

Lower Age Group National Finals Timetable 2025

Track

Event No.	Time	Event	M/F	Competitors
T1.1	11.00	70m Hurdles	U13 Girls	A Race
T1.2	11.05	70m Hurdles	U13 Girls	B Race
T2.1	11.15	75m Hurdles	U13 Boys	A Race
T2.2	11.20	75m Hurdles	U13 Boys	B Race
T3.1	11.25	75m Hurdles	U15 Girls	A Race
T3.2	11.30	75m Hurdles	U15 Girls	B Race
T4.1	11.40	80m Hurdles	U15 Boys	A Race
T4.2	11.45	80m Hurdles	U15 Boys	B Race
T5.1	12.00	150m	U13 Girls	A Race
T5.2	12.05	150m	U13 Girls	B Race
T6.1	12.10	150m	U13 Boys	A Race
T6.2	12.15	150m	U13 Boys	B Race
T7.1	12.20	200m	U15 Girls	A Race
T7.2	12.25	200m	U15 Girls	B Race
T8.1	12.30	200m	U15 Boys	A Race
T8.2	12.35	200m	U15 Boys	B Race
T9.1	12.45	800m	U13 Girls	A Race
T9.2	12.50	800m	U13 Girls	B Race
T10.1	12.55	800m	U13 Boys	A Race
T10.2	13.00	800m	U13 Boys	B Race
T11.1	13.05	800m	U15 Girls	A Race
T11.2	13.10	800m	U15 Girls	B Race
T12.1	13.15	800m	U15 Boys	A Race
T12.2	13.20	800m	U15 Boys	B Race
T13.1	13.40	75m	U13 Girls	A Race
T13.2	13.45	75m	U13 Girls	B Race
T14.1	13.55	75m	U13 Boys	A Race
T14.2	14.00	75m	U13 Boys	B Race
T15.1	14.05	100m	U15 Girls	A Race
T15.2	14.10	100m	U15 Girls	B Race
T16.1	14.15	100m	U15 Boys	A Race
T16.2	14.20	100m	U15 Boys	B Race
T17.1	14.30	300m	U15 Girls	A Race
T17.2	14.35	300m	U15 Girls	B Race
T18.1	14.40	300m	U15 Boys	A Race
T18.2	14.45	300m	U15 Boys	B Race
T19	14.55	1500m	U15 Girls	One Race
T20	15.05	1500m	U15 Boys	One Race

Track continued

Event No.	Time	Event	M/F	Competitors
T21.1	15.15	1200m	U13 Girls	A Race
T21.2	15.25	1200m	U13 Girls	B Race
T22.1	15.35	1200m	U13 Boys	A Race
T22.2	15.45	1200m	U13 Boys	B Race
T23	15.55	4x100m	U15 Girls	One Race
T24	16.00	4x100m	U15 Boys	One Race
T25	16.05	4x100m	U13 Boys	One Race
T26	16.10	4x100m	U13 Girls	One Race
T27	16.20	4x300m	U15 Girls	One Race
T28	16.30	4x300m	U15 Boys	One Race

Field

Event No.	Time	Event	Competitors
F1	10.30	Hammer	U15 Boys
F2	10.45	High Jump	U13 Girls
F3	11.15	Long Jump	U15 Girls
F4	11.20	Hammer	U15 Girls
F5	11.30	Pole Vault	U15 boys
F6	11.45	Shot	U13 Boys
F7	12.10	Discus	U15 Boys
F8	12.15	High Jump	U13 Boys
F9	13.00	Discus	U15 Girls
F10	13.00	Shot	U13 Girls
F11	13.00	Long Jump	U15 Boys
F12	13.45	Javelin	U15 Boys
F13	13.45	High Jump	U15 Boys
F14	14.15	Shot	U15 Girls
F15	14.30	Pole Vault	U15 Girls
F16	14.30	Javelin	U13 Boys
F17	14.30	Long Jump	U13 Girls
F18	15.10	Javelin	U15 Girls
F19	15.15	High Jump	U15 Girls
F20	15.30	Long Jump	U13 Boys
F21	15.30	Shot	U15 Boys
F22	15.50	Javelin	U13 Girls

3 trials per athlete except vertical jumps