

LEVEL	LOWER	Track Events Start in Lane
REGION	NORTH	
DIVISION	West 3S	
MATCH	1	
P/FINISH	YES	1

Date Sunday, May 08 2022

Venue TREBORTH ATHLETICS TRACK

Host Club Menai Track & Field

Bib	Team Name	Abbrev.	Officials	Track1	Track2	Relays	Field	Total
1	Altrincham & District AC	Alt		53.0	11.0	6.0	27.0	97.0
2	Colwyn Bay AC	Colwyn		95.0	10.0	14.0	120.4	239.4
3	Menai Track & Field	Menai		193.0	45.0	42.0	173.0	453.0
4	St. Helens Sutton AC	SHS		129.0	29.0	25.0	135.0	318.0
5	Wrexham AAC	Wrex		22.0	6.0		27.0	55.0
-								
-								
-								

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total Pts	Total L	Standings
1	Menai Track & Field	453.0	5.0			453.0	5.0	1
2	St. Helens Sutton AC	318.0	4.0			318.0	4.0	2
3	Colwyn Bay AC	239.4	3.0			239.4	3.0	3
4	Altrincham & District AC	97.0	2.0			97.0	2.0	4
5	Wrexham AAC	55.0	1.0			55.0	1.0	5

TOTAL EVENTS	58
NO COMPETITORS/EVENT CANCELLED/NMR	9
EVENT SCORED	41
REMAINING	<u>8</u>

LOWER NORTH West 3S TREBORTH ATHLETICS TRACK
08/05/2022
100m U15 Boys A

Posn	No.	Athlete	Club	Perf	AAA
			Wind	-1.0	
1	3	Gethin GRIFFITH	Menai	11.90	2
2	4	Ethan VINE	SHS	12.50	4
3					
4					
5					
6					
7					
8					

100m U15 Boys B

Posn	No.	Athlete	Club	Perf	AAA
			Wind	+0.3	
1	33	Daniel STEPHEN	Menai	13.00	
2					
3					
4					
5					
6					
7					
8					

100m NS U15 Boys A

Posn	No.	Athlete	Club	Perf	AAA
			Wind		
1	M338			13.80	
2	M331			16.00	
3					
4					
5					
6					
7					
8					

100m NS U15 Boys B

Posn	No.	Athlete	Club	Perf	AAA
			Wind		
1					
2					
3					
4					
5					
6					
7					
8					

200m U15 Boys A

Posn	No.	Athlete	Club	Perf	AAA
			Wind		
1	3	Gethin GRIFFITH	Menai	24.00	1
2	4	Ethan VINE	SHS	25.60	4
3					
4					
5					
6					
7					
8					

200m U15 Boys B

Posn	No.	Athlete	Club	Perf	AAA
			Wind		
1	33	Tommaso D'AVOSSA	Menai	27.50	
2	44	Charlie GRIFFITHS	SHS	30.60	
3					
4					
5					
6					
7					
8					

300m U15 Boys A

Posn	No.	Athlete	Club	Perf	AAA
1	3	Gethin GRIFFITH	Menai	38.60	1
2	4	Liam JOHNSON	SHS	40.50	3
3	2	Oliver HOWSON	Colwyn	41.10	4
4					
5					
6					
7					
8					

300m U15 Boys B

Posn	No.	Athlete	Club	Perf	AAA
			Club	Perf	AAA
1	33	Jake ROWLANDS	Menai	41.00	4
2	44	Luke WILSON	SHS	50.40	
3					
4					
5					
6					
7					
8					

LOWER NORTH West 3S TREBORTH ATHLETICS TRACK
08/05/2022
800m U15 Boys A

Posn	No.	Athlete	Club	Perf	AAA
1	4	Liam JOHNSON	SHS	02:20.00	
2	3	Tommaso D'AVOSSA	Menai	02:28.30	
3					
4					
5					
6					
7					
8					

800m U15 Boys B

Posn	No.	Athlete	Club	Perf	AAA
1	33	Jake ROWLANDS	Menai	02:21.80	
2	44	Luke WILSON	SHS	02:44.70	
3					
4					
5					
6					
7					
8					

800m NS U15 Boys A

Posn	No.	Athlete	Club	Perf	AAA
1	m331			02:55.40	
2					
3					
4					
5					
6					
7					
8					

800m NS U15 Boys B

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

1500m U15 Boys A

Posn	No.	Athlete	Club	Perf	AAA
1	3	Miguel JENKINS	Menai	04:31.70	3
2	2	Alfie SHILAND	Colwyn	04:38.20	4
3	4	Will VOSE	SHS	04:58.50	
4					
5					
6					
7					
8					

1500m U15 Boys B

Posn	No.	Athlete	Club	Perf	AAA
1	33	Ben SERGEANT	Menai	04:44.30	4
2	44	Charlie GRIFFITHS	SHS	05:20.30	
3					
4					
5					
6					
7					
8					

80m Hurdles U15 Boys A

Posn	No.	Athlete	Club	Perf	AAA
1	1		Alt		
2	2		Colwyn		
3	3	Huw WILLIAMS	Menai	13.00	4
4	4		SHS		
5	5		Wrex		
6	6				
7	7				
8	8				

80m Hurdles U15 Boys B

Posn	No.	Athlete	Club	Perf	AAA
1	33	Daniel STEPHEN	Menai	14.50	
2					
3					
4					
5					
6					
7					
8					

LOWER NORTH West 3S TREBORTH ATHLETICS TRACK
08/05/2022
Long Jump U15 Boys A

Posn	Bib	Athlete	Club	Perf	AAA
1	2	Oliver HOWSON	Colwyn	4.24	
2	33	Tommaso D'AVOSSA	Menai	4.19	
3	4	Liam JOHNSON	SHS	4.10	
4	55		Wrex	X	
5	11		Alt	X	
6					
7					
8					

Long Jump U15 Boys B

Posn	Bib	Athlete	Club	Perf	AAA
1	3	Morgan JONES	Menai	3.84	
2	44	Ethan VINE	SHS	3.76	
3	22		Colwyn	X	
4	5		Wrex	X	
5	1		Alt	X	
6					
7					
8					

High Jump U15 Boys A

Posn	Bib	Athlete	Club	Perf	AAA
1	3	Huw WILLIAMS	Menai	1.55	4
2	2	Oliver HOWSON	Colwyn	1.35	

High Jump U15 Boys B

Posn	Bib	Athlete	Club	Perf	AAA
1	33	Jake ROWLANDS	Menai	1.45	
2	22	Morgan FLAVELL	Colwyn	1.35	

Pole Vault U15 Boys A

Posn	Bib	Athlete	Club	Perf	AAA
1=====	99		Event X		

Pole Vault U15 Boys B

Posn	Bib	Athlete	Club	Perf	AAA
1=====	22		Colwyn	99.00	1

Shot U15 Boys A

Posn	Bib	Athlete	Club	Perf	AAA
1	33	Miguel JENKINS	Menai	6.69	
2	44	Will VOSE	SHS	5.44	
3	2	Alfie SHILAND	Colwyn	4.04	
4					
5					
6					
7					
8					

Shot U15 Boys B

Posn	Bib	Athlete	Club	Perf	AAA
1	3	Ben SERGEANT	Menai	6.00	
2	4	Charlie GRIFFITHS	SHS	4.46	
3					
4					
5					
6					
7					
8					

LOWER NORTH West 3S TREBORTH ATHLETICS TRACK
08/05/2022
Discus U15 Boys A

Posn	Bib	Athlete	Club	Perf	AAA
1	3	Jake ROWLANDS	Menai	18.05	
2	4	Will VOSE	SHS	12.67	
3					
4					
5					
6					
7					
8					

Discus U15 Boys B

Posn	Bib	Athlete	Club	Perf	AAA
1	33	Owi WILLIAMS	Menai	11.96	
2					
3					
4					
5					
6					
7					
8					

Hammer U15 Boys A

Posn	Bib	Athlete	Club	Perf	AAA
1	98		No Compet		
2					
3					
4					
5					
6					
7					
8					

Hammer U15 Boys B

Posn	Bib	Athlete	Club	Perf	AAA
1	44		SHS	98.00	1
2					
3					
4					
5					
6					
7					
8					

Javelin U15 Boys A

Posn	Bib	Athlete	Club	Perf	AAA
1	3	Ben SERGEANT	Menai	15.97	
2	2	Alfie SHILAND	Colwyn	10.49	
3	4	Luke WILSON	SHS	9.94	
4					
5					
6					
7					
8					

Javelin U15 Boys B

Posn	Bib	Athlete	Club	Perf	AAA
1	33	Miguel JENKINS	Menai	9.13	
2					
3					
4					
5					
6					
7					
8					

LOWER NORTH West 3S TREBORTH ATHLETICS TRACK

08/05/2022

4 x 100m U15 Boys A

Posn	No.	Runners	Club	Perf
1	3	Huw WILLIAMS, Morgan JONES, Daniel STEPHEN, Tommaso D'AVOSSA	Menai	61.20
2	98		No Compet	
3	98		No Compet	
4	98		No Compet	
5	98		No Compet	
6				
7				
8				

4 x 300m U15 Boys A

Posn	No.	Runners	Club	Perf
1	3	Gethin GRIFFITH, Daniel STEPHEN, Miguel JENKINS, Huw WILLIAMS	Menai	02:56.50
2	4	Liam JOHNSON, Charlie GRIFFITHS, Ethan VINE, Luke WILSON	SHS	03:06.80
3	98		No Compet	
4	98		No Compet	
5	98		No Compet	
6				
7				
8				

LOWER NORTH West 3S TREBORTH ATHLETICS TRACK
08/05/2022
100m U15 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1	2	Eva SPENCER	Colwyn	13.20	3
2	1	Emily BUSHNELL	Alt	13.40	4
3	4	Heather GRANT	SHS	13.50	4
4	3	Mabli WILLIAMS	Menai	14.50	
5					
6					
7					
8					

100m U15 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1	11	Cerys SMITH	Alt	13.60	
2	44	Molly MULACHY	SHS	13.60	
3	33	Holly ROWLANDS	Menai	13.70	
4	22	Freya MARSHALL	Colwyn	13.90	
5					
6					
7					
8					

100m NS U15 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1	172			13.90	
2	M370			13.90	
3	M371			14.00	
4	M334			14.10	
5	M335			15.30	
6					
7					
8					

100m NS U15 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

200m U15 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1	2	Cara LLWYD ROBERTS	Colwyn	27.40	4
2	1	Cerys SMITH	Alt	28.10	
3	4	Molly MULACHY	SHS	28.30	
4	3	Martha WILLIAMS	Menai	29.40	
5					
6					
7					
8					

200m U15 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1	22	Eva SPENCER	Colwyn	27.70	4
2	11	Hannah STANSFIELD	Alt	29.50	
3	44	Heidi BROWNBILL	SHS	29.80	
4	33	Faith THICKETT	Menai	30.30	
5					
6					
7					
8					

300m U15 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1	5	Lucy JONES	Wrex	44.00	3
2	2	Cara LLWYD ROBERTS	Colwyn	44.90	4
3	1	Emily BUSHNELL	Alt	45.00	4
4	4	Heidi BROWNBILL	SHS	45.10	4
5	3	Bethan BILLINGTON	Menai	49.80	
6					
7					
8					

300m U15 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1	44	Harriet GEORGE	SHS	44.30	3
2	22	Freya MARSHALL	Colwyn	45.70	4
3	33	Medi gray WILLIAMS	Menai	51.90	
4					
5					
6					
7					
8					

LOWER NORTH West 3S TREBORTH ATHLETICS TRACK
08/05/2022
800m U15 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1	5	Ella DAVIS	Wrex	02:21.40	2
2	4	Heather GRANT	SHS	02:36.20	
3	3	Martha WILLIAMS	Menai	02:43.80	
4	1	Anna TAYLOR	Alt	02:46.20	
5					
6					
7					
8					

800m U15 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1	44	Daisy MAY	SHS	02:57.50	
2	33	Lucy ROBERTS	Menai	03:06.20	
3					
4					
5					
6					
7					
8					

800m NS U15 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1	M372			02:38.90	
2	M333			02:50.20	
3	M371			02:54.20	
4	M328			03:04.50	
5					
6					
7					
8					

800m NS U15 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

1500m U15 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1	3	Pola GOLASKI	Menai	05:33.80	
2	4	Lily BIRKETT	SHS	05:38.70	
3	1	Anna TAYLOR	Alt	05:42.40	
4					
5					
6					
7					
8					

1500m U15 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1	44	Nicole ANDERS	SHS	05:43.70	
2	33	Rose TOWNSEND	Menai	06:21.80	
3					
4					
5					
6					
7					
8					

75m Hurdles U15 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1	1		Alt		
2	2		Colwyn		
3	3	Nest OWEN	Menai	17.30	
4	4		SHS		
5	5		Wrex		
6	6				
7	7				
8	8				

75m Hurdles U15 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1	33	Hawys OWEN	Menai	17.60	
2					
3					
4					
5					
6					
7					
8					

LOWER NORTH West 3S TREBORTH ATHLETICS TRACK
08/05/2022
Long Jump U15 Girls A

Posn	Bib	Athlete	Club	Perf	AAA
1	5	Lucy JONES	Wrex	4.53	4
2	22	Cara LLWYD ROBERTS	Colwyn	3.95	
3	44	Gracie HAYES	SHS	3.76	
4	3	Medi gray WILLIAMS	Menai	3.70	
5					
6					
7					
8					

Long Jump U15 Girls B

Posn	Bib	Athlete	Club	Perf	AAA
1	4	Molly MULACHY	SHS	3.65	
2	2	Lydia HUGHES	Colwyn	3.46	
3	33	Erin JACOBS	Menai	3.08	
4					
5					
6					
7					
8					

High Jump U15 Girls A

Posn	Bib	Athlete	Club	Perf	AAA
1=	4	Gracie HAYES	SHS	1.25	
3	1	Emily BUSHNELL	Alt	1.25	
4	2	Eva SPENCER	Colwyn	1.15	

High Jump U15 Girls B

Posn	Bib	Athlete	Club	Perf	AAA
1	33	Hawys OWEN	Menai	X	

Pole Vault U15 Girls A

Posn	Bib	Athlete	Club	Perf	AAA
1====	99		Event X		

Pole Vault U15 Girls B

Posn	Bib	Athlete	Club	Perf	AAA
1====	22		Colwyn	99.00	1

Shot U15 Girls A

Posn	Bib	Athlete	Club	Perf	AAA
1	1	Hannah STANSFIELD	Alt	6.93	
2	3	Medi gray WILLIAMS	Menai	6.74	
3	44	Daisy MAY	SHS	5.83	
4	2	Freya MARSHALL	Colwyn	5.77	
5	55		Wrex	X	
6					
7					
8					

Shot U15 Girls B

Posn	Bib	Athlete	Club	Perf	AAA
1	4	Heather GRANT	SHS	4.20	
2	33	Lucy ROBERTS	Menai	4.04	
3	22	Lydia HUGHES	Colwyn	3.55	
4	11		Alt	X	
5	5		Wrex	X	
6					
7					
8					

LOWER NORTH West 3S TREBORTH ATHLETICS TRACK
08/05/2022
Discus U15 Girls A

Posn	Bib	Athlete	Club	Perf	AAA
1	3	Pola GOLASKI	Menai	11.85	
2	44	Lily BIRKETT	SHS	7.50	
3					
4					
5					
6					
7					
8					

Discus U15 Girls B

Posn	Bib	Athlete	Club	Perf	AAA
1	33	Hannah JONES	Menai	10.96	
2	4	Nicole ANDERS	SHS	5.23	
3					
4					
5					
6					
7					
8					

Hammer U15 Girls A

Posn	Bib	Athlete	Club	Perf	AAA
1	98		No Compet		
2					
3					
4					
5					
6					
7					
8					

Hammer U15 Girls B

Posn	Bib	Athlete	Club	Perf	AAA
1	44		SHS	98.00	1
2					
3					
4					
5					
6					
7					
8					

Javelin U15 Girls A

Posn	Bib	Athlete	Club	Perf	AAA
1	33	Bethan BILLINGTON	Menai	16.20	
2	1		Alt	X	
3	5		Wrex	X	
4	2	Evie MARRIOTT	Colwyn	X	
5	4	Gracie HAYES	SHS	X	
6					
7					
8					

Javelin U15 Girls B

Posn	Bib	Athlete	Club	Perf	AAA
1	3	Hawys OWEN	Menai	10.35	
2					
3					
4					
5					
6					
7					
8					

LOWER NORTH West 3S TREBORTH ATHLETICS TRACK
08/05/2022
4 x 100m U15 Girls A

Posn	No.	Runners	Club	Perf
1	2	Freya MARSHALL, Cara LLWYD ROBERTS, Lydia HUGHES, Eva SPENCER	Colwyn	54.50
2	1	Emily BUSHNELL, Famara MUBANGA, Hannah STANSFIELD, Cerys SMITH	Alt	55.20
3	4	Molly MULACHY, Harriet GEORGE, Gracie HAYES, Heather GRANT	SHS	56.00
4	3	Leila WILLIAMS, Mabli WILLIAMS, Hannah JONES, Holly ROWLANDS	Menai	58.20
5	98		No Compet	
6				
7				
8				

4 x 300m U15 Girls A

Posn	No.	Runners	Club	Perf
1	3	Faith THICKETT, Nest OWEN, Martha WILLIAMS, Mia WILLIAMS	Menai	03:22.00
2	4	Heidi BROWNBILL, Isabelle GEORGE, Nicole ANDERS, Lily BIRKETT	SHS	03:26.20
3	98		No Compet	
4	98		No Compet	
5	98		No Compet	
6				
7				
8				

LOWER NORTH West 3S TREBORTH ATHLETICS TRACK
08/05/2022
75m U13 Boys A

Posn	No.	Athlete	Club	Perf	AAA
1	3	Eneas PARRY-FINK	Menai	10.60	4
2	1	Alexander EDWARDS	Alt	10.60	4
3	2	Iwan FLAVELL	Colwyn	10.90	4
4					
5					
6					
7					
8					

Wind

75m U13 Boys B

Posn	No.	Athlete	Club	Perf	AAA
1	33	Cai ROBERTS	Menai	11.20	
2	22	Finley SHILAND	Colwyn	11.70	
3	11	Jamie WARRINGTON	Alt	11.90	
4					
5					
6					
7					
8					

Wind

75m NS U13 Boys A

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

Wind

75m NS U13 Boys B

Posn	No.	Athlete	Club	Perf	AAA
1	174			12.60	1
2	M332			12.90	1
3	M337			13.00	1
4	173			13.00	1
5					
6					
7					
8					

Wind

150m U13 Boys A

Posn	No.	Athlete	Club	Perf	AAA
1	3	Eneas PARRY-FINK	Menai	21.40	4
2	2	Iwan FLAVELL	Colwyn	22.30	
3	4	Bobby BIRKETT	SHS	23.20	
4					
5					
6					
7					
8					

Wind

150m U13 Boys B

Posn	No.	Athlete	Club	Perf	AAA
1	33	Cai ROBERTS	Menai	22.40	
2					
3					
4					
5					
6					
7					
8					

Wind

800m U13 Boys A

Posn	No.	Athlete	Club	Perf	AAA
1	4	Dylan ROBERTS	SHS	02:33.90	4
2	2	Finley SHILAND	Colwyn	02:41.30	
3	3	Eneas PARRY-FINK	Menai	02:43.70	
4					
5					
6					
7					
8					

Wind

800m U13 Boys B

Posn	No.	Athlete	Club	Perf	AAA
1	44	Sam CALLAGHAN	SHS	02:39.50	
2	33	Tomos GRIFFITHS	Menai	02:42.90	
3	11		Alt	02:44.90	
4					
5					
6					
7					
8					

Wind

LOWER NORTH West 3S TREBORTH ATHLETICS TRACK
08/05/2022
800m NS U13 Boys A

Posn	No.	Athlete	Club	Perf	AAA
1	m336			02:45.40	
2	m330			02:51.50	
3					
4					
5					
6					
7					
8					

800m NS U13 Boys B

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

1200m U13 Boys A

Posn	No.	Athlete	Club	Perf
1	4	Bobby BIRKETT	SHS	03:59.50
2	1	Alexander EDWARDS	Alt	04:09.00
3	3	Owain WILLIAMS	Menai	04:36.40
4	2	Max THOMAS	Colwyn	04:39.70
5				
6				
7				
8				

1200m U13 Boys B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

75m Hurdles U13 Boys A

Posn	No.	Athlete	Club	Perf	AAA
1	1		Alt		
2	2		Colwyn		
3	3	Owain WILLIAMS	Menai	17.80	
4	4		SHS		
5	5		Wrex		
6	6				
7	7				
8	8				

75m Hurdles U13 Boys B

Posn	No.	Athlete	Club	Perf	AAA
1	33	Dewi WILLIAMS	Menai	17.90	
2					
3					
4					
5					
6					
7					
8					

Long Jump U13 Boys A

Posn	Bib	Athlete	Club	Perf	AAA
1	2	Iwan FLAVELL	Colwyn	3.74	
2	3	Cai ROBERTS	Menai	3.72	
3					
4					
5					
6					
7					
8					

Long Jump U13 Boys B

Posn	Bib	Athlete	Club	Perf	AAA
1	22	Finley SHILAND	Colwyn	3.24	
2	33	Tomos GRIFFITHS	Menai	2.91	
3					
4					
5					
6					
7					
8					

LOWER NORTH West 3S TREBORTH ATHLETICS TRACK
08/05/2022
High Jump U13 Boys A

Posn	Bib	Athlete	Club	Perf	AAA
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High Jump U13 Boys B

Posn	Bib	Athlete	Club	Perf	AAA
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Shot U13 Boys A

Posn	Bib	Athlete	Club	Perf	AAA
1	33	Jai CHAUHAN	Menai	4.64	
2	4	Dylan ROBERTS	SHS	4.36	
3	22	Owen WILSON-JONES	Colwyn	3.84	
4	55		Wrex	x	
5	11		Alt	x	
6					
7					
8					

Shot U13 Boys B

Posn	Bib	Athlete	Club	Perf	AAA
1	3	Dylan BILLINGTON	Menai	4.12	
2	44	Sam CALLAGHAN	SHS	4.07	
3	2	Riley EDWARDS	Colwyn	3.65	
4	5		Wrex	X	
5	1		Alt	x	
6					
7					
8					

Javelin U13 Boys A

Posn	Bib	Athlete	Club	Perf	AAA
1	1	Alexander EDWARDS	Alt	26.60	3
2	44	Sam CALLAGHAN	SHS	10.38	
3	22	Owen WILSON-JONES	Colwyn	8.58	
4	3	Daniel PURCELL	Menai	8.00	
5	55		Wrex	x	
6					
7					
8					

Javelin U13 Boys B

Posn	Bib	Athlete	Club	Perf	AAA
1	4	Dylan ROBERTS	SHS	7.30	
2	2	Riley EDWARDS	Colwyn	6.39	
3	33	Dara GOGGIN	Menai	3.16	
4	11		Alt	x	
5	5		Wrex	x	
6					
7					
8					

4 x 100m U13 Boys A

Posn	No.	Runners	Club	Perf
1	3	Eneas PARRY-FINK, Cai ROBERTS, Dewi WILLIAMS, Seth OWEN	Menai	60.80
2	2	Riley EDWARDS, Iwan FLAVELL, Max THOMAS, Owen WILSON-JONES	Colwyn	66.00
3	98		No Compet	
4	98		No Compet	
5	98		No Compet	
6				
7				
8				

LOWER NORTH West 3S TREBORTH ATHLETICS TRACK
08/05/2022
75m U13 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1	2	Cari elsa ROBERTS	Colwyn	10.40	1
2	4	Phoebe HARRISON	SHS	10.50	2
3	1	Clara EDWARDS	Alt	10.80	3
4	3	Ffion SOUTHALL	Menai	12.10	
5					
6					
7					
8					

Wind

75m U13 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1	44	Rebekah GODDARD	SHS	11.40	
2	33	Esyllt OWEN	Menai	12.00	
3	22	Lily isla MILLS	Colwyn	13.20	
4					
5					
6					
7					
8					

Wind

75m NS U13 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

Wind

75m NS U13 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

Wind

150m U13 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1	2	Cari elsa ROBERTS	Colwyn	20.80	2
2	4	Phoebe HARRISON	SHS	20.90	2
3	1	Clara EDWARDS	Alt	22.80	
4	3	Ffion SOUTHALL	Menai	24.60	
5					
6					
7					
8					

Wind

150m U13 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1	44	Rebekah GODDARD	SHS	22.70	
2	33	Krista JONES	Menai	24.90	
3	22	Lily isla MILLS	Colwyn	27.30	
4					
5					
6					
7					
8					

Wind

800m U13 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1	3	Florence TOWNSEND	Menai	02:55.00	
2	5	Evie HUGHES	Wrex	02:56.00	
3	4	Sophie QUARANTA	SHS	03:02.00	
4	2	Ava CULVER	Colwyn	03:06.40	
5					
6					
7					
8					

Wind

800m U13 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1	33	Holly WORTH	Menai	02:48.30	
2	44	Chloe BROWNBILL	SHS	02:57.10	
3	22	Evie TAYLOR	Colwyn	03:07.70	
4					
5					
6					
7					
8					

Wind

LOWER NORTH West 3S TREBORTH ATHLETICS TRACK
08/05/2022
800m NS U13 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

800m NS U13 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

1200m U13 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1	33	Tamsin SEGUIN	Menai	04:20.00	
2	5	Annabelle JONES	Wrex	04:46.50	
3					
4					
5					
6					
7					
8					

1200m U13 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1	3	Esyllt OWEN	Menai	04:31.90	1
2					
3					
4					
5					
6					
7					
8					

70m Hurdles U13 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1	1		Alt		
2	2	Emily HOWSON	Colwyn	14.40	
3	3	Esyllt OWEN	Menai	15.70	
4	4		SHS		
5	5		Wrex		
6					
7					
8					

70m Hurdles U13 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1	33	Tamsin SEGUIN	Menai	15.60	
2					
3					
4					
5					
6					
7					
8					

Long Jump U13 Girls A

Posn	Bib	Athlete	Club	Perf	AAA
1	4	Phoebe HARRISON	SHS	3.84	
2	1	Clara EDWARDS	Alt	3.73	
3	3	Ffion SOUTHALL	Menai	3.30	
4	2	Cari elsa ROBERTS	Colwyn	3.29	
5	55	Annabelle JONES	Wrex	3.14	
6					
7					
8					

Long Jump U13 Girls B

Posn	Bib	Athlete	Club	Perf	AAA
1	33	Tamsin SEGUIN	Menai	2.96	
2	44	Rebekah GODDARD	SHS	2.70	
3	22	Lily isla MILLS	Colwyn	2.36	
4	5	Evie HUGHES	Wrex	.02	
5	11		Alt	x	
6					
7					
8					

LOWER NORTH West 3S TREBORTH ATHLETICS TRACK
08/05/2022
High Jump U13 Girls A

Posn	Bib	Athlete	Club	Perf	AAA
1	2	Emily HOWSON	Colwyn	1.20	

High Jump U13 Girls B

Posn	Bib	Athlete	Club	Perf	AAA
1	22	Ava CULVER	Colwyn	X	
2	3	Florence TOWNSEND	Menai	X	

Shot U13 Girls A

Posn	Bib	Athlete	Club	Perf	AAA
1	44	Chloe BROWNBILL	SHS	4.42	
2	3	Krista JONES	Menai	4.41	
3	22	Ava CULVER	Colwyn	4.00	
4					
5					
6					
7					
8					

Shot U13 Girls B

Posn	Bib	Athlete	Club	Perf	AAA
1	33	Holly WORTH	Menai	4.29	
2	4	Sophie QUARANTA	SHS	4.09	
3	2	Evie TAYLOR	Colwyn	3.90	
4					
5					
6					
7					
8					

Javelin U13 Girls A

Posn	Bib	Athlete	Club	Perf	AAA
1	55	Evie HUGHES	Wrex	16.64	4
2	2	Emily HOWSON	Colwyn	15.02	
3	4	Sophie QUARANTA	SHS	6.68	
4	3	Holly WORTH	Menai	4.97	
5	11		Alt	X	
6					
7					
8					

Javelin U13 Girls B

Posn	Bib	Athlete	Club	Perf	AAA
1	5	Annabelle JONES	Wrex	15.98	4
2	22	Evie TAYLOR	Colwyn	9.59	
3	44	Sophie QUARANTA	SHS	4.19	
4	33	Florence TOWNSEND	Menai	2.52	
5	1		Alt	X	
6					
7					
8					

4 x 100m U13 Girls A

Posn	No.	Runners	Club	Perf
1	4	Rebekah GODDARD, Phoebe HARRISON, Chloe BROWNBILL, Sophie QUARANTA	SHS	62.20
2	3	Holly WORTH, Esyllt OWEN, Tamsin SEGUIN, Ffion SOUTHALL	Menai	65.30
3	98		No Compet	
4	98		No Compet	
5	98		No Compet	
6				
7				
8				