

YDL 2024 UPPER AGE GROUP LEAGUE STRUCTURE - SOUTHERN (as at 19 March)

Premier		Date & Venue
1	Blackheath & Bromley Harriers	
2	Cambridge Harriers AC	
3	Harrow & Dacorum ©	Sun 26 May at Jarman Park
4	Portsmouth & Winchester ©	
5	Shaftesbury Barnet Harriers	Sun 30 Jun at Stone-X Stadium
6	Windsor, Slough, Eton & Hounslow AC	Sun 28 Apr at Thames Valley Athletics Centre

Top 2 teams to National Final

Bottom 2 teams relegated to division 1A or 1B

Division 1A		Date & Venue
1	Bournemouth/New Forest/Salisbury ©	Sun 26 May at Kings Park
2	Kingston AC & Polytechnic Harriers	
3	Reading AC	
4	Stevenage & North Herts/HAWCS ©	Sun 28 Apr at Ridlins Stadium
5	Team West London ©	Sun 30 Jun at Perivale Park
6	Vale of Aylesbury AC	
7	Wycombe & Chiltern ©	

Top team promoted to Premier division

Division 1B		Date & Venue
1	Bexley AC	
2	Brighton & Hove AC	Sun 26 May at Withdean Stadium
3	Crawley AC	Sun 30 Jun at K2 Stadium
4	Croydon Harriers	
5	Havering AC	
6	Herne Hill Harriers	Sun 28 Apr at Tooting Bec
7	Medway & Maidstone AC	
8	Tonbridge AC	

Top team promoted to Premier division

Division 2A		Date & Venue
1	Camberley & Dist. AC/Woking AC ©	
2	Guildford & Godalming AC	Sun 26 May at Spectrum Stadium
3	Hillingdon AC	
4	Holland Sports AC & Dorking & Mole Valley©	Sun 30 Jun at David Weir LC, Sutton Arena
5	St Mary's Richmond AC	
6	Team Sussex ©	Sun 28 Apr at Lewes
7	Walton AC	
8	Waverley AC	

Division 2B		Date & Venue
1	Basildon AC	Sun 26 May at Basildon Sports Village
2	Dartford Harriers	
3	Highgate Heathside ©	
4	Newham & Essex Beagles	
5	S Factor Academy	
6	Team ATIPS ©	
7	Victoria Park & Tower Hamlets AC	Sun 30 Jun at Mile End Stadium
8	Woodford Green with Essex Ladies AC	Sun 28 Apr at Ashton Playing Fields

All divisions 1 & 2 subject to re-structure in 2025, due to the increase in the number of teams.

© composite team

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