

National Finals 2026 - Lower Age Group Lane Draws

Time	Event	M/F	Competitors	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1130	300mH	u16 Boys	A	7	1	5	4	6	2	3
1135	300mH		B	77	11	55	44	66	22	33
1140	300mH	u16 Girls	A	5	3	6	2	1	7	4
1145	300mH		B	55	33	66	22	11	77	44
1155	100m	u14 Girls	A	4	2	3	1	7	5	6
1200	100m		B	44	22	33	11	77	55	66
1205	100m	u14 Boys	A	1	5	7	2	6	4	3
1210	100m		B	11	55	77	22	66	44	33
1215	100m	u16 Girls	A	7	6	5	3	4	1	2
1220	100m		B	77	66	55	33	44	11	22
1225	100m	u16 Boys	A	2	1	4	6	3	7	5
1230	100m		B	22	11	44	66	33	77	55
1240	1500m	u14 Girls	One Race	2/22	7/77	1/11	5/55	6/66	4/44	3/33
1250	1500m	u14 Boys	One Race	1/11	4/44	3/33	2/22	7/77	5/55	6/66
1300	1500m	u16 Girls	One Race	3/33	6/66	2/22	4/44	5/55	1/11	7/77
1310	1500m	u16 Boys	One Race	4/44	1/11	5/55	7/77	3/33	6/66	2/22
1320	300m	u16 Girls	A	1	7	5	4	2	3	6
1325	300m		B	11	77	55	44	22	33	66
1330	300m	u16 Boys	A	4	3	6	7	1	5	2
1335	300m		B	44	33	66	77	11	55	22
1410	75mH	u14 Girls	A	5	7	6	4	2	3	1
1415	75mH		B	55	77	66	44	22	33	11
1425	80mH	u14 Boys	A	2	4	1	5	3	6	7
1430	80mH		B	22	44	11	55	33	66	77
1435	80mH	u16 Girls	A	3	6	2	7	1	4	5
1440	80mH		B	33	66	22	77	11	44	55
1455	100mH	u16 Boys	A	1	2	3	6	7	5	4
1500	100mH		B	11	22	33	66	77	55	44
1510	200m	u14 Girls	A	3	6	2	1	5	4	7
1515	200m		B	33	66	22	11	55	44	77
1520	200m	u14 Boys	A	2	5	4	7	3	6	1
1525	200m		B	22	55	44	77	33	66	11
1530	200m	u16 Girls	A	7	2	3	6	4	1	5
1535	200m		B	77	22	33	66	44	11	55
1540	200m	u16 Boys	A	6	4	1	5	7	2	3
1545	200m		B	66	44	11	55	77	22	33
1555	800m	u16 Girls	A	2	5	7	1	6	3	4
1600	800m		B	22	55	77	11	66	33	44
1605	800m	u16 Boys	A	6	2	4	3	7	5	1
1610	800m		B	66	22	44	33	77	55	11
1615	800m	u14 Girls	A	4	7	1	5	2	3	6
1620	800m		B	44	77	11	55	22	33	66
1625	800m	u14 Boys	A	1	3	6	2	5	7	4
1630	800m		B	11	33	66	22	55	77	44
1640	4 x 100m	u16 Girls		5	2	7	3	6	1	4
1650	4 x 100m	u16 Boys		1	7	6	5	2	3	4
1700	4 x 100m	u14 Girls		6	3	4	1	5	2	7
1710	4 x 100m	u14 Boys		2	4	3	7	1	6	5
1725	4 x 300m	u16 Girls		4	1	5	2	7	3	6
1735	4 x 300m	u16 Boys		3	5	2	6	4	7	1