

LEVEL	LOWER	Track Events Start in Lane
REGION	SOUTH	
DIVISION	London West	
MATCH	2	
P/FINISH	NO	1

Date Saturday, July 17 2021

Venue RIDLINS WOOD ATHLETICS TRACK

Host Club Herts Phoenix AC

Bib	Team Name	Abbrev.	Officials	Track1	Track2	Relays	Field	Total
1	Harrow AC	Harrow		67.0	16.0		141.0	224.0
2	Herts Phoenix AC	Herts P		152.0	31.0	33.0	168.0	384.0
3	Hillingdon AC	Hil'don		152.0	29.0	30.0	141.0	352.0
4	Thames Valley Harriers	TVH		85.0	15.0	11.0	22.0	133.0
5	Windsor Slough Eton & Hounslow AC	WSEH		130.0	46.0	12.0	101.0	289.0
-								
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-								

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total Pts	Total L	Standings
1	Herts Phoenix AC	384.0	5.0			384.0	5.0	1
2	Hillingdon AC	352.0	4.0			352.0	4.0	2
3	Windsor Slough Eton & Hounslow AC	289.0	3.0			289.0	3.0	3
4	Harrow AC	224.0	2.0			224.0	2.0	4
5	Thames Valley Harriers	133.0	1.0			133.0	1.0	5

TOTAL EVENTS	58
NO COMPETITORS/EVENT CANCELLED/NMR	2
EVENT SCORED	56
REMAINING	-

LOWER SOUTH London West RIDLINS WOOD ATHLETICS TRACK
17/07/2021
100m U15 Boys A

Posn	No.	Athlete	Club	Perf	AAA
1	3	Lincoln RAMDHANNY	Hil'don	11.8	2
2	4	Jake CURTIS	TVH	12.2	4
3	2	Maxwell CHISHOLM	Herts P	12.2	4
4	5	Leon FRANCIS	WSEH	12.4	4
5					
6					
7					
8					

Wind

100m U15 Boys B

Posn	No.	Athlete	Club	Perf	AAA
1	55	William ALEXANDER	WSEH	12.4	4
2	44	Shenal KURANAGE	TVH	12.6	
3	33	Sam SAMIN	Hil'don	12.8	
4	22	Alexander JUSTIN	Herts P	14.2	
5					
6					
7					
8					

Wind

100m NS U15 Boys A

Posn	No.	Athlete	Club	Perf	AAA
1	44	Taichi TAKETSUME	TVH	13.2	
2	4	Harold GREENFIELDS	TVH	13.5	
3	3	Isaiah KYERE AIDOO	Hil'don	13.6	
4					
5					
6					
7					
8					

Wind

100m NS U15 Boys B

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

Wind

200m U15 Boys A

Posn	No.	Athlete	Club	Perf	AAA
1	2	Maxwell CHISHOLM	Herts P	24.6	3
2	5	Leon FRANCIS	WSEH	25.1	4
3	1	Lewis SORHAINDO	Harrow	25.6	4
4	4	Shenal KURANAGE	TVH	26.5	
5	3	Sam SAMIN	Hil'don	26.6	
6					
7					
8					

Wind

200m U15 Boys B

Posn	No.	Athlete	Club	Perf	AAA
1	55	Xavier WILLIAMS	WSEH	25.3	4
2	44	Taichi TAKETSUME	TVH	27.3	
3	33	Isaiah KYERE AIDOO	Hil'don	28.9	
4					
5					
6					
7					
8					

Wind

300m U15 Boys A

Posn	No.	Athlete	Club	Perf	AAA
1	2	Finley NORMAN	Herts P	39.2	2
2	3	William LAMMAS	Hil'don	39.8	3
3	1	Arthur HOBBS	Harrow	45.5	
4	5	Xavier WILLIAMS	WSEH	DNF	
5					
6					
7					
8					

Wind

300m U15 Boys B

Posn	No.	Athlete	Club	Perf	AAA
1	33	Samuel OKOLIE	Hil'don	41.9	4
2	22	Luke JAMESON	Herts P	45.0	
3					
4					
5					
6					
7					
8					

Wind

LOWER SOUTH London West RIDLINS WOOD ATHLETICS TRACK
17/07/2021
800m U15 Boys A

Posn	No.	Athlete	Club	Perf	AAA
1	55	Zavier ZINMAN	WSEH	02:11.0	3
2	2	Benjamin HIBBERTS	Herts P	02:23.1	
3	4	Harold GREENFIELDS	TVH	02:25.7	
4	1	Arthur HOBBS	Harrow	02:28.7	
5	3	Daniel WONG	Hil'don	02:33.2	
6					
7					
8					

800m U15 Boys B

Posn	No.	Athlete	Club	Perf	AAA
1	5	Nathan ROLLINS	WSEH	02:13.0	3
2	44	Reginald ROCK	TVH	02:28.8	
3	22	Isaac BEADLE	Herts P	02:30.1	
4	33	Kyan DAMPHA	Hil'don	02:38.3	
5					
6					
7					
8					

800m NS U15 Boys A

Posn	No.	Athlete	Club	Perf	AAA
1	2	Luke DUNHAM	Herts P	02:35.4	
2					
3					
4					
5					
6					
7					
8					

800m NS U15 Boys B

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

1500m U15 Boys A

Posn	No.	Athlete	Club	Perf	AAA
1	5	Alexander DIDASKALOU	WSEH	04:37.0	4
2	22	Joshua SPERRY	Herts P	04:58.2	
3	3	Ryan STODDART	Hil'don	05:06.9	
4	1	Dion HUBERT	Harrow	05:17.4	
5					
6					
7					
8					

1500m U15 Boys B

Posn	No.	Athlete	Club	Perf	AAA
1	55	Marcus HIBBINS	WSEH	04:39.8	4
2	2	Aidan WADLEY	Herts P	04:59.5	
3					
4					
5					
6					
7					
8					

80m Hurdles U15 Boys A

Posn	No.	Athlete	Club	Perf	AAA
1	55	Alexander ELDRIDGE	WSEH	13.5	
2					
3					
4					
5					
6					
7					
8					

80m Hurdles U15 Boys B

Posn	No.	Athlete	Club	Perf	AAA
1	5	William ALEXANDER	WSEH	13.5	
2					
3					
4					
5					
6					
7					
8					

LOWER SOUTH London West RIDLINS WOOD ATHLETICS TRACK
17/07/2021
Long Jump U15 Boys A

Posn	Bib	Athlete	Club	Perf	AAA
1	4	Shenal KURANAGE	TVH	4.99	
2	1	Lewis SORHAINDO	Harrow	4.95	
3	3	Samuel OKOLIE	Hil'don	4.94	
4	22	Alexander JUSTIN	Herts P	4.24	
5	5	Alexander ELDRIDGE	WSEH	3.91	
6					
7					
8					

Long Jump U15 Boys B

Posn	Bib	Athlete	Club	Perf	AAA
1	33	Kyan DAMPHA	Hil'don	4.44	
2	2	Isaac BEADLE	Herts P	4.02	
3					
4					
5					
6					
7					
8					

High Jump U15 Boys A

Posn	Bib	Athlete	Club	Perf	AAA
1	1	Zacheria ATEK	Harrow	1.46	
2	5	Alexander ELDRIDGE	WSEH	1.30	

High Jump U15 Boys B

Posn	Bib	Athlete	Club	Perf	AAA

Pole Vault U15 Boys A

Posn	Bib	Athlete	Club	Perf	AAA
1	98		No Compet		

Pole Vault U15 Boys B

Posn	Bib	Athlete	Club	Perf	AAA

Shot U15 Boys A

Posn	Bib	Athlete	Club	Perf	AAA
1	3	Samuel OKOLIE	Hil'don	11.48	3
2	11	Arthur HOBBS	Harrow	7.22	
3	22	Benjamin DORMAN	Herts P	5.61	
4					
5					
6					
7					
8					

Shot U15 Boys B

Posn	Bib	Athlete	Club	Perf	AAA
1	33	Tyrrell CROSBIE	Hil'don	7.57	
2					
3					
4					
5					
6					
7					
8					

LOWER SOUTH London West RIDLINS WOOD ATHLETICS TRACK
17/07/2021
Discus U15 Boys A

Posn	Bib	Athlete	Club	Perf	AAA
1	3	Lincoln RAMDHANNY	Hil'don	38.06	1
2	1	Dylan MORRIS	Harrow	32.81	2
3	2	Finley NORMAN	Herts P	13.86	
4					
5					
6					
7					
8					

Discus U15 Boys B

Posn	Bib	Athlete	Club	Perf	AAA
1	33	Tyrrell CROSBIE	Hil'don	19.31	
2					
3					
4					
5					
6					
7					
8					

Hammer U15 Boys A

Posn	Bib	Athlete	Club	Perf	AAA
1	1	Dylan MORRIS	Harrow	34.34	3
2	3	Lincoln RAMDHANNY	Hil'don	29.64	4
3					
4					
5					
6					
7					
8					

Hammer U15 Boys B

Posn	Bib	Athlete	Club	Perf	AAA
1	33	Tyrrell CROSBIE	Hil'don	14.48	
2					
3					
4					
5					
6					
7					
8					

Javelin U15 Boys A

Posn	Bib	Athlete	Club	Perf	AAA
1	11	Dylan MORRIS	Harrow	29.60	
2	5	William ALEXANDER	WSEH	26.81	
3	2	Benjamin HIBBERTS	Herts P	19.80	
4					
5					
6					
7					
8					

Javelin U15 Boys B

Posn	Bib	Athlete	Club	Perf	AAA
1	1	Zacheria ATEK	Harrow	24.68	
2	22	Benjamin DORMAN	Herts P	15.58	
3					
4					
5					
6					
7					
8					

LOWER SOUTH London West RIDLINS WOOD ATHLETICS TRACK**17/07/2021****4 x 100m U15 Boys A**

Posn	No.	Runners	Club	Perf
1	5	Marcus HIBBINS, William ALEXANDER, Leon FRANCIS, Alexander ELDRIDGE	WSEH	51.3
2	3	Daniel WONG, Lincoln RAMDHANNY, Isaiah KYERE AIDOO, Sam SAMIN	Hil'don	51.4
3	4	Taichi TAKETSUME, Shenal KURANAGE, Harold GREENFIELDS, Jake CURTIS	TVH	52.3
4				
5				
6				
7				
8				

4 x 300m U15 Boys A

Posn	No.	Runners	Club	Perf
1	2	Maxwell CHISHOLM, Aidan WADLEY, Isaac BEADLE, Finley NORMAN	Herts P	02:53.1
2				
3				
4				
5				
6				
7				
8				

LOWER SOUTH London West RIDLINS WOOD ATHLETICS TRACK
17/07/2021
100m U15 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1	2	Tiana RIZZO	Herts P	12.7	1
2	3	Hebe EVANS	Hil'don	13.3	4
3	5	Debbie COKER	WSEH	13.4	4
4	4	Kayanne BROWN	TVH	14.5	
5					
6					
7					
8					

Wind

100m U15 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1	33	Annika NORDIN	Hil'don	14.1	
2	44	Clara BROOKE	TVH	14.5	
3	55	Ayah ATTABOU	WSEH	15.5	
4	22	Anyina OSEFO	Herts P	15.9	
5					
6					
7					
8					

Wind

100m NS U15 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1	3	Sara AL HOURANI	Hil'don	14.3	
2	22	Rosie PORTER	Herts P	15.7	
3	5	Sofia CORTES	WSEH	15.9	
4	2	Kashish BHASIN	Herts P	16.3	
5					
6					
7					
8					

Wind

100m NS U15 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

Wind

200m U15 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1	2	Tiana RIZZO	Herts P	26.9	3
2	3	Hebe EVANS	Hil'don	26.9	3
3	5	Debbie COKER	WSEH	28.3	
4	4	Kayanne BROWN	TVH	28.7	
5	1	Annabelle SUFFIELD	Harrow	31.9	
6					
7					
8					

Wind

200m U15 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1	33	Annika NORDIN	Hil'don	29.5	
2	22	Alice LYNN	Herts P	32.5	
3					
4					
5					
6					
7					
8					

Wind

300m U15 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1	3	Abigail HACKLEY	Hil'don	43.6	3
2	4	Skye BISHOP	TVH	44.9	4
3	2	Bethany BOTHERAS	Herts P	45.6	4
4	5	Lilianne JERVIS-ALLAN	WSEH	47.9	
5					
6					
7					
8					

Wind

300m U15 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1	44	Natasha BENNETT	TVH	45.9	
2	33	Anya COLGAN	Hil'don	46.7	
3	22	Julia HOSS	Herts P	52.9	
4					
5					
6					
7					
8					

Wind

LOWER SOUTH London West RIDLINS WOOD ATHLETICS TRACK
17/07/2021
800m U15 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1	4	Skye BISHOP	TVH	02:26.0	3
2	5	Amy COOPER	WSEH	02:29.2	4
3	3	Abigail HACKLEY	Hil'don	02:32.4	
4	2	Martha KER	Herts P	02:34.4	
5					
6					
7					
8					

800m U15 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1	44	Natasha BENNETT	TVH	02:28.8	4
2	55	Ana PASSOS	WSEH	02:32.5	
3	33	Zoe KNIGHT	Hil'don	02:40.1	
4	22	Willow THOMAS	Herts P	03:00.9	
5					
6					
7					
8					

800m NS U15 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1	5	Aashni MANEK	WSEH	02:34.5	
2					
3					
4					
5					
6					
7					
8					

800m NS U15 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

1500m U15 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1	5	Abigail FARLEY	WSEH	05:03.5	4
2	1	Annabelle SUFFIELD	Harrow	05:05.1	4
3	4	Anna KELLY	TVH	05:21.5	
4	3	Isla MCGOVERN	Hil'don	05:41.6	
5					
6					
7					
8					

1500m U15 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1	44	Ava LEVY	TVH	05:25.0	
2	55	Stephanie MASSIE	WSEH	05:25.1	
3					
4					
5					
6					
7					
8					

75m Hurdles U15 Girls A

Posn	No.	Athlete	Club	Perf	AAA	Wind
1	5	Anouska WEDRYCHOWSKI	WSEH	12.2	2	
2	2	Martha KER	Herts P	13.2	4	
3	1	Kyra ADAMS	Harrow	13.5		
4						
5						
6						
7						
8						

75m Hurdles U15 Girls B

Posn	No.	Athlete	Club	Perf	AAA	Wind
1	55	Molly STAUNTON	WSEH	13.3	4	
2	22	Amelie HORN	Herts P	13.6		
3						
4						
5						
6						
7						
8						

LOWER SOUTH London West RIDLINS WOOD ATHLETICS TRACK
17/07/2021
Long Jump U15 Girls A

Posn	Bib	Athlete	Club	Perf	AAA
1	5	Anouska WEDRYCHOWSKI	WSEH	4.74	3
2	4	Clara BROOKE	TVH	4.46	
3	1	Alana THOMAS	Harrow	4.27	
4	33	Hebe EVANS	Hil'don	4.15	
5	2	Amelie HORN	Herts P	3.98	
6					
7					
8					

Long Jump U15 Girls B

Posn	Bib	Athlete	Club	Perf	AAA
1	55	Lilianne JERVIS-ALLAN	WSEH	4.08	
2	22	Anyina OSEFO	Herts P	3.67	
3	3	Charlotte BULL	Hil'don	3.57	
4	11	Annabelle SUFFIELD	Harrow	3.41	
5					
6					
7					
8					

High Jump U15 Girls A

Posn	Bib	Athlete	Club	Perf	AAA
1	4	Clara BROOKE	TVH	1.45	4
2	2	Amelie HORN	Herts P	1.35	
3	5	Sophie HUTCHINGS	WSEH	1.30	
4	3	Charlotte BULL	Hil'don	1.30	

High Jump U15 Girls B

Posn	Bib	Athlete	Club	Perf	AAA
1	22	Julia HOSS	Herts P	1.20	

Pole Vault U15 Girls A

Posn	Bib	Athlete	Club	Perf	AAA
1	5	Molly STAUNTON	WSEH	x	

Pole Vault U15 Girls B

Posn	Bib	Athlete	Club	Perf	AAA

Shot U15 Girls A

Posn	Bib	Athlete	Club	Perf	AAA
1	1	Alana THOMAS	Harrow	8.28	4
2	2	Imogen LIST	Herts P	8.03	4
3	55	Katrina O'BRIEN	WSEH	6.43	
4	3	Sara AL HOURANI	Hil'don	5.51	
5					
6					
7					
8					

Shot U15 Girls B

Posn	Bib	Athlete	Club	Perf	AAA
1	22	Chizite OSEFO	Herts P	7.53	
2	5	Sophie HUTCHINGS	WSEH	5.85	
3					
4					
5					
6					
7					
8					

LOWER SOUTH London West RIDLINS WOOD ATHLETICS TRACK
17/07/2021
Discus U15 Girls A

Posn	Bib	Athlete	Club	Perf	AAA
1	1	Alana THOMAS	Harrow	23.01	
2	2	Imogen LIST	Herts P	21.60	
3	5	Mia DE VIVENOT	WSEH	19.52	
4					
5					
6					
7					
8					

Discus U15 Girls B

Posn	Bib	Athlete	Club	Perf	AAA
1	22	Chizite OSEFO	Herts P	19.54	
2	55	Katrina O'BRIEN	WSEH	18.79	
3	11	Kyra ADAMS	Harrow	11.71	
4					
5					
6					
7					
8					

Hammer U15 Girls A

Posn	Bib	Athlete	Club	Perf	AAA
1	98		No Compet		
2					
3					
4					
5					
6					
7					
8					

Hammer U15 Girls B

Posn	Bib	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

Javelin U15 Girls A

Posn	Bib	Athlete	Club	Perf	AAA
1	22	Freya LANE	Herts P	26.32	4
2	1	Kyra ADAMS	Harrow	16.11	
3	3	Bethany HARDY	Hil'don	14.11	
4	55	Katrina O'BRIEN	WSEH	12.01	
5					
6					
7					
8					

Javelin U15 Girls B

Posn	Bib	Athlete	Club	Perf	AAA
1	2	Imogen LIST	Herts P	24.13	4
2	5	Sophie HUTCHINGS	WSEH	11.00	
3					
4					
5					
6					
7					
8					

LOWER SOUTH London West RIDLINS WOOD ATHLETICS TRACK**17/07/2021****4 x 100m U15 Girls A**

Posn	No.	Runners	Club	Perf
1	3	Sara AL HOURANI, Hebe EVANS, Isla MCGOVERN, Annika NORDIN	Hil'don	55.0
2	4	Clara BROOKE, Natasha BENNETT, Skye BISHOP, Kayanne BROWN	TVH	56.5
3	2	Bethany BOTHERAS, Anyina OSEFO, Martha KER, Alice LYNN	Herts P	56.9
4	5	Abigail FARLEY, Ayah ATTABOU, Sofia CORTES, Debbie COKER	WSEH	58.0
5				
6				
7				
8				

4 x 300m U15 Girls A

Posn	No.	Runners	Club	Perf
1	2	Julia HOSS, Martha KER, Amelie HORN, Bethany BOTHERAS	Herts P	03:14.0
2				
3				
4				
5				
6				
7				
8				

LOWER SOUTH London West RIDLINS WOOD ATHLETICS TRACK
17/07/2021
75m U13 Boys A

Posn	No.	Athlete	Club	Perf	REC AAA
1	3	Dejean JARRETT	Hil'don	10.2	1
2	5	Samuel BABIS	WSEH	10.2	1
3	1	Jimi ADU	Harrow	10.6	1
4	2	Alexander SEWELL	Herts P	10.7	1
5					
6					
7					
8					

Wind

75m U13 Boys B

Posn	No.	Athlete	Club	Perf	AAA
1	22	Zachary ASAMOAH	Herts P	10.3	1
2	33	Merlin AKOMIAN	Hil'don	10.7	1
3					
4					
5					
6					
7					
8					

Wind

75m NS U13 Boys A

Posn	No.	Athlete	Club	Perf
1	3	Samuel LANGFORD	Hil'don	11.1
2	33	Noah BROWNE	Hil'don	11.6
3	22	Harry JUSTIN	Herts P	12.6
4				
5				
6				
7				
8				

Wind

75m NS U13 Boys B

Posn	No.	Athlete	Club	Perf	NT AAA
1					
2					
3					
4					
5					
6					
7					
8					

Wind

NT

150m U13 Boys A

Posn	No.	Athlete	Club	Perf	REC AAA
1	3	Dejean JARRETT	Hil'don	20.3	1
2	1	Jimi ADU	Harrow	21.6	1
3	2	Isaiah OKORIE	Herts P	22.0	1
4	5	Gerard EVANS-RODRIGUEZ	WSEH	22.8	1
5					
6					
7					
8					

Wind

150m U13 Boys B

Posn	No.	Athlete	Club	Perf	AAA
1	33	Sammy GIBSON	Hil'don	21.7	1
2	22	Oscar EDMONDSON	Herts P	22.9	1
3					
4					
5					
6					
7					
8					

Wind

800m U13 Boys A

Posn	No.	Athlete	Club	Perf	AAA
1	33	Charlie REED	Hil'don	02:31.5	4
2	5	George HILLIAR	WSEH	02:32.9	4
3	2	Dylan IRVING	Herts P	02:40.3	
4	1	Henley PATEL	Harrow	03:03.9	
5					
6					
7					
8					

Club

800m U13 Boys B

Posn	No.	Athlete	Club	Perf	AAA
1	3	Sammy GIBSON	Hil'don	02:32.7	4
2	11	Eston PATEL	Harrow	03:16.2	
3	22	Jonnie WILLIS	Herts P		
4					
5					
6					
7					
8					

Club

Perf

LOWER SOUTH London West RIDLINS WOOD ATHLETICS TRACK
17/07/2021
800m NS U13 Boys A

Posn	No.	Athlete	Club	Perf	AAA
1	2	Oscar DRAKE	Herts P	02:49.5	
2	3	Marcus SHOTTON	Hil'don	02:59.1	
3					
4					
5					
6					
7					
8					

800m NS U13 Boys B

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
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1200m U13 Boys A

Posn	No.	Athlete	Club	Perf
1	3	Dylan LEWIS	Hil'don	03:49.9
2	55	Finn MCKAY	WSEH	03:51.7
3	2	George WATSON	Herts P	04:15.8
4	1	Cameron BRISTOW	Harrow	04:32.1
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1200m U13 Boys B

Posn	No.	Athlete	Club	Perf
1	5	James FARLEY	WSEH	03:53.6
2	22	Joshua HEARNE	Herts P	04:27.6
3	33	Micheal KNIGHT	Hil'don	04:30.5
4	11	Charlie ROBERT	Harrow	04:36.7
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75m Hurdles U13 Boys A

Posn	No.	Athlete	Club	Perf	AAA
1	2	Isaiah OKORIE	Herts P	16.6	
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75m Hurdles U13 Boys B

Posn	No.	Athlete	Club	Perf	AAA
1					
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3					
4					
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6					
7					
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Long Jump U13 Boys A

Posn	Bib	Athlete	Club	Perf	AAA
1	2	Dylan IRVING	Herts P	4.10	
2	3	Sammy GIBSON	Hil'don	4.06	
3	5	Samuel BABIS	WSEH	3.78	
4	1	Henley PATEL	Harrow	3.0	
5					
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7					
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Long Jump U13 Boys B

Posn	Bib	Athlete	Club	Perf	AAA
1	22	Oscar DRAKE	Herts P	3.67	
2	55	Gerard EVANS-RODRIGUEZ	WSEH	3.19	
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LOWER SOUTH London West RIDLINS WOOD ATHLETICS TRACK
17/07/2021
High Jump U13 Boys A

Posn	Bib	Athlete	Club	Perf	AAA
1	2	Isaiah OKORIE	Herts P	1.20	
2	33	Nathan GRIFFITHS	Hil'don	1.20	
3	1	Jimi ADU	Harrow	1.05	

High Jump U13 Boys B

Posn	Bib	Athlete	Club	Perf	AAA
1	3	Dylan LEWIS	Hil'don	1.10	

Shot U13 Boys A

Posn	Bib	Athlete	Club	Perf	AAA
1	3	Alexander SHOTTON	Hil'don	7.39	4
2	2	Zachary ASAMOAH	Herts P	6.85	
3	5	Gerard EVANS-RODRIGUEZ	WSEH	6.43	
4	1	Eston PATEL	Harrow	4.03	
5					
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Shot U13 Boys B

Posn	Bib	Athlete	Club	Perf	AAA
1	33	Nathan GRIFFITHS	Hil'don	5.92	
2	22	Luke PIETERSEN	Herts P	5.54	
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Javelin U13 Boys A

Posn	Bib	Athlete	Club	Perf	AAA
1	1	Cameron BRISTOW	Harrow	19.06	
2	33	Marcus SHOTTON	Hil'don	13.28	
3	2	George WATSON	Herts P	13.15	
4	5	Samuel BABIS	WSEH	7.63	
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Javelin U13 Boys B

Posn	Bib	Athlete	Club	Perf	AAA
1	11	Charlie ROBERT	Harrow	16.22	
2	3	Alexander SHOTTON	Hil'don	9.03	
3	22	Oscar EDMONDSON	Herts P	7.92	
4					
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7					
8					

4 x 100m U13 Boys A

Posn	No.	Runners	Club	Perf
1	3	Samuel LANGFORD, Noah BROWNE, Merlin AKOMIAN, Dejean JARRETT	Hil'don	55.8
2	2	Alexander SEWELL, Isaiah OKORIE, Oscar EDMONDSON, Zachary ASAMOAH	Herts P	57.8
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LOWER SOUTH London West RIDLINS WOOD ATHLETICS TRACK
17/07/2021
75m U13 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1	3	Elena ANGELOVA	Hil'don	10.5	2
2	2	Kendra WILBERFORCE	Herts P	10.9	3
3	1	Sofia CESTARO	Harrow	11.0	4
4	4	Zorai LYALA-KING	TVH	11.3	4
5	5	Annablythe DRAHOTA	WSEH	12.0	
6					
7					
8					

75m U13 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1	33	Isabella PHILLIPS	Hil'don	10.8	3
2	22	Zoe ASAMOAH	Herts P	11.1	4
3	55	Alice SMITH	WSEH	11.5	
4	44	Xanthe GREENFIELDS	TVH	12.0	
5					
6					
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8					

75m NS U13 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1	33	Havika KYERE-AIDOO	Hil'don	10.9	3
2	2	Maja HOSS	Herts P	11.6	
3	3	Ophelia ANWAR	Hil'don	11.7	
4	22	Stephanie WINTER	Herts P	12.1	
5					
6					
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75m NS U13 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1					
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150m U13 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1	3	Elena ANGELOVA	Hil'don	20.4	1
2	1	Phoebe MASON CLARK	Harrow	21.0	2
3	4	Farrah CERIC	TVH	21.0	2
4	2	Olivia JUDGE	Herts P	21.6	4
5	5	Violet SCULLY	WSEH	22.8	
6					
7					
8					

150m U13 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1	11	Sofia CESTARO	Harrow	21.0	2
2	33	Havika KYERE-AIDOO	Hil'don	21.1	3
3	44	Ava OLDFIELD	TVH	21.6	4
4	22	Emily WINES	Herts P	22.5	
5					
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800m U13 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1	3	Renee BUDD	Hil'don	02:37.9	4
2	4	Farrah CERIC	TVH	02:37.9	4
3	1	Sofia CESTARO	Harrow	02:41.0	4
4	22	Maja HOSS	Herts P	02:49.1	
5	55	Joely BROWN	WSEH	02:55.7	
6					
7					
8					

800m U13 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1	2	Isabel HAWKS	Herts P	02:51.2	
2	11	Yuva GUPTA	Harrow	03:03.5	
3	5	Sofia SABBAAH	WSEH	03:07.9	
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LOWER SOUTH London West RIDLINS WOOD ATHLETICS TRACK
17/07/2021
800m NS U13 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1	22	Saffron THOMAS	Herts P	03:05.4	
2	2	Hannah JEWELL	Herts P	03:26.2	
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800m NS U13 Girls B

Posn	No.	Athlete	Club	Perf	AAA
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1200m U13 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1	5	Phoebe FULLER	WSEH	04:03.7	3
2	22	Emma GUDGEON	Herts P	04:20.3	
3	33	Edey KESTELL	Hil'don	04:43.2	
4	4	Xanthe GREENFIELDS	TVH	05:03.1	
5					
6					
7					
8					

1200m U13 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1	2	Paige WADLEY	Herts P	04:21.8	1
2	3	Valerija BORONENKO	Hil'don	04:49.5	1
3					
4					
5					
6					
7					
8					

70m Hurdles U13 Girls A

Posn	No.	Athlete	Club	Perf	AAA
1	5	Violet SCULLY	WSEH	13.6	
2	2	Isla GARDNER	Herts P	15.2	
3					
4					
5					
6					
7					
8					

70m Hurdles U13 Girls B

Posn	No.	Athlete	Club	Perf	AAA
1	22	Saffron THOMAS	Herts P	15.7	
2					
3					
4					
5					
6					
7					
8					

Long Jump U13 Girls A

Posn	Bib	Athlete	Club	Perf	AAA
1	11	Phoebe MASON CLARK	Harrow	3.74	
2	3	Elena ANGELOVA	Hil'don	3.60	
3	55	Alice SMITH	WSEH	3.44	
4	2	Hannah JEWELL	Herts P	3.02	
5					
6					
7					
8					

Long Jump U13 Girls B

Posn	Bib	Athlete	Club	Perf	AAA
1	33	Ophelia ANWAR	Hil'don	3.41	
2	22	Leah BURKE	Herts P	3.01	
3	5	Annablythe DRAHOTA	WSEH	2.83	
4					
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7					
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LOWER SOUTH London West RIDLINS WOOD ATHLETICS TRACK
17/07/2021
High Jump U13 Girls A

Posn	Bib	Athlete	Club	Perf	AAA
1	2	Dyllis OSEI AGYEMANG	Herts P	1.33	3
2	1	Phoebe MASON CLARK	Harrow	1.25	4

High Jump U13 Girls B

Posn	Bib	Athlete	Club	Perf	AAA
1	22	Leah BURKE	Herts P	1.10	
2	11	Yuva GUPTA	Harrow	1.05	

Shot U13 Girls A

Posn	Bib	Athlete	Club	Perf	AAA
1	3	Simeyah SAWNEY-COLLINS	Hil'don	7.22	4
2	2	Kendra WILBERFORCE	Herts P	6.96	4
3	55	Joely BROWN	WSEH	6.53	
4	1	Nisha EVANS	Harrow	6.36	
5					
6					
7					
8					

Shot U13 Girls B

Posn	Bib	Athlete	Club	Perf	AAA
1	5	Annablythe DRAHOTA	WSEH	5.29	
2	22	Stephanie WINTER	Herts P	5.12	
3	33	Emily ANDERSON	Hil'don	4.41	
4					
5					
6					
7					
8					

Javelin U13 Girls A

Posn	Bib	Athlete	Club	Perf	AAA
1	1	Nisha EVANS	Harrow	22.28	2
2	2	Isabel HAWKS	Herts P	15.47	4
3	3	Zoe MORSE	Hil'don	8.15	
4	5	Violet SCULLY	WSEH	7.50	
5					
6					
7					
8					

Javelin U13 Girls B

Posn	Bib	Athlete	Club	Perf	AAA
1	22	Emma GUDGEON	Herts P	11.74	
2	11	Yuva GUPTA	Harrow	8.76	
3					
4					
5					
6					
7					
8					

4 x 100m U13 Girls A

Posn	No.	Runners	Club	Perf
1	3	Isabella PHILLIPS, Havika KYERE-AIDOO, Ophelia ANWAR, Elena ANGELOVA	Hil'don	56.7
2	2	Zoe ASAMOAH, Maja HOSS, Olivia JUDGE, Kendra WILBERFORCE	Herts P	58.1
3				
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