
7					
8					

70m Hurdles U13 Girls B

Posn	No.	Athlete	Club	Perf	EA
1	33	Rosie BALD	Gwent	13.1	4
2	11	Loretta CHOWDHURY BARRA	BriW&M	16.0	
3	88	Freya DAVIES	Green	16.5	
4	22	Awen HUGHES-LEWIS	C Arch	16.8	
5					
6					
7					
8					

Long Jump U13 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Olympia MURRAY	C Arch	4.14 0	7
2	6	Gwen TRIVETT	S Wales	3.92 0	6
3	5	Isabelle HARRIS	Neath	3.80 1.4	6
4	33	Matilda MAGOR	Gwent	3.61 1.7	5
5	11	Charlotte SPENCER	BriW&M	3.54 0	5
6	7	Martha SMITH	Bath	3.53 0	5
7	88	Iris elizabeth LLOYD	Green	3.45 0.6	4
8	4	Ethni LAWLOR	Llanelli	2.31 0	

Long Jump U13 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1	22	Nancy DAVIES	C Arch	3.30 0	4
2	3	Ava ROWLANDS	Gwent	3.28 0.3	4
3	66	Lola COOKSEY	S Wales	3.17 0.6	3
4	55	Lucy OWEN	Neath	3.11 0	3
5	8	Saffi REID	Green	3.03 0.2	3
6	1	Scarlett SMITH	BriW&M	x	
7					
8					

LOWER MIDLAND South & West Division A RON JONES TRACK ABERDARE CF44 7RP
23/06/2024
High Jump U13 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	11	Beatrix REVELER	BriW&M	1.42	9
2	8	Freya DAVIES	Green	1.25	6
3	22	Olympia MURRAY	C Arch	1.25	6
4	3	Tabitha FOMBA	Gwent	1.25	6
5	7	Jasmin FRY	Bath	1.20	5

High Jump U13 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1	1	Scarlett SMITH	BriW&M	1.33	7
2	2	Celyn JONES	C Arch	1.25	6

Shot U13 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	33	Rosie BALD	Gwent	7.07	5
2	66	Sophie WEBB	S Wales	6.74	4
3	8	Freya DAVIES	Green	6.39	3
4	7	Alexandra CLOWES	Bath	6.30	3
5	1	Isabelle SPENCER	BriW&M	6.21	3
6	22	Aisha SANO	C Arch	5.23	1
7	55	Ellie JOSEPH	Neath	4.53	
8	44	Emily BEVAN	Llanelli	4.25	

Shot U13 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1	6	Ruby PLEDGE-RICHARDSON	S Wales	6.40	3
2	3	Rachael HARRIES-JONES	Gwent	5.66	2
3	88	Rebecca DAVIES	Green	5.15	1
4	11	Charlotte SPENCER	BriW&M	4.79	
5	2	Awen HUGHES-LEWIS	C Arch	4.69	
6	4	Ethni LAWLOR	Llanelli	4.21	
7	5	Grace BREACH	Neath	3.74	
8					

Javelin U13 Girls A

Posn	Bib	Athlete	Club	Perf	EA
1	2	Ruby AHERNE	C Arch	17.92	4
2	11	Isabelle SPENCER	BriW&M	17.81	4
3	8	Rebecca DAVIES	Green	17.64	4
4	3	Rachael HARRIES-JONES	Gwent	16.73	4
5	5	Isabelle HARRIS	Neath	16.40	3
6	4	Gwen JOHANSEN	Llanelli	11.75	2
7	6	Sophie WEBB	S Wales	10.10	1
8					

Javelin U13 Girls B

Posn	Bib	Athlete	Club	Perf	EA
1	1	Charlotte SPENCER	BriW&M	17.19	4
2	33	Tabitha FOMBA	Gwent	14.38	3
3	44	Emily BEVAN	Llanelli	7.82	
4	66	Amelia MOSES	S Wales	6.26	
5					
6					
7					
8					

4 x 100m U13 Girls A

Posn	No.	Runners	Club	Perf
1	1	Izzy DI BARTOLO, Scarlett SMITH, Beatrix REVELER, Cora LAMBOURNE	BriW&M	57.5
2	2	Olympia MURRAY, Aisha SANO, Nancy DAVIES, Madeleine NUNN	C Arch	59.3
3	6	Gwen TRIVETT, Bella BRUFORD, Poppy GRIFFIN-GRAY, Lola COOKSEY	S Wales	60.9
4	3	Rachael HARRIES-JONES, Tabitha FOMBA, Lola JONES, Ava ROWLANDS	Gwent	61.1
5	8	Freya DAVIES, Lydia dora WILSON, Iris elizabeth LLOYD, Saffi REID, , ,	Green	61.8
6	5	Ellie JOSEPH, Isabelle HARRIS, Lucy OWEN, Grace BREACH, , ,	Neath	62.6
7				
8				