

YDL 2019 LOWER AGE GROUP NORTH

NORTHERN PREMIER EAST		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	27th April		18th May		22nd June	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Harrogate Harriers	17	1516	6	516	5	497	6	503
2	Leeds City AC	16	1502	5	502	6	503.5	5	496.5
3	Gateshead Harriers	11	1368.5	4	458	4	479.5	3	431
4	Hallamshire Harriers	8	1316.5	3	453	3	446	2	417.5
5	Rotherham Harriers	8	1282	2	380	2	444	4	458
6	Kingston upon Hull AC	3	1036	1	334	1	316	1	386

Regional Final
Regional Final
Regional Final
Relgation final
Relgation final

Top three teams to Regional Final
Bottom three teams to Regional relegation match

Sat 20th July

Northern Regional Final at Preston		Points
1	Sale Harriers Manchester	606
2	Preston Harriers	588
3	Wirral AC	549
4	Leeds City AC	395
5	Harrogate Harriers	366
6	Gateshead Harriers	361

National Final
National Final

NORTHERN PREMIER WEST		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	27th April		18th May		22nd June	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Sale Harriers Manchester	21	1956.5	7	659.5	7	654	7	643
2	Preston Harriers	17	1774	6	593	6	589	5	592
3	Wirral AC	16	1744	5	582	5	564	6	598
4	West Cheshire AC	12	1515.5	4	476.5	4	488.5	4	550.5
5	Liverpool Harriers	7	1315	2	429.5	3	476	2	409.5
6	Blackburn Harriers	6	1302	3	457.5	2	442.5	1	402
7	Stockport Harriers	5	1266	1	405	1	435	3	426

Regional Final
Regional Final
Regional Final
Relgation final
Relgation final
Relgation final

Top three teams to Regional Final
Bottom four teams to Regional relegation match

Sat 20th July

Northern Relegation Final at Sheffield		Points
1	West Cheshire AC	597.5
2	Blackburn Harriers	545
3	Hallamshire Harriers	532.5
4	Rotherham Harriers	524.5
5	Liverpool Harriers	519
6	Stockport Harriers	484.5
7	Kingston upon Hull AC	336

To Premier West
Relegated
To Premier East
Relegated
Relegated
Relegated
Relegated

NORTHERN EAST 1		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	27th April		18th May		22nd June		20th July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	City of York AC	20	2097	5	542	5	528	5	511	5	516
2	Middlesbrough AC (Mandale)	13	1567	2	362	4	417	4	423	3	365
3	Chesterfield & District AC	13	1551	3	393	3	384	3	374	4	400
4	City of Sheffield AC	10	1332	4	414	2	329	2	296	2	293
5	Scunthorpe & District AC	4	727	1	171	1	193	1	139	1	224

Promoted
Promoted
Relegated
Relegated

Top two teams promoted to Premier East
Bottom two teams relegated to East 2

NORTHERN EAST 2		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	27th April		18th May		22nd June		20th July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Lincoln Wellington AC	19	1819.5	5	464.5	4	448	5	446	5	461
2	Doncaster AC	17	1603.5	4	329.5	5	469	4	419	4	386
3	Spenborough & District AC	12	985	3	237	3	209	3	232	3	307
4	Bingley Harriers	8	739	2	172	2	163	2	165	2	239
5	Grimsby & Louth Harriers - composite	4	497	1	150	1	125	1	76	1	146

** Match 3 unscrutinised due to paperwork not being sent by host club

Promoted
Promoted

Top two teams promoted to East 1

NORTHERN WEST 1		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	27th April		18th May		22nd June		20th July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Trafford AC	21	1955	6	486	6	505	5	513	4	451
2	Team IOM Youth - composite	21	1920	5	470	4	448	6	515	6	487
3	Crewe & Nantwich AC	18	1870	4	457.5	5	472	4	454	5	486.5
4	Southport Waterloo AC	10	1645.5	2	395.5	3	430.5	2	392.5	3	427
5	Wigan & District Harriers	10	1638	3	408.5	2	420.5	3	415.5	2	393.5
6	Team North Cumbria - composite	4	1269.5	1	295.5	1	355	1	268	1	351

Promoted
Promoted
Relegated
Relegated

Top two teams promoted to Premier West
Bottom two teams relegated to West 2

NORTHERN WEST 2		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	27th April		18th May		22nd June		20th July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Blackpool, Wyre & Fylde AC	32	2605.5	8	698	8	647	8	630	8	630.5
2	Macclesfield Harriers	26	2064.5	5	438	7	523	7	539.5	7	564
3	Bury AC	24	2117	6	533.5	6	522	6	504	6	557.5
4	Lancaster & Morecambe AC	22	2042.5	7	539.5	5	501.5	5	493.5	5	508
5	Bolton United Harriers & AC	15.5	1856.5	4	425.5	4	474.5	3.5	473.5	4	483
6	Deeside AC	10	1776.5	3	395.5	3	462.5	1	443.5	3	475
7	East Cheshire Harriers & Tameside AC	9.5	1711	2	365.5	2	430.5	3.5	473.5	2	441.5
8	Menai Track & Field	5	1557	1	344.5	1	409	2	453.5	1	350

Promoted
Promoted
Relegated
Relegated

Top two teams promoted to West 1
Bottom two teams relegated to West 3N or 3S

NORTHERN WEST 3N		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	27th April		18th May		22nd June		20th July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Leigh Harriers* ³	24	1894	6	454	6	464	6	501	6	475
2	Chorley Triathlon & AC	19	1309	5	301	4	341	5	323	5	344
3	Oldham & Royton Harriers & AC* ²	13	1076	4	292	2	229	3	267	4	288
4	Horwich RMI Harriers	13	1029	2	157	5	354	4	295	2	223
5	Border Harriers	11	980	3	283	3	230	2	186	3	281
6	Hyndburn AC	3	499	0	0	1	192	1	161	1	146

*² - overuse of athlete
*³ - unregistered athlete removed from results

Top team promoted to West 2

NORTHERN WEST 3S		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	27th April		18th May		22nd June		20th July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Warrington AC	21	1357	Match cancelled		7	477	7	437	7	443
2	Salford Metropolitan AC* ⁴	17	1048			6	371	6	345	5	332
3	Altrincham & District AC	15	1093.3			7	477	4	290	4	326.3
4	Colwyn Bay AAC	13	942.3			4	294	3	259	6	389.3
5	St.Helens Sutton AC	13	904			5	295	5	308	3	301
6	Manchester Harriers	6	596.3			2	169	2	240	2	187.3
7	Wrexham AC	3	413			1	167	1	140	1	106

*⁴ - unregistered athlete removed from results

Top team promoted to West 2

YDL 2019 LOWER AGE GROUP MIDLAND

MIDLAND PREMIER NORTH/EAST		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	27th April		18th May		23rd June	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
				1	Marshall Milton Keynes AC	18	1671	6	570
2	Birchfield Harriers	13	1584	5	548.5	4	503	4	532.5
3	Rugby & Northampton AC	12	1436.5	2	383	5	514	5	539.5
4	Notts AC	10	1517	4	499	3	496	3	522
5	Solihull & Small Heath AC	7	1196	3	403.5	2	430.5	2	362
6	Amber Valley & Erewash AC	3	1015.5	1	352	1	350	1	313.5

Regional Final
Regional Final
Regional Final
Promotion match
Promotion match

Top three teams to Regional Final
Bottom three teams to N/E Area Promotion match

MIDLAND PREMIER SOUTH/WEST		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	27th April		18th May		23rd June	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
				1	Swansea Harriers AC	18	1671.4	6	600.4
2	Cardiff Archers	12	1369.5	5	473	3	442.5	4	454
3	Cheltenham & County Harriers	11	1386.9	4	450.9	5	505	2	431
4	Cardiff AAC	10	1362.9	3	446.9	4	477	3	439
5	Bristol & West AC/Mendip - composite	9	1327.7	2	415.7	2	441	5	471
6	Yate & District AC	3	1204.4	1	386.9	1	403.5	1	414

Regional Final
Regional Final
Regional Final
Promotion match
Promotion match

Top three teams to Regional Final
Bottom three teams to S/W Area Promotion match

MIDLANDS NORTH/EAST 1A		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	27th April		18th May		23rd June	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
				1	Charnwood AC	21	1933.5	7	629.5
2	Coventry Godiva Harriers*2	18	1676	6	548	6	609	6	519
3	Royal Sutton Coldfield	13	1469	5	516	5	499	3	454
4	City of Stoke AC	13	1454.5	4	472	4	488.5	5	494
5	Wolverhampton & Bilston AC	10	1201	3	322	3	422	4	457
6	Leicester Coritanian	5	797	2	295	1	213	2	289
7	Burton AC	4	752	1	276.5	2	239.5	1	236

Promotion match

*2 - unregistered athlete removed from results
Top team to Area Promotion match

MIDLANDS NORTH/EAST 1B		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	27th April		18th May		23rd June	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
				1	Northampton AC	24	2223.5	8	705
2	Derby AC	20	1658	7	585	7	556	6	517
3	Mansfield Harriers	17.5	1494.5	5	460	5.5	477	7	557.5
4	Saffron AC	16.5	1320	6	492	5.5	477	5	351
5	Rushcliffe AC	12	1202	4	436	4	422	4	344
6	Sutton in Ashfield Harriers AC	8	781.5	2	217	3	249	3	315.5
7	Notts Lincs Alliance - composite	6	671	3	241	2	225	1	205
8	North Notts Alliance - composite	4	650.5	1	202	1	221	2	227.5

Promotion match

Top team to Area Promotion match

MIDLANDS NORTH/EAST 1C		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	27th April		18th May		23rd June	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
				1	Halesowen A & CC	18	1477.5	6	479.5
2	Tipton Harriers	15	1173	5	367	5	387	5	419
3	Kidderminster & Stourport AC	11	950	4	320	4	357	3	273
4	Bicester AC	10	983	3	293	3	321	4	369
5	Bromsgrove & Redditch AC	6	793	2	279	2	261	2	253
6	Dudley & Stourbridge Harriers	2	436	1	212	0	0	1	224

Promotion match

Top team to Area Promotion match

MIDLANDS NORTH/EAST 1D		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	27th April		18th May		23rd June	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
				1	Cannock & Stafford AC	17	1370	5	434
2	Telford AC	15	1296.5	6	471	4	386.5	5	439
3	Leamington C & AC	11	1063	3	290	5	427	3	346
4	Tamworth AC	11	1059.5	4	329	3	352.5	4	378
5	Nuneaton Harriers AC	6	797	2	267	2	263	2	267
6	Daventry AC	3	322	1	76	1	144	1	102

Promotion match

Top team to Area Promotion match

MIDLANDS SOUTH/WEST 1A		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	27th April		18th May		23rd June	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
				1	Swindon Harriers	20	1833	7	603
2	Newport Harriers	18	1767	5	501	6	618	7	648
3	Gloucester AC	16	1674	6	522	5	573	5	579
4	Worcester AC	11	1108	3	342	4	386	4	380
5	North Devon AC	9	1059	4	388	3	374	2	297
6	South Wales	7	971	2	276	2	326	3	369
7	Cwmbran Harriers	3	515	1	171	1	162	1	182

Promotion match

Promotion match

Top two teams to Area Promotion match

MIDLANDS SOUTH/WEST 1B		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	27th April		18th May		23rd June	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
				1	North Somerset AC	21	1839.7	7	579.2
2	Rhymney Valley AC	18	1645.5	6	510	6	562	6	573.5
3	Team Bath AC	14	1242.4	4	372.4	5	509	5	361
4	Hereford & County AC	12	997.3	5	381.3	4	314	3	302
5	Blaenau Gwent AC	10	887.2	3	332.2	3	233	4	322
6	Neath Harriers	6	705.2	2	180.2	2	224	2	301
7	Forest of Dean AC	3	479	1	123	1	131	1	225

Promotion match

Promotion match

Top two teams to Area Promotion match

Saturday 20th July

Midland Regional Final at Yate		Points
1	Marshall Milton Keynes AC	532.5
2	Birchfield Harriers	509
3	Swansea Harriers AC	494
4	Cheltenham & County Harriers	459
5	Rugby & Northampton AC	451
6	Cardiff Archers	423.5

National Final
National Final
National Final

Saturday 20th July

South/West Area promotion match at Swindon		Points
1	Swindon Harriers	569.5
2	Newport Harriers	555
3	Cardiff AAC	527.5
4	Yate & District AC	513
5	Bristol & West AC/Mendip - composite	506
6	North Somerset AC	479.5
7	Rhymney Valley AC	397.5

Promoted
Promoted
Promoted
To S/W 1
To S/W 1
To S/W 1
To S/W 1

Saturday 20th July

North/East Area promotion match at Solihull		Points
1	Northampton AC	728
2	Notts AC	702
3	Solihull & Small Heath AC	606
4	Charnwood AC	556.5
5	Amber Valley & Erewash AC	472
6	Cannock & Stafford AC	432.5
7	Halesowen A & CC	410

Promoted
Promoted
Promoted
To N/E 1
To N/E 1
To N/E 1
To N/E 1

YDL 2019 LOWER AGE GROUP SOUTH

SOUTHERN PREMIER 1		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	27th April		18th May		23rd June		20th July		
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	
1	Blackheath & Bromley Harriers AC	22	2199	5	511.5	6	556	6	568.5	5	563	National Final
2	Reading AC	21	2239.5	6	565	5	548.5	4	553	6	573	
3	Havering AC	16	2066	3	442	4	513	5	558	4	553	
4	Tonbridge AC	13	1863.5	4	495.5	3	496.5	3	435.5	3	436	
5	Croydon Harriers	8	1571.5	2	414	2	363.5	2	387	2	407	Relegated
6	Herne Hill Harriers	4	1290.5	1	388	1	339.5	1	304	1	259	Relegated

Top two teams to National Final
Bottom two teams relegated to Premier 2

SOUTHERN PREMIER 2		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	27th April		18th May		23rd June		20th July		
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	
1	Crawley AC	23	2150	6	524.5	5	511.5	6	574.5	6	539.5	Promoted
2	Bracknell	19	2068.5	3	460	6	530	5	549.5	5	529	Promoted
2	Brighton & Hove City AC	15	1860.5	4	470	3	434	4	477	4	479.5	
4	Southampton AC	15	1782	5	473.5	4	475.5	3	407	3	426	
5	Guildford & Godalming AC	6	1516	1	391	1	372	2	347	2	406	Relegated
6	City of Portsmouth AC	6	1453	2	415	2	407	1	314	1	317	Relegated

Top two teams promoted to Premier 1.
Bottom two teams relegated to Central 1, East 1 or West 1

SOUTHERN CENTRAL 1		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	27th April		18th May		22nd June		20th July		
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	
1	Team Bedfordshire - composite	31	2490	8	638.5	7	584.5	8	644	8	623	Promoted
2	Hillingdon AC	29	2468	7	622.5	8	639.5	7	629.5	7	576.5	
3	Chiltern Harriers	21	2206	6	554.5	5	545	5	554.5	5	552	
4	Thames Valley Harriers	16	2079.5	2	461	2	472.5	6	591	6	555	
5	St.Marys Richmond AC	16	2068.5	5	521	3	476.5	4	536	4	535	
6	Vale of Aylesbury AC	15	2054.5	3	483	6	547	3	494.5	3	530	
7	Harrow AC	12	1945	4	514	4	538	2	418.5	2	474.5	Relegated
8	Wycombe Phoenix Harriers	4	1515.5	1	361.5	1	416	1	399	1	339	Relegated

Top team promoted to Premier 2
Bottom two teams relegated to Central 2

SOUTHERN CENTRAL 2		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	27th April		18th May		22nd June		20th July		
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	
1	Herts Phoenix AC # ³	27	1986	7	524	7	571	6	428	7	463	Promoted
2	Holland Sports AC	25	1790	6	438	6	449.5	7	453.5	6	449	Promoted
3	Hercules Wimbledon * ³ * ⁴	16	1159	4	278	2	204	5	385	5	292	
4	Belgrave Harriers * ³ * ⁴	14	1108.5	3	235	3	220	4	378.5	4	275	
5	Reigate Priory AC	14	946.5	5	300	4	224.5	3	298	2	124	
6	Dartford Harriers	12	958	2	222	5	284	2	236	3	216	
7	Team Hounslow AC											

#³ - incorrect declaration of athletes
*³, *⁴ - overuse of athlete(s)
#⁴ - use of underage athletes

Top two teams promoted to Central 1.

SOUTHERN EAST 1		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	27th April		18th May		22nd June		20th July		
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	
1	Basildon AC	27	2272.5	7	548.5	6	544	7	603	7	577	Promoted
2	Medway & Maidstone AC	24	2158	6	533	7	544.5	6	543.5	5	537	
3	Bexley AC	17	2050	5	496	5	534.5	3	486	4	533.5	
4	Woodford Green with Essex Ladies	16	1934	4	494	4	508.5	5	511.5	3	420	
5	Victoria Park & Tower Hamlets AC	14	1866	2	439	2	393	4	491	6	543	
6	Cambridge Harriers (Kent)	8	1613.5	3	461.5	1	391.5	2	406	2	354.5	Relegated
7	Paddock Wood/Folkestone RC	6	1478	1	363	3	451	1	385	1	279	Relegated

Top team promoted to Premier 2
Bottom two teams relegated to East 2

SOUTHERN EAST 2		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	27th April		18th May		23rd June		20th July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Lewes AC	20	1841	6	549	7	618	Match cancelled	7	674	Promoted
2	Newham & Essex Beagles AC	19	1770.5	7	551.5	6	601		6	618	Promoted
3	Ashford & Thanet - composite	14	1308	5	504	5	433		4	371	
4	Orion Harriers	12	1209.5	4	399.5	3	400		5	410	
5	East Grinstead AC	10	1117	3	333	4	410		3	374	
6	Hastings AC	5	593	1	207	2	244		2	142	
7	Medway Park Phoenix	4	470	2	212	1	161		1	97	

Top two teams promoted to East 1

SOUTHERN WEST 1		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	27th April		18th May		22nd June		20th July		
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	
1	Team Dorset - composite	23	2354.3	6	591	6	651	6	642.3	5	470	Promoted
2	Windsor, Slough, Eton & Hounslow AC	21	2239.5	5	520	5	495	5	554.5	6	670	
3	Bournemouth AC & New Forest Jun-composite	16	1798.3	4	412	4	455	4	490.3	4	441	
4	Kingston Blue Star Harriers	11	1496.8	2	378	3	350.5	3	387.3	3	381	
5	Kingston AC & Polytechnic Harriers	6	1122.5	3	384	1	275	1	193.5	1	270	Relegated
6	Walton AC * ²	7	1277.5	1	366	2	278.5	2	296	2	337	Relegated

*² overuse of athlete

Top team promoted to Premier 2
Bottom two teams relegated to West 2

SOUTHERN WEST 2		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	27th April		18th May		23rd June		20th July		
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	
1	Winchester & District AC	28	2653	7	730	7	668	7	679	7	576	Promoted
2	Camberley & District AC	21	1781.5	6	457	4	444.5	6	454	5	426	Promoted
3	Chichester AC * ³	18	1766.5	5	447	6	510.5	4	415	3	394	
4	Woking AC	16	1599	4	365	3	411	5	421	4	402	
5	Aldershot, Farnham & District	13	1541	3	363	5	467	3	394	2	317	
6	Worthing Harriers * ²	12	1199	2	283	2	249	2	228	6	439	
7	Havant AC	4	387	1	129	1	47	1	107	1	104	

*², *³ - unregistered athlete removed from results

Top two teams promoted to West 1

YDL 2019 LOWER AGE GROUP SCOTLAND

SCOTLAND CENTRAL DIVISION 1		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	27th April		19th May		23rd June		
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	
1	Edinburgh AC	24	2063.5	8	651	8	704.5	8	708	Scottish Final
2	Giffnock North AAC	21	1853.5	7	628	7	641	7	584.5	Scottish Final
3	South Lanarkshire - composite	16	1634.5	5	542.5	6	563.5	5	528.5	Scottish Final
4	Team North Lanarkshire - composite	12	1610.5	6	559.5	4	542	2	509	Scottish Final
5	Pitreavie AAC	12	1609.5	4	540.5	5	550.5	3	518.5	Scottish Final
6	Central AC	11	1509	2	462	3	503	6	544	
7	Victoria Park Glasgow AC	9	1517	3	513	2	477.5	4	526.5	
8	Team East Lothian	3	1129	1	364.5	1	364	1	400.5	Relegated

Top five clubs to Scottish final
Bottom club relegated to Division 2

SCOTLAND CENTRAL DIVISION 2		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	28th April		19th May		23rd June		
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	
1	Kilmarnock Harriers	24	2023	8	657	8	675	8	691	Scottish Final
2	Ayr Seaforth	21	1919	7	629	7	661	7	629	
3	Dunfermline Track Club	17	1667	5	499	6	552	6	616	
4	Kilbarchan AAC	14	1531	6	530	5	541	3	460	
5	Clydesdale Harriers/Helensborough - composite	12	1360	3	395	4	450	5	515	
6	Shettleston Harriers	9	1185	4	426	3	410	2	349	
7	Lasswade	8	1117	2	314	2	329	4	474	
8	Team DG - composite	3	676	1	250	1	263	1	163	

Top club to Scottish final
Top club promoted to Division 1. Bottom club into paper match as necessary

SCOTLAND NORTH EAST DIVISION		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	28th April		19th May		23rd June		
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	
1	Island Select - composite	22	1379.5	8	407	6	453.5	8	519	Scottish Final
2	Inverness Harriers AAC	20	1379	5	381	8	508	7	490	Scottish Final
3	Dundee Hawkhill Harriers	20	1309	7	398	7	466	6	445	
4	Aberdeen AAC	14	1199	6	392	4	398	4	409	
5	Team North - composite	14	1155	4	296	5	422.5	5	436.5	
6	Montrose AC/Perth Strathhtay Harriers - composite	8	909.5	2	240	3	303.5	3	366	
7	Banchory Stonehaven AC	7	867	3	268	2	276	2	323	
8	Arbroath & District AC	3	584.5	1	178	1	167.5	1	239	

Top two clubs to Scottish final

WINNER OF SCOTTISH REGIONAL FINAL - Sun 4th August at Grangemouth - TO NATIONAL FINAL

Scottish Final at Grangemouth		Points	
1	Edinburgh AC	546.8	National Final
2	Giffnock North AAC	457.8	
3	South Lanarkshire - composite	410	
4	Pitreavie AAC	402	
5	Island Select - composite	396.5	
6	Team North Lanarkshire - composite	368	
7	Kilmarnock Harriers	351.3	
8	Inverness Harriers	346.5	

YDL 2019 UPPER AGE GROUP NORTH

NORTHERN PREMIER		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	5th May		26th May		30th June		
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	
1	Kingdom Athletics - composite	16	2181.5	6	693.5	5	732	5	756	National Final
2	Team Edinburgh - composite	15	2077	3	573	6	735	6	769	National Final
3	Trafford AC	12	1869.5	5	654.5	3	581	4	634	
4	Team Glasgow - composite	11	1759.5	4	631	4	694.5	3	434	
5	City of York AC	5	1109	2	381	1	338	2	390	Relegated
6	Team Forth Valley - composite	4	1117.5	1	357	2	422.5	1	338	Relegated

Top 2 teams to National Final.

Bottom two teams relegated to East 1 or West 1

NORTHERN EAST 1		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	5th May		26th May		30th June		
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	
1	Gateshead Harriers	18	2014	6	698	6	695	6	621	Promoted
2	Leeds City AC	14	1453	4	502	5	490	5	461	
3	Middlesbrough AC (Mandale)	12	1328	5	553	3	318	4	457	
4	City of Sheffield & Dearne AC	8	1145.5	3	423	2	313	3	409.5	
5	Doncaster AC	7	1070.5	2	390	4	324	1	356.5	Relegated
6	Rotherham Harriers	4	1032	1	352	1	296	2	384	Relegated

Top team promoted to Premier division

Bottom two teams relegated to East 2

NORTHERN EAST 2		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	5th May		26th May		30th June		
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	
1	Kingston upon Hull AC	22	2044	6	567	8	733	8	744	Promoted
2	Chesterfield & District AC	22	1582	8	614	7	422	7	546	Promoted
3	Hallamshire Harriers	19	1435	7	575	6	415	6	445	
4	Bingley Harriers	12	1058	5	421	3	327	4	310	
5	Spennorth & District AC	12	984	4	349	5	368	3	267	
6	Scunthorpe	12	888	3	197	4	332	5	359	
7	Lincoln Wellington	5	453	2	196	2	174	1	83	
8	Grimsby & Louth- composite	4	287	1	103	1	91	2	93	

Top two teams promoted to East 1

NORTHERN WEST 1		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	5th May		26th May		30th June		
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	
1	Sale Harriers Manchester	17	2321	5	745	6	769	6	807	Promoted
2	Preston Harriers	16	2195	6	775.5	5	673.5	5	746	
3	North Wales	11	1478.5	3	395.5	4	576	4	507	
4	Liverpool Harriers	10	1540	4	547	3	504	3	489	
5	Wigan & District Harriers	5	867.5	2	344	2	275.5	1	248	Relegated
6	Wirral AC	4	862	1	334	1	264	2	264	Relegated

Top team promoted to Premier division

Bottom two teams relegated to West 2

NORTHERN WEST 2		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	5th May		26th May		30th June		
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	
1	Stockport Harriers ^{#3}	21	1742	6	509	7	613	8	620	Promoted
2	West Cheshire AC	20	1731	5	490	8	649	7	592	Promoted
3	Leigh Harriers	17	1413	8	559	3	379	6	475	
4	Southport Waterloo	15	1433	7	547	6	468	2	418	
5	Blackpool, Wyre & Fylde AC	12	1290	4	415	5	434	3	441	
6	Lancaster & Morecambe AC	10	1239.5	2	401.5	4	396	4	442	
7	M60 Nomads	10	1232.5	3	407.5	2	376	5	449	Relegated
8	Border Harriers ^{*3}	3	861	1	349	1	229	1	283	Relegated

^{#3} - points deducted - overuse of athlete

^{*3} - points deducted - rule 11.2

Top two teams promoted to West 1

Bottom two teams relegated to West 3

NORTHERN WEST 3		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	5th May		26th May		30th June		
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	
1	Blackburn Harriers ^{*2}	21	1893	7	649	7	695	7	549	Promoted
2	Crewe & Nantwich AC ^{*1}	18	1258	6	399	6	442	6	417	Promoted
3	Bury AC	15	1007	5	341	5	356	5	310	
4	Bolton United Harriers & AC	11	719	4	272	4	223	3	224	
5	Team North Cumbria	8	518	3	189	3	191	2	138	
6	St.Helens Sutton AC	8	605	2	168	2	149	4	288	
7	Horwich RMI Harriers	3	383	1	152	1	145	1	86	

^{*1} - points deducted - rule 2.9

^{*2} - points deducted - overuse of athlete

Top two teams promoted to West 1

YDL 2019 UPPER AGE GROUP MIDLAND

MIDLAND PREMIER N/E			5th May		26th May		30th June			
	TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS		
1	Birchfield Harriers	17	2257	6	770	5	729	6	758	To Regional Final
2	Rugby & Northampton AC	16	2047	5	665	6	739	5	643	To Regional Final
3	Notts AC	12	1654	4	570	4	526	4	558	To Regional Final
4	Charnwood AC	9	1384	3	538	3	366	3	480	To Area Promotion match
5	Wolverhampton & Bilston AC	6	1001	2	359	2	330	2	312	To Area Promotion match
6	Banbury Harriers	3	755.5	1	278	1	250.5	1	227	To Area Promotion match

Top 3 teams to Regional Final

Bottom 3 teams to N/E Promotion match

MIDLAND PREMIER S/W			5th May		26th May		30th June			
	TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS		
1	Team Avon - composite	18	2318	6	756	6	817	6	745	To Regional Final
2	Swansea Harriers	13	1702.5	5	603	4	514.5	4	585	To Regional Final
3	Cardiff AAC	13	1654	3	442	5	662	5	550	To Regional Final
4	Team DC - composite	12	1599	4	462	3	514	5	623	To Area Promotion match
5	Cardiff Archers	6	1201.5	2	399	2	381.5	2	421	To Area Promotion match
6	West Wales - composite	3	810	1	298	1	142	1	370	To Area Promotion match

Top 3 teams to Regional Final

Bottom 3 teams to South/West Promotion match

MIDLANDS NORTH/EAST 1A			5th May		26th May		30th June			
	TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS		
1	Kidderminster & Stourport AC	14	975	5	324	4	268	5	383	To Area Promotion match
2	Solihull & Small Heath AC	13	981	4	322	5	323	4	336	
3	Bromsgrove & Redditch AC	9	798	3	301	3	259	3	238	
4	Halesowen A & CC	6	519	2	253	2	142	2	124	
5	Dudley & Stourbridge Harriers	2	123	1	100	1	23	0	0	
6	Border Olympians - composite									

Top team to North/East Area Promotion match

MIDLANDS NORTH/EAST 1B			5th May		26th May		30th June			
	TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS		
1	Coventry Godiva Harriers & Leamington C&AC	17	1767.5	6	560	6	648	5	559.5	To Area Promotion match
2	Marshall Milton Keynes AC	15	1766.5	4	552	5	591	6	623.5	
3	Northampton AC	13	1659.5	5	552.5	4	579	4	528	
4	Leicester Coritnian	8	521.5	3	125.5	2	144	3	252	
5	Nuneaton & Harborough - composite	7	412	2	112	3	189	2	111	
6	Daventry AC	3	298	1	95	1	96	1	107	

Top team to North/East Area Promotion match

MIDLANDS NORTH/EAST 1C			5th May		26th May		30th June			
	TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS		
1	Amber Valley & Erewash AC	18	1285	6	411	6	436	6	438	To Area Promotion match
2	Derby AC	15	1176	5	409	5	344	5	423	
3	Burton AC	11	766	4	270	3	271	4	225	
4	West Notts - composite	10	755	3	259	4	286	3	210	
5	East Notts - composite	5	432	2	195	1	114	2	123	
6	Saffron AC	4	403	1	123	2	166	1	114	

Top team to North/East Area Promotion match

MIDLANDS NORTH/EAST 1D			5th May		26th May		30th June			
	TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS		
1	City of Stoke AC	18	1661	6	516	6	572	6	573	To Area Promotion match
2	Telford AC	14	1190	5	482	5	377	4	331	
3	Tamworth AC	13	1070	4	368	4	355	5	347	
4	Cannock & Stafford AC	9	892	3	314	3	279	3	299	
5	Royal Sutton Coldfield AC	5	682	2	268	2	220	1	194	
6	Tipton Harriers	4	657	1	240	1	176	2	241	

Top team to North/East Area Promotion match

MIDLANDS SOUTH/WEST 1			5th May		26th May		30th June			
	TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS		
1	Cheltenham & County Harriers	18	1917	6	640	6	611	6	666	To Area Promotion match
2	North Somerset AC	15	1245	5	417	5	440	5	388	To Area Promotion match
3	East Wales	12	850	4	315	4	259	4	276	To Area Promotion match
4	South Wales - composite	7.5	657	2	222	2.5	249	3	186	
5	Newport AC	7.5	631	3	265	2.5	249	2	117	
6	Hereford & County AC	3	485	1	171	1	210	1	104	

Top 3 teams to South/West Area Promotion match

Midland Regional Final		Points	
1	Team Avon - composite	754	National Final
2	Birchfield Harriers	675.5	National Final
3	Rugby & Northampton AC	588.5	
4	Cardiff AAC	575	
5	Swansea Harriers	482.5	
6	Notts AC	373.5	

South/West Area promotion match		Points	
1	West Wales - composite	611	To Premier S/W
2	Cardiff Archers	515.5	To Premier S/W
3	Cheltenham & County Harriers	505.5	To Premier S/W
4	North Somerset AC	333	To S/W 1
5	East Wales	212	To S/W 1

North/East Area promotion match		Points	
1	Coventry Godiva Harriers & Leamington C&AC	661	To Premier N/W
2	Charnwood AC	566	To Premier N/W
3	City of Stoke AC	530	To Premier N/W
4	Amber Valley & Erewash AC	350	To N/E 1
5	Banbury Harriers	326	To N/E 1
6	Kidderminster & Stourport AC	315	To N/E 1
7	Wolverhampton & Bilston AC	Withdraw	To N/E 1

YDL 2019 UPPER AGE GROUP SOUTH

SOUTHERN PREMIER		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	5th May		26th May		30th June		28th July		
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	
1	Blackheath & Bromley Harriers AC	22	3024.5	5	741	6	788	6	811.5	5	684	National Final
2	Shaftesbury Barnet Harriers	22	2947.5	6	804	5	746	5	713	6	684.5	National Final
3	Windsor, Slough, Eton & Hounslow AC	13	2382.5	4	664.5	4	633	4	571.5	1	513.5	
4	Reading AC	10	2003.5	3	514	1	409.5	2	507	4	573	
5	Crawley AC	9	2073.5	2	465.5	3	531	1	506.5	3	570.5	Relegated
6	Havering AC	8	2027.5	1	434	2	505.5	3	555.5	2	532.5	Relegated

Top 2 teams to National Final.

Bottom 2 teams relegated to Division 1A or 1B

SOUTHERN DIVISION 1A		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	5th May		26th May		30th June		28th July		
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	
1	Camberley AC/Woking AC - composite	20	2256.5	4	522	6	635	6	584.5	4	515	Promoted
2	Brighton & Hove City AC* ¹	17	2168.5	3	520	4	525	5	535.5	5	588	
3	South Bucks - composite	16	2174	2	507	5	553.5	3	517	6	596.5	
4	Hillingdon AC	13	2069.5	5	524	3	522.5	2	514	3	509	
5	Harrow AC	11	2126	6	649	2	515	1	511	2	451	
6	Kingston AC & Polytechnic Harriers	7	1800.5	1	380	1	440	4	531	1	449.5	Relegated

*¹ - points deducted - rule 11.4

Top team promoted to Premier division

Bottom team relegated to Divisions 2A, 2B or 2C

SOUTHERN DIVISION 1B		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	5th May		26th May		30th June		28th July		
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	
1	Basildon Beagles - composite	24	2473.3	6	664	6	558	6	635.3	6	616	Promoted
2	Team ATIP - composite	17	2161	4	555	3	523	5	476	5	607	
3	Tonbridge AC	16	2039.3	5	618	5	541	2	334.3	4	546	
4	Woodford Green with Essex Ladies	14	1874.5	3	521.5	4	525	4	460	3	368	
5	Cambridge Harriers (Kent)	9	1178.8	2	335.5	2	312	3	341.3	2	190	Relegated
6	Team Bedfordshire - composite											

Top team promoted to Premier division

Bottom team relegated to Divisions 2A, 2B or 2C

SOUTHERN DIVISION 2A		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	5th May		26th May		30th June		28th July		
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	
1	Croydon Harriers	25	2153	5	437	6	454	7	578	7	684	Paper match
2	Stevenage & North Herts AC	23	1708	7	486	7	492	4	335	5	395	Paper match
3	Team West London - composite	21	1912	4	368	5	445	6	567	6	532	
4	Vale of Aylesbury AC	16	1387	6	453.5	4	403	2	222.5	4	308	
5	Guildford & Godalming AC	14	1496	3	308	3	374	5	521	3	293	
6	St Marys Richmond	8	1006	2	195.5	2	339	3	301.5	1	170	
7	Herne Hill Harriers	5	904	1	175	1	247	1	195	2	287	

Top 2 teams into paper match for promotion to Division 1A or B
(3 places)

SOUTHERN DIVISION 2B		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	5th May		26th May		30th June		28th July		
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	
1	Portsmouth/Winchester - composite	22	2434.5	6	636	6	621.5	5	588	5	589	Paper match
2	Bournemouth/New Forest/Salisbury - composite	22	2196	5	444	5	496	6	662	6	594	Paper match
3	Southampton AC	13	1642.5	2	297	4	432.5	3	411	4	502	
4	Team Dorset - composite	13	1483	3	329	3	390	4	451	3	313	
5	Walton AC	7	627	4	349	2	153	0	0	1	125	
6	Chichester AC	6	775	1	240	1	109	2	235	2	191	

Top 2 teams into paper match for promotion to Division 1A or 1B
(3 places)

SOUTHERN DIVISION 2C		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	5th May		26th May		30th June		28th July		
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	
1	Medway & Maidstone AC	32	2951	8	756	8	764	8	793	8	638	Paper match
2	Team Sussex - composite	25	1655.5	7	466	7	416	6	464	5	309.5	Paper match
3	Bexley AC	24	1511	6	378	4	249	7	467	7	417	
4	Horsham Blue Stars	20	1222	4	294	6	300	4	306	6	322	
5	Victoria Tower Highgate - composite	17	1081.5	3	277	5	285	5	310.5	4	209	
6	Orion Harriers	12	869.5	5	342	3	225	2	136.5	2	166	
7	Dartford Harriers	10	902.5	2	277	2	206	3	218	3	201.5	
8	Holland Sports & Reigate - composite	4	182	1	63	1	50	1	31	1	38	

Top 2 teams into paper match for promotion to Division 1A or 1B
(3 places)