



UK YOUTH DEVELOPMENT LEAGUE

Lower Age Group Timetables for Match 1 only

TRACK			FIELD	
12:10	75mH (U15G)	A followed by B	12:00	Discus (U15B)
12:30	80mH (U15B)	A followed by B	12:15	High Jump (U15G)
12:45	800m (U15G) *	A followed by B then NS		Long Jump (U13G)
12:55	800m (U15B) *	A followed by B then NS	13:00	Discus (U15G)
13:10	100m (U15G) *	A followed by B then NS		Shot Put (U15B)
13:25	100m (U15B) *	A followed by B then NS	13:30	High Jump (U15B)
13:40	75m (U13G) *	A followed by B then NS		Pole Vault (U15B&G))
13:55	75m (U13B) *	A followed by B then NS	14:00	Javelin (U13B)
14:10	300m (U15G)	A followed by B	14:30	Shot Put (U15G)
14:20	300m (U15B)	A followed by B		Long Jump (U13B)
14:30	4 x 100 Relays (U15G)	One Race	15:00	Javelin (U13G)
	4 x 100 Relays (U15B)	One Race		
	4 x 100 Relays (U13G)	One Race		
	4 x 100 Relays (U13B)	One Race		
14:55	1200m (U13G)	One Race		
15:05	1200m (U13B)	One Race		
15:30	4 x 300 relays (U15G)	One Race		
	4 x 300 relays (U15B)	One Race		

* NB The slots for non-scoring competitors remains at 2 athletes per age group, per gender in 75m/100m and 800m.



UK YOUTH DEVELOPMENT LEAGUE

Lower Age Group Timetable for Matches 2 & 3

TRACK Timetable

Time	Event	M/F	
11:15	70m Hurdles	U13 Girls	A followed by B
11:25	75m Hurdles	U13 Boys	A followed by B
11:35	75m Hurdles	U15 Girls	A followed by B
11:45	80m Hurdles	U15 Boys	A followed by B
12:00	150m	U13 Girls	A followed by B
12:10	150m	U13 Boys	A followed by B
12:20	200m	U15 Girls	A followed by B
12:30	200m	U15 Boys	A followed by B
12:45	800m	U13 Girls	A followed by B
12:50	800m NS	U13 Girls	
13:00	800m	U13 Boys	A followed by B
13:10	800m NS	U13 Boys	
13:15	800m	U15 Girls	A followed by B
13:25	800m NS	U15 Girls	
13:30	800m	U15 Boys	A followed by B
13:40	800m NS	U15 Boys	

Track Break

14:05	75m	U13 Girls	A followed by B
14:15	75m NS	U13 Girls	
14:20	75m	U13 Boys	A followed by B
14:30	75m NS	U13 Boys	
14:35	100m	U15 Girls	A followed by B
14:45	100m NS	U15 Girls	
14:50	100m	U15 Boys	A followed by B
15:00	100m NS	U15 Boys	
15:05	300m	U15 Girls	A followed by B
15:15	300m	U15 Boys	A followed by B
15:25	1500m	U15 Girls	One Race
15:35	1500m	U15 Boys	One Race
15:45	1200m	U13 Girls	One Race
15:55	1200m	U13 Boys	One Race
16:05	4x100m	U15 Girls	One Race
16:10	4x100m	U15 Boys	One Race
16:15	4x100m	U13 Boys	One Race
16:20	4x100m	U13 Girls	One Race
16:25	4x300m	U15 Girls	One Race
16:30	4x300m	U15 Boys	One Race

FIELD Timetable

Time	Event	M/F
11:15	Hammer	U15 B & G
11:30	Long Jump	U13 Boys
11:45	High Jump	U15 Girls
11:45	Shot	U13 Girls
12:15	Discus	U15 Boys
13:00	Long Jump	U15 Girls
13:00	High Jump	U13 B & G
13:00	Pole Vault	U15 B & G
13:00	Discus	U15 Girls
13:15	Shot	U15 Boys
13:45	Javelin	U15 Boys
14:30	Long Jump	U13 Girls
14:30	High Jump	U15 Boys
14:30	Shot	U13 Boys
14:30	Javelin	U15 Girls
15:15	Javelin	U13 Boys
15:30	Long Jump	U15 Boys
15:30	Shot	U15 Girls
16:00	Javelin	U13 Girls
3 trials per athlete except vertical jumps		